### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: 12 Step Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* Sponsorship Behind the Walls
- \* Al-Anon
- \* Alcoholics Anonymous Spanish
- \* Alcoholics Anonymous English
- \*\*\* Not all 12 step Programs are run at all facilities

### Facilities:

YORK CI

### Auspices:

**Addiction Services** 

### Treatment Types:

Substance Abuse (SA)

#### Domains:

Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

#### **Types**

Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:1

Compendium Program: 1st Refusal: Education Program

Gender Specific for:BOTH; RT Program Code: EA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

#### Auspices:

Unknown

### Treatment Types:

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: 211 Info Line** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

#### Auspices:

All Facility Staff; Non-Contracted; Non-Residential

### Treatment Types:

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

### Domains:

Abuse/Trauma;Anger/Hostility;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Basic Needs;Behavioral Services;Community Service;Domestic Violence;Education;Employment;Family & Social Services;Medical Services/Treatment;Mental Health Services/Treatment;Re-Entry;Shelter Housing Services;Substance Abuse Services/Treatment;Transportation;Vocational & Educational Services;Wellness Activities

### Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: 2nd Refusal: Education Program

Gender Specific for:BOTH; RT Program Code: EB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:0

Compendium Program: 3M Electronic Monitoring

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

GPS monitoring of offenders by a contracted provider.

Facilities:

PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

Auspices:

**GPS** Monitoring

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types:

**GPS Monitoring** 

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: 3rd Refusal: Education Program** 

Gender Specific for:BOTH; RT Program Code: EC

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: 5 or 7 Day Job Assignments** 

Gender Specific for:BOTH; RT Program Code: L1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:2

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: 60 West Street Nursing Home** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

60 West Street is a 95 bed nursing home located in Rocky Hill. The nursing home will serve individuals who meet the nursing home level of care, including individuals transitioning from an inpatient level of care at the Department of Mental Health and Addiction Services or from infirmaries at the Department of Correction.

#### Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

#### Auspices:

Behavioral Health; Contracted Program; Health Services; Housing; Mental Health; Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Family Support (FS); Medical (Med); Mental Health (MH)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

### Types:

Behavioral Services; Family & Social Services; Medical Services/Treatment; Mental Health Services/Treatment; Residential Services

### Program Status:

Active Program Category Level:0

**Compendium Program: A New Direction** 

Gender Specific for:MALE; RT Program Code: ND

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

An Addiction Services program to meet the needs of the sentenced and unsentenced offenders at the direct admission facilities. Addiction Services units shall offer a short-term drug and alcohol education program using the evidenced based Cognitive-Behavioral Treatment Curriculum "A New Direction" by Hazelden. This curriculum addresses criminal and addictive thinking based on real life experiences of incarcerated addicts.

#### Facilities:

CORRIGAN CI;HARTFORD CC;NEW HAVEN CC

#### Auspices:

Addiction Services

#### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains<sup>\*</sup>

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Addiction

Program Status:

Active Program Category Level:1

**Compendium Program: ABE - Miscellaneous** 

Gender Specific for:; RT Program Code: 00

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

Unknown

Auspices: Unknown

Treatment Types:

Unknown

Domains:

Unknown

Types: Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: Acclaim Behavioral Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health Clinic South Windsor CT

Facilities:

PCS - Hartford;PCS - Residential;PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:0

**Compendium Program: Addiction Services - Assessment & Orientation** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

Facilities:

MANSON YI; WALKER RC; YORK CI

Auspices:

**Addiction Services** 

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Addiction Services - Community Addiction Services - Women's Recovery Group

Gender Specific for:MALE; RT Program Code: 19

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

To address the specific needs of women in recovery the Community Addiction Services Unit uses Stephanie Covington's -Helping Women Recover- program. This gender specific treatment model integrates the theory of addiction, the theory of women's psychological development, and a theory of trauma into an evidenced based, client interactive program which addresses these key clinical areas: self-esteem, sexism, family of origin, relationships, interpersonal violence, sexuality and abuse and meditation and relaxation.

Facilities:

Unknown

Auspices:

Addiction Services; Community Addiction Services

Treatment Types: Unknown

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:0

Compendium Program: Addiction Services Integrated Care for Women with Co-Occurring Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a pyschiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy, cognitive behavioral therapy and is supported by specially designed 12 step meeting.

Facilities:

YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse

Types: Addiction

Program Status:

Active Program Category Level:1

**Compendium Program: Adjustment Disorders Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This 12 week cognitive behavioral therapy program is designed to address many of the difficulties inmate's experience when initially adjusting to incarceration. The program presents a pragmatic approach with an emphasis on development of appropriate coping skills.

Facilities:

MANSON YI

Auspices:

Health Services

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Mental Health (MH)
Domains: Substance Abuse and Mental Health
Types: Mental Health;Self Improvement
Program Status: Active Program Category Level:3
Compendium Program: Administrative Segregation - York CI - Phase 1
Gender Specific for:FEMALE; RT Program Code: C3
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False  Description:
Facilities: YORK CI
Auspices: Unknown
Treatment Types: Behavior Modification (BM)
Domains: Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy
Types: Unknown
Program Status:
Active Program Category Level:1
Compendium Program: Administrative Segregation - York CI - Phase 2
Gender Specific for:FEMALE; RT Program Code: C4
Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False  Description:
Facilities: YORK CI
Auspices: Unknown
Treatment Types: Behavior Modification (BM)

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Domains:

### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types: Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 3

Gender Specific for: FEMALE; RT Program Code: C5

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

Facilities:

YORK CI

Auspices: Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility; Antisocial Attitudes; Self Efficacy

Types: Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation Phase 1

Gender Specific for:MALE; RT Program Code: 06

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False Description:

Phase One programming for offenders classified to Administrative Segregation. Modules of programming include: Getting Settled - Getting Going, Handling a Crisis, and Interpersonal Effectiveness.

Facilities:

NORTHERN CI

Auspices:

All Facility Staff

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Administrative Segregation Phase 2** 

Gender Specific for:MALE; RT Program Code: 07

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False Description:

Phase Two programming for offenders classified to Administrative Segregation. Modules of programming include: Orientation and Communication, Controlling Your Anger, and A Better Way.

Facilities:

WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Administrative Segregation Phase 3** 

Gender Specific for:MALE; RT Program Code: 08

Open Close: False, Session Group: True, Session Numbers: 16, Evidence Based: False Description:

Phase Three programming for offenders classified to Administrative Segregation. Modules of programming include: How to do your Bid, Relapse Prevention, and Bridge Group.

Facilities:

WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Advanced TREM** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

Facilities: YORK CI

Auspices:

Mental Health; The Change Group

Treatment Types:

Mental Health (MH):Reintegration Enhancement/Relapse Prevention (RERP)

Domains: Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Al-Anon** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

Facilities: YORK CI

Auspices:

Addiction Services; Volunteer Services

Treatment Types: Substance Abuse (SA)

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Addiction

Program Status:

Active Program Category Level:3

Compendium Program: Alcohol and Drug Recovery Centers, Inc. (ADRC)/ Detoxification Unit

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ADRC's Detoxification Center is a 35-bed medically monitored detoxification program for adults. Admission decisions and skilled nursing interventions are provided by Registered Nurses. Each client is assigned to a counselor and they receive individual and/or group counseling daily. AA and NA meetings are offered on site five (5) evenings a week. Referrals for continuing treatment are encouraged and arranged prior to discharge. The goal is to safely detox clients from alcohol and/or drugs and to provide education and motivation for referral.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types.

Detoxification Unit; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Alcohol and Drug Recovery Centers, Inc. (ADRC)/ Intensive Residential

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The Intensive Residential program consists of 28 beds and involves 14 to 30 days of intensive residential treatment within a therapeutic community. Clients are accepted in the program regardless of their ability to pay.

### Services:

These include continuing recovery counseling sessions, psycho education, family support, education and intervention, and are provided to clients as follows:

- -Individual sessions minimally twice weekly
- -Therapy groups once daily
- -Other groups/meetings three times per day
- -Gender groups twice per week
- -Psycho educational groups twice per week

Services are delivered within a Multilevel Service Delivery Model consisting of the following Specialty Tracts:

- -A comprehensive Treatment Tract for the Latino client which is offered in Spanish, taking into account cultural and ethnic elements of the Puerto Rican tradition and other Latino heritages.
- -A comprehensive Treatment Tract for Women.
- -A comprehensive Treatment Tract for the English-speaking Caucasian and African-American males.

### Facilities:

PCS - Hartford

#### Auspices:

Housing; Non-Contracted; Residential; Support Services

#### Treatment Types:

Family Support (FS)

#### Domains:

Family and Social Support

#### Types.

Family & Social Services; Intensive Residential

### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Alcohol and Drug Recovery Centers, Inc. (ADRC)/ Intermediate Residential

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The Intermediate Treatment Program consists of 10 beds and involves up to 90 days of treatment. This program is open to individuals who have completed an Intensive Phase of Treatment or who otherwise meet admission criteria. Client referrals to this program must meet the Connecticut Client Placement Criteria III.5 level of care. No client will be rejected because of an inability to pay. Goals: To continue to build on the gains of Intensive Treatment and emphasize:

## Services:

The Intermediate Residential Program has established community linkages for vocational rehabilitation, education, job readiness and employment opportunities, housing, entitlement/benefits, medical follow-ups, etc. Daytime activities are primarily reserved for such appointments. Since specific programming for this level occurs primarily in the evenings, clients are expected to participate in Intensive program activities if they have no outside appointments. This also serves as a way to reinforce concepts previously presented and an opportunity for them to support clients in that phase. Specific Intermediate Program services include -

- -Individual sessions minimally once per week
- -Therapy groups once daily
- -Other groups/meetings twice per week
- -Gender groups twice per week
- -Psycho education once daily

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Employment Services; Housing; Mental Health; Non-Contracted; Residential; Support Services

### Treatment Types:

Family Support (FS);Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types:

Education; Employment; Family & Social Services; Financial; Mental Health Services/Treatment; Residential Services; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Alcohol and Drug Recovery Centers, Inc. (ADRC)/ Senior Outreach

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Senior Outreach Program provides prevention, education, and referrals typically with a focus on substance abuse. The Senior Outreach Program can assist professionals and others to recognize signs and symptoms of possible substance abuse in the elderly population (55 and older).

What does Senior Outreach Services provide?

- -Initial meeting to determine the needs of the prospective resident.
- -Individualized treatment planning
- -Referrals
- -Individual, family, group and support groups focusing on the substance abuse and other life issues
- -Community outreach to local agencies and families

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services: Mental Health: Non-Contracted: Non-Residential: Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types.

Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Alcoholics Anonymous** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Addiction Services; Volunteer Services

Treatment Types:

Behavior Modification (BM); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Alcoholics Anonymous, Conducted in English

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This program is conducted in English. Alcoholics Anonymous is a Fellowship self help group for women who provide mutual support in obtaining and maintaining alcohol free lifestyle while also helping others to recover from alcohol addiction. Meetings are held on weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Unknown

Domains:

Unknown

Types:

Female; Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Alternatives To Violence - Advanced Workshops** 

Gender Specific for:BOTH; RT Program Code: 46

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

#### Description:

Certified AVP volunteers lead advanced workshops to inmates who have completed the AVP basics workshop. Participants completing both basic and advanced workshops qualify for selection to become peer mentors.

Facilities:

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

MACDOUGALL CI: OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

Types.

Anger Management; Self Improvement

Program Status:

Active Program Category Level:2

**Compendium Program: Alternatives to Violence - Basic Workshops** 

Gender Specific for:BOTH; RT Program Code: 45

Open Close: True, Session Group: False, Session Numbers: 24, Evidence Based: False

Description:

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors.

Facilities:

CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

Types:

Anger Management; Self Improvement

Program Status:

Active Program Category Level:2

**Compendium Program: Alternatives to Violence - Training for Trainer Workshops** 

Gender Specific for:BOTH; RT Program Code: 47

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is used to train inmates who have successfully completed AVP Basic and Advanced and will now be facilitating future programming.

Facilities:

MACDOUGALL CI; OSBORN CI

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

Types:

Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: American Job Center - Employment Readiness Workshop

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 5, Evidence Based:False Description:

The goal of this Employment Readiness Workshop is to provide resources and materials that will assist returning citizens (inmates) with job search strategies. This 4-5 session workshop will cover tools, suggestions and tips with various steps in your employment search process. In each of these sessions participants, will work on various activities and exercises designed to assist in their job search strategies. There are assignments that are provided to prepare these individuals for the next session. The topics that are covered over the 4-5 session include: Personality Assessment, Job Description Review, Cover Letter, Resume, Completing Application and Interview Questions and Strategies. There are many opportunities to answer and discuss concerns and questions as they relate to (inmates, ex-offenders) participant employment application. There are opportunities for mock interviews and to discuss interview questions and especially tips on answering the question regarding their background. Lastly, participants are provided with an overview of the resources and services available at the American Job Center.

Facilities:

HARTFORD CC

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: America's VetDog Prison Puppy Program** 

Gender Specific for:MALE; RT Program Code: VP

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

2 inmates (Primary and Secondary) are paired with a puppy (9 or 10 weeks old) and raise it until 1 year of age. During that time period they teach the dog approximately 48 different commands that would be of use to a disabled Veteran.

Facilities:

OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS);Mental Health (MH)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: Anger Management - Mental Health** 

Gender Specific for:MALE; RT Program Code: AM

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False *Description:* 

Anger Management in the Mental Health Unit is a 15 session program developed for lower functioning inmates who cannot successfully participate in the facility based Anger Management Group. The Anger Management in Mental Health includes curriculum modules such as defining anger, facts about anger, causes of anger, techniques to cope with anger, the costs of anger, how to manage anger, problem solving and coping with feelings underneath anger.

Facilities:

OSBORN CI

Auspices:

Mental Health

Treatment Types:

Aggression Replacement Training (ART); Life Skills (LS); Mental Health (MH); Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Mental Health

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Program Status:

Active Program Category Level:1

**Compendium Program: Anger Management Program** 

Gender Specific for:BOTH; RT Program Code: 26

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False *Description:* 

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

#### Auspices:

All Facility Staff; Programs & Treatment Unit

### Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)

#### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns

#### Types

Anger Management; Mental Health; Self Improvement

### Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Anger: Creating New Choices** 

Gender Specific for:BOTH; RT Program Code: NC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

Cognitive Behavior Therapy (CBT), which explains that human behavior and emotions are caused by one's thoughts, is an Evidence Based Practice. Anger: Creating New Choices video series and workbooks take participants through a reflection of their actions and emotions and how those are influenced by their thoughts, utilizing the CBT Evidence Based Practices.

CBT is based on an educational model on the scientifically supported assumption that most emotional and behavioral reactions are learned. Therefore, the goal of CBT is to help students unlearn their unwanted reactions and to learn a new way of reacting.

The educational emphasis of CBT has an additional benefit – it leads to long term results. When people understand how and why they are doing well, they know what to do to continue doing well.

CBT lessons have a specific agenda for each session with specific techniques/ concepts taught during each session. CBT focuses on the student's goals. Instructors are directive in the sense that they show students how to think and behave in ways to obtain what they want. Therefore, CBT techniques do not tell students what to do – rather, they teach students how to do.

Anger: Creating New Choices videos and workbook utilize the Cognitive Behavior Therapy format, making them an effective part of a rehabilitation program (Simpson, 2004).

Facilities:

BROOKLYN CI;ROBINSON CI

Auspices:

All Facility Staff

Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT)

**Domains** 

Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns

Types:

Anger Management; Behavioral Services

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: APRN- Lorie Pelosi** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

APRN for Psychiatric Medication/Mental Health

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Mental Health

Treatment Types: Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:0

**Compendium Program: APT Foundation** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

We provide outpatient and residential substance use disorder treatment, primary healthcare, outpatient mental health treatment services, medication assisted treatment, family counseling services, and adult education & vocational services to all- including women with children and those living with HIV/AIDS.

Our dedicated and compassionate multi-disciplinary treatment team works hard to assure that every client's recovery experience is handled with safety, dignity, and empowerment. We are committed to providing respectful, individualized, and confidential care to all of our clients and their loved ones. Turn your life around!

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Residential

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Arabic Language

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Armed Services Member Trauma Group** 

Gender Specific for:MALE; RT Program Code: AF

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

This program is offered to individuals that have experienced some trauma in their lives. The lesson plans address male role models, emotional and relationship patterns as well as various abuse and its relationship to psych symptoms as well as substance abuse. This program can be modified to work with identified trauma survivors who have also been in the military. The traumatic event could be pre/post military as well as taking place during their military time. This group is a psycho-educational skill building group with a goal of having individuals explore how their trauma exposure can be impacting current life events.

Facilities:

OSBORN CI

Auspices:

Mental Health; Programming Unit - Facility Staff

Treatment Types:

Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health; Self Improvement; Trauma Informed

Program Status:

Active Program Category Level:1

Compendium Program: Art Program - Beginners and Advanced

Gender Specific for:BOTH; RT Program Code: AT

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False Description:

This is a program developed to enable inmates with different artistic abilities. Although primarily pen, watercolor, and painting, this activity may be multidisciplinary (i.e., sculpture, dance, creative writing, or poetry). Members of this group also have the chance to submit their artwork in the annual Art Shows located throughout the state.

Facilities.

BROOKLYN CI;ENFIELD CI;MACDOUGALL CI;OSBORN CI

Auspices:

Recreation Services; Volunteer Services

Treatment Types: Life Skills (LS)

Domains:

Family and Social Support; Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Art Therapy (YCI)** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

This group is designed to allow offenders the opportunity to express themselves through art in a therapeutic and structured environment. It allows offenders with no developed skills the opportunity to creatively express themselves by using basic art forms (drawing, painting, coloring and tracing)

Facilities: YORK CI

Auspices:

Volunteer Services

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Artistic Healing** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Clinical Director

Stephanie G. O'Sullivan CMHC,LPH

Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types: Life Skills (LS)

Domains:

Family and Social Support; Mental Health; Relationships

Types:

Wellness Activities

Program Status:

Active Program Category Level:0

Compendium Program: Artists In Residence-Community Partners in Action (CPA)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types: Life Skills (LS)

Domains: Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Asnuntuck Community College** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Asnuntuck Community College is a community college in Enfield, CT., it offers associate degree and certificate programs as well as healthcare certificate programs and business and industry programming.

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Behavioral Health; Employment Services; Non-Contracted; Non-Residential

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

Education; Vocational Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Auto Detailing** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This vocational program provides students with the knowledge and experience required to work in new and used car dealerships and/or automotive detail shops. The program also emphasizes the elements of entrepreneurship equipping students with the knowledge to begin their own automobile detailing business.

Facilities:

CHESHIRE CI

Auspices:

USD#1

Treatment Types:

Education (Éd)

Domains:

Education, Employment, and Financial Situation

Types:

Education

Program Status:

Active Program Category Level:2

**Compendium Program: Backus Hospital/Inpatient** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Backus Health System includes a not-for-profit, 213-bed hospital in Norwich and numerous off-site locations, including several health centers, Backus Home Health Care and the Backus Outpatient Care Center, also in Norwich.

Facilities:

PCS - Norwich/New London

Auspices:

Employment Services; Health Services; Mental Health; Non-Contracted; Residential; Support Services

Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH)

Domains:

Family; Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types:

Education; Family & Social Services; Intensive Inpatient; Medical Services/Treatment; Mental Health Services/Treatment

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Program Status:

Active Program Category Level:0

**Compendium Program: Backus Hospital/ Outpatient** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Backus Health System includes a not-for-profit, 213-bed hospital in Norwich and numerous off-site locations, including several health centers, Backus Home Health Care and the Backus Outpatient Care Center, also in Norwich.

Facilities:

PCS - Norwich/New London

Auspices.

Employment Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed); Family Support (FS); Medical (Med); Mental Health (MH)

Domains:

Family; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

Types.

Education; Family & Social Services; Intensive Inpatient; Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Band Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program provides inmates of different musical backgrounds an opportunity to learn and create different styles of music. There are currently four bands and each band plays twice a week for an hour session. These bands occasionally perform for the inmate population during various monthly activities.

Facilities:

ENFIELD CI; OSBORN CI

Auspices:

All Facility Staff; Recreation Services

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Baptism Preparation - Protestant** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A course of studies to prepare inmates for Baptism into the Christian community.

Facilities:

**NEW HAVEN CC** 

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Behavior Intervention - Unlock Your Thinking** 

Gender Specific for:MALE; RT Program Code: BG

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False Description:

This 4 session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

Facilities: MANSON YI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: Behavioral Health Recovery Program-BHRP-Hartford

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Behavioral Health Recovery Program assists eligible participants with clinical and basic recovery supports as well as community-based intensive case management services. The program is for HUSKY D/Medicaid recipients with behavioral health needs.

#### **Facilities**

PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

#### Auspices:

Employment Services; Housing; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

### Types:

Basic Needs; Faith Recovery Support Services; Independent Housing; Recovery Management Services; Shelter Housing Services; Supported Recovery Housing; Transportation; Vocational Services; Wellness Activities

### Program Status:

Active Program Category Level:0

Compendium Program: Behavioral Health Recovery Program-BHRP-Middletown

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Recognizing that individuals receiving behavioral health treatment are more likely to remain engaged in treatment when their basic recovery support needs are met, the Behavioral Health Recovery Program (BHRP) provides financial assistance to HUSKY D/Medicaid for Low Income Adults (LIA) recipients who are temporarily unemployed and in need of recovery supports that cannot be met by other community resources. These supports include recovery housing, independent housing, bus passes, food, clothing, and personal care items. The program also offers coverage for intensive and long-term substance abuse residential treatment, when those services are determined to be medically necessary.

The Department of Mental Health has contracted with ABH as the administrative service organization for the BHRP. ABH reviews and authorizes requests by treatment providers and vendors for the provision of these services. ABH is also responsible for utilization management, claims processing and payment, member services, and provider network management.

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Housing; Non-Contracted; Residential; Support Services

Treatment Types: Family Support (FS)

Domains:

Family and Social Support; Self Efficacy

Types:

Basic Needs; Financial; Recovery Management Services; Residential Services

Program Status:

Active Program Category Level:0

**Compendium Program: Best Chance** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

construction culinary arts

advanced manufacturing-related careers

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Beyond Violence: A Prevention Program for Women

Gender Specific for:FEMALE; RT Program Code: BV

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

Facilities:

YORK CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART); Family Support (FS); Victim Impact (VI)

Domains:

Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Relationships

Types:

Domestic Violence; Family

Program Status:

Active Program Category Level:1

**Compendium Program: BH Care** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health and Substance Abuse Services

Facilities.

PCS - Bridgeport;PCS - Residential;PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health: Substance Abuse: Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment: Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Book Club** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The Book club is designed to incorporate 10-12 offenders in a small reading/discussion group that reads, reviews and discusses critically acclaimed and diverse literature - both fiction and non-fiction. Eligibility for the program includes an interest in reading and competency demonstrated by a high school diploma or GED.

Facilities:

RADGOWSKI CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation; Self Efficacy

Types.

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Books for Babies** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff; Volunteer Services

Treatment Types:

Family Support (FS)

Domains:

**Parenting** 

Types:

Community Service

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Program Status:

Active Program Category Level:3

**Compendium Program: braille Program** 

Gender Specific for: MALE; RT Program Code: BI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Braille Program enablers qualified inmates to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

Facilities:

CHESHIRE CI; ENFIELD CI

Auspices:

All Facility Staff

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types.

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Braille Program-Cheshire** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Braille Program enables inmates in Protective Custody to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association, to certify those Braille writers that complete the required training and to maintain such skills once obtained in order to provide them with marketable skills for the future.

Facilities:

CHESHIRE CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Braille Program-Enfield** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The Braille Program enables qualified inmates (must have a G.E.D. or H.S.D.) to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

Facilities:

**ENFIELD CI** 

Auspices:

All Facility Staff

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Community Service

Program Status:

Active Program Category Level:0

**Compendium Program: Branford Hall Career Institute** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

At Branford Hall, you will study just the subjects you need for your career in order to gain the expertise and skills that employers will want. There was a time when a college degree was the only key to success, but today the situation is different. It is not necessary to spend several years in college in order to be a part of a fast-growing career field. Our students at Branford Hall study only the subjects they need for their career fields. This kind of education makes sense, especially today when time and money are so important.

Facilities:

PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation; Family and Social Support

Types:

Vocational & Educational Services

Program Status:

Active Program Category Level:3

Compendium Program: Branford Hall Career Institute - Branford

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Branford Counseling Center is a licensed psychiatric outpatient and substance abuse facility for adults and children. It functions as the Youth Service Bureau for the Town of Branford. Their exceptional staff of qualified personnel will help all patients and no resident will ever be refused treatment because of an inability to pay.

Branford Counseling Center is a municipal mental health agency licensed by the Connecticut Department of Public Health. It is an approved Substance Abuse Facility and The Youth Service Bureau for the Town of Branford. Services are provided by Master's level clinicians and by psychiatrists. It is the mission of the Branford Counseling Center to maximize treatment through collaboration with other local agencies, schools, hospitals, private practitioners. Harbor Health Services Inc. and various town departments.

#### Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

#### Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Employment/Financial; Family and Social Support

Types:

Vocational & Educational Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Bridgeport Adult Education** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Offers 3 types of high school diplomas, adult basic education and English as a second language classes.

Facilities:

PCS - Bridgeport;PCS - New Haven

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation

Types: Education

Program Status:

Active Program Category Level:0

Compendium Program: Bridgeport Community Health Center - Optimus Health Care Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Services provided include: Adult/Geriatric Medicine, Nutrition Services, Mental Health, and Podiatry.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Criminal Attitudes and Behavioral Patterns; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Anger Management; Domestic Violence; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Bridges** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Bridges is a community of dedicated caregivers committed to providing comprehensive and effective mental health services and addiction recovery programs for adults, children and families.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Bridging the Gap** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

Facilities:

**ENFIELD CI** 

Auspices:

Addiction Services; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Addiction; Re-Entry

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Program Status:

Active Program Category Level:3

**Compendium Program: Bristol Hospital Counseling Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The highly trained, skilled professional therapists of Bristol Hospital's Counseling Center provide counseling to individual adults, couples and families who seek assistance for a wide variety of problems. Problems range from temporary difficulties to complex long-term disabilities that affect emotional and physical health. Requests for services are accepted directly from area residents or from physicians and other healthcare professionals. Medical insurance policies usually cover a substantial portion of the fee and the Counseling Center does offer a sliding fee scale. The Counseling Center's services focus primarily on group therapies, and offer outpatient counseling services, partial hospital/intensive outpatient programs, and a full range of chemical dependency programming.

#### Facilities:

PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

#### Auspices.

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

Aggression Replacement Training (ART); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Anger/Hostility; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types.

Anger Management: Mental Health Services/Treatment: Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Bureau of Rehabilitation Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

The Bureau of Rehabilitation Services (BRS) administers the Title I Vocational Rehabilitation and Title VI Supported Employment (SE) programs of the Rehabilitation Act of 1973, as amended. BRS receives federal funding from the Rehabilitation Services Administration (RSA), Office of Special Education and Rehabilitative Services (OSER)at the US Department of Education. The obligations for the use of this federal funding are defined in the BRS State Plan.

The Department of Rehabilitation Services (DORS) is the designated state unit that oversees BRS and the vocational rehabilitation and supported employment programs in Connecticut.

#### Facilities:

PCS - New Haven; PCS - Norwich/New London

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Auspices:

Employment Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Education (Ed);Life Skills (LS);Mental Health (MH)

#### Domains:

Education, Employment, and Financial Situation; Employment/Financial; Mental Health; Substance Abuse and Mental Health

#### Types:

Employment; Mental Health Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Capital Community College** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

CCC offers 35 associate degree programs and 27 certificate programs on site and on line in the following areas: Accounting, Computer and Information Systems, Emergency Medical Services Instructor, Fire Technology and Administration, Computer Hardware Support Specialist, Computer Software Support Specialist, Architectural Engineering Technology, Computer Aided Drafting, Computer Programming, Early Childhood Education, Emergency Medical Technician, College of Technology (Engineering Science, Technological Studies), Health Science, Library Technician Assistant, Management, Marketing, Mental Health Assistant, Nursing, Paramedic Studies, Radiologic Technology, Medical Assisting, Microcomputers, Business Office Technology Physical Therapist Assistant, Social Service, Liberal Arts & Sciences, Visual Communication, Labor Studies, Communication Media, Criminal Justice, General Studies, Wastewater and Distance Learning Computer & Information Systems with two options.

#### Facilities:

PCS - Hartford

#### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

#### Domains:

Education; Education, Employment, and Financial Situation; Family and Social Support

#### Types

Vocational & Educational Services

## Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Capital Region Mental Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Capitol Region Mental Health Center (CRMHC) is a community based mental health center, operated by the Connecticut Department of Mental Health and Addiction Services, which provides an array of innovative clinical and community support services to individuals with a psychiatric disability, in many cases with co-occurring problems of substance abuse.

