



CT TEACHERS' RETIREMENT BOARD  
765 ASYLUM AVENUE HARTFORD, CT 06105-2822  
"An Affirmative Action/Equal Opportunity Employer"  
Toll-Free 1-800-504-1102 (860) 241-8416 Fax (860) 622-2848 www.ct.gov/trb

## APPLICATION FOR A DISABILITY ALLOWANCE

### ELIGIBILITY REQUIREMENTS

- You cannot perform the duties of your assigned job, due to a physical or mental impairment.
- You are **ACTIVE** with your last employing Connecticut board of education, including up to ten months of a current leave of absence where mandatory contributions were remitted; purchased prior Connecticut teaching service previously withdrawn, and time while out on workers compensation provided the mandatory contributions were remitted.
- You have five years of credited service in the public schools of Connecticut, for a non-service related claim.
- You are not eligible to receive normal benefits. (35 years service, at least 25 years are CT service, or 20 years of CT service at age 60).

### FILING REQUIREMENTS

**The following items must be received before your claim will be placed on the Medical Review Committee agenda:**

- 1) Medical Reports and office notes from your physician(s)
- 2) Statement from Human Resources regarding work performance and attendance records
- 3) Handwritten statement from you outlining the effect your illness has on your ability to perform your job duties.

**Your completed application for a disability allowance is due in this office prior to the effective date of your disability allowance.**

- 4) Application for a Disability Allowance
- 5) Beneficiary Designation Form.
- 6) Birth Certificate (Photocopy acceptable).

### ELECTION OF SUPPLEMENTAL and/or VOLUNTARY ACCOUNTS

Members who were employed prior to June 1989 may have a 1% Supplemental account. Those members who paid additional monies into the system have a Voluntary Account. Your choices for distribution are:

- **Refund/Rollover.** Funds may be refunded directly to you, in which case, any pre-tax contributions and interest will become taxable. Alternatively, pre-tax contributions and interest may be rolled over into another "qualified plan", such as an IRA. The paperwork for the refund/rollover option will be mailed to you after the effective date of your disability allowance. Failure to return the paperwork for the refund/rollover option on a timely basis will result in your funds being refunded directly to you which may result in federal or state tax liabilities and related penalties.
- **Extra Annuity.** In lieu of receiving your 1% Supplemental and/or Voluntary account in a lump sum, you may elect to increase your monthly payment with an additional fixed annuity based on your account balance and age annuity rates in effect at the time of your disability effective date. These fixed payments are excluded from cost of living increases. Funds to be used for the purchase of an extra annuity must be received by the Teachers' Retirement Board no later than the effective date of your disability allowance.

## **CTRB DISABILITY REVIEW PROCESS**

Our Medical Review Committee (panel of licensed private doctors) reviews the medical evidence and required statements. They forward a recommendation to the Teachers' Retirement Board. The Committee meets on the first Tuesday of every month (excluding August). All items to be reviewed must be received by this office no later than the 18<sup>th</sup> of the month prior to the meeting date. When the 18<sup>th</sup> of the month falls on a weekend or State holiday, the deadline becomes the first business day following the 18<sup>th</sup>. After the MRC meeting, you will receive written notification of the results of the meeting, and if approved, an Effective Date Election Form for your immediate completion.

The disability income will cease when the disability ends. The Board may call upon the member to submit periodic medical reports, and determine that a member's disability has ended if it finds that the member has failed to pursue an appropriate program of treatment.

Disability benefits will be calculated at 2% of your final salary base (average of highest three paid salaries) times the years of full-time credited service, subject to a maximum benefit of 50% of final average salary, and minimum benefit of 15% of final average salary (for 7.5 or fewer years of service). Additional Service Credit purchased within five years of the effective date of disability is excluded.

## **OFFSETS AGAINST INCOME WHILE COLLECTING A DISABILITY ALLOWANCE**

During the first twenty-four months, twenty percent of any earned income or wages shall be subtracted from the disability allowance payable unless the Board determines that such earned income is being paid as part of the rehabilitation of the member.

