## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: 211 Info Line** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

#### Auspices:

All Facility Staff; Non-Contracted; Non-Residential

## Treatment Types:

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

#### Domains:

Abuse/Trauma;Anger/Hostility;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Basic Needs;Behavioral Services;Community Service;Domestic Violence;Education;Employment;Family & Social Services;Medical Services/Treatment;Mental Health Services/Treatment;Re-Entry;Shelter Housing Services;Substance Abuse Services/Treatment;Transportation;Vocational & Educational Services;Wellness Activities

### Program Status:

Active Program Category Level:3

**Compendium Program: 5 or 7 Day Job Assignments** 

Gender Specific for: BOTH; RT Program Code: L1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

## Auspices:

**Unknown** 

#### Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Alcoholics Anonymous** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Addiction Services; Volunteer Services

Treatment Types:

Behavior Modification (BM); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Anger Management Program** 

Gender Specific for:BOTH; RT Program Code: 26

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

Types:

Anger Management; Mental Health; Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: Arabic Language

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

Auspices: Religious Services ;Volunteer Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status: Active Program Category Level:3
Compendium Program: Catholic Faith Sharing
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.
Facilities: CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI
Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:

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Active Program Category Level:3

## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Catholic Prayer and Healing Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

Facilities:

CYBULSKI CI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Worship Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Active Program Category Level:3

Compendium Program: Certified Birth Certificate or Registration of Birth

Gender Specific for:BOTH; RT Program Code: I2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: CLICC Literacy Program** 

Gender Specific for:BOTH; RT Program Code: CL

Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False Description:

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

Facilities:

CHESHIRE CI;CYBULSKI CI;YORK CI

Auspices:

Parenting Unit- Facility Staff; Programs & Treatment Unit

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Family; Family and Social Support; Parenting

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Community Details** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

Facilities:

CYBULSKI CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Education, Employment, and Financial Situation

Types:

Community Service; Community Work Group; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI:YORK CI

Auspices:

USD#1

Treatment Types:

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Current Events Group** 

Gender Specific for:MALE; RT Program Code: G8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

Facilities:

CYBULSKI CI;MANSON YI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

**Types** 

Mental Health; Recreation; Social Rehabilitation

Program Status:

Active Program Category Level:3

**Compendium Program: Discharge Orientation** 

Gender Specific for:BOTH; RT Program Code: RD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

#### Facilities:

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: DSS Connect Card** 

Gender Specific for:BOTH; RT Program Code: I7

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: DUI (Driving Under the Influence)

Gender Specific for:BOTH; RT Program Code: 35

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False Description:

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Services

Treatment Types:

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track One

Gender Specific for:MALE; RT Program Code: V1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson I Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: DUI Home Confinement Program: Track Three

Gender Specific for:BOTH; RT Program Code: V3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

#### Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

**Compendium Program: DUI Home Confinement Program: Track Two** 

Gender Specific for:BOTH; RT Program Code: V2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

#### Facilities.

CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:

**Addiction** 

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Active Program Category Level:1

Compendium Program: Education Needs to be Identified by USD#1

Gender Specific for:BOTH; RT Program Code: E1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

### Auspices:

Unknown

### Treatment Types:

Education (Ed)

#### Domains:

Education, Employment, and Financial Situation

### Types:

Unknown

### Program Status:

Active Program Category Level:1

Compendium Program: Educational, Career Resources and Job Fairs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

#### **Facilities**

CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

### Auspices:

Addiction Services; USD#1

#### Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Mental Health; Parenting; Peer Associations; Relationships; Self Efficacy; Substance Abuse

## Types:

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Academic Education; Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Embracing Fatherhood

Gender Specific for:MALE; RT Program Code: 04

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True Description:

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities:

CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Family

Program Status:

Active Program Category Level:2

**Compendium Program: Equine Therapy: Operation Warrior Horse** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

Healing Hoofbeats offers a 10-week program that assist incarcerated veterans. The program helps offenders feel more empowered and secure in their lives through building healthy and mutual relationships with horses.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Substance Abuse and Mental Health

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Expired Photo Driver's License** 

Gender Specific for:BOTH; RT Program Code: I3

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

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### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Programs & Treatment Unit

#### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Education, Employment, and Financial Situation

Types:

Re-Entry

### Program Status:

Active Program Category Level:3

**Compendium Program: Facility Based Domestic Violence Program** 

Gender Specific for:MALE; RT Program Code: 02

Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: False

## Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

#### Auspices:

All Facility Staff; Programs & Treatment Unit

### Treatment Types:

Aggression Replacement Training (ART); Victim Impact (VI)

### Domains:

Criminal Attitudes and Behavioral Patterns

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types:

Domestic Violence; Family

Program Status:

Active Program Category Level:1

Compendium Program: Fresh Start Family Re-entry Program (Bridgeport)

Gender Specific for:MALE; RT Program Code: W8

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

A contracted program that provides integrated counseling, therapy, psycho-educational, evidence-based programs and case management services for offenders on parole, probation, transitional supervision and those who have completed their sentence. The goal is to empower individuals, strengthen families and assist with the successful transition to family and community. Specific programs include; Life Skills, Parenting Education, Mentioning, Anger Management, Domestic Violence Services, Substance Abuse Relapse Prevention, Reentry Support Group, and Individual, Couples and Family therapy.