In addition to the function of providing individuals with behavioral health services, CRMHC also collaborates with the Greater Hartford DMHAS-Funded Mental Health Programs that is comprised of 15 non-profit agencies located in Hartford and West Hartford. These agencies work together to provide a comprehensive array of behavioral health services to nearly 3300 individuals and families.

Capitol Region Mental Health Center and the DMHAS-Funded Mental Health Programs serve adults with serious psychiatric disabilities or the co-occurring disorders of psychiatric illness and substance use, 18 years and older who reside in Hartford (Catchment Area 23), West Hartford, Farmington, Avon, Canton and Simsbury (Catchment Are 18).

#### Facilities:

PCS - Hartford

#### Auspices:

Health Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Medical (Med); Mental Health (MH)

#### Domains:

Substance Abuse and Mental Health

#### Types:

Medical Services/Treatment; Mental Health Services/Treatment

#### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Care Plus Day Treatment** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Adult Partial Hospitalization Treatment and Intensive Outpatient treatment -

Natchaug and its various community-based programs serve people of all ages and stations in life. Our goal is to provide the highest quality diagnostic and treatment services customized to address the special needs of each individual in our care.

At Natchaug, our philosophy of health care is based upon simple but powerful tenets: A person; s journey through the health care system should be as smooth as possible. People should be able to receive the care they need as close to home as possible.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

Substance Abuse (SA)

#### Domains:

Substance Abuse; Substance Abuse and Mental Health

#### Types:

Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: CARE PROGRAM: Cope, Affirm, Renew, Empower

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

The CARE Program is an intensive outpatient program designed for long term offenders. Programming will be gender responsive and will address quality of life, adjustment, resillence, hope, substance use, trauma, interpersonal discord, mental health issues and spirituality. Treatment modalities will include a mixture of group psychotherapy, recreational therapies, spiritual opportunities, and independent learning activities facilitated by a number of disciplines dedicated to the program.

Facilities: YORK CI

Auspices: Mental Health

Treatment Types:

Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Family; Mental Health; Substance Abuse

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Career Exploration Day** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This program teaches inmates about different vocations. Designed as an "in-house" activity, facility Vocational Instructors present information and samples about their programs to academic students. The majority of students participating have sentences of three years or more and are able to learn about different vocations.

Facilities:

MACDOUGALL CL

Auspices: USD#1

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Career Resources, Inc.** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

Career Resources, Inc. provides youth and adults throughout Connecticut the skills, resources and support necessary for personal development, economic self-sufficiency and career advancement, and provides planning and staffing resources to the business community in support of workforce development and economic growth.

Facilities:

PCS - Bridgeport

Auspices:

Contracted Program; Employment Services; Non-Residential; Support Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

Types:

Employment; Vocational Services

Program Status:

Active Program Category Level:0

Compendium Program: Career Resources, Inc. - STRIVE - (Hartford)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Support and Training Results In Valuable Employment (STRIVE) offers job training and postplacement support in Fairfield, Hartford and New Haven counties. STRIVE offers a three week course emphasizing job seeking skills and work readiness, including workplace behavior, proper appearance and positive attitude; job development opportunities for graduates; and graduate support and follow-up. Training is provided in monthly cycles year round. Two years of post graduation follow-up is provided for each graduate. Evening programs are also offered to underemployed job seekers 4 times/yearly.

Facilities:

PCS - Hartford

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns; Education; Education, Employment, and Financial Situation; Family and Social Support

Types:

Behavioral Services; Vocational & Educational Services

Program Status:

Active Program Category Level:0

Compendium Program: CaseNotes-CaseNote Specific Programming

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is unique to the CaseNotes system and utilized by Parole and Community Services.

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury
Auspices: Unknown
Treatment Types: Unknown
Domains: Unknown
Types: Unknown
Program Status:

Compendium Program: CaseNotes-History

Active Program Category Level:3

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program was used within the CaseNotes system prior to April 15, 2015.

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices: Unknown

Treatment Types:

Unknown

Domains: Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic - Alpha Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BROOKLYN CI;CORRIGAN CI;MANSON YI;OSBORN CI;RADGOWSKI CI

A	u	sp	ÌC	e	s:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Religious Services : Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This is the Catholic Bible Study held in Spanish.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC;GARNER CI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Charities Hartford** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

#### Description:

Agency provides an array of services including mental health, addiction services, education and employment support.

#### Facilities:

PCS - Hartford; PCS - Residential

### Auspices:

Behavioral Health; Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Addiction;Anger Management;Basic Needs;Behavioral Services;Education;Employment;Family;Mental Health;Mental Health Services/Treatment;Substance Abuse Services/Treatment;Vocational Services

### Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Catholic Choir** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

Facilities:

GARNER CI; OSBORN CI; YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Discussion Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Using various methodologies (e.g. video, music, current events, etc.). Inmates are encouraged to discuss Catholic moral approaches to a virtuous lifestyle free of crime and recidivism.

Facilities:

ENFIELD CI;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Catholic Faith Sharing** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

#### Facilities:

CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

#### Auspices:

Religious Services

## Treatment Types:

Unknown

#### Domains:

Unknown

## Types:

Religious

#### Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Family Charities-Norwich** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Catholic Charities is a non profit agency serving people of all faiths in Hartford, Litchfield, and New Haven Counties since 1920.

We focus on children as our future, families as the backbone of our society, and the elderly as our link to our roots

Our Mission

Motivated by Christ's social teachings and respect for the richness of diversity, Catholic Charities exists to promote the dignity, self-sufficiency and human potential of those in need.

Our Vision

Individuals, families and communities will become healthy, self-sufficient and productive, thriving in a just and compassionate society.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Mental Health; Non-Contracted; Non-Residential; Support Services

## Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Domains:

Abuse/Trauma; Family; Mental Health; Relationships; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Catholic Family Charities-Waterbury** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Catholic Charities is a non profit agency serving people of all faiths in Hartford, Litchfield, and New Haven Counties since 1920.

We focus on children as our future, families as the backbone of our society, and the elderly as our link to our roots

Our Mission

Motivated by Christ's social teachings and respect for the richness of diversity, Catholic Charities exists to promote the dignity, self-sufficiency and human potential of those in need.

Our Vision

Individuals, families and communities will become healthy, self-sufficient and productive, thriving in a just and compassionate society.

#### Facilities:

PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

## Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Catholic Family Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Catholic Charities is a non profit agency serving people of all faiths in Hartford, Litchfield, and New Haven Counties since 1920.

We focus on children as our future, families as the backbone of our society, and the elderly as our link to our roots

Our Mission

Motivated by Christ's social teachings and respect for the richness of diversity, Catholic Charities exists to promote the dignity, self-sufficiency and human potential of those in need.

Our Vision

Individuals, families and communities will become healthy, self-sufficient and productive, thriving in a just and compassionate society.

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Support Services

#### Treatment Types:

Behavior Modification (BM); Family Support (FS)

#### Domains:

Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support

#### Types.

Domestic Violence Services

### Program Status:

Active Program Category Level:0

**Compendium Program: Catholic History Program** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A review of Catholic history from the first century to the modern world and how the church developed is done in the program. The influence of secular history and events are also reviewed to see how they impacted church developments. The course is based on the book - What every Catholic wants to know.- By Diane Moczar ISBN# 978-1-59276-3-2-3.

Facilities:

ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Meditation** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program involves the instruction and practice in the various methods of deep prayer from the ancient Catholic wisdom traditions. The goal of this spiritual growth and therapeutic response insofar as anxiety disorders respond well to meditation/relaxation thoughts.

Facilities:

ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Prayer and Healing Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

Facilities:

CYBULSKI CI:OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Prayer-English or Spanish** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Catholic Prayer enhances the spiritual life of the inmates by utilizing traditional forms of prayer, art, music and poetry.

Facilities:

CHESHIRE CI;HARTFORD CC;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Retreats** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities.

BROOKLYN CI;GARNER CI;MACDOUGALL CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Spirituality Video

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program meets on a weekly basis, and uses various methodologies (e.g. video, current events, workbooks, etc.). This program seeks to foster a deeper understanding of Catholicism and help inmates develop self-awareness, personal spiritual growth, and a deeper relationship with God and uses religious materials based upon Catholic principles and traditions.

Facilities:

MACDOUGALL CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Video** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A weekly instructional video focused on the historical background of Catholic Christian history, prayer, tradition, culture and customs.

Facilities:

ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Catholic Worship Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

#### Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Worship Service (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The weekly Catholic service is the mass (or a communion service when mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

HARTFORD CC; OSBORN CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: CBT - Chronic Pain Management** 

Gender Specific for:MALE; RT Program Code: CP

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) is a time limited psychotherapeutic group focused on examining the relationships between thoughts, emotions, and behaviors to chronic physical pain. Group members will learn new cognitive and behavioral skills to assist in pain reduction to increase quality of life.

Facilities:

MACDOUGALL CI; OSBORN CI

Auspices: Mental Health

Treatment Types: Unknown

Domains: Unknown

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:3

**Compendium Program: CEC - Work Assingment** 

Gender Specific for:BOTH; RT Program Code: L3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

Facilities:

CHESHIRE CI; OSBORN CI; YORK CI

Auspices.

Correctional Enterprises of Connecticut

Treatment Types: Life Skills (LS)

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation

Types:

**Employment** 

Program Status:

Active Program Category Level:0

**Compendium Program: Center for Behavioral Wellness** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Drug treatment specializing in opioid addiction

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types.

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Certified Birth Certificate or Registration of Birth

Gender Specific for:BOTH; RT Program Code: I2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

\*\*\*

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: CHANGE Program** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

Facilities: YORK CI

Auspices: Mental Health

Treatment Types:

Education (Ed); Mental Health (MH)

Domains:

Antisocial Friends; Mental Health; Substance Abuse

Types: Unknown

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Charlotte Hungerford Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CHH is dedicated to providing outstanding Behavioral Health Services to all members of our communities at our Behavioral Health Center. Asking for help does not need to be difficult or embarrassing. Emotional problems are real, very painful and can negatively impact personal and family wellness. Our Connecticut Behavioral Health Services include comprehensive treatment programs for all ages. Common to all of our programs is a dedicated team of licensed professional staff which include social workers, counselors, marriage and family therapists, substance abuse professionals, psychiatric nurse practitioners, adult and child psychiatrists. Our clinical expertise at CHH's Mental and Behavioral Health Center and wide variety of experience in assisting people in need enables us to provide the remarkable care you have come to expect from Charlotte Hungerford.

#### Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Family;Family and Social Support;Parenting;Relationships;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Charter Oak Family Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Behavior Health - Mental health One on One Medication Management Primary Care

#### Facilities:

PCS - Hartford: PCS - Residential

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Chemical Abuse Service Agency, Inc. (CASA) - New Haven - East Street

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Medication Assisted Treatment (MAT) at MAAS offers treatment for opioid addiction, including the use of both methadone and buprenorphine. The MAAS MAT program utilizes a combination of medication and psychotherapeutic clinical treatment interventions aimed toward building a foundation upon which long term recovery can take place. Individuals entering this level of care meet criteria for methadone maintenance or buprenorphine maintenance. A shorter term taper is available through the ambulatory detoxification unit, if deemed appropriate. MAAS targets inner city and traditionally under-served populations, including but not limited to Latinos and African Americans. Treatment intensity varies based on patient need while the clinic models a ¿stages of change; approach to opioid treatment. All culturally relevant services are offered in English and Spanish. MAAS offers on-site babysitting to adults with dependant, under schoolage children.

Services Include:

- -Individual and Group Therapy
- -Pharmacotherapy
- -Psychiatric Evaluation and Follow-up
- -Case Management
- -Family Counseling
- -Auricular Acupuncture
- -HIV/AIDS/STD Testing and Counseling
- -Basic Primary Care Services
- -Trauma Therapy
- -Gender Specific Therapy
- -Urine/Drug Screens
- -Problem Gambling Services

Facilities:

PCS - New Haven

Auspices:

Health Services; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types.

Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Chemical Abuse Services Agency (CASA / MAAS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Provide addiction service treatment and mental health treatment to offenders in the community.

Facilities:

PCS - New Haven; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Behavioral Services;Intensive Outpatient

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Chemical Abuse Services Agency, Inc. (CASA)/ Eugenio Maria de Hostos

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Casa Hostos operates two levels of residential services, including intensive and intermediate, with a total of sixteen beds in a 24-hour residential setting for Spanish speaking individuals (men and women). Casa Hostos offers an array of behavioral health services staffed by compassionate bilingual, bicultural addiction treatment/recovery personnel. The residential services at Casa Hostos are provided to adult substance abusers in the state of Connecticut who are medically indigent and alcohol and/or drug dependent. These levels of care are most appropriate for persons who have no significant medical or psychiatric conditions. Services provided range in time period from one to six months.

#### Services include:

- -Individual and Group Therapy
- -Psychiatric Evaluation and Follow-up
- -Recreational Therapeutic Activities
- -Vocational and Housing Case Management
- -Family Counseling
- -HIV/AIDS/STD Testing and Counseling
- -Basic Primary Care Services
- -Trauma Therapy
- -Gender Specific Therapy
- -Integration with natural supports in the community

#### Facilities:

PCS - Bridgeport

#### Auspices:

Behavioral Health; Health Services; Mental Health; Non-Contracted; Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Education, Employment, and Financial Situation; Family and Social Support; Substance Abuse and Mental Health

### Types:

Addiction; Cultural Diversity; Dual Diagnosis; Gender Responsive; Medical; Mental Health; Trauma Informed

## Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Cheshire Family Counseling Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health Treatment for PTSD, Anxiety, and Depression

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Mental Health; Relationships; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Christian Fatherhood Initiative** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The purpose of this program is to promote fatherhood and build strong fathers who are involved in their children's lives. This comprehensive fathering program focuses on helping offenders to develop characteristics and skills that every father needs to be an effective dad. Teaching is conducted from a Christian perspective.

**Facilities** 

RADGOWSKI CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

Domains:

Unknown

Types:

Family; Religious

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Christian Living** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A weekly Protestant Program combining prayer, bible discussion and spiritual direction. Participants will gain insight into the ethical, moral, spiritual and relational aspects of living a Christian life. Attention is given to the application of Christian principles in every day life and relationships.

Facilities:

MANSON YI

Auspices:

Religious Services

Treatment Types: Life Skills (LS)

Domains:

Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Christian Stewardship (Protestant)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A bible based approach to using the resources God provides for a family with an emphasis on finances. Offenders learn how to save money, budget & plan for the future from a Christian perspective.

Facilities:

**ROBINSON CI** 

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Self Improvement

Program Status:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

Compendium Program: Chronic Disciplinary Unit: Controlling Your Anger

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False Description:

This is the second in a series of groups used in the Chronic Discipline Unit (CDU) Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Anger Management; CDU; Youth CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Disciplinary Unit: How to Deal with Your Problems and How to Do Your Bid

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This is a group designed for inmates in the DOC's Chronic Disciplinary Unit. One of the problems that many inmates have in general, and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

#### Facilities:

CHESHIRE CI; CORRIGAN CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC

Auspices:

All Facility Staff

Treatment Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU; Youth CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Disciplinary Unit: Relapse Prevention

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is one of several groups in the Chronic Discipline Program. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in Chronic Discipline, a very restrictive special housing program.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU

Program Status:

Active Program Category Level:1

**Compendium Program: Chronic Disciplinary Unit: Orientation and Communication** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This class is the first offered to inmates in the Chronic Disciplinary Unit. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: CDU

Program Status:

Active Program Category Level:1

**Compendium Program: Chronic Discipline** 

Gender Specific for: MALE; RT Program Code: 21

Open Close: False, Session Group: True, Session Numbers: 12, Evidence Based: False

### Description:

Programming for offenders classified to Chronic Discipline status. Modules of programming include: Controlling Your Anger, How to Deal with your Problems, How to do your Bid, Orientation and Communication, and Relapse Prevention.

Facilities:

CHESHIRE CI; CORRIGAN CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU; Youth CDU

Program Status:

Active Program Category Level:1

**Compendium Program: Chronic Discipline Phase 1** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Garner CI Chronic Discipline Program Interval 1

Facilities:

Unknown

Auspices:

**Unknown** 

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Unknown
Domains: Unknown
Types: Unknown
Program Status:
Active Program Category Level:0
Compendium Program: Chronic Discipline Program - York Cl
Gender Specific for:FEMALE; RT Program Code: D1
Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False
Description:
Facilities: YORK CI
Auspices: Unknown
Treatment Types: Behavior Modification (BM)
Domains: Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Self Efficacy
Types: Unknown
Program Status:
Active Program Category Level:1
Compendium Program: Chrysalis Center - Community Transitional Services
Gondor Specific for BOTH: DT Program Code: 0

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Community Transitional Services is a 28 bed apartment; style living program designed to provide the supervision and support services needed to build the foundation for offenders to live productive and successful lives upon release into the community, with apartments located in Hartford, East Hartford and West Hartford. Services include: intake and assessment; case management; housing assistance; employment/benefits assistance; and referrals to area providers.

Facilities: PCS - Hartford

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Contracted Program; Employment Services; Housing; Residential; Support Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Education; Family and Social Support

Types:

Education: Residential Services: Vocational Services

Program Status:

Active Program Category Level:3

**Compendium Program: Chrysalis Center - Employment Support Network** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Chrysalis Center is a private nonprofit healthcare agency that has been providing vocational and employment services for over 20 years. The Employment Support Services program uses an evidence based approach to help offenders find meaningful employment in order to live productively in the

community. Services include intake and assessment, linkage and referral, employment assistance services, and competitive job placement.

Facilities:

PCS - Hartford

Auspices:

Contracted Program; Employment Services; Non-Residential

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Family and Social Support; Peer Associations

Types:

Employment; Vocational & Educational Services

Program Status:

Active Program Category Level:3

**Compendium Program: Clean Slate Addiction Treatment Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Suboxone Vivitrol

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Hartford; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

Substance Abuse: Substance Abuse and Mental Health

Types.

Behavioral Services;Intensive Inpatient;Intensive Outpatient;Medical Services/Treatment;Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Clean Slate Outpatient Addiction Medicine

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Drug treatment/ alcohol treatment

At CleanSlate, we specialize in the treatment of addiction using FDA-approved medications. We focus on treating opioid and alcohol addictions.

When we talk about opioids (or 'opiates'), we're talking about heroin and prescription drugs like Percocet, Vicodin, and OxyContin. At CleanSlate, we treat opioid addiction using two innovative and proven medications: buprenorphine (Suboxone, Zubsolv, generics), and naltrexone (Vivitrol).

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Behavioral Services;Intensive Inpatient;Intensive Outpatient;Mental Health Services/Treatment;Recovery Management Services;Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: CLICC Literacy Program** 

Gender Specific for:BOTH; RT Program Code: CL

Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False

#### Description:

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

Facilities:

CHESHIRE CI; CYBULSKI CI; YORK CI

Auspices:

Parenting Unit- Facility Staff; Programs & Treatment Unit

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Family; Family and Social Support; Parenting

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Climb Medical Group** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Outpatient program includes group and individaul psychotherapy, routine and random drug testing, and physician prescribed medication- assisted treatment. Treatment to include: Suboxone and Zubsolv (buprenorphine), Vivitrol (naltrexone), Sobocade (monthly buprenorphine injectable) and others.

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Antisocial Attitudes: Mental Health: Substance Abuse: Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Types.

Behavioral Services;Intensive Inpatient;Intensive Outpatient;Medical Services/Treatment;Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: CMHA - Harvest House** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

9 bed DMHAS Mental Health Residential Program. Servicing New Britain catchment. Staff 24//7 with nursing supports.

#### Facilities:

PCS - Hartford; PCS - New Haven; PCS - Residential; PCS - Waterbury

#### Auspices:

Mental Health; Non-Contracted; Residential

# Treatment Types:

Mental Health (MH)

#### Domains:

Mental Health; Substance Abuse and Mental Health

#### Types:

Mental Health; Residential Services

### Program Status:

Active Program Category Level:0

Compendium Program: CNV Help - Travisano Network

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Travisano Network provides outpatient behavioral health, social reunification, and employment services. This includes gender specific individual counseling and group substance abuse treatment, anger management groups, employment assistance, job development, domestic violence groups, family counseling, parenting groups and referrals for mentoring services. The program is committed to the resocialization of offenders and their full reintegration into the community while improving the quality of their lives.

#### Facilities:

PCS - Waterbury

### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Employment Services; Mental Health; Non-Residential; Support Services

## Treatment Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Family and Social Support;Substance Abuse and Mental Health

### Types:

Domestic Violence; Employment; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:3

Compendium Program: CNV Help - Watkins Network - (Main Street)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Watkins Network provides outpatient behavioral health, social reunification, and employment services. This includes gender specific individual counseling and group substance abuse treatment, anger management groups, employment assistance, job development, domestic violence groups, family counseling, parenting groups and referrals for mentoring services. The program is committed to the resocialization of offenders and their full reintegration into the community while improving the quality of their lives.

### Facilities:

PCS - Waterbury

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Domestic Violence; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Cognitive Behavior Therapy** 

Gender Specific for:MALE; RT Program Code: GD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools.

Facilities:

**GARNER CI** 

Auspices:

Health Services; The Social Rehabilitation Program

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Female; Mental Health; Self Improvement

Program Status:

Active Program Category Level:2

**Compendium Program: Columbus House - Starting Over** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Starting Over is a collaborative program providing employment and support services for CTDOC offenders. These services include, job readiness, job training, job development, retention techniques, housing and transportation assistance, food vouchers, financial management, and benefits assistance.

The program serves as a natural bridge into the community for offenders leaving prison.

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Contracted Program; Employment Services; Housing; Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns; Employment/Financial; Family and Social Support; Housing Safety

Types:

Behavioral Services; Family & Social Services; Residential Services; Vocational & Educational Services

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Program Status:

Active Program Category Level:3

Compendium Program: Columbus House, Inc./ Recovery House

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Columbus House, a 501c3, not-for-profit organization, offers a broad array of programs and services for the homeless of Southern Connecticut.

### **RECOVERY HOUSE:**

A short-term stay for men who are in early recovery who are waiting placement in sober housing, in-patient treatment programs, or permanent housing with out-patient treatment support. Length of stay is 60 days.

Facilities:

PCS - New Haven

Auspices:

Housing; Non-Contracted; Residential; Support Services

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Residential Services

Program Status:

Active Program Category Level:0

**Compendium Program: Communion Program - Catholic** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Para-Liturgical catholic service, during which scriptures are proclaimed, prayers are offered and an extraordinary minister of the Eucharist distributes Holy Communion.

Facilities:

OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Community Center Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient Mental Health Provider with Danbury Hospital

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Community Details** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

Facilities:

CYBULSKI CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Types:

Community Service; Community Work Group; Re-Entry; Self Improvement

### Program Status:

Active Program Category Level:0

Compendium Program: Community Health Center - (United Community & Family Services) - Norwich

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

It is said that the quality of a community can be measured by how well they care for those in need among them. For more than 130 years, United Community & Family Services has been providing healthcare and community services to Norwich and the surrounding areas. UCFS has been a cornerstone in the community since 1877.

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

Outpatient Primary Medical Care

**Outpatient Behavioral Health Services** 

Community Based Behavioral Health Services

Women's Health Services

**Dental Services** 

Community Health Services

**Eldercare Services** 

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### **Domains**

Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Community Health Center - Middletown** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

CHR - Behavior Health

#### Facilities:

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Hartford; PCS - Norwich/New London; PCS - Residential

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Mental Health (MH); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

**Compendium Program: Community Health Center - Waterbury** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

The Community Health Center of Waterbury will serve as the health care home for residents of the Brass city and surrounding communities.

**SERVICES:** 

- Comprehensive primary medical care
- Sick and urgent care
- Well Child immunizations
- Physical exams
- Gynecological care, including family planning
- Behavioral Health services for adults and children
- Dental Hygiene
- Breast and cervical cancer early detection programs
- Nutrition counseling
- Assistance with application for public insurance programs and access to care regardless of financial situation.
- Chiropractic care
- Podiatry
- Nutrition

#### Facilities:

PCS - Waterbury

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Community Health Center, Inc

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health Evaluation and Treatment

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Community Health Center/ Clinton** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Established in 2000, the community Health Center of Clinton is the healthcare home for patients who come from town throughout southern Middlesex County and the shoreline area. In addition, the CHC of Clinton is the hub for other CHC services in lower Middlesex County, including domestic violence support services and school based mobile dentistry.

#### Services:

- -Comprehensive primary medical care for adults and children
- -Obstetrics and prenatal care, childbirth education classes, and lactation support
- -Breast and Cervical Cancer Early Detection Program
- -Adult and child psychiatry and counseling services
- -Certified Diabetes Education and Diabetes Care Management
- -Nutritional Counseling
- -Assistance with application for public insurance and other support programs
- -Pharmacy discount program (340b program)

#### Facilities:

PCS - Bridgeport; PCS - New Haven; PCS - Norwich/New London; PCS - Residential

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Auspices:

Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Medical (Med); Mental Health (MH)

#### Domains:

Family; Family and Social Support; Mental Health; Relationships; Self Efficacy; Substance Abuse and Mental Health

#### Types.

Basic Needs; Behavioral Services; Family & Social Services; Medical Services/Treatment; Mental Health Services/Treatment; Wellness Activities

### Program Status:

Active Program Category Level:0

**Compendium Program: Community Health Center/ Danbury** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

CHC is building a world class primary health care system, that is committed to caring for special populations, and that is focused on improving health outcomes for our patients as well as building healthy communities.

Since 1972, CHC has been one of the leading health-care providers in the state of Connecticut, providing comprehensive primary care services in medicine, dentistry, and behavioral health. CHC is available to all, but has a special commitment to the uninsured, underinsured, and special populations such as patients with HIV/AIDS. CHC is a statewide, independent, private non-profit organization. Last year, we provided high-quality medical, dental and behavioral health services to patients living in nearly every Connecticut city and town. With 130,000 active patients, CHC, Inc. is the health care home that works to keep our patients; and our communities; healthy. We incorporate prevention and health promotion, treatment of illness, and management of chronic disease; often all during the same visit. But CHC goes beyond the traditional health services to bring care wherever you are, using innovative service delivery models and state of the art technology.

### Facilities:

PCS - New Haven; PCS - Waterbury

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Substance Abuse and Mental Health

#### Types

Cultural Diversity; Family; Female; Gender Responsive; Health Education; Medical; Mental Health; Youth

# Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Health Resources - CHR - Bloomfield

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CHR offers the most comprehensive array of mental health, substance abuse, child welfare, supported housing, foster care, prevention and wellness programs and integrated care services to children, adults and families in Central and Eastern Connecticut. We assist individuals in fulfilling their goals by instilling hope and providing services delivered with skill, respect and compassion. With the right help people can and do live healthier, happier lives.

#### Facilities:

PCS - Hartford;PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains.

Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: Community Health Resources (CHR) - Enfield

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Community Health Resources (CHR) is a growing, non-profit, community-based behavioral health agency providing services in Central and Eastern Connecticut. We; re committed to providing hope to children, adults and families with mental health and substance use issues.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services. A sliding scale fee, based on an individual; s or family; s ability to pay for services, is available.

### Facilities:

PCS - Hartford

### Auspices:

Community Addiction Services: Mental Health: Non-Contracted: Non-Residential: Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family and Social Support; Substance Abuse and Mental Health

Types:

Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Community Health Resources (CHR)/ Danielson

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

Substance Abuse Treatment outpatient, IOP, PHP Suboxone Program Mental Health Treatment mental health medications

The program is currently only listed for Domestic Violence Treatment but they offer other treatment services

#### Facilities:

PCS - Norwich/New London

### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Education (Ed); Family Support (FS); Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Parenting; Relationships; Substance Abuse; Substance Abuse and Mental Health

#### Types.

Intensive Inpatient;Intensive Outpatient;Mental Health Services/Treatment;Recovery Management Services;Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Health Resources (CHR)/ Manchester

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Community Health Resources (CHR) is a growing, non-profit, community-based behavioral health agency providing services in Central and Eastern Connecticut. We're committed to providing hope to children, adults and families with mental health and substance use issues. CHR provides the following services:

Mental Health Intensive Outpatient MAT

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Cognitive Behavioral Therapy (CBT); Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction;Intensive Outpatient;Medical Services/Treatment;Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Health Services, Inc. (CHS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CHS offers primary and preventive services in Adult Internal Medicine, Adolescent Medicine, Behavioral Health, Dental Care, Optometry, Pediatrics, Podiatry, and Women¿s Health. The health center also offers specialty services such as its Diabetes Collaborative, a national program which takes a multidisciplinary approach to treatment, and social services such as its Food Pantry which provides food to over eighty families each week, in addition to an on-site pharmacy and laboratory. As part of its program of community outreach, CHS participates in a number of community events each year including health fairs and provides transportation service to and from appointments for patients.