After the first twenty-four months, your disability allowance and your earned income can equal the "final average salary" we used to compute your disability allowance. All earnings in excess of this amount are subtracted from your disability allowance.

A dollar for dollar offset will apply if the total of the disability allowance, less cost of living adjustments plus any initial award of social security benefits or worker's compensation, exceeds seventy-five percent of the member's final average salary.

## **TWENTY FOUR MONTHS LATER**

After twenty four months of disability allowance payments you will be required to submit new medical documentation. To be eligible for a continued disability allowance, additional medical documentation must be provided to substantiate that you do not have the ability to engage in any substantial gainful activity.

## **CONVERSION OF BENEFIT**

Service credit will accrue to a maximum of 30 years while receiving disability allowance. Upon the attainment of age 60 (or older) with a minimum of 20 years of CT credited service (including accrued service), the disability allowance will be converted to a normal retirement benefit. You will be required to select a payment plan and your converted benefit will include any cost of living adjustments accrued while on disability.



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**APPLICATION FOR A DISABILITY ALLOWANCE**

**MEMBER INFORMATION:**

|                    |                |                |                    |
|--------------------|----------------|----------------|--------------------|
| Name of Applicant: |                | Date of Birth: | Social Security #: |
| Street Address:    |                | City           | State/zip:         |
| Home Phone #:      | Other Phone #: | Email address: |                    |

**ELECTION OF SUPPLEMENTAL and/or VOLUNTARY ACCOUNTS**

**Check one category for each Account you have.** If in doubt, refer to your annual statement.

| Account Type    | Refund/Rollover*         | Extra Annuity            |
|-----------------|--------------------------|--------------------------|
| 1% Supplemental | <input type="checkbox"/> | <input type="checkbox"/> |
| Voluntary       | <input type="checkbox"/> | <input type="checkbox"/> |

\* If you elect the lump sum option, additional information will be sent to you regarding the distribution of the account(s).

**LIST ALL PHYSICIANS WHO WILL BE PROVIDING MEDICAL REPORTS TO TRB. ALL REPORTS MUST BE RECEIVED BEFORE YOUR CASE WILL BE REVIEWED.**

| Physician's name | Address | Telephone |
|------------------|---------|-----------|
|                  |         |           |
|                  |         |           |
|                  |         |           |
|                  |         |           |
|                  |         |           |

Under current laws and regulations, Medical insurance is available with your last employing Board of Education until you are enrolled in Medicare A and B, at which time supplemental insurance is available through Teachers' Retirement.

Certification Statement:

I understand I am required to report all earned income, Social Security and Worker's Compensation Benefits to the Teachers' Retirement Board and submit periodic medical reports when requested and that failure to comply will result in discontinuance of my disability allowance.

**Applicant's Signature**

**Date**



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### BENEFICIARY ELECTION FOR DISABILITY ALLOWANCE FORM

Section 10-183(h) of the Connecticut General Statutes requires that monthly survivor benefits be paid to the statutory survivors of members who die while active before any balance is paid to your designated beneficiary. This is true regardless of whom you designated as your beneficiary. A statutory survivor includes but is not limited to a spouse and/or a minor child under the age of 18. Refer to our [Survivorship Benefits Before Retirement Bulletin](#) before completing this form. This form supersedes and replaces any previous beneficiary designations. All items pertaining to beneficiaries must be completed in order for the Connecticut Teachers' Retirement Board (CTRB) to process the form; incomplete forms will be returned.

- Include a complete list of all beneficiaries.
- Type or print clearly in ink and do not use white out.
- Do not submit an amended copy of a previous beneficiary form.
- You may name any living person, your estate, a trust, or a charitable organization as your beneficiary.
- At least one primary beneficiary must be named. If more than one primary beneficiary is named, the share of any beneficiary who dies before you shall be divided equally among the surviving primary beneficiaries.
- A payment is made to a contingent beneficiary(ies) only if all primary beneficiaries die before you do.
- If you survive all of the beneficiaries named, payment would be issued to your estate.
- "Per Stirpes" designations (unnamed or unborn beneficiaries) are not accepted.
- All information must appear in the appropriate section of this form.
- To designate a trust as a beneficiary enter the name and date of the trust agreement in the Beneficiary section of this form; leave the Relationship and Social Security sections of this form blank; and indicate Primary or Contingent.
- To designate your estate as a beneficiary enter the word "Estate" in the Beneficiary section of this form; leave the Relationship and Social Security sections of the form blank; and indicate Primary or Contingent.