Facilities:

CYBULSKI CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: General Referral for ASU (Addiction Services Unit) Program

Gender Specific for:BOTH; RT Program Code: A1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: General Referral for Vocational Education** 

Gender Specific for:BOTH; RT Program Code: E2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Good Intentions - Bad Choices** 

Gender Specific for:BOTH; RT Program Code: CF

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True

Description:

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;WILLARD CI;YORK CI

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Anger/Hostility; Antisocial Attitudes; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse

Types:

Self Improvement

Program Status:

Active Program Category Level:1

**Compendium Program: Goodwill Reentry Initiative** 

Gender Specific for:BOTH; RT Program Code: RI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Goodwill Reentry Initiative is a reentry program offered by Goodwill of Southern New England that offers case management services and basic needs support to offenders releasing to New Haven, West Haven, or Hamden.

Facilities:

CHESHIRE CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Re-Entry

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: High School Diploma Programs** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

- 1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
- 2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
- 3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
- 4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

# Auspices:

USD#1

# Treatment Types:

Education (Ed)

#### Domains:

Education, Employment, and Financial Situation

### Types:

Academic Education

## Program Status:

Active Program Category Level:1

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Health Services

Treatment Types:

Family Support (FS); Medical (Med)

Domains:

Peer Associations

Types:

Health Education; Medical

Program Status:

Active Program Category Level:3

**Compendium Program: HIV Support Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

## Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Health Services; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types:

Health Education; Medical; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Inmate Photo Program** 

Gender Specific for:MALE; RT Program Code: M8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

#### Facilities:

CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

All Facility Staff

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types.

Community Service

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Islamic Studies** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Islamic Video** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:

BROOKLYN CI;CYBULSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Jehovah's Witness Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Jehovah's Witness Collective Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Jewish Worship and Study** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Jewish worship followed by study of the Hebrew Bible or Jewish history.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Judy Dworin Performance Support Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is voluntary and meets for the participants the month prior to and following the Judy Dorwin Performance Project. It was developed for the purpose of allowing additional processing time regarding the themes and life stories that are brought to the surface through Judy's Performance Project.

Facilities:

CYBULSKI CI; YORK CI

Auspices:

Mental Health; The Change Group

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma; Relationships; Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Jumah** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Living Free Comprehensive Re-entry Services** 

Gender Specific for:BOTH; RT Program Code: FL

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program offers an integrated system of care for patients who have substance use (drug/alcohol score of 3 or higher), co-occurring mental health (mental health score of 3 or lower), and/or physical health (medical score of 1 or higher) concerns, are releasing from DOC in the next 4-6 months to either the greater New Britain or New Haven communities; and are committed to working with the program's peer advocates on various partnered re-entry services. Living Free will meet each patient at the facility for a structured four step process to identify, enroll and assess their needs for addiction, mental health, and/or medical treatment and care. The final step of this program is to bring each person on an "escorted visit" from the facility to the community clinic to meet with the treatment providers and peer advocates for discharge planning prior to their release date. Once released, each patient is expected to attend weekly appointments with the treatment providers and peer advocates at the community clinics.

#### Facilities:

CYBULSKI CI; WILLARD CI; YORK CI

Auspices:

Addiction Services: Mental Health

Treatment Types:

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains:

Education, Employment, and Financial Situation; Substance Abuse and Mental Health

Types:

Addiction; Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:2

**Compendium Program: Medication Assisted Treatment - MAT** 

Gender Specific for:MALE; RT Program Code: A3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

Facilities:

CORRIGAN CI;CYBULSKI CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

**Contracted Program** 

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:2

**Compendium Program: Men's Fraternity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

Facilities:

CYBULSKI CI;HARTFORD CC;OSBORN CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model

Gender Specific for:MALE; RT Program Code: MT

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

Facilities:

CYBULSKI CI;OSBORN CI

Auspices:

Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:1

**Compendium Program: Narcotics Anonymous** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Addiction Services; Volunteer Services

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Harvest Festival** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Strawberry Festival** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Video and Discussion** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facilities:

BROOKLYN CI;CYBULSKI CI;MACDOUGALL CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Worship** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Worship-Sweat Lodge** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