CHS is not a clinic. We are a community health center where you can bring your entire family, and receive the same close, personal care and medical expertise you would expect from a private practice or hospital. CHS is accredited by the Joint Commission on Accreditation of Health Care Organizations. While the Joint Commission sets the standards for the care in hospitals, accreditation is not required for community health centers. CHS undertook this effort as part of our commitment to excellence in our clinical practices, and providing every patient the quality of care they deserve.

#### Facilities:

PCS - Hartford:PCS - Residential

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Cognitive Behavioral Therapy (CBT); Family Support (FS); Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Medical Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Community Meeting** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

### Facilities:

YORK CI

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Health Services

Treatment Types: Mental Health (MH)

Domains: Mental Health

Types:

Female; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Community Mental Health Affiliates** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Community Mental Health Affiliates, Inc., (CMHA) is a leading provider of an integrated health and behavioral health care system for children, families and adults.

CMHA is headquartered in New Britain, with 13 locations in 3 cities and towns throughout northwest and central Connecticut, and we have nearly 40 years' experience as one of the largest behavioral health care providers in the state. Dedicated to improving the quality of life for Connecticut; s residents, CMHA offers a continuum of programs that change the lives of 6,000 children and adults annually.

Facilities:

PCS - Hartford

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

Types.

Behavioral Services; Family & Social Services; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Community Outreach Program** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:

\*Habitat For Humanity

\*Warm the Baby/Warm the Elderly

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Employment/Financial

Types:

Community Service; Community Work Group; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:0

**Compendium Program: Community Outreach Program Support (COPS)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program was developed at Osborn Correctional Institution. Groups of youth from schools and other organizations come into the prison. While visiting the prison they meet with staff and inmates. The program is designed to encourage participants to make wise decisions, to act responsibly, and to establish and work on personal goals. Inmate testimonials are used to show youth the consequences that the inmates now face as a result of their personal failure in these areas.

Facilities:

OSBORN CI

Auspices:

All Facility Staff

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Peer Associations

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Community Service; Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: Community Partners in Action - (AIC) - Bridgeport

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS)

Domains:

Family and Social Support; Peer Associations; Relationships

Types.

Behavioral Services; Family & Social Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Partners in Action - (AIC) - Danielson

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Non-Contracted; Non-Residential

### Treatment Types:

Cognitive Behavioral Therapy (CBT)

#### Domains:

Relationships

### Types:

Behavioral Services

### Program Status:

Active Program Category Level:0

Compendium Program: Community Partners in Action - (AIC) - Hartford

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

#### Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Hartford

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS)

Domains:

Family and Social Support; Peer Associations; Relationships

Types.

Behavioral Services; Family & Social Services

Program Status:

Active Program Category Level:0

Compendium Program: Community Partners in Action - (AIC) - New Britain

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

Facilities:

PCS - Hartford

Auspices:

Behavioral Health: Non-Contracted: Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS)

Domains:

Family and Social Support; Peer Associations; Relationships

Types:

Behavioral Services; Family & Social Services

Program Status:

Active Program Category Level:0

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Partners in Action - (AIC) - New London

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Non-Contracted; Non-Residential

#### Treatment Types:

Cognitive Behavioral Therapy (CBT)

#### Domains:

Relationships

### Types:

Behavioral Services

### Program Status:

Active Program Category Level:0

Compendium Program: Community Partners in Action - (AIC) - Norwich

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

#### Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Norwich/New London

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Relationships

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

Compendium Program: Community Partners in Action - (AIC) - Waterbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

Facilities:

PCS - Waterbury

Auspices:

Behavioral Health: Non-Contracted: Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS)

Domains.

Family and Social Support; Peer Associations; Relationships

Types:

Behavioral Services; Family & Social Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Partners in Action - (AIC) - Willimantic

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The AICs provide structured supervision and services to pre-trial and sentenced individuals based on assessed risks, individual needs and court requirements to enhance their personal growth and development. All referrals are from the Local Courts or Probation Offices, which mandates participants to attend and complete the program.

During their time at an AIC, participants learn how to make positive changes through participation in case management and appropriate interventions such as Employment Support, Treating Addictive Disorders, and Cognitive Behavioral Therapy.

Through strategic, strength-based case management, which fosters empathy, hope and mutual respect, Case Managers help participants strengthen their motivation to make better choices and avoid re-arrest in the future.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Non-Contracted; Non-Residential

#### Treatment Types:

Cognitive Behavioral Therapy (CBT)

#### Domains:

Relationships

### Types:

**Behavioral Services** 

### Program Status:

Active Program Category Level:0

**Compendium Program: Community Prevention and Addiction Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Community Prevention Addiction Services, Inc is a drug or alcohol rehabilitation center with a primary focus on substance abuse treatment based at 391 Pomfret Street in Putnam, CT. The provider may also be called or have a program named New Life Center Intermediate Residential Treatment Program.

The treatment center provides residential long-term treatment care. There are special groups and programs for persons with co-occuring mental and substance abuse disorders, pregnant and postpartum women, and women. No special language services are available. Payments via medicaid and state financed insurance are accepted. Payment assistance is not offered for program costs.

Overall Rating

#### Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Norwich/New London

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse: Substance Abuse and Mental Health

Types.

Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Community Region Education Council** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

House of Bread F.E.A.S.T.

A free culinary arts and GED program

English and Adult Education classes

Parents attend classes with a certified teacher to strengthen their reading, writing, listening, and speaking skills

English as a second language Medical Assistant Training Program

participant must have GED and speak English as a second language, and able to work legally in the US

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Education; Vocational Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Community Renewal Team - (CRT) - Hartford - 300 Market Street

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Community Renewal Team helps individuals, families, and communities address the challenges they face in building a successful future. People of all ages turn to CRT for help with basic needs, relief during a crisis or support to make long term changes. We offer a wide variety of programs to residents of Central Connecticut from all backgrounds and income levels. Help can involve everything from childcare or housing to education or treatment.

MAT is also available as a treatment option.

Suboxone

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types

Medical Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Community Renewal Team - (CRT) - Hartford - Sheldon Street

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CRT¿s Behavioral Health Program includes intake and assessment, development of individualized treatment plans, individual and group counseling for substance abuse, mental health and co¿occurring disorders, strength¿based case management, intensive outpatient programming, medication management, discharge planning, and urine toxicology and breathalyzer testing. Groups are both mixed and gender¿specific and include: Anger Management, Thinking for a Change, Cognitive Behavioral Therapy, Helping Women Recover, Seeking Safety, Relapse Prevention, and Life Skills. All therapists and case managers use Motivational Interviewing and Cognitive Behavioral Therapy techniques.

Facilities:

PCS - Hartford

Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Mental Health;Relationships;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Behavioral Services; Domestic Violence; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment; Thinking for a Change

### Program Status:

Active Program Category Level:3

Compendium Program: Community Renewal Team - Asian Family Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Asian Family Services is the only clinic in CT that is licensed to serve Asian-Americans. AFS provides in-person interpretation. Clinicians and support staff are not only multicultural, but also bilingual in Vietnamese, other Asian languages, and Spanish. Established in 1996 to work with refugees and immigrants from Southeast Asia, AFS now welcomes individuals from many different cultures.

Counseling staff offers counseling and support services to people of many cultures, to help people deal with issues such as unhealthy relationships, poor anger management, compulsive gambling and substance abuse. Clinicians are not only multicultural but fluent in Asian languages.

Individual and family therapy

Medication management

Court-mandated services including mental health and substance abuse evaluation

#### Facilities:

PCS - Hartford; PCS - Residential

#### Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility;Family;Family and Social Support;Mental Health;Relationships;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Anger Management; Behavioral Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:0

Compendium Program: Community Renewal Team - Behavioral Health

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

CRT¿s Behavioral Health Program includes intake and assessment, development of individualized treatment plans, individual and group counseling for substance abuse, mental health and co¿occurring disorders, strength¿based case management, intensive outpatient programming, medication management, discharge planning, and urine toxicology and breathalyzer testing. Groups are both mixed and gender¿specific and include: Anger Management, Thinking for a Change, Cognitive Behavioral Therapy, Helping Women Recover, Seeking Safety, Relapse Prevention, and Life Skills. All therapists and case managers use Motivational Interviewing and Cognitive Behavioral Therapy techniques. The program also makes scheduled transportation available to offenders residing in the Bristol area, in order to ensure that they are afforded the treatment opportunities they need.

#### Facilities:

PCS - Hartford

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### **Domains**

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Mental Health; Relationships; Substance Abuse; Substance Abuse and Mental Health

#### Types.

Anger Management;Behavioral Services;Domestic Violence;Family & Social Services;Mental Health Services/Treatment;Substance Abuse Services/Treatment;Thinking for a Change

### Program Status:

Active Program Category Level:3

**Compendium Program: Community Services Detail** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Community Services Detail provides inmate labor to various state and local non-profit organizations. Examples of work performed are basic carpentry, painting, refinishing floors, grounds landscaping and maintenance. A cornerstone of the restorative justice concept, the community services detail provides enormous benefit to the community and to the inmate participants.

Facilities: ROBINSON CI

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types:

Community Service; Community Work Group; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: Community Solutions Inc - Bridgeport AIC

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An outpatient program located in Bridgeport, that offers treatment groups (substance abuse, cognitive skills, and domestic/family violence) to both male and female offenders.

Facilities:

PCS - Bridgeport; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Mental Health (MH); Substance Abuse (SA); Victim Impact (VI)

Domains:

Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Family and Social Support;Mental Health;Substance Abuse;Substance Abuse and Mental Health

Types:

Behavioral Services; Domestic Violence Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Connecticut Addiction Medicine - Hartford** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Substance Abuse
Suboxone Treatment
Vivitrol Injections
Relapse Prevention weekly groups
Individual Therapy

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Behavioral Services; Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Addiction Medicine - Rocky Hill

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Suboxone

Vivitrol

Intensive Outpatient Program

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Intensive Outpatient; Medical Services/Treatment

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Addiction Medicine- Norwich office** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

MAT services, Suboxone and Vivitrol injections and outpatient substance abuse treatment takes State insurance

### Facilities:

PCS - Norwich/New London; PCS - Residential

### Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Medical (Med); Substance Abuse (SA)

#### Domains:

Substance Abuse; Substance Abuse and Mental Health

#### Types:

Intensive Inpatient; Intensive Outpatient; Medical Services/Treatment; Substance Abuse Services/Treatment

# Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut College Tutoring Program** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

The York Tutoring Program supplements education in correctional institutions by preparing volunteers, primarily college students, to provide free, quality tutoring and related programming to support the academic achievement of incarcerated people.

Facilities:

YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education

Types: Education

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Program Status:

Active Program Category Level:2

Compendium Program: Connecticut Community for Addiction Recovery - (CCAR) - Hartford Recovery Community Center

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Hartford Recovery Community Center is situated in the heart of the community. It is a warm and friendly place for people to come who support the recovery lifestyle. We offer peer-to-peer recovery support meetings, various CCAR and outside trainings, recovery coaching, GED classes, computers and training for employment searching, Telephone Recovery Support Program, WIRED (Women in Recovery through Enhanced Design to make crafts), a hiking club, a new healthy living group, art lessons and a recovery bookstore, as well as other volunteer opportunities. It is a place to come and receive re-entry and/or recovery support to build a vibrant recovery lifestyle.

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types:

Education; Employment; Family & Social Services; Financial; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Counseling Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Connecticut Counseling Centers, Inc. is a not-for-profit corporation that provides a full range of licensed outpatient substance abuse and mental health prevention, education, and treatment services to assist adults in becoming productive members of society.

### Facilities:

PCS - Waterbury

### Auspices:

Community Addiction Services: Mental Health: Non-Contracted: Non-Residential

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Counseling Center - Methadone Maintenance Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Methadone Maintenance Program

Facilities:

PCS - Residential; PCS - Waterbury

Auspices.

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Medical (Med)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Detoxification Unit; Medical Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Counseling Centers, Inc** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Mental Health Substance Abuse Suboxone clinic

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health (MH); Substance Abuse (SA); Victim Impact (VI)

#### Domains:

Mental Health; Relationships; Substance Abuse; Substance Abuse and Mental Health

### Types:

Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Counseling Centers, Inc./ Norwalk Clinic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Outpatient Treatment Programs are licensed to treat individuals over the age of sixteen wishing to receive substance abuse evaluations, referrals, urine testing and outpatient counseling. The OPT Program specializes in the treatment of all substance abuse problems, including alcohol, pills, crack and cocaine utilizing individual, couples, family and group counseling. These services include:

- -ASSESSMENT AND EVALUATION SERVICES
- -INDIVIDUAL COUNSELING
- -COUPLES COUNSELING
- -GROUP COUNSELING
- -FAMILY COUNSELING
- -MEDICAL SERVICES
- -PSYCHIATRIC SERVICES
- -METHADONE MAINTENANCE TREATMENT

#### Facilities:

PCS - Bridgeport

### Auspices:

Behavioral Health; Health Services; Mental Health; Non-Contracted; Non-Residential; Social Reunification

### Treatment Types:

Behavior Modification (BM); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types:

Addiction; Dual Diagnosis; Family; Health Education; Medical; Mental Health

#### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Connecticut Mental Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CMHC treats individuals suffering from severe and persistent psychosis, depression, anxiety, addictions (including alcoholism, cocaine, and gambling) and those with co-existing mental health and addiction problems.

CMHC also operates outreach programs for individuals who are homeless, who are at serious risk for mental illness, or involved with the criminal justice system. CMHC is also responsible for a specialized clinical service for people whose primary language is Spanish.

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Behavioral Services; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Renaissance - Stamford** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Outpatient mental health and substance abuse services

### Facilities:

PCS - Bridgeport; PCS - Residential

### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Renaissance - Waterbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Since 1967 Connecticut Renaissance has provided quality substance abuse and mental health treatment to men, women, and adolescents throughout the state of Connecticut.

Facilities:

PCS - Waterbury

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types.

Substance Abuse Services/Treatment; Vocational & Educational Services

Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Renaissance/ McAullife Center

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The McAuliffe Center provides four 5-person apartments with on-site clinical services for male adult clients suffering from co-occurring disorders. Referrals to the McAuliffe Center may be made by local hospitals, community organizations and mental health or substance abuse providers.

While at the McAuliffe Center, clients are provided a range of services including individual, group and family counseling, medication management, psycho-educational programming and referrals to other organizations for long term assistance based on their individual needs.

Clients will typically have a 30 to 45 day stay at the McAuliffe Center. The goal of the program is to return the stabilized clients to the community, or an alternate care facility.

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Substance Abuse and Mental Health

Types.

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Connecticut Renaissance/Norwalk

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Outpatient Mental Health and Addiction Services

Facilities:

PCS - Bridgeport; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

**Types** 

Anger Management;Domestic Violence Services;Intensive Outpatient;Mental Health Services/Treatment;Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Valley Hospital** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inpatient hospital level of care for significant mental health and substance abuse individuals.

Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Types:

Intensive Inpatient;Intensive Residential;Mental Health Services/Treatment;Substance Abuse Services/Treatment:Wellness Activities

## Program Status:

Active Program Category Level:0

**Compendium Program: Connecticut Works** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is a statewide program with 18 offices in Connecticut. CT WORKS is a partnership among the Connecticut Department of Labor, regional Workforce Development Boards, and a number of state and community organizations. Its mission is to enhance the economic development by addressing the special employment and training needs of both job seekers and employers.

#### Facilities:

PCS - Hartford

#### Auspices:

Employment Services: Non-Contracted: Non-Residential: Support Services

#### Treatment Types:

Education (Ed); Family Support (FS)

#### Domains:

Employment/Financial; Family and Social Support

## Types:

Vocational & Educational Services

### Program Status:

Active Program Category Level:0

**Compendium Program: Connection - January Center** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The January Center program utilizes evidence; based approaches and treatment modalities to address the offender; s sexual offenses. The program provides a 3; Phased, comprehensive treatment regiment designed to ensure that the offender; s sexual offenses are being effectively managed, that he has been appropriately referred to community programming and has established a case management plan to address on; going reintegration needs at the time of program completion.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Contracted Program; Housing; Residential; Support Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types:

Residential Services; Sex Offender

Program Status:

Active Program Category Level:3

Compendium Program: Connection Counseling Center - New Haven CT

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Individual and group therapy, outpatient addiction services, crisis management, mental health counseling, and harm reduction

Facilities:

PCS - New Haven; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

Types:

Anger Management; Family & Social Services; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Connection Counseling Center, Inc. - Middletown

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

14-bed, residential substance abuse treatment program serving men and women age 18 and older.

Facilities:

PCS - Norwich/New London

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Residential

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Connection Counseling Center, Inc. - Old Saybrook

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

14-bed, residential substance abuse treatment program serving men and women age 18 and older.

Facilities:

PCS - Norwich/New London

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

**Types** 

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Connection Inc., - Center for the Treatment of Problem Sexual Behavior - Middletown

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Center for the Treatment of Problem Sexual Behavior serves to prevent future sexual abuse through state-of-the-art assessment, treatment and training. CTPSB is committed to the enhancement of the community via the reduction of sexual violence. We accomplish this by working in a collaborative effort with the criminal justice and victim advocacy systems, utilizing research valid methodologies in the treatment and management of sexual offenders. The Center is comprised of Adult Services, Juvenile Services, Developmental Disabilities Program, and The January Center, the state¿s first residential treatment center for problem sexual behavior. Both Juvenile Services and the Developmental Disabilities program provide assessment and treatment for victims of sexual violence as well as sexual offenders. The main office is located in Middletown, however, specialized evaluation and treatment services are provided statewide in Middletown, New Haven, Bridgeport, Norwalk, Stamford, Danbury, Waterbury, New Britain, Torrington, Bristol, Hartford, Manchester, Norwich, Montville and New London. Through subcontractors, services are provided in Willimantic, Stratford, Danielson, and Shelton.

Facilities:

PCS - Norwich/New London

Auspices:

Behavioral Health: Contracted Program: Non-Residential: Support Services

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types:

Sex Offender

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Connection REACH - Bridgeport** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered¿site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment¿style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Bridgeport

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Family Support (FS)

Domains:

Family; Family and Social Support; Housing Safety

Types

Residential Services

Program Status:

Active Program Category Level:0

Compendium Program: Connection, Inc. - Center for Treatment of Problem Sexual Behavior - Meriden

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Connection, Inc. through its Center for the Treatment of Problem Sexual Behavior, provides a longterm, non; residential, assessment and treatment program for offenders at 18 locations throughout the state. Comprehensive evidence; based services are provided in a 3 Phase treatment model that includes individual, group, family, and cognitive psycho; educational counseling, evidence; based assessments and medication management.

Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

Auspices:

Contracted Program; Non-Residential

Treatment Types:

Behavior Modification (BM)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Sex Offender

Program Status:

Active Program Category Level:3

**Compendium Program: Connections, Inc. - Meriden** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

We offer a range of residential, outpatient and community-based services customized to you; re your needs. Our community-based programs include outpatient behavioral health clinics, gambling-specific treatment programs, state-mandated driving-while-intoxicated and drug education programs for first-time offenders and evidence-based prevention strategies to reduce the incidence of substance use among youth.

#### Facilities:

PCS - New Haven

### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Behavioral Services; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI:YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Continuum of Care - A Common Bond

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

DMHAS Inpatient Mental Health Treatment and Transitional Housing

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Housing; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Family Support (FS);Life Skills (LS);Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment:Residential Services

Program Status:

Active Program Category Level:0

**Compendium Program: Co-Occurring Disorders Program** 

Gender Specific for:BOTH; RT Program Code: 23

Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False

Description:

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

GARNER CI: OSBORN CI

Auspices:

Addiction Services; Health Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction; Dual Diagnosis; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Coping skills** 

Gender Specific for:MALE; RT Program Code: GE

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed to help offenders to effectively deal with daily living issues and stressors while incarcerated.

Facilities:

**GARNER CI** 

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Coping Skills- York Cl

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

Facilities: YORK CI

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Health Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse

Types:

Female; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: COPING:Sleep** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group focuses on introducing participants to sleep hygiene practice and related skills for coping with insomnia, especially given the challenges entailed re:sleeping within a correctional environment.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Cornell Scott Hill Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Walk in: There are 7 sites/locations in New Haven alone! They are a multi-disciplinary Team that offers integrated medical, dental, and mental health healthcare.

Adult Mental Health and Counseling Services, including substance abuse assessments.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - New Haven; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Cognitive Behavioral Therapy (CBT); Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: CORP: Connecticut Offender Re-Entry Program

Gender Specific for:BOTH; RT Program Code: 28

Open Close: False, Session Group: True, Session Numbers: 35, Evidence Based: False

### Description:

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven. Bridgeport. Norwich/New London and Waterbury areas.

Facilities:

GARNER CI; OSBORN CI; YORK CI

Auspices:

Contracted Program; Health Services; Volunteer Services

Treatment Types:

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health; Re-Entry

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Corrinne Kaiser, MD

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

MAT

Suboxone Provider Medication Management

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Medical Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Council of Churches - CoOp Center

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

CO¿OP Center is a non¿residential support service program providing short term re¿entry services to offenders residing in the Bridgeport Parole District. Services include assistance with identification, transportation, education, job search and material needs.

Facilities:

PCS - Bridgeport

Auspices:

Contracted Program; Employment Services; Non-Residential; Support Services

Treatment Types:

Life Skills (LS)

Domains:

Education; Family and Social Support; Self Efficacy

Types:

Basic Needs; Education

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CPC Charlene Perkins Center York CI

Gender Specific for:FEMALE; RT Program Code: 39

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Charlene Perkins Center is a re-entry programming unit designed to prepare individuals for a successful re-integration into the community. This 98 bed housing unit offers a variety of programs, meetings, presentations and services all based around making connections and concrete plans prior to release. Includes programs:

\*Houses of Healing

#### Facilities:

YORK CI

### Auspices:

All Facility Staff; Charlene Perkins Center - Facility Staff

### Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA); Victim Impact (VI)

#### Domains:

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse and Mental Health

### Types: Re-Entry

### Program Status:

Active Program Category Level:2

**Compendium Program: Creative Writing** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A volunteer writing instructor gives weekly writing assignments to students followed by sessions of critical reflection.

#### Facilities:

CHESHIRE CI; GARNER CI

#### Auspices:

Recreation Services; Volunteer Services

## Treatment Types:

Life Skills (LS)

### Domains:

Peer Associations

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Recreation

Program Status:

Active Program Category Level:3

**Compendium Program: Creative Writing - Writing my own Story** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This progr

This program is offered by volunteers for students to improve their writing techniques. The goal of the group is to help each student find their own voice to tell his own story in his own way. By doing this the program hopes to improve offenders self esteem and writing abilities to encourage better reintegration to society.

Facilities: ENFIELD CI

Auspices:

Volunteer Services

Treatment Types: Life Skills (LS)

Domains:

Peer Associations

Types

Academic Education; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: CREST - Fellowship Place** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Fellowship Place provides a broad range of support services for adults with mental illness in the Greater New Haven area. More than 600 people a year are served in a safe, caring community, open 365 days a year.

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

### Types:

Behavioral Services; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment; Vocational & Educational Services

### Program Status:

Active Program Category Level:0

Compendium Program: Crossroads, Inc.

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The mission of Crossroads is to provide a healthy, safe, nurturing and culturally competent recovery environment that promotes a therapeutic alliance with the persons served and that fosters the self-empowerment of those recovering from addiction and/or mental health disorders.

#### Facilities:

PCS - Hartford:PCS - New Haven

#### Auspices:

Community Addiction Services; Housing; Mental Health; Non-Contracted; Residential

### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types:

Mental Health Services/Treatment; Residential Services; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: CSSD AIC - Union House** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

This residential program provides the following services to offenders residing in the program: Recovery and Rehabilitation, a highly structured cognitive behavior program to teach offenders cognitive skills and values that are essential for pro¿social competence; TADD (Treating Alcohol and Drug Dependence)a cognitive behavior program that teaches interpersonal and intra personal skills; relapse prevention

strategies; life skills and employment assistance, drug testing and monitoring; referrals to community resources for physical and mental health treatment services; and assistance with basic needs including:

identification, food, and housing.

## Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Bridgeport

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Residential Services

Program Status:

Active Program Category Level:3

**Compendium Program: CT Renaissance** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Substance Abuse Mental Health Anger Management

Facilities:

PCS - Bridgeport; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Substance Abuse;Substance Abuse and Mental Health

Types:

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Danielson

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Norwich/New London

### Auspices:

Non-Contracted; Non-Residential; Support Services

# Treatment Types:

Life Skills (LS)

#### Domains:

Education; Education, Employment, and Financial Situation

# Types:

Education

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Derby

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Hartford:PCS - New Haven

### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

# Treatment Types:

Life Skills (LS)

#### Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

# Types:

Employment; Vocational Services

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Hamden

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Hartford:PCS - New Haven

### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

# Treatment Types:

Life Skills (LS)

#### Domains.

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

# Types:

Employment; Vocational & Educational Services

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Meriden

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - New Haven

### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

# Treatment Types:

Life Skills (LS)

#### Domains.

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

# Types:

Education; Employment; Vocational Services

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - New Haven

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - New Haven

### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

# Treatment Types:

Life Skills (LS)

#### Domains.

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

## Types:

Vocational & Educational Services

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - New London

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Norwich/New London

### Auspices:

Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Education (Ed);Life Skills (LS)

#### **Domains**

Education; Education, Employment, and Financial Situation

# Types:

Education

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Norwich

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Norwich/New London

### Auspices:

Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Education (Ed);Life Skills (LS)

#### **Domains**

Education; Education, Employment, and Financial Situation

# Types:

Education

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: CTWorks Career Center (Connecticut Department of Labor) - Willimantic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

## Services Offered:

- -Veterans' Services
- -CT JobCentral
- -Employer Recruitments
- -Job Search Assistance
- -Labor Market Information
- -Career Counseling
- -Résumé Critiques (no appointment necessary)
- -Certified Professional Résumé Writers
- -Information on Résumé Preparation
- -Specialized Workshops
- -Assessment Testing
- -Trade Adjustment Assistance
- -Apprenticeship Information
- -Dislocated Worker Certification
- -Workforce Investment Act training information
- -Migrant and Seasonal Farm Workers Services
- -Referral to Supportive Services

#### Facilities:

PCS - Norwich/New London

### Auspices:

Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Education (Ed);Life Skills (LS)

#### **Domains**

Education; Education, Employment, and Financial Situation

# Types:

Education

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Current Events Group** 

Gender Specific for:MALE; RT Program Code: G8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

Facilities:

CYBULSKI CI;MANSON YI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health; Recreation; Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Danbury Hospital - Community Center for Behavioral Health

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Community Center for Behavioral Health (Adults).

Facilities:

PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Daytop - Sober Living House / Halfway House

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Sober Living Halfway House

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Community Addiction Services; Housing; Non-Contracted; Residential

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Intensive Inpatient; Intensive Residential

Program Status:

Active Program Category Level:0

**Compendium Program: Dealing With Your Anger** 

Gender Specific for:MALE; RT Program Code: DA

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

This program is designed to help inmates learn to manage their anger without becoming assaultive. It is designed to help them learn concepts as well as learn skills.

Facilities:

NEW HAVEN CC

Auspices:

Mental Health

Treatment Types:

Aggression Replacement Training (ART); Life Skills (LS); Mental Health (MH); Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Anger Management; Self Improvement

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: DEFY Ventures** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 36, Evidence Based:False Description:

Defy Ventures is an employment, entrepreneurship, and personal development training program that supports the incarcerated and formerly incarcerated to become successful, legal entrepreneurs and employees. We "transform the hustle" and maximize the potential of Entrepreneurs-in-Training (EITs) impacted by the criminal justice system by building redemptive communities that pursue entrepreneurship and personal growth.

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Discharge Orientation** 

Gender Specific for:BOTH; RT Program Code: RD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

### Facilities:

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Discharge Process Group** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a mutual aid group geared towards allowing the inmate population to generate support from their peers regarding discharge issues. These issues are discussed in an effort to promote success upon discharging into the community.

Facilities:

MANSON YI

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Family and Social Support; Peer Associations

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Discussion Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program allow inmates the opportunity to discuss and reflect on current life issues in an open forum. Meetings are weekly.

Facilities: ENFIELD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Divine Mercy Devotion** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Divine Mercy Devotion was founded in Poland by Sister Faustino Kawalska. It was patronized by Pope John Paul II in 1997. Now it is practiced by many all over the world. It certainly would help the inmates to deepen their faith in the mercy of God.