|  |  |   |                                     |
|--|--|---|-------------------------------------|
| MEMBER NAME (First Name, Middle Initial, Last Name)  |  | SOCIAL SECURITY #   |                                     |
| STREET ADDRESS   |  | E-MAIL ADDRESS  |                                     |
| CITY, STATE, ZIP   |  | <b>CHECK IF:</b><br>NEW ADDRESS <input type="checkbox"/> NAME CHANGE <input type="checkbox"/> |                                     |
| BENEFICIARY NAME AND ADDRESS (include ZIP Code)  | RELATIONSHIP   | SOCIAL SECURITY #   | CHECK ONE                           |
| Name:  |  |   | <input type="checkbox"/> primary    |
| Address:   |  |   | <input type="checkbox"/> contingent |
| Name:  |  |   | <input type="checkbox"/> primary    |
| Address:   |  |   | <input type="checkbox"/> contingent |
| Name:  |  |   | <input type="checkbox"/> primary    |
| Address:   |  |   | <input type="checkbox"/> contingent |
| Name:  |  |   | <input type="checkbox"/> primary    |
| Address:   |  |   | <input type="checkbox"/> contingent |
| <b>Use additional Beneficiary Election for Disability Allowance forms to designate additional beneficiaries.</b> |  |   |                                     |
| <input type="checkbox"/>   | If you have a spouse who you have not designated as a beneficiary, you need to check this box to waive the statutory survivorship benefits for your spouse in order for your designated beneficiary to receive the funds in your account in the event of your death prior to your conversion to a normal retirement benefit. |   |                                     |
| SIGNATURE OF MEMBER  |  | DATE  |                                     |

**CTRB does not acknowledge the receipt of individual forms. Please retain a copy of this form for your records and forward it by fax or regular mail directly to CTRB at the address above.**



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## SURVIVORSHIP BENEFITS - SETTLEMENT INFORMATION

**Active member or CTRB Disability Allowance recipient dies PRIOR to meeting retirement eligibility requirements:**

| Spouse? | Primary Beneficiary | Minor Children? | Settlement of Account                            |
|---------|---------------------|-----------------|--|
| Yes     | Spouse              | Yes             | Surviving Spouse Benefit and Minor Child Benefit |
| Yes     | Other               | No              | Surviving Spouse Benefit                         |
| Yes     | Spouse              | No              | Surviving Spouse Benefit or Lump Sum Payment     |
| No      | Children            | Yes             | Minor Child Benefit                              |
| No      | Children            | No              | Lump Sum Payment to Beneficiary                  |
| No      | Other               | No              | Lump Sum Payment to Beneficiary                  |
| No      | Other               | Yes             | Minor Child Benefit                              |

**Active member or CTRB Disability Allowance recipient dies AFTER meeting retirement eligibility requirements:**

| Spouse ? | Primary Beneficiary | Minor Children? | Settlement of Account   |
|----------|---------------------|-----------------|---|
| Yes      | Spouse              | Yes             | Surviving Spouse Benefit or Lump Sum Payment or Plan D 100% Co-participant Benefit plus Minor Child Payment |
| Yes      | Other               | No              | Surviving Spouse Benefit or Lump Sum Payment or Plan D 100% Co-participant Benefit                          |
| Yes      | Spouse              | No              | Surviving Spouse Benefit or Lump Sum Payment or Plan D 100% Co-participant Benefit                          |
| No       | Children            | Yes             | Minor Child Benefit   |
| No       | Children            | No              | Lump Sum Payment to Beneficiary   |
| No       | Other               | No              | Lump Sum Payment to Beneficiary   |
| No       | Other               | Yes             | Minor Child Benefit   |

Retirement Eligibility Requirements:

- 10 years of CT credited service at age 60 or over.
- 20 years of credited service at age 55 (minimum 15 in CT).
- 25 years of credited service any age (minimum 20 in CT).
- 35 years of credited service any age (minimum 25 in CT)



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### MEMBER PERSONAL STATEMENT FOR DISABILITY ALLOWANCE

You are required to submit a handwritten statement outlining the effect your illness has on your ability to perform your job duties and your day to day personal activities. Please be as specific as possible.

|  |  |
|--|--|
| Name of Applicant  | Social Security #  |
| I am applying for a Disability Allowance due to:<br>(Please check one) | A Physical Impairment <input type="checkbox"/>                   |
|  | A Mental Impairment <input type="checkbox"/>                     |
|  | Both a Physical and a Mental Impairment <input type="checkbox"/> |

\_\_\_\_\_  
**Applicant's Signature**

\_\_\_\_\_  
**Date**

**MEMBER'S PERSONAL HANDWRITTEN STATEMENT:**

You may add additional pages as necessary. Please do not write on the back of this form or on the back of any additional forms.



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### PERSONAL PHYSICIAN'S AUTHORIZATION FORM AND MEDICAL REPORT

This report should be provided to all of the physician's listed on your disability allowance application

|                     |  |
|---------------------|--|
| Applicant's Name    |  |
| Applicant's Address |  |
| Date of Birth       |  |

I authorize the release of my medical information in determining whether I can be considered for a disability allowance from the Connecticut Teachers' Retirement Board.

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Physician:**

Please mail or fax this medical report, including all office notes, to CTRB, 765 Asylum Avenue, Hartford, CT 06105-2822. Please do not write on the back of this form or on the back of any additional forms.

**Office notes/records are required  
along with the following information.**

**1. Major Health Complaints as stated by the patient**

**2. Past Medical History; include hospitalizations, laboratory findings, x-rays etc.**

**3. Precipitating events, including accidents**

**4. Current history: (Please check the appropriate categories)**

|  |   |   |
|--|---|---|
| <input type="checkbox"/> Extremities and Back        | <input type="checkbox"/> Peripheral Spinal Nerves | <input type="checkbox"/> Central Nervous System |
| <input type="checkbox"/> Respiratory System          | <input type="checkbox"/> Cardiovascular System    | <input type="checkbox"/> Hematopoietic System   |
| <input type="checkbox"/> Visual System               | <input type="checkbox"/> Ear, Nose, Throat        | <input type="checkbox"/> Digestive System       |
| <input type="checkbox"/> Reproductive/Urinary System | <input type="checkbox"/> Endocrine System         | <input type="checkbox"/> Skin                   |
| <input type="checkbox"/> Mental Illness              |   |   |

**5. Describe Symptoms and Signs, onset and duration:****6. Abnormal Physical Findings:****7. Diagnosis and Degree of Impairment of function****8. Course of treatment, Current Treatment plan, Patient Response****9. Current Medications****10. Clear Statement Regarding "Disabled" Status**

Name of Physician(Signature)/Date:

Name of Physician(Type or Print):

Physician's Specialty:

Connecticut Medical License #:





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## HUMAN RESOURCE STATEMENT FOR DISABILITY ALLOWANCE

Date: \_\_\_\_\_

From: \_\_\_\_\_  
 Name of Applicant                      Social Security Number                      Employer

To: \_\_\_\_\_  
 Name of Human Resource Director

I am applying to the Connecticut Teachers' Retirement Board for Disability. I authorize you to submit a statement to Connecticut Teachers' Retirement Board. This statement should include background information such as days missed from school, any pending workers' compensation claims, any short or long term disability insurance claims.

---

**Applicant's Signature** **Date**

**HUMAN RESOURCE DIRECTOR: (PLEASE PROVIDE THE FOLLOWING INFORMATION)**

1. Please provide the attendance records of the applicant for the past 24 months;
2. Is the applicant able to perform the essential functions of their assigned position?  
 Yes    No  
 If no, please provide a list of the essential functions they are unable to perform
3. Is the applicant receiving workers' compensation benefits?    Yes    No
4. Is the applicant receiving any board provided short or long term disability?    Yes    No

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**Signature of Human Resource Director** **Date**

**TO Human Resource Director:**  
 Please complete this form and mail or FAX directly to this office. You may add additional pages as necessary. Please do not write on the back of this form or on the back of any additional forms.