Facilities:

CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: OAP Refusal** 

Gender Specific for:BOTH; RT Program Code: PR

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Auspices: Unknown

Treatment Types:

Unknown

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Office of Early Childhood Parenting Partnership** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

The Office of Early Childhood (OEC) offers a variety of parent education and health workshops to incarcerated inmates. They offer a 6-week parenting workshop and 12 weeks of wellness workshops. OEC offers support to Cybulski CI by utilizing the nurturing family network (NFN). Fathering Home staff will facilitate workshops/groups. The OEC also offers support to the reentry population with children under the age of six (6), to get connected with NFN home visiting program services/groups within their respective communities.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: Office of Early Childhood Parenting Workshop 24/7 Dad

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False Description:

The Office of Early Childhood (OEC) facilitates a 6-week parenting class for all men in a parenting role such as dads, step dads, grandfathers, and uncles. The workshops are aimed to provide support and training in a variety of subjects to include communication, heathy emotions, self discipline, and co-parenting.

Facilities:

CYBULSKI CI

Auspices:

Parenting Unit- Facility Staff; Volunteer Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Family

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Program Status:

Active Program Category Level:3

**Compendium Program: Outside Clearance** 

Gender Specific for:BOTH; RT Program Code: L4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

**Unknown** 

Program Status:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Active Program Category Level:3

**Compendium Program: Peer Mentor Program** 

Gender Specific for:MALE; RT Program Code: PM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;OSBORN CI;ROBINSON CI

Auspices:

Addiction Services

Treatment Types:

Substance Abuse (SA)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:3

Compendium Program: Protestant - Alpha Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

CHESHIRE CI:CYBULSKI CI:ENFIELD CI:OSBORN CI:ROBINSON CI:WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Choir** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

#### Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI:ROBINSON CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Family and Social Support

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Church Leadership Course** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

Facilities:

CYBULSKI CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Academic Education; Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Discipleship Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

Facilities:

CYBULSKI CI;ENFIELD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is the weekly Protestant worship service.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Service (Spanish)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service conducted in Spanish.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Support Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Religiously Required Observations (Annual)

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Re-Entry and Discharge Planning

Gender Specific for:BOTH; RT Program Code: M1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Housing Safety; Substance Abuse

Types:

Unknown

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

## Program Status:

Active Program Category Level:2

**Compendium Program: Reintegration Unit** 

Gender Specific for:MALE; RT Program Code: RU

Open Close:True, Session Group:False, Session Numbers: 999, Evidence Based:False

## Description:

The Reintegratin Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

Facilities:

CYBULSKI CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations

Types:

**Family** 

Program Status:

Active Program Category Level:0

**Compendium Program: School Record / Transcript** 

Gender Specific for:BOTH; RT Program Code: I4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

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Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Second Chance Education Alliance** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 15, Evidence Based:False Description:

The Second Education Alliance is a non-profit organization that offers non-accredited college level courses to offenders with a high interest in obtaining education beyond high school. Current course offerings include Philosophy & Literature, Network Design, Civics, Poetry, Science & Engineering, Economics, and Latin History & Literature.

Facilities:

CYBULSKI CI;MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Second Chance Pell Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI:YORK CI

Auspices:

Volunteer Services

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Education

Program Status:

Active Program Category Level:1

Compendium Program: SMARTS: Stress Management & Relaxation Techniques

Gender Specific for: MALE; RT Program Code: WA

Open Close:True, Session Group:False, Session Numbers: 3, Evidence Based:False Description:

A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

Facilities:

CYBULSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Social Security Card** 

Gender Specific for:BOTH; RT Program Code: I5

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

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BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

-

Program Status:

Active Program Category Level:3

Compendium Program: Soldier On

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Solider On is a nationally recognized nonprofit organization that provides services to those in the Veterans Unit at Willard Cybulski CI. They work in conjunction with the Department of Veterans Affairs and other agencies to provide Veterans with shelter, and community support services. This includes, but is not limited to long term housing, group and individual mental health services, life skills training, vocational skills, etc. Case Workers assist the incarcerated Veteran population in obtaining wrap around services upon discharge.