Facilities:

**NEW HAVEN CC** 

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Dr. Alsandra Bounopane Psychiatrist

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Medication Management

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted

Treatment Types:

Medical (Med); Mental Health (MH); Victim Impact (VI)

Domains:

Education, Employment, and Financial Situation; Mental Health; Parenting; Substance Abuse; Substance Abuse and Mental Health

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health Services/Treatment

Program Status:

Active Program Category Level:1

Compendium Program: Dr. Judith Major

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Medical Assisted Treatment (THC)

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Medical Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Drawing** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders will learn how to draw, sketch and shade through s volunteer instructor. This program is designed to teach inmates how to draw objects by sight by utilizing props.

Facilities:

**GARNER CI** 

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types.

Vocational & Educational Services

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

**Compendium Program: Dress for Success** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life. Dress for Success serves clients by referral only, and women must have an interview scheduled before receiving clothing. Our clients come to us from a continually expanding and diverse group of non-profit and government agencies including homeless shelters, immigration services, job training programs, educational institutions and domestic violence shelters, among many other organizations. On her initial visit a woman receives a suit appropriate for the industry in which she is interviewing and, if available, accessories. After a woman finds a job she returns to Dress for Success for additional clothing that can be mixed and matched to make several outfits, providing her with the foundation for a professional wardrobe.

Facilities:

PCS - Hartford

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support

Types:

**Employment** 

Program Status:

Active Program Category Level:0

**Compendium Program: DSS Connect Card** 

Gender Specific for:BOTH; RT Program Code: 17

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

\*\*\*\*

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Dual Recovery Anonymous** 

Gender Specific for:MALE; RT Program Code: 90

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Dual Recovery Anonymous is a 12-step self-help program for individuals who are chemically dependent and affected by a psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, prevent relapse and to carry the message of recovery to others who experience dual disorders.

Facilities: GARNER CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Addiction; Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: DUI (Driving Under the Influence)

Gender Specific for:BOTH; RT Program Code: 35

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False

Description:

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Group - CT Department of Correction - Bridgeport

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

None.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: DUI Home Confinement Program: Track Four** 

Gender Specific for:BOTH; RT Program Code: V4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

**Compendium Program: DUI Home Confinement Program: Track One** 

Gender Specific for:MALE; RT Program Code: V1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson I Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

### Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: DUI Home Confinement Program: Track Three

Gender Specific for:BOTH; RT Program Code: V3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

#### Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:1

**Compendium Program: DUI Home Confinement Program: Track Two** 

Gender Specific for:BOTH; RT Program Code: V2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

#### Facilities.

CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:

**Addiction** 

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:1

**Compendium Program: Easter Seals - Meriden** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Easter Seals offers help, hope and answers to more than a million children and adults living with autism spectrum disorder (ASD) and other disabilities or special needs and their families each year. Services and support are provided through a network of more than 550 sites in the U.S. and through Ability First Australia. Each center provides exceptional services that are individualized, innovative, family-focused and tailored to meet specific needs of the particular community served.

Primary Easter Seals services include:

Medical Rehabilitation Employment & Training Children's Services Adult & Senior Services

Camping & Recreation

Facilities:

PCS - New Haven

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation; Family; Family and Social Support; Relationships

**Types** 

Education; Family & Social Services; Vocational Services

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Easter Seals - New Haven** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Easter Seals offers help, hope and answers to more than a million children and adults living with autism spectrum disorder (ASD) and other disabilities or special needs and their families each year. Services and support are provided through a network of more than 550 sites in the U.S. and through Ability First Australia. Each center provides exceptional services that are individualized, innovative, family-focused and tailored to meet specific needs of the particular community served.

Primary Easter Seals services include:

Medical Rehabilitation Employment & Training Children's Services Adult & Senior Services Camping & Recreation

Facilities:

PCS - New Haven

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Education; Family; Family and Social Support

**Types** 

Education; Family & Social Services; Vocational Services

Program Status:

Active Program Category Level:0

**Compendium Program: Easter Seals - Windsor** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Children and adults with disabilities and special needs find highest-quality services designed to meet their individual needs when they come to Easter Seals. Teams of therapists, teachers and other health professionals help each person overcome obstacles to independence and reach his or her personal goals. Easter Seals also includes families as active members of any therapy program, and offers the support families need.

Facilities:

PCS - Hartford

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Non-Contracted; Non-Residential; Support Services

Treatment Types:

Family Support (FS)

Domains:

Family; Family and Social Support; Relationships

Types:

Family & Social Services

Program Status:

Active Program Category Level:0

Compendium Program: Easter Seals Goodwill - Community ReEntry Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Community Re¿entry Services is a non¿residential employment program designed to serve as a natural bridge for offenders in their transition back into the community. Services include: Employment counseling; job search techniques; vocational training; and employability skills training. Case

management services are offered to offenders needing referrals for substance abuse treatment, housing, and education.

Facilities:

PCS - Norwich/New London; PCS - Waterbury

Auspices:

Contracted Program; Employment Services; Non-Residential; Support Services

Treatment Types:

Life Skills (LS)

Domains:

Employment/Financial; Family and Social Support

Types:

Education; Employment; Financial; Vocational Services

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Easter Seals/ New Haven** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Children and adults with disabilities and special needs find highest-quality services designed to meet their individual needs when they come to Easter Seals. Teams of therapists, teachers and other health professionals help each person overcome obstacles to independence and reach his or her personal goals. Easter Seals also includes families as active members of any therapy program, and offers the support families need.

#### Facilities:

PCS - New Haven

#### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS)

#### Domains:

Education; Family; Family and Social Support; Relationships

### Types:

Education; Family & Social Services; Vocational Services

# Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Eastern Connecticut Health Network - Manchester Memorial

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Manchester Memorial Hospital offers these services and more:

Comprehensive Inpatient and Outpatient Medical and Surgical Services, including Robotic Surgery

Ambulatory (one-day) Surgery

24-hour Emergency Department\*

Medical Imaging Services (MRI, CT, Ultrasound, etc.)

Rehabilitation Services (physical, occupational, speech therapy)

Laboratory Services (blood draws, urinalysis)

Maternity and Neonatal Care

Cancer Care

**Hospice Care** 

Sleep Disorders Center

Behavioral Health

Center for Wound Healing

Diabetes Self-Management Program

**Nutrition Counseling** 

Cardiac Rehabilitation

#### Facilities:

PCS - Hartford

### Auspices:

Mental Health; Non-Contracted; Non-Residential

# Treatment Types:

Mental Health (MH)

### Domains:

Abuse/Trauma; Substance Abuse and Mental Health

### Types:

Mental Health Services/Treatment

## Program Status:

Active Program Category Level:0

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# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Eastern Connecticut Health Network - Vernon** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

Rockville General Hospital offers these services and more:

Comprehensive Inpatient and Outpatient Medical and Surgical Services

Ambulatory (one-day) Surgery

24-hour Emergency Department\*

Medical Imaging Services (MRI, CT, Ultrasound, etc.)

Rehabilitation Services (physical, occupational, speech therapy)

Laboratory Services (blood draws, urinalysis)

Maternity Care Center

**Hospice Care** 

Cardiac and Pulmonary Rehabilitation

#### Facilities:

PCS - Hartford

### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

### Treatment Types:

Family Support (FS); Mental Health (MH)

#### Domains:

Mental Health; Substance Abuse and Mental Health

#### Types

Intensive Outpatient; Mental Health Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Eastern Connecticut Health Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

Substance Abuse Addiction Services

### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

### Treatment Types:

Substance Abuse (SA)

#### Domains:

Substance Abuse; Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: ECAD - Puppy Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program involves the use of female offenders to assist in training canines to be of service to individuals with disabilities. The female offenders are responsible for training and caring for the dogs twenty-four hours a day. The training sessions take place multiple times a day, and during these sessions the dogs are learning basic skills that they will use once they graduate and start their service.

Facilities:

YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education: Peer Associations

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Education Needs to be Identified by USD#1

Gender Specific for:BOTH; RT Program Code: E1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types: Education (Ed)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Educational, Career Resources and Job Fairs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

#### Facilities:

CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

### Auspices:

Addiction Services; USD#1

#### Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Mental Health; Parenting; Peer Associations; Relationships; Self Efficacy; Substance Abuse

### Types:

Academic Education; Re-Entry

### Program Status:

Active Program Category Level:3

**Compendium Program: Ellington Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

Psychiatric services including suboxone treatment.

#### Facilities:

PCS - Norwich/New London

### Auspices:

Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Embracing Fatherhood** 

Gender Specific for:MALE; RT Program Code: 04

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True Description:

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities.

CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types: Family Support (FS)

Domains:

Family and Social Support

Types: Family

Program Status:

Active Program Category Level:2

**Compendium Program: Emotional Regulation** 

Gender Specific for:MALE; RT Program Code: ER

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This is a group to better help understand emotions and how emotions affect us in our everyday life, and how your everyday life can affect your emotions. The group will meet twice a week. Inmates will be encouraged to attend 24 hours of class time and participate in all exercises. Some important topics of exercises will consist of: introductions to emotions and feelings and the difference between the two; how to better maintain a positive emotional state; understanding emotional development; out emotional development and relationships; understanding emotional abuse and its effects; using emotions as a reason for change; working with mental health issues and emotions; coping with unpleasant emotions; substance and alcohol abuse use and our emotions; controlling our emotions and responsible behaviors; communication skills and our emotions.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: GARNER CI

Auspices:

Health Services; Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health; Self Improvement

Program Status:

Active Program Category Level:2

**Compendium Program: Equine Therapy: Operation Warrior Horse** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False

Description:

Healing Hoofbeats offers a 10-week program that assist incarcerated veterans. The program helps offenders feel more empowered and secure in their lives through building healthy and mutual relationships with horses.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Errera Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

VA Outpatient Group Center, provides IOP, individual case management and day programming through the VA.CT

Facilities:

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# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - New Haven:PCS - Residential

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse: Substance Abuse and Mental Health

Types:

Intensive Outpatient

Program Status:

Active Program Category Level:0

**Compendium Program: Evening Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains: Mental Health

Types: Female:Medical:Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Exegetical Bible Study - Protestant** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A group that meets monthly for a critical study, interpretation and discussion of selected scripture passages.

Facilities:

OSBORN CI

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# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Exercise Class
Gender Specific for:FEMALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.
Facilities: YORK CI
Auspices: Recreation Services
Treatment Types: Life Skills (LS)
Domains: Education
Types: Recreation
Program Status:
Active Program Category Level:0
Compendium Program: Expired Photo Driver's License
Gender Specific for:BOTH; RT Program Code: I3
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
***
Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types: Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Facility Addiction Services - Intensive Aftercare Program

Gender Specific for:MALE; RT Program Code: A2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Aftercare is a continuation of Tier 2 to further invest in recovery efforts.

Facilities:

BROOKLYN CI:OSBORN CI

Auspices:

**Addiction Services** 

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

**Compendium Program: Facility Based Domestic Violence Program** 

Gender Specific for:MALE; RT Program Code: 02

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

Auspices:

All Facility Staff; Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART); Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Domestic Violence; Family

Program Status:

Active Program Category Level:1

**Compendium Program: Facility Orientation** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Provides newly admitted or transferring inmates to Garner Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

Facilities:

**GARNER CI** 

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Self Improvement

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Families in Crisis - Going Home Program** 

Gender Specific for: MALE; RT Program Code: HG

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Going Home Program will work with offenders to build a plan for their release. The program will explore all aspects of an offenders return including family life, relationships, parenting, employment, financial, peer relations and will provide connections to other programs for assistance. The other programs could include other Families in Crisis programs as well as assisting in making connections to child support services and 211 if needed.

Facilities:

**OSBORN CI** 

Auspices:

Contracted Program

Treatment Types:

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Education, Employment, and Financial Situation; Family and Social Support

Types:

Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Families in Crisis - Social Reunification (Norwich)** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Families in Crisis offers a comprehensive range of counseling and support services for offenders and their families. Major program areas include, but are not limited to, counseling, case management, domestic violence offender services, family reunification, mentoring, visitation support, and outreach.

Services are designed to develop healthy and supportive family relationships that enhance successful reintegration.

Facilities:

PCS - Norwich/New London

Auspices:

Contracted Program; Mental Health; Non-Residential; Support Services

Treatment Types:

Family Support (FS); Mental Health (MH)

Domains:

Family; Family and Social Support; Mental Health

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Family & Social Services; Mental Health Services/Treatment; Transportation

Program Status:

Active Program Category Level:3

Compendium Program: Families in Crisis, Inc. - Bridgeport

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Every individual entering the criminal justice system is connected with family members and communities that share the consequences. Families in Crisis supports families whose lives and relationships have been disrupted when a family member enters the criminal justice system; strengthens communities by helping offenders rebuild their lives and reenter society; and promotes systemic change by educating the public and policymakers about the impact of incarceration on families and the connection between preserving family ties and reducing recidivism.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Contracted Program; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types:

Domestic Violence

Program Status:

Active Program Category Level:0

Compendium Program: Families in Crisis, Inc. - New Haven

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

Every individual entering the criminal justice system is connected with family members and communities that share the consequences. Families in Crisis supports families whose lives and relationships have been disrupted when a family member enters the criminal justice system; strengthens communities by helping offenders rebuild their lives and reenter society; and promotes systemic change by educating the public and policymakers about the impact of incarceration on families and the connection between preserving family ties and reducing recidivism.

Facilities:

PCS - New Haven

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Auspices:

Behavioral Health; Contracted Program; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support

#### Types.

Behavioral Services; Domestic Violence; Family & Social Services

# Program Status:

Active Program Category Level:0

Compendium Program: Families in Crisis, Inc. - New London

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

Every individual entering the criminal justice system is connected with family members and communities that share the consequences. Families in Crisis supports families whose lives and relationships have been disrupted when a family member enters the criminal justice system; strengthens communities by helping offenders rebuild their lives and reenter society; and promotes systemic change by educating the public and policymakers about the impact of incarceration on families and the connection between preserving family ties and reducing recidivism.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Contracted Program; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS)

### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support

#### Types:

Domestic Violence; Family & Social Services

### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Families in Crisis, Inc./ Waterbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Every individual entering the criminal justice system is connected with family members and communities that share the consequences. Families in Crisis supports families whose lives and relationships have been disrupted when a family member enters the criminal justice system; strengthens communities by helping offenders rebuild their lives and reenter society; and promotes systemic change by educating the public and policymakers about the impact of incarceration on families and the connection between preserving family ties and reducing recidivism.

Facilities:

PCS - Waterbury

Auspices:

Behavioral Health; Contracted Program; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types

Domestic Violence

Program Status:

Active Program Category Level:0

Compendium Program: Families in Crisis, Inc./Hartford

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

FIC provides specialized services that strengthen families, enhance community safety, and promote individual responsibility. FIC is one of only a few organizations dedicated to meeting the critical needs of offenders and their families. Families of offenders, especially children with parents who are incarcerated, have special needs. Offenders who rejoin families and reenter communities make a much better adjustment if the family has a ¿safety net.¿ Family relationships play a significant role in helping offenders rebuild their lives. Experience has taught us that if an offender maintains a positive family and has the skills to be successful within that context, the chances of successful reentry into the community increase and recidivism diminishes.

Our programs and services for offenders and their families are based on documented best practices in the field and are designed to help preserve and strengthen family ties. Families in Crisis understands that without interventions, incarceration becomes a cycle that often repeats itself. In order to significantly improve the lives of our clients, Families in Crisis is committed to meeting the unique needs of families in a comprehensive and holistic fashion.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Hartford

Auspices:

Behavioral Health; Contracted Program; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Relationships

Types:

Domestic Violence; Family & Social Services

Program Status:

Active Program Category Level:0

**Compendium Program: Family Intervention Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The Family Intervention Center is a private non-profit social agency providing a continuum of services for addiction related problems and mental health issues. We began May 1, 1975, as the Central Naugatuck Valley Consortium for Alcoholism Services, Inc., providing a comprehensive service-delivery system for alcohol related problems.

Facilities:

PCS - Waterbury

Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Substance Abuse (SA)

Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

Types:

Anger Management; Domestic Violence; Intensive Outpatient; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Family ReEntry - Fresh Start - Behavioral Health (New Haven)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Behavioral Health program of Family ReEntry has adopted an intervention philosophy that includes a belief in individual responsibility and accountability and endeavors to build on the strengths and capabilities of the offender and the family system and facilitate access to resources within the community. Services include outpatient substance abuse, mental health and anger management group and individual treatment.

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

### Treatment Types:

Aggression Replacement Training (ART); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

#### Types.

Anger Management; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:3

Compendium Program: Family ReEntry - Fresh Start Behavioral Health (Bridgeport)

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The Behavioral Health program of Family ReEntry has adopted an intervention philosophy that includes a belief in individual responsibility and accountability and endeavors to build on the strengths and capabilities of the offender and the family system and facilitate access to resources within the community. Services include outpatient substance abuse, mental health and anger management group and individual treatment.

#### Facilities:

PCS - Bridgeport

#### Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential

### Treatment Types:

Aggression Replacement Training (ART); Substance Abuse (SA)

### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Anger Management; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: Family ReEntry - Fresh Start Re-entry - Bridgeport

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Family ReEntry, in collaboration with the Center for Women and Families, has developed a comprehensive non¿residential multiservice center. Services include: Behavioral Health; Employment; Social Reunification, and Support Services. Services begin 6¿9 months prior to the offender¿s release

from prison, and continue after his/her release to the community.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential

Treatment Types:

Aggression Replacement Training (ART); Mental Health (MH); Substance Abuse (SA)

Domains:

Anger/Hostility; Mental Health; Substance Abuse; Substance Abuse and Mental Health

**Types** 

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:3

**Compendium Program: Family Re-Entry-Norwalk** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient Mental Health Services, Domestic Violence groups

Facilities:

PCS - Bridgeport;PCS - Residential

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Domestic Violence Services; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Family Services - Woodfield, Inc. (DMHAS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

LifeBridge Community Services (LifeBridge) is a 501(c)(3) nonprofit organization whose mission is to empower people in the Greater Bridgeport area to build a brighter future. We are our clients; champion. We listen to them, we teach them to change, we hold them accountable, and we campaign on their behalf. Our goal is to move them from crisis to stability, and to greater levels of self-sufficiency. They define the need. LifeBridge delivers the programs to meet the need.

Facilities:

PCS - Bridgeport

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Farrell Treatment Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Addiction Services
Mental Health
Trauma Centered Counseling

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma;Family and Social Support;Mental Health;Relationships;Substance Abuse;Substance Abuse and Mental Health

### Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Film Discussion Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The purpose of this group is to provide a social environment for inmates to explore and discuss relevant topics and social issues as they apply to film. Participation in a question/answer discussion group following the conclusion of the film will also be encouraged.

Facilities: GARNER CI

Auspices: Mental Health

Treatment Types: Education (Ed)

Domains:

Neighborhood Problems

Types:

Social Rehabilitation

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Financial Literacy** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

Participants in this program learn basic budgeting skills, discuss checking and savings accounts and learn how to set financial goals, track daily spending habits, prepare a personal spending plan, identify ways to decrease spending and use tools that will help you manage your expenses. There is a section on credit where participants discover what having credit means, what a credit report and FICO score is, what affects a credit report, how to check it, and what you should do and not do to improve your credit. The women also learn how to identify your financial situation, identify ways to increase income and prioritize expenses, develop a financial recovery plan, and recognize how to guard against credit repair scams.

Facilities:

YORK CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Forensic Drug Diversion Clinic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Outpatient treatment clinic serving men and women who have legal involvement and are seeking assessment and treatment of substance abuse. Services provided: diagnostic evaluation, individual therapy, group therapy, crisis management, pharmacotherapy, acupuncture, women's trauma, young adult, case management, and harm reduction.

Facilities:

PCS - New Haven:PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA); Victim Impact (VI)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Domains:

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Mental Health;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Anger Management;Domestic Violence Services;Intensive Outpatient;Medical Services/Treatment;Recovery Management Services;Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Forensic Health Services, Inc** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The AIC New Haven program is a diversion program for offenders, providing comprehensive services to men and women using evidence based programming.

- -Moving On
- R and R

#### Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Antisocial Attitudes; Family; Family and Social Support; Mental Health; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

### Types:

Behavioral Services; Gender Responsive; Thinking for a Change

#### Program Status:

Active Program Category Level:0

Compendium Program: Four Seasons Therapy, LLC

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Four Seasons Therapy, LLC provides professional mental health counseling services for a wide range of emotional and behavioral issues to help you attain the personal growth that you are striving for. Therapeutic interventions are provided for depression, anxiety, grief therapy, couples counseling and domestic violence. In addition, Dept. of Transportation Level 1 and Level 2 Evidence-based Substance Abuse Programs are also available. Four Seasons Therapy, LLC offers a highly personalized approach tailored to each client's individual needs in a comfortable and supportive environment.

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

**Program Status:** 

Active Program Category Level:0

Compendium Program: Franklin S. DuBois Center

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The Community Services Division (CSD) in Stamford is located at the Franklin S. DuBois Center (FSDC) and serves the greater Stamford/Norwalk area. FSDC is responsible for providing ongoing, individualized treatment to persons living in the community with severe behavioral health disorders who are publicly insured, uninsured and in some cases underinsured. All services offered at the F. S. DuBois Center are aligned with the Commissioner; s initiative to move our practice to one offering Community Support and Recovery Pathways. At the end of the day, people ought to have more advanced skills for self-management. Within many areas of service at FSDC, Peers have become integral components. Person-centered care is a given and evidence-based practices are growing.

Facilities:

PCS - Bridgeport

Auspices:

Mental Health; Non-Contracted; Residential

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment:Residential Services

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Franklin Street Community Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient medical and mental health services

Facilities:

PCS - Bridgeport;PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Fresh Start** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Fresh Start Community ReEntry Program

This innovative, research-based nonresidential model results

in the successful reintegration of formerly-incarcerated persons into their families and communities. Our holistic approach engages and prepares prisoners prior to release, utilizes succesful ex-offenders as leaders, role models, and mentors, builds collaborations with stakeholders, and creates positive pro-social networks in the community. The results are: productive, tax-paying citizens, stronger families and communities, increased public safety, reduced costs to taxpayers, and improved quality of life in the region and across the state. Yale University research has observed that Fresh Start programs have reduced recidivism in Connecticut. Gender-specific programming is provided for women in collaboration with our partner agency, The Center for Women and Families of Eastern Fairfield County.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Employment Services; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Life Skills (LS); Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Domains:

Abuse/Trauma; Criminal Attitudes and Behavioral Patterns; Education; Family; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Domestic Violence; Education; Family & Social Services; Substance Abuse Services/Treatment: Vocational Services

### Program Status:

Active Program Category Level:0

Compendium Program: Fresh Start Family Re-entry Program (Bridgeport)

Gender Specific for: MALE; RT Program Code: W8

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

A contracted program that provides integrated counseling, therapy, psycho-educational, evidence-based programs and case management services for offenders on parole, probation, transitional supervision and those who have completed their sentence. The goal is to empower individuals, strengthen families and assist with the successful transition to family and community. Specific programs include; Life Skills, Parenting Education, Mentioning, Anger Management, Domestic Violence Services, Substance Abuse Relapse Prevention, Reentry Support Group, and Individual, Couples and Family therapy.

#### Facilities:

CYBULSKI CI

### Auspices:

Contracted Program; Volunteer Services

### Treatment Types:

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

# Types:

Re-Entry

# Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Fresh Start Youth Mentoring Program (Bridgeport)** 

Gender Specific for:BOTH; RT Program Code: WB

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

Facilities:

MANSON YI; YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:

Family;Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Friendship Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The mission of the Friendship Center of New Britain is to provide friendship and direct service to the poor and needy of Central Connecticut, including the ownership and operation of housing for the poor.

Facilities:

PCS - Hartford

Auspices:

Housing; Non-Contracted; Residential

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# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support; Housing Safety

Types:

Residential Services; Supported Recovery Housing

Program Status:

Active Program Category Level:0

**Compendium Program: Garner CI Chronic Discipline Interval 1** 

Gender Specific for:MALE; RT Program Code: P1

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Chronic Discipline Program - Interval 1 Garner CI Only

Facilities: GARNER CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Garner CI Chronic Discipline Interval 2** 

Gender Specific for:MALE; RT Program Code: P2

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Chronic Discipline Program - Interval 2 Garner CI Only

Facilities: GARNER CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Behavior Modification (BM)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: GCI - Administrative Segregation** 

Gender Specific for: MALE; RT Program Code: AS

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

GCI - Administrative Segregation

Facilities: GARNER CI

Auspices: All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:0

**Compendium Program: GCI Anger Management** 

Gender Specific for:MALE; RT Program Code: GB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

Facilities: GARNER CI

Auspices: Health Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Anger Management; Mental Health; Self Improvement

Program Status:

Active Program Category Level:1

**Compendium Program: Gender Responsives Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

CCAR provides training, volunteer opportunities, support services, and access to many resources for anyone in recovery. Through our Recovery Community Centers (RCCs), people in recovery or who are seeking recovery are welcomed in a safe environment.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Life Skills (LS)

Domains:

Employment/Financial; Family; Family and Social Support; Mental Health; Substance Abuse

Types:

Employment; Mental Health Services/Treatment; Recovery Management Services

Program Status:

Active Program Category Level:0

Compendium Program: General Referral for ASU (Addiction Services Unit) Program

Gender Specific for:BOTH; RT Program Code: A1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

Compendium Program: General Referral for Vocational Education

Gender Specific for:BOTH; RT Program Code: E2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices: Unknown

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Generations Family Health Center/ Danielson** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Generations provides a full continuum of primary health care, oral health care, behavioral health care and case management services to a primarily medically underserved population, including children, at-risk families, HIV, homeless, and migrant populations through sites in Willimantic, Norwich, Danielson and Putnam. In addition, Generations operates numerous community programs that are aimed at people with certain health conditions or challenges, which include: the Migrant Farmworker; Children in Fostercare; Health Care to the Homeless; Ryan White Title C and D Early Intervention programs; Smoking Cessation programs; and Maternal-Child Healthcare Coordination, Parent Education and Case Management Services through its Healthy Start and Building Bridges and Nurturing Families programs.

### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Health Services; Non-Contracted; Non-Residential

## Treatment Types:

Behavior Modification (BM); Medical (Med)

#### Domains:

Family; Family and Social Support; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Medical Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Generations Family Health Center/ Norwich** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Generations provides a full continuum of primary health care, oral health care, behavioral health care and case management services to a primarily medically underserved population, including children, at-risk families, HIV, homeless, and migrant populations through sites in Willimantic, Norwich, Danielson and Putnam. In addition, Generations operates numerous community programs that are aimed at people with certain health conditions or challenges, which include: the Migrant Farmworker; Children in Fostercare; Health Care to the Homeless; Ryan White Title C and D Early Intervention programs; Smoking Cessation programs; and Maternal-Child Healthcare Coordination, Parent Education and Case Management Services through its Healthy Start and Building Bridges and Nurturing Families programs.

#### Facilities:

PCS - Norwich/New London

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Behavioral Health; Health Services; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Medical (Med)

Domains:

Family; Family and Social Support; Substance Abuse and Mental Health

Types:

Behavioral Services; Medical Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Generations Family Health Center/ Putnam** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Generations provides a full continuum of primary health care, oral health care, behavioral health care and case management services to a primarily medically underserved population, including children, at-risk families, HIV, homeless, and migrant populations through sites in Willimantic, Norwich, Danielson and Putnam. In addition, Generations operates numerous community programs that are aimed at people with certain health conditions or challenges, which include: the Migrant Farmworker; Children in Fostercare; Health Care to the Homeless; Ryan White Title C and D Early Intervention programs; Smoking Cessation programs; and Maternal-Child Healthcare Coordination, Parent Education and Case Management Services through its Healthy Start and Building Bridges and Nurturing Families programs.

Facilities:

PCS - Norwich/New London

Auspices:

Behavioral Health; Health Services; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Medical (Med)

Domains:

Family; Family and Social Support; Substance Abuse and Mental Health

Types.

Behavioral Services; Medical Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Generations Family Health Center/ Willimantic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Generations provides a full continuum of primary health care, oral health care, behavioral health care and case management services to a primarily medically underserved population, including children, at-risk families, HIV, homeless, and migrant populations through sites in Willimantic, Norwich, Danielson and Putnam. In addition, Generations operates numerous community programs that are aimed at people with certain health conditions or challenges, which include: the Migrant Farmworker; Children in Fostercare; Health Care to the Homeless; Ryan White Title C and D Early Intervention programs; Smoking Cessation programs; and Maternal-Child Healthcare Coordination, Parent Education and Case Management Services through its Healthy Start and Building Bridges and Nurturing Families programs.

### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Health Services; Non-Contracted; Non-Residential

## Treatment Types:

Behavior Modification (BM); Medical (Med)

#### Domains:

Family; Family and Social Support; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Medical Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Genesis Medica** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Genesis Medica, is comprised of compassionate, experienced medical professionals who are committed to ensuring you receive the best care. Dr. Sanjay Aggarwal and the team at Genesis Medica work to provide patient-centered care throughout our communities. We promote wellness by striving to minimize the occurrence of illness and moderating the onset of more serious medical conditions.

