

# What's for Lunch? Meeting the Meal Pattern Requirements for the National School Lunch Program (NSLP)

## Workshop Evaluation Form

Date Attended: \_\_\_\_\_

**PART 1: Please rate each statement below.**

*Check one box for each statement.*

|   | Strongly<br>DISAGREE     | Disagree                 | Agree                    | Strongly<br>AGREE        |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Material was presented in a clear and organized manner.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. The presenters answered all questions clearly.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. The activities were useful.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. The handouts and materials were useful.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. The activities helped me understand the information.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. This workshop provided information that will help my school/district meet the NSLP meal pattern requirements | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| <b>PART 2:</b> For each statement below, first rate how much you agreed with the statement <b>BEFORE</b> the workshop and then indicate how much you agree with it <b>NOW</b> , after the workshop.<br><br><b>Circle one answer for BEFORE and one answer for AFTER.</b> | Not Applicable | <b>1= Strongly DISAGREE</b><br><b>2 = Disagree</b><br><b>3 = Agree</b><br><b>4= Strongly AGREE</b> |   |   |   |                             |   |   |   |
|--|----------------|--|---|---|---|-----------------------------|---|---|---|
|  |                | BEFORE<br>this workshop  |   |   |   | NOW, after this<br>workshop |   |   |   |
| 1. I am confident in my ability to train my staff on the NSLP meal pattern and OVS.  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| 2. I am confident in my ability to communicate information about the NSLP meal pattern requirements to others, e.g., food service colleagues, school staff, students, families.  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| 3. I understand the lunch meal pattern requirements for the:   |                |  |   |   |   |                             |   |   |   |
| a. grains component  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| b. meat/meat alternates component  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| c. fruits component  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| d. vegetables component  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| e. milk component  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| 4. I can identify noncreditable foods.   | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| 5. I understand the four dietary specifications and can identify resources to implement them.  | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |
| 6. I understand how to implement offer versus serve (OVS) and identify reimbursable meals.   | NA             | 1  | 2 | 3 | 4 | 1                           | 2 | 3 | 4 |

7. Overall, I would rate this workshop as (check one):  Poor     Fair     Good     Excellent

8. What information was most useful to you?

9. Comments (Use back if needed):



The Connecticut State Department of Education's (CSDE) **What's for Lunch** workshop training materials are available on the CSDE's [Meal Pattern Training Materials](#) Web page. This worksheet is available at [www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/wfl/wflevel](http://www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/wfl/wflevel).