



SCHOOL HEALTH EDUCATORS

MAY 2018

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2018 School Health Profiles

The School Health Profiles (Profiles) is developed by the Centers for Disease Control and Prevention and schools are specifically chosen by them to participate each year. The Profiles questionnaire collects data on the status of school health policies and practices aimed at improving healthy behaviors among students at the middle, junior high and high school levels. The Profiles data can be used by districts to monitor and assess school health policies, practices and programs and inform individual school improvement plans. If your school has been chosen, we encourage your participation given the direct relationship between student health and academic achievement.

If each school is selected participates, the results are representative of all the schools within the State of Connecticut. Individual responses will be kept confidential and at no time will your identity or that of your school or community be disclosed. Data will be reported out on the state level.

The survey is administered online. There are two main questionnaires associated with the 2018 Profiles survey: one for the principal, to complete, and one for the lead health education teacher to complete. The copy of the survey is provided to principals and lead health education teachers. If your school has been chosen by the CDC, your principal and lead health education teacher will receive a specific invitation to complete the online Principal's questionnaire titled "2018 Connecticut School Health Profiles - Principal Questionnaire" or "2018 Connecticut School Health Profiles – Health Educator Questionnaire" in an email from Andy DePalma, adepalma@eastconn.org via Survey Monkey.

The Connecticut State Department of Education has asked EASTCONN to administer this process. If you have any questions, please contact EASTCONN Technology Solutions at 860-455-1527.

Connecticut State Department of Education

Presents

2018 Spring School health Educators' Workshop

Tuesday, May 15, 2018

Keynote Presentation: Legal Rights of Teens: Reproductive Health

This activity will provide health educators and attendees with information and strategies to support the health-related needs of students. As a result of attending this workshop, participants will:

- gain additional knowledge regarding the legal rights of teens;
- learn about the accomplishments of the partner districts related to the HIV/STD, Pregnancy Prevention Grant;
- review sample school district policies (HIV/STD/ pregnancy prevention/ LGBTQ);
- review the 3Rs in K-12 Health Education Curriculum;
- network with other colleagues

AUDIENCE: School health educators, school nurses, directors of special education/pupil services, and other school staff.

COST: Free. Space is limited, so please register early. Breakfast and lunch will be provided.

REGISTRATION: <http://rs.registereastconn.org/courses/view/id/15496> or contact Eastconn at 860-455-1533.



2018 Rural Behavioral Health Webinar Series: Behavioral Health of Children and Families in Rural Communities

2018 Rural Behavioral Health Webinar Series

The 2018 Rural Behavioral Health Webinar Series seeks to provide information and resources, on innovative approaches to address the needs and challenges of rural community behavioral health. These approaches are embedded in a public health framework that acknowledges the role that social, economic, and geographic elements play in the lives of individuals and how it impacts behavioral health and well-being, especially for those in rural settings. Based on the needs of rural communities, direct attention has been placed on providing information and resources on how to create and sustain services and supports so that rural communities are able to reduce the impact of behavioral health problems and promote a good quality of life for the entire community, including those with behavioral health challenges. The webinar series provides an opportunity for participants to learn from experts and each other about innovations, practices, and programs focused on rural communities.

Webinar 1

Human Trafficking: A Rural Perspective

May 24, 2018, 3:00 p.m. - 4:30 p.m. Eastern Time

For additional information and to register for this webinar, please visit: <https://ruralbehavioralhealth.org/events>

Human Trafficking is often referred to as modern-day slavery realizing horrific impact on children, youth and their families both globally and nationally. The realities of this issue are challenging for all communities to recognize and address throughout the nation. Rural communities have particular challenges regarding human trafficking. These challenges come as a result of factors such as the isolated, geography and transportation routes that facilitate human trafficking and allow it to go unnoticed. This isolation further challenges opportunities for prevention and intervention services. The lack of economic opportunities in many rural areas also make individuals more vulnerable to trafficking.

Through a public health approach, child-serving systems in rural communities can address human trafficking to both prevent the crime and to facilitate the identification, assessment, evaluation and delivery of services for children, youth and their families who are victims of human trafficking. In particular, schools have an important role to play in preventing and responding to the human trafficking of children. This webinar will provide information and resources to assist school districts in developing policies, procedures, evidence-based prevention programs and practices as well as focused services for those who are victims or at risk of being trafficked.

Participants in this webinar will learn about:

- Data on the prevalence of the human trafficking of children in rural communities and schools;
- The risk factors and indicators of the human trafficking of children, particularly in the context of schools; and,
- Evidenced-based and promising prevention and intervention programs and practices that use a public health approach and can be implemented in school and communities.

Webinar 2

The Impact of the Opioid Epidemic on Children and Youth in Rural Communities- How Schools and Communities are responding

July 19, 2018, 3:00 p.m. – 4:30 p.m. Eastern Time

Webinar 3

Addressing the needs of Young People with Serious Emotional Disturbance (SED) through a comprehensive continuum of services and supports

September 6 2018, 3:00 p.m. – 4:30 p.m. Eastern Time

For additional information and to register for Webinars 2 and 3 above, please visit:

<http://ruralbehavioralhealth.org/events>

Youth Risk Behavior Surveys (YRBS)

(The following information may be accessed on the Advocates for Youth Web page at <http://www.advocatesforyouth.org/topics-issues/youth-risk-behavior-surveys>)

The All Students Count Coalition believes that by collecting data on aspects of young people's sexuality and gender - such as identity, behavior, and expression - state and local education agencies, along with their health and community partners, will be able to tailor policies and programs to better meet the needs of gay, lesbian, bisexual, transgender, questioning (GLBTQ) and gender non-conforming youth to promote health and academic success. The Coalition encourages state and local education agencies to include questions on their **Youth Risk Behavior Surveys (YRBS)** about same-sex behavior, sexual identity, and gender expression.

- [ASO Sexual Orientation FAQ 2016](#)
- [Stonewall National Education Symposium 2016 YRBS Gender and Sexuality Questions: Making Every Student Count](#)
- [Identifying Health Risks and Disparities among Gender Expansive Youth through the YRBSS](#)
- [Gender Expression & the Youth Risk Behavior Surveillance System Fact Sheet](#)
- [Gender Expression & the Youth Risk Behavior Surveillance System: Identifying and Addressing Vulnerable Student Health Risks](#)
- [Gender Expression Data Analysis in Three Categories by Site](#)
- [Gender Expansive Students at Higher Risk of Suicidal Behavior](#)

The All Students Count Coalition is composed of [Advocates for Youth](#), [The Trevor Project](#), [Center for American Progress](#), [Gay, Lesbian, & Straight Education Network \(GLSEN\)](#), [Genders & Sexuality Alliance Network \(GSA Network\)](#), Sexuality Information and Education Council of the U.S. (SIECUS), [Human Rights Campaign \(HRC\)](#); and other health, education, and advocacy organizations.

For more information, please contact: Mary Beth Sydlowski MPH, CHES
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