#### Facilities:

PCS - Residential; PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Getting Along and Keeping Cool** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True Description:

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Getting Settled Getting Going - Administrative Segregation** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False Description:

This is an in cell class that requires the offender to begin thinking about the choices they have made and how they can begin to make different choices to their situation.

Facilities:

NORTHERN CI

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types.

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Good Intentions - Bad Choices** 

Gender Specific for:BOTH; RT Program Code: CF

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True Description:

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Anger/Hostility; Antisocial Attitudes; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse

Types:

Self Improvement

Program Status:

Active Program Category Level:1

**Compendium Program: Good Works** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A non-profit mentoring program -New Beginnings- in which mentors help mentees transition from prison to successful re-entry in the community.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: YORK CI

Auspices:

Charlene Perkins Center - Facility Staff; Volunteer Services

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family;Housing Safety;Parenting;Relationships;Self Efficacy;Substance Abuse

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Goodwill Reentry Initiative** 

Gender Specific for:BOTH; RT Program Code: RI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Goodwill Reentry Initiative is a reentry program offered by Goodwill of Southern New England that offers case management services and basic needs support to offenders releasing to New Haven. West Haven, or Hamden.

Facilities:

CHESHIRE CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Re-Entry

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: GoodWorks** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Target Population: Women focusing on their recoveries, women transitioning from incarceration back into their communities, 18 years and older

Workshop Topics:

Anger Management/Conflict Resolution

Career Building/Resume Writing/Interview Skills

Journaling

Self Esteem/Spiritual Awareness/Healing

Healthy Coping Skills

Understanding helpful ways to self-regulate

**Building Healthy Relationships** 

Adopting positive and supportive networks

Facilities:

PCS - Hartford; PCS - Residential

Behavioral Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Anger/Hostility; Self Efficacy

Types:

Anger Management; Behavioral Services; Family & Social Services; Wellness Activities

Program Status:

Active Program Category Level:0

**Compendium Program: Grace House** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Grace House Women's Mental Health Halfway House

PCS - Bridgeport:PCS - Hartford:PCS - New Haven:PCS - Norwich/New London:PCS - Residential:PCS -Waterbury

Community Addiction Services; Contracted Program; Housing; Residential; Support Services

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

#### Domains:

Employment/Financial; Housing Safety; Mental Health; Relationships; Substance Abuse

Types:

Intensive Residential

Program Status:

Active Program Category Level:0

**Compendium Program: Grant Street Partnership** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

Grant Street Partnership is a treatment facility for male and female adults with substance use disorders. Temporary housing is available for homeless men while engaged in treatment. Clients are provided with transportation and three substantial meals a day. Services of this program include Twelve-Step Education/AA and NA meetings, housing assistance, individual/group therapy, life skills training, job readiness, HIV counseling, GED classes and primary healthcare and referrals. Psychiatric evaluation and medication management are available for clients who need treatment for mental health disorders.

Services

Adult Mental Health and Counseling Services Internal Medicine Substance Abuse Treatment

Hours

Open 24 hours a day,7 days a week

To book an appointment or for more information, call (203) 503-3000

Facilities:

PCS - New Haven; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Education, Employment, and Financial Situation; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Intensive Inpatient; Substance Abuse Services/Treatment

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:2

**Compendium Program: Graphics & Print Technology** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

MACDOUGALL CI; ROBINSON CI

Auspices: USD#1

Treatment Types: Unknown

Domains: Unknown

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Greater Bridgeport Community Mental Health Center (DMHAS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Serving the towns of Bridgeport, Easton, Fairfield, Monroe, Nichols, Southport, Stepney, Stevenson, Stratford, and Trumbull. The Hospital Services Division offers an array of services to meet the needs of individuals, 18 years of age and older with prolonged psychiatric and co-occurring illnesses, who require hospitalization due to acute exacerbation of their symptoms and for those requiring continued rehabilitation before returning to the community.

Facilities:

PCS - Bridgeport

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types.

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Greenhouse Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

Facilities:

YORK CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Employment/Financial; Peer Associations; Self Efficacy

Types:

Self Improvement

**Program Status:** 

Active Program Category Level:2

**Compendium Program: Grief & Loss Recovery** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

Facilities: YORK CI

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Health Services
Treatment Types: Mental Health (MH)
Domains: Mental Health
Types: Mental Health
Program Status:
Active Program Category Level:3
Compendium Program: Grief Recovery Group
Gender Specific for:FEMALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False
Description:
Grief Recovery Group is for inmates dealing with losses past and present that may include death, family separation, faith, or growing up in an abusive home. The course addresses the effect of incarceration and substance abuse on the grief process. The goal is to support each person to find their own inner resources, to feel complete in their grief process, and move

Picking up the Pieces; a Workbook for Incarcerated Women.

forward in their lives with a renewed sense of meaning and purpose.

Facilities: YORK CI

Auspices:

Religious Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Family

Types: Family

Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Grief Recovery Loss** 

Gender Specific for: MALE; RT Program Code: LG

Open Close:True, Session Group:True, Session Numbers: 6, Evidence Based:True Description:

Grief Recovery Group is for inmates dealing with past losses that may include death, family separation, loss of faith, or growing up in an abusive home; and the current loss of freedom due to incarceration. The course addresses the effect of incarceration and substance abuse on the grief process, the importance of taking responsibility for one's self, and how to find forgiveness and hope in life. The goal is for the group to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose - making it less likely they will reoffend and become reincarcerated.

Program will utilize LIFE BEYOND LOSS - a Workbook for Incarcerated Men by Beverly Welo

Facilities:

**GARNER CI** 

Auspices:

Religious Services

Treatment Types:

Education (Ed);Life Skills (LS);Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types.

Family & Social Services; Mental Health

Program Status:

Active Program Category Level:1

**Compendium Program: Griffin Hospital** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Griffin Hospital is a 160-bed acute care community hospital serving more than 130,000 residents of the Lower Naugatuck Valley Region. Griffin Hospital also serves as the flagship hospital for Planetree, an international leader in patient-centered care and has received national recognition for creating a facility and approach to patient care that is responsive to the needs of patients. Many healthcare facilities around the world send visitors to Griffin Hospital and incorporate its concepts into their healthcare models. Griffin Hospital is a not-for-profit, tax-exempt subsidiary of the Griffin Health Services Corporation.

Facilities:

PCS - New Haven

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Detoxification Unit;Intensive Outpatient;Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Habitat for Humanity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

As part of York CI's Community Outreach program, participants will help provide opportunities for home ownership to families in need by partnering with public, private, faith based organizations and community volunteers in the building of decent affordable homes.

Facilities:

YORK CI

Auspices:

All Facility Staff; Charlene Perkins Center - Facility Staff

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Employment/Financial; Self Efficacy

Types:

Community Service

Program Status:

Active Program Category Level:0

**Compendium Program: Hadith** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional group that focuses on the statements of The Prophet (PBUH) i.e. his sayings, deeds and approvals, etc.

Facilities:

OSBORN CI:ROBINSON CI

Auspices:

Religious Services

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Handling a Crisis** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: True, Session Numbers: 3, Evidence Based: False

## Description:

Facilities:

NORTHERN CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Hartford Adult Education** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Services Offered:

- -General Education Development (GED)
- -National External Diploma Program (NEDP)
- -English as a Second Language (ESL)
- -American Citizenship

Facilities:

PCS - Hartford

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types: Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support

Types: Education

Program Status:

Active Program Category Level:0

**Compendium Program: Hartford Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Hartford Behavioral Health is a private, non-profit community agency providing outpatient behavioral health services to the greater Hartford area. We are a culturally diverse and dynamic organization that prides itself on clinical excellence and a commitment to the people we serve. As a multi-site provider of behavioral health services in Hartford to adults and children, HBH offers the information on this web site to assist people who wish to learn more about mental health and chemical dependency issues, and how HBH; services and recovery systems help.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Hartford Dispensary - Hartford (Main Street)

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Hartford Dispensary is a drug or alcohol rehabilitation center with a primary focus on substance abuse treatment.

The facility provides detoxification, methadone maintenance, methadone detoxification, and buprenorphine services to the public. The treatment center provides outpatient care. There are special groups and programs for persons with HIV and AIDS. Special language services provided include Spanish. Payments via medicaid, private insurance, and access to recovery voucher are accepted. Payment assistance is offered by way of sliding fee scale.

#### Facilities:

PCS - Hartford

### Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS); Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Family & Social Services; Recovery Management Services; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: Hartford Dispensary - Hartford (Weston Street)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Hartford Dispensary is a drug or alcohol rehabilitation center with a primary focus on substance abuse treatment.

The facility provides detoxification, methadone maintenance, methadone detoxification, and buprenorphine services to the public. The treatment center provides outpatient care. There are special groups and programs for persons with HIV and AIDS. Special language services provided include Spanish. Payments via medicaid, private insurance, and access to recovery voucher are accepted. Payment assistance is offered by way of sliding fee scale.

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Family Support (FS); Substance Abuse (SA)

Domains:

Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

Types:

Family & Social Services; Recovery Management Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Hartford Dispensary - Manchester** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Hartford Dispensary (also known as Manchester Clinic) is a treatment center in Manchester, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Family Support (FS); Substance Abuse (SA)

Domains:

Family; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

Types.

Family & Social Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Hartford Dispensary - New London

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False *Description:* 

Hartford Dispensary (also known as New London Clinic) is a treatment center in New London, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Norwich/New London

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Substance Abuse (SA)

Domains:

Substance Abuse: Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Hartford Dispensary - Norwich** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Hartford Dispensary (also known as Norwich Clinic) is a treatment center in Norwich, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Hartford Dispensary - Torrington** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Hartford Dispensary (also known as Norwich Clinic) is a treatment center in Norwich, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

PCS - Waterbury

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Hartford Dispensary - Willimantic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Hartford Dispensary (also known as Willimantic Clinic) is a treatment center in Willimantic, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

PCS - Norwich/New London

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Hartford Dispensary/ New Britain** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Hartford Dispensary (also known as New Britain Clinic) is a treatment center in New Britain, Connecticut that focuses on substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, seniors / older adults, and pregnant / postpartum women.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Family Support (FS); Substance Abuse (SA)

Domains:

Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

Types.

Family & Social Services; Recovery Management Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Health & Wellness** 

Gender Specific for:MALE; RT Program Code: W3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to assist offenders in basic medication information and compliance, improving communication skills, using effective coping and problem solving skills and improving personal hygiene and Advanced Daily Living Skills (ADL's).

Facilities:

**GARNER CI** 

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Health Care Resource Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

HCRC provides integrated medical and counseling approaches grounded in an individualized recovery-oriented philosophy that treats addiction as a bio-psychosocial disease. These services include pharmacological treatment with methadone and other medications in combination with individual, group and family counseling. Treatment is individualized and driven by objective goals. HIV/AIDS screening, education, and counseling services are provided for all patient/consumers. Patient/consumers are encouraged to participate in self-help programs such as Alcoholics Anonymous or Narcotics Anonymous, and the program utilizes self-help principles in treatment. The philosophy of care recognizes addiction as a primary disease, emphasizes the need for compassion, and encourages a drug-free lifestyle.

#### Facilities:

PCS - Hartford; PCS - Residential

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

### Types:

Basic Needs; Family & Social Services; Intensive Inpatient; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Healthy Relationships** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future. This program is open to offenders in the Social Rehabilitation Program.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: YORK CI

Auspices:

Health Services; The Social Rehabilitation Program

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Abuse/Trauma; Relationships; Self Efficacy

Types:

Domestic Violence; Female; Self Improvement; Trauma Informed

Program Status:

Active Program Category Level:3

**Compendium Program: Hebrew Language studies** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates will learn the Hebrew language.

Facilities:

**GARNER CI** 

Auspices:

Religious Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Religious

Program Status:

Active Program Category Level:0

**Compendium Program: Hepatitis B Vaccination Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

Facilities:

MANSON YI; YORK CI

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Health Services

Treatment Types: Medical (Med)

Domains:

Family and Social Support; Self Efficacy

Types:

Health Education; Medical; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: High School Diploma Programs** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

- 1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
- 2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
- 3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
- 4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices: USD#1

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Health Services

Treatment Types:

Family Support (FS); Medical (Med)

Domains:

Peer Associations

Types:

Health Education; Medical

Program Status:

Active Program Category Level:3

Compendium Program: HIV Support Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Medical and Mental Health staff conduct this weekly support group for inmates infected with HIV. The purposes of the group include providing a safe and confidential forum to talk about their disease, to provide accurate and current information, and to encourage medication adherence.

Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

OSBORN CI

Auspices:

Health Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Health Education; Medical; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: HIV Support Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

### Auspices:

Health Services; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med)

Domains:

Peer Associations; Substance Abuse and Mental Health

Types:

Health Education; Medical; Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Program Status:

Active Program Category Level:3

**Compendium Program: HIV Volunteer Support Services** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

In this program volunteers work with individuals and community-based HIV organizations to provide support services to offenders experiencing HIV related issues.

Facilities:

ENFIELD CI;OSBORN CI;ROBINSON CI

Auspices:

Health Services: Volunteer Services

Treatment Types:

Medical (Med)

Domains:

Family and Social Support

Types:

Addiction; Health Education; Medical; Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Hockanum Valley Community Council, Inc. (HVCC)

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Hockanum Valley Community Council, Inc. (HVCC) is a private nonprofit human services agency located in Vernon, Connecticut. It is dedicated to meeting the needs of the residents of Vernon and the Tolland County area.

HVCC provides services to individuals and families in a manner which will promote independence while assuring that basic needs are met regardless of ability to pay.

Facilities:

PCS - Hartford

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Basic Needs; Domestic Violence; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Hospice Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

Facilities:

MACDOUGALL CI; OSBORN CI; YORK CI

Auspices:

Health Services

Treatment Types:

Family Support (FS)

Domains:

Family; Family and Social Support; Housing Safety

Types:

Medical

Program Status:

Active Program Category Level:3

Compendium Program: Hospital of Central Connecticut - New Britain

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Our mission is to help people to see their own possibilities, to know and develop their capabilities, and to achieve everything they can.

Emotion Regulation Groups Medication Management Individual Therapy

Facilities:

PCS - Hartford;PCS - New Haven;PCS - Residential;PCS - Waterbury

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

### Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Mental Health Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Houses of Healing** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

#### Facilities:

YORK CI

### Auspices:

Charlene Perkins Center - Facility Staff; Volunteer Services

## Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

### Domains:

Self Efficacy

#### Types:

Re-Entry

### Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Houses of Healing Self-Study** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:True Description:

The Houses of Healing made available in a self-study course for offenders in segregated/restrictive housing units. A 14-week evidence based program in emotional literacy, designed to teach emotional regulation techniques, foster emotional and spiritual growth, and encourage responsibility and accountability for ones self and toward others. Offenders create meaningful narratives of their lives through working toward healing experiences of trauma and grief and learning emotional regulation and practices. The self-study course offers additional support while in segregation/restrictive housing and prepares the offender for returning to general population and reintegration into the community.

Facilities: YORK CI

Auspices:

Religious Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: How to be Happy** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is an open group in the Social Rehabilitation Program designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

Facilities: YORK CI

Auspices:

Mental Health; The Social Rehabilitation Program

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns

Types.

Mental Health; Social Rehabilitation

Program Status:

Active Program Category Level:3

**Compendium Program: I Am Music** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

"I Am Music" is an eight session course designed to improve the self-esteem, self-expression and self-recognition of young men through exposure to various styles of music and its components such as rhythm and sound. The discussions and lessons, including team-building activities for musical production, provide a unique and creative opportunity for educational and personal skill development as the participants communicate with each other in a positive atmosphere.

Facilities:

MANSON YI

Auspices:

Addiction Services; Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Independent Treatment Providers** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Licensed professionals provide an array of mental health services to promote the well being of its clients.

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Individual Spiritual Direction Counseling** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False Description:

Individual Spiritual Direction counseling is presently offered to the women in the Reintegration program and the Marilyn Baker substance abuse program. This one-to-one relationship provides a safe, confidential place for inmates to talk with a trained, certified spiritual director. Each individual session is approximately forty-five minutes in duration.

Through reflection and deep listening, the director (companion, guide) gently encourages the development of emotional and spiritual tools for successful living on the outside. The process of Spiritual Direction offers guidance, support and compassion which encourage inmates to move towards self-forgiveness and inner freedom.

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types: Life Skills (LS)

Domains: Self Efficacy

Types:

Faith Recovery Support Services

Program Status:

Active Program Category Level:3

Compendium Program: Individual Therapy 15,30,45 or 60 minutes.

Gender Specific for: MALE; RT Program Code: GH

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a Garner mental health unit specific program to identify contacts made with inmates by mental health staff for the times indicated.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: GARNER CI

Auspices: Mental Health

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Individual Treatment Plan** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Individual Treatment Plan

Facilities:

GARNER CI; OSBORN CI

Auspices: Mental Health

Treatment Types: Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Mental Health

Program Status:

Active Program Category Level:0

**Compendium Program: Industry Janitors (CEC)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

One of the services that Correctional Enterprises of Connecticut provides for inmates is the provision of institutional employment by training and supervising a group of industry janitors to insure that the industry area is clean at all times. There are twelve to fifteen janitors employed in various shop locations.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

MACDOUGALL CI:OSBORN CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Lypes

Career Technical Education; Institutional Employment; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Industry Warehouse** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program trains inmates to learn how to work in a warehouse setting. This involves training them to store, pick, pack, and ship industry orders and supplies. These skills are easily transferred to the outside job market.

Facilities:

OSBORN CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Institutional Employment; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Inlight Professional Counseling** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

mental health evaluations

Individual counseling for males, females and adolesce

Facilities:

PCS - Norwich/New London; PCS - Residential

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Inmate Bereavement Volunteer Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This program trains inmates to provide support for fellow inmates who are experiencing loss or grief. This is in addition to the opportunity to talk to Mental Heath, Religious Services, and/or correctional staff. Inmate volunteers are important as they share the experience of being incarcerated and can relate to its challenge.

#### Facilities:

MACDOUGALL CI

### Auspices:

Health Services

## Treatment Types:

Mental Health (MH)

### Domains:

Family and Social Support

#### Types:

Female; Gender Responsive; Mental Health; Self Improvement; Trauma Informed

## Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Inmate Certified Nurse's Aide Program** 

Gender Specific for: MALE; RT Program Code: CN

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False Description:

This program is licensed by the Connecticut Department of Public Health (DPH) with required relicensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

### Facilities:

BRIDGEPORT CC;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

Auspices:

Health Services

Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Inmate Photo Program** 

Gender Specific for:MALE; RT Program Code: M8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

#### Facilities:

CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

All Facility Staff

Treatment Types:

Family Support (FS)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family and Social Support

Types:

Community Service

Program Status:

Active Program Category Level:0

**Compendium Program: Inside Out Dad** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Reconnects offenders with their children and introduces them to the transforming power within themselves.

Facilities:

HARTFORD CC

Auspices:

Volunteer Services

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Family & Social Services

Program Status:

Active Program Category Level:3

**Compendium Program: Inside Out Prison Exchange Program** 

Gender Specific for:MALE; RT Program Code: PE

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Inside Out Prison Exchange Program increases opportunities for men and women, inside and outside of prison, to have transformative learning experiences that emphasize collaboration and dialog, inviting participants to take leadership in addressing crime, justice, ant other issues of social concern.

Facilities: GARNER CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Inside Out Program Extension** 

Gender Specific for: MALE; RT Program Code: CO

Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False

Description:

Intended for inside students who successfully complete the Inside-Out seminar. the primary gola of this work is to improve written communication and analytical ability.

Facilities:

GARNER CI; ROBINSON CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Institute of Living** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

**Behavioral Health Services** 

Facilities:

PCS - Hartford; PCS - Residential; PCS - Waterbury

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Mental Health; Substance Abuse and Mental Health

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Behavioral Services

Program Status:

Active Program Category Level:0

**Compendium Program: Interactive Skill Building** 

Gender Specific for: MALE; RT Program Code: 84

Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False Description:

Interactive Skill Building (ISB) is a program coordinated by a Correctional Recreation Supervisor to introduce inmates to a range of fitness activities. This activity may be offered to individuals, groups of 5 (or less) or larger groups. ISB introduces participants to the Rules of Good Sportsmanship and Physical Education/Recreation Game Rules. Coaching Goals, Exercise Guidelines, Officiating Guidelines and Team Concepts may be introduced in depth. Recreation Supervisors encourage inmates to better understand fitness, self-control and well being through Team Sports, including: Basketball, Handball, Soccer, Softball, Volleyball and Flag Football. In addition to Intramural Activities, inmates may be introduced to Calisthenics. Aerobics. Running/Walking, Weight Conditioning, Relaxation Techniques and Yoga. Other activities may include: Art Classes, Band/Music Programs, Table/Board Games; Creative Writing. Tournaments reinforcing personal development or self enrichment may include: Badminton. Bowling, Horseshoes, Paddleball, Ping-Pong, Frisbee and Boccee. Inmates may also be organized to provide Community Services, including: Conservation, Restoration & Beautification (Garden/Ground Projects), Photo Program Fundraisers. ISB may also include, Book Clubs/Reading Groups, Hobby Groups or encouragement to participate in other electivevoluntary activities.

Facilities:

NORTHERN CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation; SRG

Program Status:

Active Program Category Level:1

**Compendium Program: Intercessory Prayer - Protestant** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A time of intercessory prayer that is held weekly.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: GARNER CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Intercommunity, Inc.** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

InterCommunity Inc. is a community agency providing mental health and addiction services to individuals, families, and communities within the state of Connecticut for over 35 years.

SUBSTANCE ABUSE medical medication management

Intensive Outpatient Relapse Prevention Suboxone

individual counseling group counseling

Facilities:

PCS - Hartford; PCS - Residential

## Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Employment/Financial;Family and Social Support;Mental Health;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Anger Management;Behavioral Services;Family & Social Services;Intensive Outpatient;Mental Health Services/Treatment;Substance Abuse Services/Treatment

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:0

**Compendium Program: International Institute of Cosmetology** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Programs offered are:

Skin care (Aesthetics involves the study of skin care, body care, hair removal and makeup)

Hair (Cosmetology program takes you in a natural progression and effective transition through all aspects of cosmetology)

Makeup (5 week course designed with the aspiring makeup artist in mind to bring out your makeup talent)

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types.

Education; Vocational Services

Program Status:

Active Program Category Level:0

**Compendium Program: Interpersonal Effectiveness** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False

#### Description:

This is the third in the series of in cell classes occurs after the program - Handling a Crisis. This program combines the techniques used in Getting Settled Getting Going and Handling a Crisis to help improve three skills, 1) How to deal with people, 2) problems and 3) different environments.

Facilities:

NORTHERN CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

**Compendium Program: Islamic Discussion** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a weekly group that focuses on the history of traditions, practices and customs of Islam.

Facilities:

BROOKLYN CI:OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Islamic History** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

This course is designed to help Muslim inmates better understand and appreciate Islamic history as a tool for positive change and transformation. The course will focus on the history of Islam during the classical period beginning with the birth of the Prophet Muhammad in the year 570 C.E. until his death in the year 632 C.E. The course will closely examine the development of Islamic spiritual thought through the life of the Prophet Muhammad in fostering a more just, ethical and spiritually conscious life in a place and time where these values were almost totally absent.

Facilities: ROBINSON CI

Auspices:

Religious Services

Treatment Types: Education (Ed)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Education, Employment, and Financial Situation

Types: Religious

Program Status:

Active Program Category Level:2

**Compendium Program: Islamic Meditation** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

This program is designed to help Muslim inmates tap into the spiritual and material benefits of meditation. In addition to stressing the importance of meditation as an integral part of the Islamic lifestyle, particular emphasis will be placed on how meditation can facilitate healing and solve difficult problems. Other therapeutic benefits pertaining to stress management and reduction, promoting spiritual as well as emotional balance and harmony will be covered. By shaping meditation within the context of the correctional environment, the ultimate goal will be to seek internal change and hopefully create the engine for positive transformation and development.

Facilities: ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Education, Employment, and Financial Situation

Types: Religious

Program Status:

Active Program Category Level:2

**Compendium Program: Islamic Studies** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious Services
Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Islamic Video** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:

BROOKLYN CI;CYBULSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

**Unknown** 

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jehovah' s Witness Bible Study

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities: MANSON YI

Auspices:

Religious Services ; Volunteer Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Jehovah's Witness Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jehovah's Witness Collective Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI:NORTHERN CI:OSBORN CI:RADGOWSKI CI:ROBINSON CI:WILLARD CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

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# PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown
Domains: Unknown
Types: Religious
Program Status: Active Program Category Level:3
Compendium Program: Jewish Holy Day Observances
Gender Specific for:BOTH; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description: The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.
Facilities: CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;YORK CI
Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status: Active Program Category Level:3
Compendium Program: Jewish Learning Services
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jewish principles. To reach out to the Jewish population.
Facilities: BRIDGEPORT CC
Auspices: Religious Services

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Treatment Types:

# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Jewish Prayer with T'Fillin
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:  A small group gathers daily (except Saturday) to pray and tie on phylacteries (small boxes with scrolls of Torah passages inside).
Facilities: OSBORN CI
Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Jewish Sabbath Worship
Gender Specific for:BOTH; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.
Facilities: BROOKLYN CI;YORK CI
Auspices: Religious Services
Treatment Types: Unknown

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Domains:

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Sabbath Worship and Torah Study

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sabbath afternoon prayer and reading of weekly Torah portion, followed by study and

Facilities:

GARNER CI;HARTFORD CC

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Religious; Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Jewish Worship and Study** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Jewish worship followed by study of the Hebrew Bible or Jewish history.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

Domains:

Unknown

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Job Center - Pre-Employment Workshops** 

Gender Specific for: BOTH; RT Program Code: J1

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

Facilities:

YORK CI

Auspices:

Employment Services; Programs & Treatment Unit

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

Re-Entry; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Judy Dworin Performance Project City Arts on Pearl

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Judy Dworin Performance Project (JDPP) is a nonprofit organization of professional artists who is on stage, in schools, in prisons and in the community is innovate, inspire, educate and collaborate. JDPP harnesses the arts as a powerful catalyst for creative expression through performance, community building and positive change.

Facilities:

PCS - Hartford

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education; Family and Social Support; Peer Associations

Types.

Behavioral Services; Education; Vocational Services; Wellness Activities

Program Status:

Active Program Category Level:0

**Compendium Program: Judy Dworin Performance Support Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is voluntary and meets for the participants the month prior to and following the Judy Dorwin Performance Project. It was developed for the purpose of allowing additional processing time regarding the themes and life stories that are brought to the surface through Judy's Performance Project.

Facilities:

CYBULSKI CI; YORK CI

Auspices:

Mental Health; The Change Group

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma; Relationships; Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Jumah** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Kairos** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a 40-hour faith retreat that is held once a year with monthly reunions.

Facilities:

GARNER CI;MANSON YI;OSBORN CI;YORK CI

Auspices.

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Kairos Reunion** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A monthly two hour reunion that re-inforces the Kairos principles for inmates who have already participated in the 40 hour Kairos Retreat.

Facilities:

**GARNER CI** 

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Key Community Care Inc.** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

(Program description not included by PCS)

Facilities:

PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Labor Coaches** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is a collaborative effort between York CI volunteers and Health Services staff in conjunction with Lawrence & Memorial Hospital's High Risk Infant Program. Community volunteers are trained as labor coaches to work specifically with inmate patients delivering babies at L&M Hospital.

Facilities:

YORK CI

Auspices:

Health Services; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

**Parenting** 

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family; Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Laundry - Correctional Enterprises of Connecticut** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The laundry processes over 55,000 pounds of laundry each month. Correctional Enterprises of Connecticut provides institutional employment to inmates in commercial laundry operations. Correctional Enterprises of Connecticut teaches inmates how to operate industrial laundry equipment.

Facilities:

OSBORN CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Institutional Employment; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Legion of Mary** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

Facilities:

BROOKLYN CI:CHESHIRE CI:MACDOUGALL CI:ROBINSON CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Liberation Programs, Inc./ Stamford Clinic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

Liberation Programs Inc (also known as Methadone Program) is a treatment center in Stamford, Connecticut that focuses on mental health and substance abuse services by providing substance abuse treatment, detoxification, methadone maintenance, and methadone detoxification services. The programs offered are designed for persons with mental and substance abuse disorders, persons with HIV / AIDS, and seniors / older adults.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Contracted Program; Mental Health; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Library** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Health Services

Treatment Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Self Efficacy

Types:

Female; Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Library Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program allows the mental health inmate the opportunity to enhance their cognitive capabilities through reading, writing and library resource material. There is no access to law books, periodicals or newspapers.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types.

Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Life Plan** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This Protestant program prepares inmates for re-entry into the community by teaching life skills that are consistent with Christian principles.

