



# Multidisciplinary Evaluation (MDE)

## ◆ What is a *Multi-Disciplinary Evaluation*?

The Multi-Disciplinary Evaluation (MDE) is a comprehensive, trauma informed screening that looks at the physical, dental, developmental, behavioral and emotional health of a child. This is done to identify and recommend needed follow-up and treatment.

## ◆ What kinds of screenings will a child have during the MDE?

The screens completed at a MDE include:

- Physical Examination
- Developmental Screen
- Behavioral Health/Mental Health Screens
- Trauma Screen
- Dental Screen

## ◆ Where will the MDE take place?

DCF works with 12 different MDE Clinics around the state.

## ◆ How will the evaluation get scheduled?

DCF, the MDE Clinic and the child's caregiver will work together to schedule the MDE within 30 days of placement.

## ◆ Who conducts the MDE?

Licensed Health professionals, depending on the screen or exam, including doctors, nurse practitioners and other clinicians. They all have experience working with children and families and can determine if there are any health concerns that need to be addressed.

## ◆ Who takes a child to the appointment?

It is best to have someone familiar with the child take him/her to the appointment.

## ◆ How long will the appointment take?

The appointment could take approximately 2 hours to complete all the evaluations.

## ◆ What will be done if follow-up treatment is recommended?

A copy of the *Summary and Recommendations* will be sent to the child's pediatrician. The child's DCF social worker will also be working with the necessary individuals to follow up with recommendations and address any questions that arise.