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**FEDERAL AND CT TAX WITHHOLDING CHANGE FORM**

Complete the federal or state section if you wish to change that election. If you wish to change only one election, leave the other section blank. This change will remain in effect until we receive another form.

Print Your Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

\* \* \* \* \* **FEDERAL TAX ELECTION** \* \* \* \* \*

Please select one option below:

1.  No withholding. I realize that I am liable for payment of Federal Income Tax on my Teachers' Retirement Benefit.
2.  I would like to have withholding calculated based on the following marital status and withholding allowances:  
 Check One:       Married       Single       Married, but withhold at higher Single rate

Withholding Allowances: \_\_\_\_\_  
(TRB will code zero allowances if none is specified)

Optional for choice 2: I wish to have \$\_\_\_\_\_ withheld from my monthly benefit payment in addition to the withholding based on marital status and withholding allowances. (Whole dollar amount only, percentages not acceptable)

\* \* \* \* \* **CONNECTICUT TAX ELECTION** \* \* \* \* \*

We can only withhold State taxes for the State of Connecticut. If you have any questions on your Connecticut tax obligation, contact the Department of Revenue Services at 1-800-382-9463 (in CT) or 1-860-297-5962 (from anywhere) or visit their website @ [www.ct.gov/drs](http://www.ct.gov/drs).

1.  I elect to have \$\_\_\_\_\_ withheld monthly for Connecticut Income Tax.  
(Whole dollar amount only, percentages not acceptable)
2.  I elect to have **NO** Connecticut income tax withheld from my Teachers' Retirement benefit.

Member's Signature \_\_\_\_\_ Date \_\_\_\_\_

*CTRB does not acknowledge the receipt of individual forms. CTRB must receive the completed form by the 1<sup>st</sup> of the month in order for the change to be effective at the end of the month. (Benefits for the month are issued on the last business day of that month.) We require that the net monthly amount payable to the member be at least \$10 after all deductions.*





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## **Electronic Funds Transfer (EFT)**

### **What is it?**

Electronic Funds Transfer (EFT) is a system which electronically deposits your net benefit payment into your personal checking or statement savings account.

### **Why should I participate?**

EFT enables the Monthly Benefit Recipients to receive their benefit payment on the last business day of each month. Because the payment is electronically deposited in your account, this eliminates the need to make a deposit in person. EFT also safeguards against theft, loss, misdirected mail and forgery.

### **Where can you deposit my benefit?**

An EFT deposit can be made to your personal checking or statement savings account. Your bank must be a participating member of the National Automated Clearing House Association (NACHA). Most banks, savings and loan associations and credit unions participate.

### **What will be deposited?**

Your net benefit payment will be deposited. Your gross benefit, deductions and any cost of living increases will be calculated exactly the same way.

### **How do I enroll for EFT deposits?**

Simply fill out the upper portion of the Electronic Funds Transfer (EFT) Authorization and attach a voided check or fill out the upper portion of the form and then forward the form to an officer of your bank for completion. This completed form must then be submitted to the Teachers' Retirement Board for processing.

### **How long does it take to get EFT started?**

If we receive the completed EFT form by the first of the month, your EFT payment will begin at the end of the month.

### **What happens if I change banks?**

A new EFT form must be submitted.

### **What happens if I change my account with the same bank?**

You must provide CTRB with your new account number *in writing by the first of the month*. The EFT deposit will be made to the new bank account at the end of the month.

### **Will I receive any type of notice from TRB of the EFT deposit?**

You will receive a statement from this office when your EFT is initiated. You will also receive a statement when there is a financial change on your account (i.e.: taxes, cost-of-living adjustment). A statement will not be issued, however, for non-financial changes such as a bank and/or bank account number change.

### **Will I continue to receive correspondence, newsletters and tax information if I sign up for EFT?**

Yes. All mailings will be issued to your home address on our records. As always, it is important that you keep us informed of any changes to your home address in writing.