Facilities:

RADGOWSKI CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

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#### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types:

Re-Entry; Religious

Program Status:

Active Program Category Level:3

Compendium Program: Life Plan Pre-Release and Aftercare Mentoring

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program provides one to one meetings with selected mentors to help an offender become prepared spiritually and practically for the challenges leading up to and immediately following his re-entry into life outside of prison.

Facilities:

RADGOWSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Re-Entry; Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Life Skills** 

Gender Specific for:MALE; RT Program Code: LF

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An introduction to Daily Living Skills

Facilities:

OSBORN CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Self Efficacy

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Life Skills - A New Freedom

Gender Specific for:BOTH; RT Program Code: LS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

Facilities:

**MANSON YI** 

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education, Employment, and Financial Situation;Employment/Financial;Mental Health;Relationships

Types:

Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: Life Skills (Life Lessons @ YCI)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Facilities:

OSBORN CI; YORK CI

Auspices:

Health Services; The Social Rehabilitation Program

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Life Skills (LS)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family and Social Support;Parenting;Relationships

Types:

Female; Social Rehabilitation

Program Status:

Active Program Category Level:3

**Compendium Program: Lifer's Group** 

Gender Specific for:MALE; RT Program Code: B1

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

This program is a one hour; weekly group in an open format. Designed to create a supportive setting where offenders doing more than 25 years can help each other develop and maintain coping skills in the areas of anger, relationships, anxiety, families, loss etc. It is also a place in which the more seasoned lifers can help their younger peers learn to adapt and survive.

Facilities:

CHESHIRE CI

Auspices:

All Facility Staff; Health Services

Treatment Types: Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types:

Self Improvement

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Literacy Volunteers of Greater Hartford** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

Literacy Volunteers of Greater Hartford provides small group instruction in

Basic Literacy (reading and writing for native English speakers)

English for Speakers in Other languages (ESOL)

Digital Literacy (computer and internet skills)

Math

Pre-GED/Pre-NEDP

GED

US Citizenship

Job readiness

Writing and Grammar

Conversation

#### Facilities:

PCS - Hartford; PCS - Residential

#### Auspices:

Behavioral Health; Employment Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

#### Domains

Education; Education, Employment, and Financial Situation; Employment/Financial; Self Efficacy

#### Types:

Basic Needs; Education; Employment

### Program Status:

Active Program Category Level:0

**Compendium Program: Literacy Volunteers of Greater New Haven** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

### Description:

To empower adults through literacy.

Our vision is to create a community where 100% literacy is the norm.

Literacy Volunteers serves adult students from Ansonia, Bethany, Branford, Derby, East Haven, Hamden, Meriden, New Haven, North Haven, Orange, Seymour, Shelton, Wallingford, West Haven and Woodbridge.

#### Facilities:

PCS - New Haven;PCS - Waterbury

#### Auspices:

Non-Contracted; Non-Residential; Support Services

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types: Education

Program Status:

Active Program Category Level:0

Compendium Program: Living Free Comprehensive Re-entry Services

Gender Specific for:BOTH; RT Program Code: FL

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program offers an integrated system of care for patients who have substance use (drug/alcohol score of 3 or higher), co-occurring mental health (mental health score of 3 or lower), and/or physical health (medical score of 1 or higher) concerns, are releasing from DOC in the next 4-6 months to either the greater New Britain or New Haven communities; and are committed to working with the program's peer advocates on various partnered re-entry services. Living Free will meet each patient at the facility for a structured four step process to identify, enroll and assess their needs for addiction, mental health, and/or medical treatment and care. The final step of this program is to bring each person on an "escorted visit" from the facility to the community clinic to meet with the treatment providers and peer advocates for discharge planning prior to their release date. Once released, each patient is expected to attend weekly appointments with the treatment providers and peer advocates at the community clinics.

Facilities:

CYBULSKI CI; WILLARD CI; YORK CI

Auspices:

Addiction Services; Mental Health

Treatment Types:

Mental Health (MH):Reintegration Enhancement/Relapse Prevention (RERP):Substance Abuse (SA)

Domains:

Education, Employment, and Financial Situation; Substance Abuse and Mental Health

Types.

Addiction; Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:2

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Love in Action Prayer Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a monthly Catholic program and the group has chosen the title "Love in Action" for several reasons. God put his love in Action by sending his Son Jesus Christ into the world so that we could be saved from our sins. The Holy Spirit put His Love in Action by raising Jesus from the dead so that we can have eternal life. As their goal, the volunteers want to share God's holy love and mercy with those in prison.

The program involves weekly Scripture readings from the Old and New Testament. As a guide, a reflection booklet for Small Christian Communities is used which contains Reflection and Discussion questions dealing with the Bible readings from the Catholic Sunday Mass. Questions are addressed to the group and the men share how the readings have touched them and can help them become a better Catholic. The program concludes with a closing hymn and prayer. The Love in Action group meets for one hour every second Tuesday of the month after Catholic Mass.

Facilities:

MACDOUGALL CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Marker Plate Manufacturing** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This manufacturing shop is the sole producer of vehicle plates to the Department of Motor Vehicles (DMV). This program provides inmates with an opportunity to work in a setting with all the demands of a private industry job, thus preparing them for a "real world" job. Inmates are required to learn to use hydraulic presses, stamping machines, and painting equipment.

Facilities: CHESHIRE CI

Auspices:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Correctional Enterprises of Connecticut

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Marriage/Family Relationships** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

These weekly classes will give an inmate an opportunity to examine the family as an institution; the dynamics of interpersonal relationships within a family; society's expectations; personal expectations; personal growth issues that are common barriers to effective communication; and the inmate's role within his family. Rotating units of study will include an eight-session series on marital issues which will fulfill pre-marital counseling requirements; parenting via Christian principles; exercising Godly leadership in the home; and more.

Facilities:

ROBINSON CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: McAuliffe Center - Connecticut Renaissance

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health Services

Facilities:

PCS - New Haven; PCS - Waterbury

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: MCCA

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Substance Abuse Treatment Mental Health Treatment

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services: Mental Health: Non-Contracted: Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

**Domains** 

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: McCall Foundation/ Outpatient Torrington** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient services offer clients the advantages of living at home and, in many cases, working while participating in a traditional or intensive recovery program. Intensive treatment includes structured individual, family, and group counseling. The program provides alcohol and other drug education and introduction to 12-step program resources.

Facilities:

PCS - Residential; PCS - Waterbury

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types.

Anger Management; Domestic Violence Services; Medical Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Medication Assisted Treatment - MAT** 

Gender Specific for:MALE; RT Program Code: A3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

Facilities:

CORRIGAN CI;CYBULSKI CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

**Contracted Program** 

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:2

**Compendium Program: Meditation Group** 

Gender Specific for: MALE; RT Program Code: ME

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is led by a volunteer with extensive experience in teaching meditation. Basic techniques are introduced, as well as more advanced practice. The group is ongoing and meets weekly.

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

MACDOUGALL CI; OSBORN CI

Auspices:

Contracted Program; Health Services

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support

Types:

Self Improvement

Program Status:

Active Program Category Level:1

**Compendium Program: Meditation/Prayer** 

Gender Specific for:MALE; RT Program Code: MP

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

12 Session program teaching meditation as a practice for faith development. This program will teach inmates to develop more self-awareness, cultivate calmness, develope inner wisdom and deepen their faith connection with the Divine.

Facilities:

**BRIDGEPORT CC** 

Auspices:

All Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:2

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Men Cry Out** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 1, Evidence Based:False Description:

Men Cry Out is a Protestant Program designed to teach male inmates how to be successful by applying life principles, as well as to bring them to a stage of understanding who they are as men of faith. To teach male inmates how to be more effective in their communities, workplace and family. The goal is to motivate them to become better men in the community upon release.

Facilities: OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Men's Fraternity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

Facilities:

CYBULSKI CI;HARTFORD CC;OSBORN CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

Compendium Program: Mental Health Peer Mentoring Program: Sisters Standing Strong Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This mentor program is comprised of offender mentors/helpers who demonstrate pro-social, adaptive coping skills, as well as, offenders who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program, with staff present supervising, provides an outlet for the female offenders to receive peer-support and insight into common adjustment issues. The following topics are addressed: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.<br/>
stressors

Facilities: YORK CI

Auspices:

Health Services

Treatment Types: Life Skills (LS)

Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Friends; Mental Health; Self Efficacy; Substance Abuse

Types.

Mental Health; Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: Mercy Housing and Shelter Corporation/ Mercy House

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Mercy House is a permanent residential living program for 9 adults with medical issues working their way to independence. Residents are provided their own room, meals, and intensive case management twenty-four hours a day.

Facilities:

PCS - Hartford

Auspices:

Housing; Non-Contracted; Residential; Support Services

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Family & Social Services; Independent Housing

Program Status:

Active Program Category Level:0

**Compendium Program: Mercy Learning Center** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Mercy Learning Center of Bridgeport, Inc. provides basic literacy and life skills training to low-income women using a holistic approach within a compassionate, supportive environment. All women are welcome without regard for race, religion, color, creed, sexual orientation or national origin.

Mercy Learning Center's core programs include two part-time Beginner ESL classes, a one-on-one or group Tutoring Program, a full-time, classroom-based Intensive Study Program, and the National External Diploma Program (NEDP). The Center is open year-round for tutoring, the NEDP, and computer classes. However, the full-time classes follow the ten-month Bridgeport school system calendar, beginning in September and ending in June, so as to reduce conflicts for women with children in the public school system.

Facilities:

PCS - Bridgeport;PCS - New Haven

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types: Life Skills (LS)

Domains:

Education

Types: Education

Program Status:

Active Program Category Level:0

**Compendium Program: Merinello School of Beauty** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Start your beauty career with programs in Cosmetology, Esthetics, Barbering, Manicuring & Makeup!

Facilities:

PCS - Hartford

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Life Skills (LS)

Domains:

Employment/Financial

Types:

Vocational Services

Program Status:

Active Program Category Level:0

**Compendium Program: Metal Working Shop** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

This program teaches offenders how to utilize all types of metal working equipment. This including welding equipment; mig & tig, CNC equipment; shears and brakes and various other machinery; grinders, punching machines, notchers, plasma cutting, etc. The shop fabricates many types of metal and sheet metal products; institutional beds, lockers writing tables, vehicle caging & much more, etc. This provides offenders an opportinity to design, layout and fabricate a variety of metal products.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Methadone Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

To discuss various topics of addiction and recovery.

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC

Auspices:

**Addiction Services** 

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types.

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:3

**Compendium Program: MHU-Afternoon Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

MHU-Afternoon Group is actually any of the following groups or activities depending on the needs based the needs/level of functioning of the population at the time:

Start Now-usually Mondays and/or Tuesdays

Library-Thursdays when the Librarian is available

Coping Skills-usually Tuesdays and or Thursdays if there is no Library. The group reviews basic skills to utilize in everyday life both while incarcerated and while in the community. Social Group-usually on Fridays. The members of the group are encouraged to interact positively with each other and use each other and the leader for extra support. Members get to know each other by socializing and relaxing while playing cards, board games, drawing, and

engaging in small group discussions.

Facilities: YORK CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Microsoft Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The east side Job Center Counselor at York CI provides instruction on how to use Microsoft software to create resumes and cover letters in an effort to obtain employment upon release.

Facilities:

YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education

Types: Unknown

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Middlesex Hospital

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Behavioral Health

The Middlesex Hospital Center for Behavioral Health is a full service, inpatient and outpatient facility located on the Middlesex Hospital campus in Middletown, Connecticut. Our psychiatrists and mental health care staff provide health services for children, adolescents, and adults on both an inpatient and outpatient basis.

Family Advocacy Program

Outpatient services are provided for children and adolescents through the Family Advocacy Program,

Adult Outpatient Behavioral Health Services

The Adult Outpatient Program offers therapeutic and medication management treatment. Individual and group therapy are both available, and include:

- Suboxone relapse prevention
- Substance abuse early recovery program
- Senior citizen support group
- •Bi-polar disorder support group
- Self-esteem support group
- •Transition group for anyone who has successfuly completed the Day Treatment Program
- Chronic anxiety and depression support group
- Coping skills support group
- •Women's recovery group to assist with interpersonal issues, grief, loss and trauma

Day Treatment Program

Crisis Service

#### Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury

#### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

#### Domains:

Education, Employment, and Financial Situation; Family and Social Support; Mental Health; Peer Associations; Relationships; Substance Abuse; Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Types.

Behavioral Services; Family & Social Services; Gender Responsive; Intensive Outpatient; Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Middlesex Health Center for Behavioral Health** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health treatment Program

Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Middlesex Hosptial Center for Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Middlesex Hospital Center for Behavioral Health is a full service, inpatient and outpatient facility located on the Middlesex Hospital campus in Middletown, Connecticut. Psychiatrists and mental health care staff provide health services for children, adolescents, and adults on both an inpatient and outpatient basis.

Facilities:

PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Behavioral Services; Intensive Outpatient

Program Status:

Active Program Category Level:0

Compendium Program: Midwestern Connecticut Council of Alcoholism - MMCA - New Milford

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

MCCA, Midwestern Connecticut Council of Alcoholism, Inc. is the primary provider of substance abuse prevention, evaluation and treatment services in the greater Danbury area. MCCA was established in 1972 in response to regional needs for high quality professional services for individuals and their families suffering from alcohol and substance abuse.

Facilities:

PCS - Waterbury

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse: Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Midwestern Connecticut Council on Alcoholism, Inc. (MCCA)/McDonough House

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

MCCA, Midwestern Connecticut Council of Alcoholism, Inc. is the primary provider of substance abuse prevention, evaluation and treatment services in the greater Danbury area. MCCA was established in 1972 in response to regional needs for high quality professional services for individuals and their families suffering from alcohol and substance abuse.

McDonough House Program:

Individual counseling

Chemical dependency education

Group therapy

Relapse prevention

Men¿s and Women¿s groups

Seniors groups

Daily AA meetings

NA meets available

Recreational activities

Medical consultation as needed

Psychiatric consultation as needed

Continuing care planning

### Family Program:

Weekly family program to help family members understand how addiction affects them Discuss and understand how family relationships may change after treatment Learn about and participate in family recovery including 12-step program

#### Facilities:

PCS - Waterbury

#### Auspices:

Community Addiction Services; Non-Contracted; Residential

### Treatment Types:

Substance Abuse (SA)

#### **Domains**

Substance Abuse; Substance Abuse and Mental Health

#### Types:

Detoxification Unit; Domestic Violence; Intensive Residential; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Milford DOT** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The mission of the Connecticut Department of Transportation is to provide a safe and efficient intermodal transportation network that improves the quality of life and promotes economic vitality for the State and the region.

Facilities:

PCS - Bridgeport

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Antisocial Attitudes; Family and Social Support; Peer Associations

Types:

Family & Social Services; Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Mindful Meditation** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Mindful Meditation class is a twelve week class designed to help inmates develop emotional intelligence. It will help them become more resourceful and their response to emotions and their reactions to those emotions. The class will help them develop skillful resources to deal with depression, PTSD, stress and aggression. Inmates will learn emotional regulation, reactivity and compassion for self and others through workbook exercises and meditation.

Facilities:

**GARNER CI** 

Auspices:

Religious Services

Treatment Types:

Education (Ed);Life Skills (LS);Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types: Unknown

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Program Status:

Active Program Category Level:3

**Compendium Program: Mindfulness** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False Description:

Mindfulness is the energy of being aware and awake to the present moment. It isn't something individuals have to acquire, but rather it is a natural ability to help one grow, learn, and heal. Through dialog, meditation, and focus practices we will work with what is there and learn tools to become more present and peaceful from moment to moment. Over four weeks we will build on what we learned the previous week, starting a foundation for regular mindfulness practice.

Facilities:

HARTFORD CC

Auspices:

Volunteer Services

Treatment Types: Family Support (FS)

Domains:

Family and Social Support

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Mindfulness in Corrections** 

Gender Specific for:MALE; RT Program Code: CM

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True Description:

6-12 Session program teaching mindfulness to inmates to develop more selfawareness, lower recidivism, encourage addiction recovery and develop internal and external peace. Teaching how to increase emotional Intelligents and how to deal skillfully with; anxiety, anger, stress, cravings.

Facilities:

BRIDGEPORT CC

Auspices:

All Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Miracle of Melody** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 5, Evidence Based:False Description:

This program offers any eligible woman at YCI the chance to explore the connection between women's voices and what makes women's voices sing. The program meets weekly and explores vocal improvisation, circle singing, lyric writing, song writing, breathing, sounding and grounding.

Facilities: YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types: Education (Ed)

Domains:

Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Mommy and Me** 

Gender Specific for:FEMALE; RT Program Code: MA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

Facilities: YORK CI

Auspices:

Parenting Unit- Facility Staff

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#### PROGRAMS & TREATMENT UNIT

### Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

**Parenting** 

Types: Family

Program Status:

Active Program Category Level:3

**Compendium Program: Mood Disorders Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

Facilities: MANSON YI

Auspices: Health Services

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:0

Compendium Program: Mother's Against Drunk Driving - MADD

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

In 2015, MADD's efforts to significantly reduce drunk driving through the Campaign to Eliminate Drunk Driving as well as interest in defining it's role in the fight against drugged driving, the Board of Directors revised it's mission to reflect those priorities to, ¿The mission of Mothers Against Drunk Driving is to end drunk driving, help fight drugged driving, support the victims of these violent crimes and prevent underage drinking.¿

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types:

Substance Abuse (SA); Victim Impact (VI)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Education; Victim

Program Status:

Active Program Category Level:0

Compendium Program: Moving On - CPA/AIC - Torrington

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Moving On is a trauma informed, semi-open intervention designed specifically for women who are involved with the criminal justice system. The intervention assists women to mobilize and develop personal and social resources, develop healthy relationships, increase communications and decision making skills, manage feelings and connect them to their community. The overarching goal of the intervention is to mediate the impact of risk for future criminal behavior. The program consists of 25 sessions. Any sessions not completed at York CI can be completed in the community in all of the Parole and Community Services districts.

#### Facilities:

PCS - New Haven; PCS - Waterbury

#### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Antisocial Attitudes; Education; Family; Mental Health; Relationships; Self Efficacy; Substance Abuse

#### Types.

Behavioral Services; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: MTP Methadone Treatment Program** 

Gender Specific for:MALE; RT Program Code: MD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Open-ended weekly process group held for offenders engaged in Methadone Assisted Treatment while Incarcerated.

DOC-Addiction Services provides a methadone program for the continuity of care of inmates identified by community providers as already participating in an established community based methadone program at the time of incarceration. DOC-Addiction Services shall provide Community Health Resources (CHR) access to the facility for the purpose of dispensing methadone to inmates who are eligible to participate in the program. This Medically Assisted Treatment (MAT) is supported by a weekly psycho-educational group with an emphasis on relapse prevention. Weekly random drug testing is conducted to ensure program compliance.

#### Facilities:

CORRIGAN CI;HARTFORD CC:NEW HAVEN CC;RADGOWSKI CI

## Auspices:

Addiction Services

## Treatment Types:

Substance Abuse (SA)

#### Domains:

Substance Abuse and Mental Health

#### Types:

Addiction

## Program Status:

Active Program Category Level:2

Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model

Gender Specific for:MALE; RT Program Code: MT

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

#### Facilities:

CYBULSKI CI:OSBORN CI

## Auspices:

Mental Health

#### Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:1

**Compendium Program: Multicultural Ambulatory Addictions Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Medication Assisted Treatment (MAT) at MAAS offers treatment for opioid addiction, including the use of both methadone and buprenorphine. The MAAS MAT program utilizes a combination of medication and psychotherapeutic clinical treatment interventions aimed toward building a foundation upon which long term recovery can take place. Individuals entering this level of care meet criteria for methadone maintenance or buprenorphine maintenance. A shorter term taper is available through the ambulatory detoxification unit, if deemed appropriate. MAAS targets inner city and traditionally under-served populations, including but not limited to Latinos and African Americans. Treatment intensity varies based on patient need while the clinic models a "stages of change" approach to opioid treatment. All culturally relevant services are offered in English and Spanish. MAAS offers on-site babysitting to adults with dependant, under schoolage children. Services Include:

Primary Care
Individual and Group Therapy
Pharmacotherapy
Psychiatric Evaluation and Follow-up
Case Management
Family Counseling
Auricular Acupuncture
HIV/AIDS/STD Testing and Counseling
Basic Primary Care Services
Trauma Therapy
Gender Specific Therapy
Urine/Drug Screens
Problem Gambling Services
Transportation to higher level of care or Detox program

#### Facilities:

PCS - New Haven; PCS - Residential

## Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types.

Behavioral Services; Intensive Inpatient; Intensive Outpatient; Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Narcotics Anonymous** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

#### Auspices:

Addiction Services: Volunteer Services

#### Treatment Types:

Substance Abuse (SA)

#### Domains:

Substance Abuse; Substance Abuse and Mental Health

## Types:

**Addiction** 

#### Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Natchaug Hospital** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In a relaxed and supportive atmosphere, parents discuss behavior challenges and learn effective, research-based methods of communication and discipline. Parents will learn to use positive reinforcement to successfully change behavior while improving their relationship with their child. Parents can expect to see the following outcomes in their children:\*Improved Self-Esteem\*Increased Cooperation\*Improved Family Atmosphere

Psychiatric or Mental Health assessment; Alcohol and/or Drug Abuse Assessment; Medical Testing Assessment; Psychological Testing

#### Facilities:

PCS - New Haven; PCS - Norwich/New London; PCS - Residential

#### Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Substance Abuse (SA)

#### Domains:

Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

## Types:

Behavioral Services; Family; Intensive Inpatient; Intensive Outpatient; Medical Services/Treatment; Mental Health Services/Treatment; Recovery Management Services; Substance Abuse Services/Treatment; Transportation

#### Program Status:

Active Program Category Level:0

**Compendium Program: Natchaug Hospital - Vernon** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

IOP

Relapse Prevention Mental Health Evaluation MAT

#### Facilities:

PCS - Hartford; PCS - Norwich/New London; PCS - Residential

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

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<sup>\*</sup>Improved Parent-Child Communication

## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Native American Harvest Festival** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Strawberry Festival** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

**Unknown** 

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Video and Discussion** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facilities:

BROOKLYN CI;CYBULSKI CI;MACDOUGALL CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

**Unknown** 

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Native American Worship** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown Domains: Unknown Types: Religious; Worship Services Program Status: Active Program Category Level:3 **Compendium Program: Native American Worship-Sweat Lodge** Gender Specific for:MALE; RT Program Code: 0 Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description: Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly. Facilities: CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;OSBORN CI Auspices: Religious Services Treatment Types: Unknown Domains: Unknown Types:

Worship Services

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Naugatuck Valley Community College** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In just the last few years, college costs have skyrocketed. Students are looking for affordable alternatives. They not only want affordability, they want the ability to earn degrees that are transferable to four-year colleges.

Naugatuck Valley Community College meets both of these criteria, and offers an enriching educational experience that extends through lifelong learning. We have campuses in both Waterbury and Danbury and serve 20 additional towns in between. We offer Associate in Arts Degree (A.A.) and Associate in Science Degree (A.S.) programs within these academic divisions:

Allied Health, Nursing and Physical Education

Arts & Humanities

Behavioral & Social Sciences

Business

STEM (Science, Technology, Engineering, Mathematics)

#### Facilities.

PCS - Hartford; PCS - New Haven; PCS - Waterbury

#### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Education (Ed);Life Skills (LS)

#### **Domains**

Education; Education, Employment, and Financial Situation; Family and Social Support

#### Types

Vocational & Educational Services

#### Program Status:

Active Program Category Level:0

**Compendium Program: New Directions - Socialization** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

New Direction - Socialization is an evidence-based program that will enhance the understanding of how to have healthy relationships, manage anger and learn how personal behaviors can impact those around.

Facilities:

MANSON YI

Auspices:

**Addiction Services** 

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Life Skills (LS); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: New Britain High School** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The mission of the Consolidated School District of New Britain is to provide a rigorous and relevant, high-quality, research-based, data-driven education that meets the intellectual, physical, moral, and social developmental needs of every child.

Facilities:

PCS - Hartford; PCS - Waterbury

Auspices:

Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed); Family Support (FS)

**Domains** 

Education; Education, Employment, and Financial Situation; Family; Family and Social Support; Self Efficacy

Types:

Family & Social Services

Program Status:

Active Program Category Level:0

**Compendium Program: New Directions - Socialization** 

Gender Specific for:BOTH; RT Program Code: NS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Addiction Services

Facilities:

MANSON YI; YORK CI

Auspices:

Addiction Services

Treatment Types:

Unknown

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Unknown

Types: Unknown

## Program Status:

Active Program Category Level:0

Compendium Program: New Directions, Inc. - Enfield

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

#### Our Services:

- -Outpatient Substance Abuse Treatment Groups
- -Intensive Outpatient Group Therapy
- -Partial Hospitalization Program
- -Anger Management Group Therapy
- -Individual Counseling
- -Marriage & Family Counseling
- -Parenting Education
- -Adolescent Substance Abuse Treatment
- -Latino Services

## Facilities:

PCS - Hartford

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Anger Management;Behavioral Services;Family & Social Services;Mental Health Services/Treatment;Substance Abuse Services/Treatment;Thinking for a Change

#### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: New England Tractor Trailer Training School (NETTTS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

At Connecticut training facilities, NETTTS offers the following truck driver programs:

COMMERCIAL DRIVERS LICENSE PROGRAM

COMMERCIAL DRIVERS LICENSE ¿ 160 PROGRAM

COMMERCIAL HEAVY STRAIGHT TRUCK

#### Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

#### Auspices:

Employment Services; Non-Contracted; Non-Residential

#### Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

#### Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

#### Types:

Education; Employment

#### Program Status:

Active Program Category Level:0

**Compendium Program: New Haven Adult Education Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

If you need to improve your English skills, obtain a high school diploma, or expand your horizons by taking an enrichment course, you have opened the right web page! There are three ways to earn a high school diploma at the New Haven Adult and Continuing Education Center: GED, Credit Diploma Program, or National External Diploma Program. We have many levels of ESOL classes to improve your proficiency in English. We offer a number of enrichment classes, each of which will enhance your lifelong learning. Each person entering New Haven Adult and Continuing Education has a unique experience; so before deciding on a program, please discuss your situation with our counselors who are on-site at the Ella Grasso Boulevard location Monday through Friday 8:30 AM to 3:00 PM and Monday through Wednesday evenings from 6:00 PM to 8:30 PM. They will help you make an informed decision about which program is best for you. The important thing is that you register to start a program!

The registration process is one that will take some time. This process is in place so that the counselors can help YOU decide on the best program for you to achieve your goals. Please be aware that you must be 17 or older to enter Adult Education in Connecticut. This law was passed by the legislature on July 1st, 2011.

#### Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Bridgeport;PCS - New Haven

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Education, Employment, and Financial Situation; Family and Social Support

Types.

Vocational & Educational Services

Program Status:

Active Program Category Level:0

**Compendium Program: New Haven Family Alliance** 

Gender Specific for:MALE; RT Program Code: F2

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

This Fatherhood initiative program will provide pre-release assessments for offenders from the New Haven area. The program will facilitate "Be A Better Man" support group while incarcerated and will provide follow up services once released. Services will include Healthy Couples Workshops, Mentoring, Fatherhood Education workshops and case management and support groups upon discharge.

Facilities:

OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Family Support (FS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Family and Social Support

Types:

Family;Re-Entry

Program Status:

Active Program Category Level:2

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: New Haven Police Department** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

We are dedicated to providing a safe environment by targeting quality of life issues in our neighborhoods, using revitalized community-based policing strategies.

We will carry out this mission with professionalism, fairness, and absolute integrity.

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

**Compendium Program: New Life Ministries** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

A mentoring program for offenders discharging to the New London area, conducted by a faith community. Mentors establish a relationship with offenders six months prior to release. They provide housing, clothing, transportation and a network of support to help the individual build a successful life in society.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Employment/Financial;Housing Safety;Parenting;Relationships;Self Efficacy

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: New Opportunities, Inc./ Family Development Center Waterbury

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

New Opportunities mission is to improve the quality of life for economically disadvantaged individuals by providing the necessary resources to increase their standard of living, foster self-improvement, and maximize self-empowerment.

New Opportunities Inc. is the community action agency that serves Waterbury, Meriden, Torrington and 27 surrounding Connecticut towns. We offer a variety of social service programs designed to eliminate poverty and assist people in need.

While the range of programs is broad, they fall into one or more of the following categories:

- -Energy Assistance and Weatherization
- -AIDS / HIV Prevention
- -Fatherhood Initiative
- -Education and Support Services
- -Child Welfare and Family Services
- -Early Childhood Education Programs
- -Elderly Services
- -Homeless Shelter and Transitional Housing
- -Ex-Offender Programs and Re-entry Services

#### Facilities:

PCS - Waterbury

#### Auspices

Contracted Program; Non-Residential; Support Services

## Treatment Types:

Family Support (FS); Substance Abuse (SA)

#### Domains:

Family and Social Support; Substance Abuse and Mental Health

#### Types.

Family & Social Services; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: New Perceptions - Danielson** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

We are a private, non-profit behavioral health agency dedicated to the well-being of individuals and families throughout Northeastern Connecticut.