Facilities:

CYBULSKI CI

Auspices:

Mental Health; Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Education, Employment, and Financial Situation; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Special Education and Pupil Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

## Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Academic Education

Program Status:

Active Program Category Level:1

**Compendium Program: Sponsorship Behind the Walls** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facilities:

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;YORK CI

Auspices:

Addiction Services; Volunteer Services

Treatment Types:

Unknown

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Domains: Unknown

Types: Addiction

Program Status:

Active Program Category Level:3

**Compendium Program: Start Now: Unit 1** 

Gender Specific for: BOTH; RT Program Code: N1

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False *Description:* 

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills, understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

#### Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:

Medical; Mental Health

Program Status:

Active Program Category Level:2

**Compendium Program: Start Now: Unit 2** 

Gender Specific for:BOTH; RT Program Code: N2

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:

Medical: Mental Health

Program Status:

Active Program Category Level:2

**Compendium Program: Start Now: Unit 3** 

Gender Specific for:BOTH; RT Program Code: N3

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:

Medical; Mental Health

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

**Compendium Program: Start Now: Unit 4** 

Gender Specific for:BOTH; RT Program Code: N4

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

#### Description:

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

#### Auspices:

Mental Health

#### Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

#### Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

#### Types:

Medical; Mental Health

#### Program Status:

Active Program Category Level:2

**Compendium Program: State ID Card** 

Gender Specific for:BOTH; RT Program Code: I6

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Programs & Treatment Unit

#### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains<sup>\*</sup>

Education, Employment, and Financial Situation; Employment/Financial

#### Types:

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Thresholds** 

Gender Specific for:BOTH; RT Program Code: 95

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MANSON YI;YORK CI

Auspices:

All Facility Staff; Contracted Program; Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Anger/Hostility; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types:

Anger Management; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Tier 2 Addiction Services Intensive Outpatient Program** 

Gender Specific for: MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Tier 2 is an evidence based curriculum program provided three times a week in a non-residential setting. Using the -Living in Balance- program Tier 2 helps the offender develop an understanding of addiction, the substances of abuse, triggers and relapse prevention and how addiction has effected the cognitive, physical, social and familial spheres of their lives. Tier 2 also helps the offender identify and plan for the educational, vocational and consumer based issues they may face upon release.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Addiction Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Tier Two Addiction Services Intensive Outpatient Program** 

Gender Specific for:BOTH; RT Program Code: 14

Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False

## Description:

The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Addiction Services

#### Treatment Types:

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

## Types:

**Addiction** 

#### Program Status:

Active Program Category Level:1

**Compendium Program: Transitional Case Management (TCM)** 

Gender Specific for:BOTH; RT Program Code: MC

# Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves an their ability to succeed.

#### Facilities:

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Community Addiction Services; Contracted Program

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Education; Employment/Financial; Housing Safety; Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types:

Re-Entry

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 - DOC Re-entry Curriculum

Gender Specific for:BOTH; RT Program Code: 87

Open Close:True, Session Group:False, Session Numbers: 21, Evidence Based:False

## Description:

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

#### Facilities:

CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Re-Entry

Program Status:

Active Program Category Level:2

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for: BOTH; RT Program Code: 51

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

## Auspices:

USD#1

## Treatment Types:

Education (Ed)

#### Domains:

Education; Education, Employment, and Financial Situation

#### Types:

Academic Education

#### Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 9-12)

Gender Specific for:BOTH; RT Program Code: 52

# Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

USD#1

#### Treatment Types:

Education (Ed)

#### Domains:

Education; Education, Employment, and Financial Situation

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)

Gender Specific for:BOTH; RT Program Code: 53

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

**Types** 

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Family Education & Parenting

Gender Specific for:BOTH; RT Program Code: 37

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

All Facility Staff; USD#1

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Education (Ed); Family Support (FS)

Domains:

Education; Education, Employment, and Financial Situation; Family; Family and Social Support; Parenting

Types:

Family; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Business Education

Gender Specific for:BOTH; RT Program Code: 63

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program prepares students for entry-level employment requiring basic business skills.

Facilities:

CHESHIRE CI;CYBULSKI CI;YORK CI

Auspices: USD#1

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Computer Education

Gender Specific for:BOTH; RT Program Code: 67

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

#### Facilities:

CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Valid Photo Driver's License** 

Gender Specific for:BOTH; RT Program Code: I1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

**....** 

Facilities:

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## **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Veterans Service Unit** 

Gender Specific for:MALE; RT Program Code: VU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

Facilities:

CYBULSKI CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

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## PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Gender Specific for:BOTH; RT Program Code: 03

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

#### Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

#### Auspices:

All Facility Staff; Contracted Program; Programs & Treatment Unit; Safe Passage; Volunteer Services

## Treatment Types:

Victim Impact (VI)

#### Domains:

Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns

#### Types:

Anger Management; Family; Victim

#### Program Status:

Active Program Category Level:2

Compendium Program: Warren Kimbro Re-Entry Project (WKRP)

Gender Specific for:BOTH; RT Program Code: WK

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

New Haven Re-entry Project

#### Facilities:

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

#### Auspices:

All Facility Staff

#### Treatment Types:

Unknown

## Domains:

Unknown

#### Types:

Unknown

#### Program Status:

Active Program Category Level:0

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