

Move Skillfully

CT [H&BLCF](#) Standard 9: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities

CT [H&BLCF](#) Standard 10: Demonstrate understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities.

Student	Below Standard	Developing	Proficient	Exemplary
Movement with Closed and Open Environments	Students cannot adapt movement and/or perform combinations of fundamental skills, techniques, or strategies.	Students can adapt and combine fundamental skills, techniques, and strategies in both closed and simple, open environments.	Students can adapt and combine fundamental skills, techniques, and strategies in a variety of open, complex and dynamic environments.	Students can adapt and combine fundamental and advanced skills, techniques, and strategies in a variety of open, complex and dynamic environments.
Purposeful Movement (Right skill, technique, or strategy at right time)	Student cannot select and perform the appropriate fundamental technique, skill, or strategy in either a closed or simple, open environments.	Student sporadically selects and performs the appropriate fundamental technique, skill, or strategy in both closed and simple, open environments.	Student selects and performs the appropriate fundamental skills, technique, or strategy strategies in a variety of open, complex and dynamic environments.	Student selects and performs the appropriate fundamental and advanced skills, techniques, and strategies in a variety of open, complex and dynamic environments.