We offer hope, support and a path to recovery from co-occurring substance use and mental health problems.

If you or a family member are struggling with alcohol, drug abuse and/or a mental health problem we can help. Our individualized treatment options provide the support you; Il need on the path to recovery.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Education; Family and Social Support; Substance Abuse and Mental Health

## Types:

Anger Management; Domestic Violence; Education; Family & Social Services; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment; Vocational Services

## Program Status:

Active Program Category Level:0

**Compendium Program: New Perceptions - Willimantic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Perception Programs One Stop services include Outpatient Substance Abuse, Intensive Outpatient Program and Mental Health Treatment, Anger Management Treatment, Domestic Violence Treatment, Family Counseling and Reunification, Couples Counseling, Mentoring and Employment Services. Services are provided in English and Spanish.

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Employment Services; Mental Health; Non-Residential; Support Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Education;Family and Social Support;Substance Abuse and Mental Health

## Types:

Anger Management;Behavioral Services;Domestic Violence;Education;Employment;Family & Social Services;Intensive Outpatient;Mental Health Services/Treatment;Substance Abuse Services/Treatment;Vocational & Educational Services

## Program Status:

Active Program Category Level:3

**Compendium Program: Non-credit Certificate Programs** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

#### Facilities:

BROOKLYN CI;MANSON YI;RADGOWSKI CI

## Auspices:

USD#1

## Treatment Types:

Education (Ed);Life Skills (LS)

#### Domains:

Education, Employment, and Financial Situation

#### Types:

Academic Education; Career Technical Education

## Program Status:

Active Program Category Level:1

**Compendium Program: Norb Spencer** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

SO CATSO Clinician

#### Facilities:

PCS - Hartford;PCS - New Haven;PCS - Residential;PCS - Waterbury

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Cognitive Behavioral Therapy (CBT); Medical (Med); Mental Health (MH); Substance Abuse (SA); Victim Impact (VI)

Domains:

Abuse/Trauma;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:

Behavioral Services; Sex Offender

Program Status:

Active Program Category Level:0

**Compendium Program: Northside Community Outpatient Services** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Primary Focus: Mix of mental health and substance abuse services

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Adolescents, Persons with co-occurring mental and substance abuse

disorders, Pregnant/postpartum women, women, men

Forms of Payment Accepted: Self payment, Medicaid, Medicare, private health insurance,

Military insurance

Payment Assistance: Sliding fee scale based on income and other factors

Facilities:

PCS - New Haven

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment: Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Northwest Center for Family** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Mental Health services in Torrington

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types.

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Norwalk Hospital Outpatient Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Intensive treatment for adults residing in the community, either independently or in a supported residence

Time-limited, active treatment program

Multidisciplinary team includes psychiatrists, nurses, social workers and specialized therapists Groups and individual services

Specialized tracks include:

Acute Mental Health: Intensive support for patients transitioning from inpatient hospitalization to community living

Dual Diagnosis: For individuals with both mental illness and substance dependence

Substance Abuse: Evening program offered Monday through Thursday

Facilities:

PCS - Bridgeport; PCS - Norwich/New London

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: OAP Refusal** 

Gender Specific for:BOTH; RT Program Code: PR

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Unknown

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Oceanside Recovery** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Official provider of Vivitrol

- •Medication Assisted Treatment: naltrexone, acamprosate, antabuse
- •Medication Management for mood disorders, anxiety disorders, ADHD, etc (all behavioral health illnesses)
- •Genomic testing through Millennium Health (commercial insurance only)
- Saliva/urine drug screens through Forensic Fluids laboratories
- Individual therapy (adults/adolescents)
- •Group therapy for substance abuse/mental health (adults, male/female, gender specific)
- Cognitive Behavioral Therapy
- Motivational Interviewing

#### Facilities:

PCS - New Haven; PCS - Norwich/New London; PCS - Residential

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Medical (Med);Mental Health (MH);Substance Abuse (SA)

#### Domains:

Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Medical Services/Treatment; Mental Health Services/Treatment; Recovery Management Services; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Office of Early Childhood Parenting Partnership** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False Description:

The Office of Early Childhood (OEC) offers a variety of parent education and health workshops to incarcerated inmates. They offer a 6-week parenting workshop and 12 weeks of wellness workshops. OEC offers support to Cybulski CI by utilizing the nurturing family network (NFN). Fathering Home staff will facilitate workshops/groups. The OEC also offers support to the reentry population with children under the age of six (6), to get connected with NFN home visiting program services/groups within their respective communities.

#### Facilities:

CYBULSKI CI

#### Auspices:

Mental Health

#### Treatment Types:

Education (Ed); Family Support (FS)

#### Domains:

Substance Abuse and Mental Health

## Types:

Mental Health

#### Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Office of Early Childhood Parenting Workshop 24/7 Dad

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

## Description:

The Office of Early Childhood (OEC) facilitates a 6-week parenting class for all men in a parenting role such as dads, step dads, grandfathers, and uncles. The workshops are aimed to provide support and training in a variety of subjects to include communication, heathy emotions, self discipline, and co-parenting.

Facilities:

CYBULSKI CI

Auspices:

Parenting Unit- Facility Staff; Volunteer Services

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types:

Family

Program Status:

Active Program Category Level:3

**Compendium Program: Opportunities Industrial Center of New London** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

OIC of New London County, Incorporated is a 501 c (3) organization that serves the community with providing career technical training opportunities, employability skills training, and job placement. As a non-profit organization, OIC empowers our students and consumers as they develop previously untapped talents, advance onto new career paths, and otherwise improve their lives.

Facilities:

PCS - Norwich/New London

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support

Types:

Employment; Vocational Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Program Status:

Active Program Category Level:0

**Compendium Program: Optimus Behavioral Health** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Outpatient Medical and Mental Health Treatment

Facilities:

PCS - Bridgeport;PCS - Residential

Auspices:

Health Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse and Mental Health

Types.

Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Outside Clearance** 

Gender Specific for:BOTH; RT Program Code: L4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types:

Unknown

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

**Compendium Program: Outside PCS general jurisdictions** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Dummy Program for all general jurisdiction codes

Facilities:

Outside PCS Generic Locations

Auspices:

Unknown

Treatment Types:

Unknown

Domains:

Unknown

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Over 40, Over 50 Wellness Program

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed for offenders over 40 and over 50 who want to participate in activities with people of the same age. Offenders can participate in weight training, handball, paddleball, basketball, Ping-Pong, and yoga without feeling pressure to compete with younger offenders. Upon admission to the program offenders are assigned a partner to start their exercise program slowly. From that point, they are able to increase stamina and activity levels. Information regarding specific fitness and health issues is also available to them.

Facilities:

MACDOUGALL CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types: Recreation

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Program Status:

Active Program Category Level:0

**Compendium Program: Overeater's Anonymous** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

Addiction Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Addiction; Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Pamela Neary - Licensed Marriage and Family Therapy** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Marriage and Couples Counseling Individual Therapy family Therapy

Facilities:

PCS - Hartford: PCS - Norwich/New London: PCS - Residential

Auspices:

Mental Health: Non-Contracted: Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:

Family; Mental Health; Parenting; Relationships; Substance Abuse and Mental Health

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Family & Social Services; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Parenting Class** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The parenting program explores parenting skills, touching on a variety of subjects. It utilizes guest speakers, videos, classroom activities and written assignments. It is designed to address positive parenting approaches and increase the offender's knowledge of parenting issues. One goal is to help them develop the skills that are needed to be effective and responsible parents.

Facilities:

**ENFIELD CI** 

Auspices:

All Facility Staff; Health Services; Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support

Types:

Family; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Parenting-How to Be a Responsible Mother

Gender Specific for:FEMALE; RT Program Code: 38

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation; Family and Social Support

Types:

Education; Employment; Family; Financial

Program Status:

Active Program Category Level:2

**Compendium Program: Passport** 

Gender Specific for:BOTH; RT Program Code: 18

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

\*\*\*\*

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;ROBINSON CI:WALKER RC

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Peer Mentor Program** 

Gender Specific for:MALE; RT Program Code: PM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;OSBORN CI;ROBINSON CI

Auspices:

Addiction Services

Treatment Types:

Substance Abuse (SA)

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Peer Associations; Substance Abuse and Mental Health

Types: Addiction

Program Status:

Active Program Category Level:3

**Compendium Program: PEP - People Empowering People** 

Gender Specific for:BOTH; RT Program Code: 93

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

Facilities:

CHESHIRE CI;GARNER CI;RADGOWSKI CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Antisocial Attitudes; Antisocial Friends; Family and Social Support; Parenting; Self Efficacy

**Types** 

Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Playwriting, Performance, and Applied Theater

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Traditional playwriting and performance instruction is given to inmates to present plays to an audience two times per year. Applied theater volunteers assist with games and exercises in seminars to produce role playing scenarios that address interactions with staff and other inmates.

Facilities: GARNER CI

Auspices:

All Facility Staff; Volunteer Services

Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Life Skills (LS)

Domains:

Peer Associations

Types:

Recreation; Youth SRG

Program Status:

Active Program Category Level:3

**Compendium Program: Poetry** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates participate in the reading and sharing of poetry.

Facilities:

MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Poetry Therapy** 

Gender Specific for:MALE; RT Program Code: GS

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Using poetry to share life stories and hopes.

Facilities:

**GARNER CI** 

Auspices:

Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Post Traumatic Stress Group** 

Gender Specific for:MALE; RT Program Code: PO

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group assists the inmate to deal with past life traumas that influence the quality of life of the inmate. It utilizes relaxation technique, group discussion and conflict resolution.

Facilities:

**GARNER CI** 

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Post-Partum Education** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The post partum group is available to all female offenders that have given birth while incarcerated. The group is facilitated by the Lawrence and Memorial Hospital High Risk Infant Social Worker. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition.

Facilities:

YORK CI

Auspices:

Contracted Program

Treatment Types:

Education (Ed)

Domains:

Education; Parenting; Self Efficacy

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Prayer Class - Islamic Faith** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a seminar that teaches inmates how to make prayers according to the Prophet Muhammad (peace be upon him).

Facilities:

BROOKLYN CI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;WALKER RC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Pre-natal Education** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a pre-natal educator fro Lawrence Memorial Hospital. The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and labor coach volunteers.

Facilities:

YORK CI

Auspices:

Health Services: Volunteer Services

Treatment Types: Family Support (FS)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Family; Parenting

Types:

Health Education

Program Status:

Active Program Category Level:3

**Compendium Program: Prime Wellness of Connecticut** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Medical Marijuana Dispensary

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Family and Social Support; Housing Safety; Relationships; Substance Abuse; Substance Abuse and Mental Health

Types:

**Unknown** 

Program Status:

Active Program Category Level:0

**Compendium Program: Principles of Christian Manhood** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Using examples of great men of God, principles of godliness are extrapolates by the leader to apply to personal faith walk. It meets weekly.

Facilities:

WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:0

**Compendium Program: Print Shop** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This shop operates a variety of printing equipment including two-color and four-color printing presses, desktop publishing computers and high-speed bindery equipment. Inmates assigned to this shop learn a skill that is easily transferred to the outside job market.

Facilities: OSBORN CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Institutional Employment; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Prison Fellowship Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This group uses material from the Prison Fellowship Weekly Lesson Plan Guide and the Bible. It meets weekly.

Facilities:

**BROOKLYN CI** 

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Prison S.M.A.R.T. (NHCC)

Gender Specific for: MALE; RT Program Code: PT

Open Close:True, Session Group:False, Session Numbers: 18, Evidence Based:False Description:

Stress Management and Rehabilitative Training which teaches skills for reducing stress, healing trauma, and providing knowledge of how to handle one's emotions. The program teaches advanced breathing practices that create dynamic cleansing effects on the body and the mind. The course is approximately 18 hours in duration and will be taught at one hour intervals by a volunteer, who is currently teaching stress management as part of the Smoking Cessation Project.

Facilities:

**NEW HAVEN CC** 

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Prison Yoga** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Beginner poses, breath work, and meditation. Breaking down the structure of poses, introducing meditation techniques and emphasizing mind-body connection. Alignment and deep stretches with a focus on breath work.

Facilities:

NEW HAVEN CC

Auspices:

Volunteer Services

Treatment Types:

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: Prisoner Outreach Program (POP)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The program consists of inmates being transported to community settings where they share their experiences with at-risk youth. This program is designed to reach out and change the direction of the lives of at-risk youths in communities and schools before they end up in prison. The Prisoner Outreach Program meets with at-risk youths and provides them with a unique opportunity to obtain a realistic view of prison life and the reality of serving time. The youths learn how drug and alcohol abuse and criminal behavior ruined the lives of men incarcerated in Connecticut. They also learn how to change their lives in a positive way to avoid being sentenced to prison.

Facilities:

**ENFIELD CI** 

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types:

Community Service; Community Work Group; Self Improvement

Program Status:

Active Program Category Level:0

**Compendium Program: Project Courage** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Project Courage provides specialized addiction tr¿¿eatment for adolescents and young adults that is client centered and addresses obstacles that have plagued the addiction treatment industry:

Facilities:

PCS - Bridgeport

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Substance Abuse

#### Types.

Mental Health Services/Treatment; Substance Abuse Services/Treatment

# Program Status:

Active Program Category Level:0

**Compendium Program: Project Longevity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

#### Description:

Project Longevity is a Community and Law Enforcement initiative to reduce serious violence in three of Connecticut; s major cities: New Haven, Bridgeport, and Hartford. Project Longevity is modeled after successful efforts implemented in communities across the country.

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Employment Services; Housing; Non-Contracted; Non-Residential; Residential

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Neighborhood Problems

#### Types:

Behavioral Services; Education; Employment; Residential Services

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Project Rap/Youth at Risk

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This is an educational community service provided by the community outreach staff and inmates addressing the results of poor decision-making. It reaches middle schools and high schools and addresses issues such as drugs, alcohol, HIV, peer pressure, gangs and violence, incarcerated life and life goals. Inmates are brought into the community middle schools and high school to speak about their experiences. Community youth are also brought into the facility for tours and inmate presentations. This is a diversion program for "at risk" youths in which these youths are shown the reality of prison incarceration. The youths tour the facility and see the negative consequences of poor choices.

Facilities:

RADGOWSKI CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

#### Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Peer Associations;Self Efficacy

#### Types:

Community Service; Community Work Group

Program Status:

Active Program Category Level:0

Compendium Program: Project Safe Neighborhood - Bridgeport

Gender Specific for:BOTH; RT Program Code: 0

# Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Project Safe Neighborhoods (¿PSN¿) is a comprehensive, strategic approach to reducing gun violence and promoting safe communities in this country. PSN combats gun violence by bringing together local, state, and federal law enforcement officials, prosecutors, and community leaders to implement a multi-faceted strategy to deter and punish gun violence. PSN has created unprecedented coordination among law enforcement officials, with an emphasis on prevention, tactical intelligence gathering, more aggressive prosecutions, and enhanced accountability through performance measures.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Non-Contracted; Non-Residential; Support Services

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

#### Domains:

Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Neighborhood Problems

Types:

Behavioral Services; Victim

Program Status:

Active Program Category Level:0

Compendium Program: Project Safe Neighborhood - Hartford

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Project Safe Neighborhoods (¿PSN¿) is a comprehensive, strategic approach to reducing gun violence and promoting safe communities in this country. PSN combats gun violence by bringing together local, state, and federal law enforcement officials, prosecutors, and community leaders to implement a multi-faceted strategy to deter and punish gun violence. PSN has created unprecedented coordination among law enforcement officials, with an emphasis on prevention, tactical intelligence gathering, more aggressive prosecutions, and enhanced accountability through performance measures.

#### Facilities:

PCS - Hartford

#### Auspices:

Behavioral Health; Non-Contracted; Non-Residential

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Project Safe Neighborhood - New Haven** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Project Safe Neighborhoods (¿PSN¿) is a comprehensive, strategic approach to reducing gun violence and promoting safe communities in this country. PSN combats gun violence by bringing together local, state, and federal law enforcement officials, prosecutors, and community leaders to implement a multi-faceted strategy to deter and punish gun violence. PSN has created unprecedented coordination among law enforcement officials, with an emphasis on prevention, tactical intelligence gathering, more aggressive prosecutions, and enhanced accountability through performance measures.

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

Compendium Program: Project Safe Neighborhood - Waterbury

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Project Safe Neighborhoods (¿PSN¿) is a comprehensive, strategic approach to reducing gun violence and promoting safe communities in this country. PSN combats gun violence by bringing together local, state, and federal law enforcement officials, prosecutors, and community leaders to implement a multi-faceted strategy to deter and punish gun violence. PSN has created unprecedented coordination among law enforcement officials, with an emphasis on prevention, tactical intelligence gathering, more aggressive prosecutions, and enhanced accountability through performance measures.

Facilities:

PCS - Waterbury

Auspices:

Behavioral Health; Non-Contracted; Non-Residential

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT)

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

Compendium Program: Project TLC - Bridgeport (Lafayette Boulevard)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

"Project TLC" is a statewide program designed to assist HIV-positive individuals ready for, or recently released from Connecticut's correctional system with linkages and referrals to community-based and core medical services, including the Connecticut AIDS Drug Assistance Program (CADAP). Project TLC offers transitional case management, medical transportation and referrals to individuals for 30-60 days following release.

Facilities:

PCS - Bridgeport

Auspices:

Behavioral Health; Housing; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Mental Health (MH)

Domains:

Antisocial Attitudes; Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Victim

Program Status:

Active Program Category Level:0

Compendium Program: Project TLC - Bridgeport (North Avenue)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

"Project TLC" is a statewide program designed to assist HIV-positive individuals ready for, or recently released from Connecticut¿s correctional system with linkages and referrals to community-based and core medical services, including the Connecticut AIDS Drug Assistance Program (CADAP). Project TLC offers transitional case management, medical transportation and referrals to individuals for 30-60 days following release.

Facilities:

PCS - Bridgeport

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Health Services; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med)

Domains:

Self Efficacy

Types:

Medical Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Protestant - Alpha Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

CHESHIRE CI:CYBULSKI CI:ENFIELD CI:OSBORN CI:ROBINSON CI:WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant - Christian Twelve Step** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Based on the Twelve Step program, this group meets weekly to examine personal issues and to "work the steps" from a Christian perspective. Inmates utilize a workbook to help them gain personal and biblical insights into overcoming chemical dependency.

Facilities:

ROBINSON CI; WALKER RC

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Alpha Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

Alpha 1 is a fourteen week DVD series that presents the basis of the Christian Faith. It provides the principles for Christian living and a foundation for the spiritual and emotional growth. Group discussion follows the DVD presentation.

Facilities:

MANSON YI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Bible Study** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Choir** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI:ROBINSON CI:YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Family and Social Support

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Church Leadership Course** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

Facilities:

CYBULSKI CI; WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Academic Education; Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Communion Service** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a sacramental service that offers the administration of the -Lord's Supper-.

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

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Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Devotional Service** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a gathering for inner reflection on prayers and bible reference that assist in calming the spirit of each participant.

Facilities:

HARTFORD CC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Discipleship Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

Facilities:

CYBULSKI CI;ENFIELD CI

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Discussion Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is an open-ended question/answer type of group which focuses on "problem solving" in the application of Christian principles in a prison setting.

Facilities:

ENFIELD CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:0

**Compendium Program: Protestant Discussion Group (Spanish)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is an open-ended question/answer type of group which focuses on "problem solving" in the application of Christian principles in a prison setting.

Facilities:

ROBINSON CI

Auspices:

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Protestant Praise (including Spanish)
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False  Description:  A service that is less structured and less formal than a worship service in its manner of extolling the christian deity.
Facilities: HARTFORD CC
Auspices: Religious Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Protestant Prayer
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
This group meets the 4th Saturday of each month with a group of approved volunteers. The group emphasizes the practical aspects of a life of prayer also the prayer of meditation using the scriptures.

Facilities: ENFIELD CI

Auspices:

Religious Services

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Protestant Prison Fellowship Seminar
Gender Specific for:BOTH; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
This is a weekend faith development seminar held twice yearly.
Facilities: BROOKLYN CI;CORRIGAN CI;MACDOUGALL CI;YORK CI
Auspices: Religious Services ;Volunteer Services
Treatment Types: Unknown
Domains: Unknown
Types: Religious
Program Status:
Active Program Category Level:3
Compendium Program: Protestant Retreat
Gender Specific for:MALE; RT Program Code: N/A
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False
Description:
Retreat: Withdrawal from daily activities for a period of time. The retreat is devoted to prayer, meditation, self-examination and decision making for participant's spiritual life.
Facilities: Unknown
Auspices: Religious Services

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Treatment Types:

Unknown

#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services : Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service (Spanish)** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service conducted in Spanish.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

**Unknown** 

Domains:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Service-Spanish** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly Protestant Worship service conducted in Spanish for Spanish speaking inmates.

Facilities:

**MANSON YI** 

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:1

**Compendium Program: Protestant Spanish Prayer** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program of prayer, scripture and songs that helps inmates to withdraw from weekly stress and empowers their desire to change and grow personally.

Facilities:

CHESHIRE CI; GARNER CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Support Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

Facilities: CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Protestant Video and Musical** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A topical supervised group discussion based upon chaplain selected videos or music intended to provide opportunities for inmates to gain insights into other's life experiences and world views. This group meets weekly and led by chaplains and volunteers. It is open to all Protestants.

Facilities:

HARTFORD CC;NEW HAVEN CC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Purpose Driven Life** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A Character Development Course that is a 40 week program. Inmates use the Purpose Driven Life Book to help them gain a sense of purpose and direction for daily living

Facilities:

CORRIGAN CI:RADGOWSKI CI:YORK CI

Auspices:

Religious Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Quinebaug Day Treatment Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Program offers dual diagnosis treatment, PHP programming, IOP programming, outpatient programing and Suboxone MAT. The doctor can also prescribe mental health medications. The program is part of the Natchaug Hospital network. They also provide transportation to their groups for those clients that need transportation.

Facilities:

PCS - Hartford; PCS - Norwich/New London; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Relationships;Substance Abuse;Substance Abuse and Mental Health

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Behavioral Services; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Quinnipiac University Courses** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education; Self Efficacy

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Quranic Studies** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;NORTHERN CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Ramadan, Eid-Ul-Fitr, Eid-Ul-Adha

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Rational Behavior Therapy** 

Gender Specific for:MALE; RT Program Code: GU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program helps offenders learn the symptoms of mood disorders and how to identify their own symptoms and negative self-talk. Offenders also learn what behavior helps to stabilize their moods to increase their own positive self-talk.

Facilities:

**GARNER CI** 

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Reach Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

IOP and outpatient treatment for mental health and substance abuse. Provides medication management, group therapy, case management and care planning. Funded by Bridgeport Hospital.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: Ready 4 Life** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Ready 4 life is a Protestant class that helps youthful offenders to "look inside" in order to develop healthy thinking from a Christian perspective. Through teaching and discussion of Biblical principles, it seeks to change negative attitudes and destructive behavioral patterns. Some topics include overcoming anger, forgiveness, honesty, strongholds, victim mentality and responsibility. Volunteers will lead the program.

Facilities:

**MANSON YI** 

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains: Unknown

Types:

Re-Entry; Religious

Program Status:

Active Program Category Level:3

Compendium Program: Recovery Network of Programs - Bond Street

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse

Types

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Recovery Network of Programs - Grant Street** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

**Detoxification Unit** 

Program Status:

Active Program Category Level:0

Compendium Program: Recovery Network of Programs - Huntington Road

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

Intensive Residential

**Program Status:** 

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Recovery Network of Programs - Park Avenue** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Recovery Management Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Recovery Network of Programs - Prospect Street

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Abuse/Trauma; Mental Health; Substance Abuse

Types:

Intensive Residential; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Recovery Network of Programs - Research Drive** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

To help our clients in the process of recovery, we provide a wide range of expertise, treatment resources, and a flexible approach to care to help each person choose a plan of recovery that will match his or her needs, strengths, and personal goals. We offer solutions to the many complications faced by persons who are beginning the process of recovery. If you are a person looking for help with recovery, we want to give you help today, hope for tomorrow, and a belief in a positive future.

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Recreation** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

Facilities: YORK CI

Auspices:

Health Services; Recreation Services

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Self Efficacy

Types:

Female; Mental Health; Recreation; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Recreation Worker Program** 

Gender Specific for:MALE; RT Program Code: 94

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Offenders are supervised by Recreation Supervisors& introduced to sports, fitness, health& wellness activities. Some are certified as referees, assistant coaches, and umpires. Assists offenders in developing a healthy life style.

Facilities:

**CENTRAL OFFICE** 

Auspices:

Recreation Services; Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Re-Entry and Discharge Planning** 

Gender Specific for:BOTH; RT Program Code: M1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial; Housing Safety; Substance Abuse

Types: Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Re-Entry Services: Transition Library Program

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Transition Library (under USD#1's auspices) offers a comprehensive selection of self-help publications and forms geared at fostering greater autonomy over pre-release strategies. Offenders contact the library, via transition checklist, to obtain materials tailored for an inmates individual need upon release. Inmate Transition Tutors (TT's), assigned to each housing unit, assist inmates in selecting appropriate resources, deciphering publication language and completing necessary documents from the Transition Library. Under facility staff auspices each TT makes himself available to answer questions and offer assistance to those who request it within the dormitory setting. TT's complete a monthly log sheet of individual contacts made and services requested assessing program features, immediate needs and user comments. USD#1 and facility staff each review the sheets respectively to monitor the program's outcomes and determine need areas.

Facilities: BROOKLYN CI

Auspices:

All Facility Staff

Treatment Types:

Education (Ed);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types: Re-Entry

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Reflections** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

Facilities: MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types: Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Reintegration Assistance Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

RAP provides services for young adults ages 15 through 21 years of age.

In-home individual and family counseling, clinical case management services, school, work site and community visits.

Services based upon classification of the Offender.

Offenders are also monitored for substance abuse and relapse vis-à-vis field urine screens and Breathalyzer testing conducted in-home, at the request and discretion of the referring agency. 24-hour on-call services are also available to those Offenders who may be experiencing clinical or mental health issues.

#### Individual Services

will have a comprehensive, holistic, individualized service plan developed and implemented. This plan will include the following core domains:

- mental / behavioral health;
- ii. social-emotional:
- iii. health:
- iv. recreational, cultural and spiritual;
- v. permanency and life long family ties, including visitation/contact with parents and siblings;
- vi. educational / vocational/career:
- vii. life skills / daily living.

### Facilities:

PCS - Bridgeport

#### Auspices:

Behavioral Health; Employment Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains.

Education; Employment/Financial; Family and Social Support; Mental Health; Substance Abuse and Mental Health

# Types:

Unknown

# Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Reintegration Unit** 

Gender Specific for:MALE; RT Program Code: RU

Open Close:True, Session Group:False, Session Numbers: 999, Evidence Based:False Description:

The Reintegratin Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

Facilities:

CYBULSKI CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains.

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations

Types: Family

Program Status:

Active Program Category Level:0

Compendium Program: Reintegration Unit at York CI

Gender Specific for:FEMALE; RT Program Code: RY

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Residential program to assist female offenders with reintegration

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

**Unknown** 

Domains:

Unknown

Types:

Unknown

Program Status:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:0

Compendium Program: Reinvent Your Life: Strategies for Career & Life Planning

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 5, Evidence Based:False Description:

This group helps offenders develop strategies for reinventing their lives and making positive changes that impact employment options and their futures. This group teaches how to assess one's skills, find resources, and fill gaps to position oneself for future employment success and/or entrepreneurial putsuits.

Facilities:

HARTFORD CC

Auspices:

Volunteer Services

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Relapse Prevention/Discharge Group** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to prepare the offender to return to the general prison population, prevent relapses, and to help the offender monitor their mental state while on discharge status.

Facilities: GARNER CI

Auspices:

Health Services

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Medical; Mental Health; Re-Entry

Program Status:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

**Compendium Program: Reliance Health Inc** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient mental health treatment and medication management.

Facilities:

PCS - Norwich/New London; PCS - Residential

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Religious Library** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A church guided individual session using written religious material such as periodicals, daily reflections and books.

Facilities:

BROOKLYN CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

**Unknown** 

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Remedial Reading and Writing Workshop** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Taught by a volunteer, inmates enrolled in the school program receiving formal instruction towards attainment of a GED receive targeted instruction in the areas in which they are academically deficient.

Facilities:

CHESHIRE CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education

Types:

Education

Program Status:

Active Program Category Level:3

**Compendium Program: Renato Network - Waterbury** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The Renato Network provides nonresidential employment services to offenders returning to the Greater

Waterbury area. Services are centered around job development (formation of relationships with local

area employers), job readiness (preparing the offender for reentry into the workplace) and job retention

(helping offenders work through common issues that arise in the workplace).

Facilities:

PCS - Waterbury

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Life Skills (LS)

Domains:

Employment/Financial; Family and Social Support

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Employment; Financial; Vocational Services

Program Status:

Active Program Category Level:0

Compendium Program: Resettlement Program - Hartford

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to assist offenders in preparing for and accomplishing a successful return to the community. Operating statewide, the Resettlement Program has developed liaisons with service providers in the community and is able to provide on-going assistance in locating and accessing resources responsive to the needs, including food, shelter, clothing, education, medical services, as well as emotional support and encouragement. Staff begin working with clients while they are incarcerated so that support systems are in place upon release. Clients request admission to the program through their institutional counselor.

Facilities:

PCS - Hartford

Auspices:

Contracted Program; Employment Services; Housing; Residential; Support Services

Treatment Types:

Life Skills (LS)

Domains:

Education; Family and Social Support; Housing Safety

Types:

Residential Services; Supported Recovery Housing; Vocational & Educational Services

Program Status:

Active Program Category Level:0

**Compendium Program: Resource Center** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This center provides inmates with the resources for their reintegration into the community.

Facilities:

Unknown

Auspices:

All Facility Staff

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Criminal Attitudes and Behavioral Patterns

Types:

Re-Entry; Self Improvement

Program Status:

Active Program Category Level:0

**Compendium Program: Rikers Debate Team** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Rikers Debate Project (RDP) teaches competitive debate skills- including communication, conflict resolution, and public citizenship- to students held in Rikers Island jail and York Correctional Facility. RDP's modular curriculum helps our students advocate for their political interests, resolve conflicts peacefully and productively, and empathize with a variety of perspectives. Debate classes pair lessons about argumentation and logical reasoning with

discussions of contemporary civic and political issues. Lesson goals are delineated for novice, intermediate, and advanced students, and we work hard to keep the RDP volunteer- student

Facilities: YORK CI

ratio small.

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Neighborhood Problems; Peer Associations

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: River Valley Services/ Leak Hall

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

River Valley Services (RVS), a community mental health center serving Middlesex County and the towns of Lyme and Old Lyme, is operated by the State of Connecticut Department of Mental Health and Addiction Services (DMHAS). RVS¿s goal is to provide the highest quality crisis intervention, case management, and residential and clinical services to adult citizens, 18 years of age and older, who suffer from serious mental disorders and who lack the financial means to secure such services in the private sector.

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - Norwich/New London

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types.

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Rivercrest Day Hospital** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ECHN offers a variety of services at our medical offices in Vernon, including laboratory services and a number of doctor medical offices.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Rivereast Day Hospital** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Intensive Outpatient Program

Facilities:

PCS - Hartford

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Robin Woodward, MA, LADC

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

License Clinician specializing in Alcohol, Drug and Trauma counseling.

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH)

Domains:

Mental Health

Types:

Behavioral Services

Program Status:

Active Program Category Level:0

**Compendium Program: Rushford Behavioral Health Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Addiction Services Mental Health Medication Management

Facilities:

PCS - Hartford; PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Medical Services/Treatment; Mental Health Services/Treatment; Recovery Management Services; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

Compendium Program: Rushford/ Glastonbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Intensive outpatient substance use and addiction treatment programs for adolescents and adults.

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Family Support (FS)

#### Domains:

Family; Family and Social Support

#### Types.

Family & Social Services

#### Program Status:

Active Program Category Level:0

Compendium Program: Rushford/ Meriden

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

# Description:

Comprehensive behavioral health treatment, substance use and addiction treatment and prevention programs for all ages. Community support services for adults. Latino outreach and services in both Spanish and English.

#### Facilities:

PCS - New Haven;PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Residential

#### Treatment Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Detoxification Unit;Intensive Residential;Mental Health Services/Treatment;Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Sacramental Preparation (Spanish)** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a course of studies conducted in Spanish.

Facilities:

NEW HAVEN CC; YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Sacramental Preparation- Catholic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CORRIGAN CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:1

Compendium Program: Safe Haven - Domestic Violence Counseling

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Safe Haven provides 24-hour coverage, 365 days a year, through our hotline designated for domestic violence victims. Safety planning is conducted with each client before the phone call is ended.

Facilities:

PCS - Waterbury

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH)

Domains:

Abuse/Trauma; Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types.

Domestic Violence; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Safe Haven - Sexual Assault

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

#### Description:

Safe Haven provides 24-hour coverage, 365 days a year, through our hotline designated for domestic violence victims. Safety planning is conducted with each client before the phone call is ended.

Facilities:

PCS - Waterbury

Auspices:

Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Mental Health (MH)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Abuse/Trauma; Family and Social Support

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Safe Passage: Your Future Group** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group targets the growing population of women who have been incarcerated for than 5 years and will be discharging within the next 2 years. Group members will address their fears regarding release to the community; specifically becoming prepared for changes with family, life skills, social groups and modern technology. The participants are given the opportunity to utilize the group to process information from the schools re-entry group and job fair to foster their learning process.

Facilities: YORK CI

Auspices: Mental Health

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types: Re-Entry

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Saint Francis Hospital and Medical Center - Hartford

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

St. Francis Care includes:

-St. Francis HealthCare Partners(SFHCP)

a non-profit partnership between more than 700 physicians and St. Francis Hospital and Medical Center

-Collaborative Laboratory Services

a full-service clinical referral laboratory with draw stations in 11 Greater Hartford communities-

-Johnson Memorial Medical Center

JMMC is now a St. Francis Care Partner

-Masonicare Partners Home Health and Hospice, Inc

-St. Francis G.I. Endoscopy, LLC

-Greater Hartford Lithotripsy, LLC

-CT Occupational Medicine Partners, LLC

-The Burgdorf/Bank of America Health Center

providing a full range of medical and dental services to children and adults

-Alcohol and Drug Recovery Centers (ADRC)

providing inpatient detoxification, residential and outpatient treatment for substance abuse

-New Directions

a private, nonprofit, licensed, outpatient facility in Enfield, providing drug and alcohol treatment, intervention, prevention, community education and referral services

-The Greater Hartford Children's Advocacy Center

providing investigation and treatment for victims of childhood sexual abuse

-Curtis D. Robinson Men's Health Institute

providing prostate cancer screening and treatment to underserved men

#### Facilities:

PCS - Hartford

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma: Substance Abuse and Mental Health

#### Types.

Mental Health Services/Treatment; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Saint Mary's Hospital** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Saint Mary¿s Hospital is a Catholic, not-for-profit, community teaching hospital that has been serving patients in Waterbury, CT and our surrounding communities since 1909. From the moment you enter our doors you will notice what makes us different; the warmth and attentiveness of our physicians and nurses, the cleanliness of our facilities, and the way we make patients and their families feel that they are truly being cared for - like a member of our family.

#### Facilities:

PCS - Waterbury

#### Auspices:

Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Behavior Modification (BM); Mental Health (MH)

#### Domains:

Abuse/Trauma; Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

#### Types:

Behavioral Services; Intensive Outpatient; Mental Health Services/Treatment

#### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Salvation Army - New Haven** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Services Offered:

Camping Activities

**Character Building Programs** 

Christian Education

**Disaster Services** 

**Emergency Financial Assistance** 

Food & Nutrition

Men's Ministries

Music & Arts Programs

**Nutrition Programs** 

Residential Camping Activities

Seasonal Services

Senior Citizen Clubs

Visitation Services

Women's Ministries

Worship Services - Church

Worship Services - Sunday School

#### Facilities:

PCS - Hartford:PCS - New Haven

#### Auspices:

Housing; Non-Contracted; Residential; Support Services

## Treatment Types:

Family Support (FS);Life Skills (LS)

#### Domains:

Family; Family and Social Support; Housing Safety; Relationships

#### **Types**

Family & Social Services; Residential Services; Supported Recovery Housing

#### Program Status:

Active Program Category Level:0

Compendium Program: School Record / Transcript

Gender Specific for:BOTH; RT Program Code: I4

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

\*\*\*

#### Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Second Chance Education Alliance** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 15, Evidence Based:False

Description:

The Second Education Alliance is a non-profit organization that offers non-accredited college level courses to offenders with a high interest in obtaining education beyond high school. Current course offerings include Philosophy & Literature, Network Design, Civics, Poetry, Science & Engineering, Economics, and Latin History & Literature.

Facilities:

CYBULSKI CI:MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Second Chance Pell Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;YORK CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Education

Program Status:

Active Program Category Level:1

**Compendium Program: Seeking Safety** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 25, Evidence Based:True Description:

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

Facilities:

CHESHIRE CI; YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: Self-Esteem

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Mental Health; Self Efficacy

Types:

Female: Mental Health: Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Sentinel - EMP referral G4S

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

As part of our spectrum of services, we offer our customers an array of services to meet varied offender supervision and monitoring needs. Our services can be personalized to meet an agency's exact needs. Since 1993, we have tailored programs specifically to agency requirements, using the same base equipment that provides a progression in supervision level. We have provided the following services for more than 200,000 monitored cases and in excess of 300,000 misdemeanor probation cases.

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Contracted Program; GPS Monitoring; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns

Types:

Behavioral Services; GPS Monitoring

Program Status:

Active Program Category Level:0

**Compendium Program: Seven Challenges** 

Gender Specific for:BOTH; RT Program Code: SC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Seven Challenges program is designed for treatment with adolescents with substance abuse issues, to motivate a decision and a commitment to change-and to support success in implementing the desired changes. The program simultaneously helps young people address their drug problems as well as their co-occurring life skill deficits, situational problems, and psychological problems.

Facilities:

MANSON YI

Auspices:

**Addiction Services** 

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Mental Health; Peer Associations; Substance Abuse; Substance Abuse and Mental Health

Types:

**Addiction** 

Program Status:

Active Program Category Level:1

Compendium Program: Sex Offender Program: Track Two

Gender Specific for:BOTH; RT Program Code: S3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is decrease sexual violence. Track Two is designed as a VOLUNTARY program for inmates who have completed Track One, and is designed to provide further; more specialized treatment, tailored to fir the treatment needs of the offender.

Facilities:

BROOKLYN CI;OSBORN CI

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Sex Offender

Program Status:

Active Program Category Level:0

**Compendium Program: Sex Treatment Denier's Program** 

Gender Specific for:MALE; RT Program Code: S2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

OSBORN CI

Auspices:

Unknown

Treatment Types:

Mental Health (MH); Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Sex Treatment Program** 

Gender Specific for:BOTH; RT Program Code: 36

Open Close:True, Session Group:False, Session Numbers: 36, Evidence Based:False

Description:

The Sex Treatment Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

BROOKLYN CI;OSBORN CI

Auspices:

Health Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Victim Impact (VI)

Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse and Mental Health

Types:

Anger Management; Self Improvement; Sex Offender

Program Status:

Active Program Category Level:1

Compendium Program: Sex Treatment Program - York CI

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psycho-educational group. It is an integral part of the state wide Sex Treatment Program.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Behavior Modification (BM); Mental Health (MH); Victim Impact (VI)

Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse and Mental Health

Types:

Self Improvement; Sex Offender

Program Status:

Active Program Category Level:1

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Sex Treatment Referral** 

Gender Specific for:BOTH; RT Program Code: S1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

#### Facilities:

BROOKLYN CI;CHESHIRE CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Mental Health

Treatment Types: Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Shift Program** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

A component of the WORTH (18-25)Program. 8 Week Volunteer Led Workshop (Jenn Kuehn) Each Class = 1 hour. Activities include: Warm up, Work out, Stretch & Meditation, Journaling the Weekly Focus, Goal Setting, Vision Boarding, motivation (a weekly focus topic) ie. Finding your why, Later is never, Potential, Creating your own opportunities, etc.

Facilities:

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Family and Social Support

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Shoreline Wellness Center and Affiliates** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Shoreline Wellness Center (SWC) is a multi-specialty, group, behavioral health practice located in West Haven, CT. SWC offers individual, group, marriage/couples and family counseling and medication management services for children, adolescents, adults and the elderly.

Facilities:

PCS - New Haven; PCS - Norwich/New London; PCS - Residential

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Behavioral Services; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Short-Term Sexual Offender Treatment Group** 

Gender Specific for:MALE; RT Program Code: ST

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True Description:

Utilizing the risk, need, responsivity model inmates are accessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

Facilities:

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;MANSON YI;OSBORN CI;YORK CI

Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types:

Sex Offender

Program Status:

Active Program Category Level:1

**Compendium Program: Sisters Standing Strong** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the female offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Housing Safety; Mental Health; Relationships

Types:

Mental Health

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Skills of socialization** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False Description:

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

Facilities:

MANSON YI; OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: SMARTS: Stress Management & Relaxation Techniques

Gender Specific for: MALE; RT Program Code: WA

Open Close:True, Session Group:False, Session Numbers: 3, Evidence Based:False Description:

A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

Facilities:

CYBULSKI CI;ROBINSON CI;WILLARD CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: SMU Programs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Manage your life through outpatient, residential and other community-based behavioral health and substance use services customized to meet your needs.

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Behavioral Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:

Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Housing Safety;Parenting;Substance Abuse;Substance Abuse and Mental Health

Types:

Sex Offender

Program Status:

Active Program Category Level:0

**Compendium Program: Social and Coping Skills** 

Gender Specific for:MALE; RT Program Code: SS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Psycho-educational groups which focus on helping offenders learn to identify and master necessary skills to improve their overall functioning in their daily lives.

Facilities:

**GARNER CI** 

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: Social Rehabilitation Program** 

Gender Specific for:FEMALE; RT Program Code: D2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Social Rehabilitation Program (SRP) is a residential program housed in 2-North. There is a weekly schedule of groups and each participant is expected to attend five of these. In addition, the women are encouraged to be active in other forms of programming, including religious services. Recovery is emphasized, whether that is recovery from addiction, mental illness or trauma. In particular treatment is emphasized, as the vast majority of the participants are trauma survivors. Includes programs:

- \*How To Be Happy
- \*Women's Empowerment/Supportive Therapy
- \*Healthy Relationships
- \*Skills Training
- \*Tier Meeting
- \*Start Now Programming

Facilities:

YORK CI

Auspices:

Mental Health; The Social Rehabilitation Program

#### Treatment Types:

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA); Victim Impact (VI)

#### Domains:

Abuse/Trauma; Mental Health; Substance Abuse

Types:

Mental Health

Program Status:

Active Program Category Level:2

**Compendium Program: Social Security Card** 

Gender Specific for:BOTH; RT Program Code: I5

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Social Skills** 

Gender Specific for:MALE; RT Program Code: GQ

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed for offenders whom the acquisition of ordinary daily social skills would be valuable for their mental health treatment and rehabilitation. Topics include but are not limited to assertiveness, skills for living in prison, conversation, and telephone protocols.

Facilities: GARNER CI

Auspices: Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Mental Health; Self Improvement; Social Rehabilitation

Program Status:

Active Program Category Level:3

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Sociology 101** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False Description:

Prerequisite - Completion of the Inside Out Program.

The purpose of this course, as indicated by the course title, is to introduce students to the discipline of sociology. The course is designed as an analysis of what sociology as the systematic study of all things social is, and how this relates to other disciplines and modes of knowledge. The course will offer a brief overview of the history of sociological thought, will examine the major theoretical perspectives within sociology, the methods of study employed and then will apply these to some of the following topics: sociological methods, culture, socialization, groups, organizations, social class and stratification, racism, sexism, deviance, collective movements, politics, education, religion, the family and social change.

Facilities: GARNER CI

Auspices:

Programs & Treatment Unit; Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Education

Program Status:

Active Program Category Level:3

Compendium Program: Soldier On

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Solider On is a nationally recognized nonprofit organization that provides services to those in the Veterans Unit at Willard Cybulski CI. They work in conjunction with the Department of Veterans Affairs and other agencies to provide Veterans with shelter, and community support services. This includes, but is not limited to long term housing, group and individual mental health services, life skills training, vocational skills, etc. Case Workers assist the incarcerated Veteran population in obtaining wrap around services upon discharge.

Facilities: CYBULSKI CI

Auspices:

Mental Health; Volunteer Services

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Education, Employment, and Financial Situation; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Sound Community Services, Inc./ Inpatient

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Sound Community Services, Inc. (SCSI) is a private, not-for-profit organization dedicated to educating and assisting individuals with behavioral health needs to achieve independence and integrate into the larger community. Its current multi-program approach offers employment, social rehabilitation, community support, supportive housing, residential, clinical, and psychiatric services.

Sound Community Services provides intensive residential mental health and/or substance abuse treatment for adults needing 24-hour supervision and support. The primary goal of Residential Services is to provide the optimal level of support and supervision to assist clients in reaching their goals pertaining to living, learning, and working in the community as independently as possible.

Facilities:

PCS - Norwich/New London

Auspices:

Employment Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM):Family Support (FS):Medical (Med):Mental Health (MH):Substance Abuse (SA)

Domains:

Education, Employment, and Financial Situation; Family and Social Support; Mental Health; Relationships; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Sound Community Services, Inc./ Outpatient

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

#### Description:

Sound Community Services, Inc. (SCSI) is a private, not-for-profit organization dedicated to educating and assisting individuals with behavioral health needs to achieve independence and integrate into the larger community. Its current multi-program approach offers employment, social rehabilitation, community support, supportive housing, residential, clinical, and psychiatric services.

#### SERVICES:

- -Case Management
- -Employment and Social Rehabilitation
- -Medication and Outpatient Services

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Community Addiction Services; Employment Services; Housing; Non-Contracted; Non-Residential

#### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains:

Education, Employment, and Financial Situation; Housing Safety; Substance Abuse; Substance Abuse and Mental Health

## Types:

Medical Services/Treatment:Residential Services;Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

Compendium Program: Southeastern Council on Alcoholism and Drug Dependence, Inc. (SCADD) - New London

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

A medically monitored detox and evaluation program delivered by medical and nursing professionals. The program provides medically supervised evaluation and withdrawal management in a permanent facility with inpatient beds. Services are delivered under a defined set of physician monitored protocols. Twenty four hour nursing observation, medical monitoring and treatment are on site. Counseling and case management services are available seven days per week in house.

#### Facilities:

PCS - Bridgeport; PCS - Norwich/New London

## Auspices:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Community Addiction Services; Housing; Non-Contracted; Residential

Treatment Types:

Family Support (FS); Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Detoxification Unit; Residential Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Southeastern Council on Alcoholism and Drug Dependence, Inc. (SCADD) - Norwich

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program meets 3 days a week and offers a higher level of treatment than a regular Outpatient program. The treatment focus is on relapse prevention, psycho-educational groups, trigger identification, and integration of the recovery philosophy into one is lifestyle. Leisure management, spirituality, and alternative coping skills are included in this program. Daytime and evening programs available.

Facilities:

PCS - Norwich/New London

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Southeastern Mental Health Authority (SMHA)/ Outpatient

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Southeastern Mental Health Authority (SMHA) is both a provider of behavioral health services and responsible for administering all Department of Mental Health and Addiction Services (DMHAS) contract funded behavioral health services in Southeastern Connecticut. Programs and services are recovery focused and help people who experience psychiatric disabilities manage their symptoms and achieve their own vision of healthy and productive lives as citizens of their communities.

#### SERVICES:

- -OUTPATIENT SERVICES
- -COMMUNITY CLINICAL AND SUPPORT SERVICES
- -YOUNG ADULT SERVICES
- -SUPPORTED EMPLOYMENT SERVICES

#### Facilities:

PCS - Norwich/New London; PCS - Residential

#### Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

#### Domains:

Mental Health; Substance Abuse and Mental Health

#### **Types**

Behavioral Services; Mental Health Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Southington Behavioral Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

We are a behavioral mental health practice that takes care of the needs of all ages. Our practice offers psychiatric evaluations, medication management, and one on one therapy sessions.

#### Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

## Auspices:

Health Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Medical (Med); Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Southwest Community Health Center - 1046 Fairfield Avenue

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Southwest Community Health Center, Inc. is a non-profit organization that accepts most health insurances including Medicaid, HUSKY, SAGA, Medicare and most private insurances.

#### SERVICES:

- Mental Health, Substance Abuse Counseling

Facilities:

PCS - Bridgeport

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Special Education and Pupil Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types.

Academic Education

Program Status:

Active Program Category Level:1

**Compendium Program: Special Needs** 

Gender Specific for:MALE; RT Program Code: BH

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

Facilities:

NORTHERN CI

Auspices: Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:1

**Compendium Program: Spiritual Direction** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

#### Description:

This program involves mentoring the female offenders in an effort to ease the transition from prison to the community. The mentor is a volunteer who comes into the facility to meet with individual offenders once a week for one hour sessions.

Facilities: YORK CI

Auspices:

Contracted Program; Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Spirituality & Recovery** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This 13 session program uses spiritual principles, meditation and journaling to gain strength in recovery from addiction. The program utilizes power point presentations, reflection and independent assignments to help offenders understand themselves better and gain insight into their addiction and their progress in recovery

Facilities:

OSBORN CI:YORK CI

Auspices:

Religious Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Addiction; Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Sponsorship Behind the Walls** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facilities:

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;YORK CI

Auspices:

Addiction Services: Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types:
Addiction

Program Status:

Active Program Category Level:3

Compendium Program: SRG Affiliation - York CI

Gender Specific for:FEMALE; RT Program Code: C9

Open Close:True, Session Group:False, Session Numbers: 32, Evidence Based:False

Description:

Facilities:

YORK CI

Auspices:

Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility; Antisocial Attitudes; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Self Efficacy; Substance Abuse and Mental Health

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 1

Gender Specific for:BOTH; RT Program Code: S4

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False Description:

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

Facilities:

BRIDGEPORT CC; CORRIGAN CI; MANSON YI; YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

Types:

Female SRG; SRG; Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 2

Gender Specific for:BOTH; RT Program Code: S5

Open Close: False, Session Group: True, Session Numbers: 16, Evidence Based: False *Description:* 

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

Facilities.

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

Types:

Female SRG;SRG; Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 3

Gender Specific for:BOTH; RT Program Code: S6

Open Close: False, Session Group: True, Session Numbers: 16, Evidence Based: False

#### Description:

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC; CORRIGAN CI; MANSON YI; WALKER RC; YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

Types:

Female SRG;SRG; Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 4

Gender Specific for:BOTH; RT Program Code: S7

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

#### Description:

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Substance Abuse and Mental Health

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types:

Female SRG;SRG; Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 5

Gender Specific for:BOTH; RT Program Code: S8

Open Close:False, Session Group:True, Session Numbers: 6, Evidence Based:False

Description:

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Peer Associations

Types.

Female SRG;SRG; Youth SRG

Program Status:

Active Program Category Level:1

**Compendium Program: St. Dismas Prayer Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A monthly Catholic Program which includes music, prayer, and discussion to help men become stronger in their faith. On a rotating basis, one of the volunteers is chosen as the program leader and a religious topic is chosen each week for discussion. The program begins with an opening prayer and hymn and the weekly topic is discussed. An appropriate Bible reading is read based on the chosen topic, and the men discuss how the topic affects their life and can help them grow in their faith. A closing worship song and prayer ends the program. The St. Dismas group meets for one hour every fourth Tuesday of the month after the Catholic Mass.

Facilities:

MACDOUGALL CI

Auspices:

Religious Services

Treatment Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Stafford Family Services** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Stafford Family Services is a public rehab located in Stafford Springs, Connecticut. Stafford Family Services specializes in the treatment of alcoholism, opioid addiction, mental health and substance abuse, dual diagnosis

Facilities:

PCS - Hartford; PCS - Norwich/New London

Auspices:

Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Substance Abuse (SA);Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Mental Health; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types:

Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: STARR Program** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Project STARR (Striving To Attain Recidivism Reduction) is a community reentry program for male former offenders recently released from prison. The program focuses on employability, combined with intensive supportive and therapeutic services. STARR is funded by the Hartford Foundation for Public Giving. (Established 2010)

Facilities:

PCS - Hartford

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Auspices:

Non-Contracted; Non-Residential; Support Services

## Treatment Types:

Life Skills (LS)

#### Domains:

Education

# Types:

Education

# Program Status:

Active Program Category Level:0

**Compendium Program: Start Now: Unit 1** 

Gender Specific for:BOTH; RT Program Code: N1

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False

### Description:

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills, understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

#### Auspices:

Mental Health

#### Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

#### Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

#### Types:

Medical; Mental Health

## Program Status:

Active Program Category Level:2

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Start Now: Unit 2** 

Gender Specific for:BOTH; RT Program Code: N2

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

## Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

#### Auspices:

Mental Health

## Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

#### Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

#### Types:

Medical; Mental Health

#### Program Status:

Active Program Category Level:2

Compendium Program: Start Now: Unit 3

Gender Specific for:BOTH; RT Program Code: N3

# Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

## Auspices:

Mental Health

#### Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

#### Domains:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:

Medical; Mental Health

Program Status:

Active Program Category Level:2

Compendium Program: Start Now: Unit 4

Gender Specific for:BOTH; RT Program Code: N4

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False Description:

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

#### Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains<sup>\*</sup>

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types.

Medical; Mental Health

Program Status:

Active Program Category Level:2

**Compendium Program: State ID Card** 

Gender Specific for:BOTH; RT Program Code: I6

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

\*\*\*\*

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: State of Connecticut Veterans Home and Hospital** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program provides a residential and outpatient substance abuse program. The agency also has a housing program.

Facilities:

PCS - Waterbury

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse; Substance Abuse and Mental Health

Types.

Intensive Residential; Residential Services; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Stations of the Cross** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Prayers and meditations on the Passion, death and resurrection of Jesus Christ. This program leads the participants to a deeper understanding and appreciation for the gift of salvation through Christ's selfless act of redemption.

Facilities:

OSBORN CI

Auspices:

Religious Services

Treatment Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Domains:

Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Staywell Health Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

StayWell Health Care, Inc. is committed to providing high quality, community health care and social services, including preventive medical, dental, and mental health services to the underserved population of the Greater Waterbury community. StayWell Health Care, Inc. has adopted a comprehensive, community based approach to serving people by providing education, advocacy, and bilingual/bicultural services. All patients are accepted regardless of their ability to pay or insurance status.

Facilities:

PCS - Waterbury

Auspices:

Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH)

Domains:

Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types.

Family & Social Services; Intensive Outpatient; Medical Services/Treatment; Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Steps to Christian Maturity** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A scripture study based upon Protestant Christian principles intended to provide opportunities for inmates to gain insights and learn necessary tools to develop a deeper relationship with God.

Facilities:

**ROBINSON CI** 

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Stone Academy of Business/ Waterbury Campus** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Unlike traditional colleges, Stone Academy's programs will train you for your next career in less than two years with some programs preparing graduates in less than six months. Our faculty and staff are entirely dedicated to creating an educational environment that allows students to grow personally and professionally.

Academic Programs:

- -Medical Assistant
- -Licensed Practical Nurse
- -Patient Care Associate CNA
- -Medical Office Professional
- -Individualized Programs

### Facilities:

PCS - New Haven; PCS - Waterbury

#### Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed)

#### Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:0

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Stonington Institute/ Main Campus** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inpatient Rehab Programs General Intake

Stonington Institute¿s treatment program draws from medical, psychological and traditional self-help approaches in addiction treatment. The Institute also recognizes the overwhelming importance of the client¿s motivation to achieve and maintain sobriety. Through education, professional intervention and effective social rehabilitation, it is our belief that everyone can achieve recovery.

Stonington's Detox Program is aimed at engagement, orientation and stabilization. The clinical program is led by a Clinical Director, a licensed clinical staff and a dedicated Discharge Care Coordinator who will assure that every client completes a safe detox protocol and is introduced to 12-step model of recovery. Emphasis is on understanding the disease of addiction and solidifying a long-term recovery plan.

#### Facilities:

PCS - New Haven: PCS - Norwich/New London: PCS - Residential

#### Auspices:

Community Addiction Services;GPS Monitoring;Health Services;Housing;Mental Health;Non-Contracted;Non-Residential;Support Services

### Treatment Types:

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

#### Domains:

Antisocial Attitudes; Education; Employment/Financial; Family and Social Support; Relationships; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Detoxification Unit;Intensive Residential;Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Storybook Project** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Storybook Project is a program available for inmates with children 10 years of age or younger. Volunteers assist the women in selecting a new, age-appropriate book to read and record on an audio cassette. The books and audio cassettes are sent to the children. An inmate may participate one time only and DCF approval is required, as necessary.

#### Facilities:

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#### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

YORK CI

Auspices:

All Facility Staff; Volunteer Services

Treatment Types:

Family Support (FS)

Domains:

**Parenting** 

Types:

Family

Program Status:

Active Program Category Level:3

**Compendium Program: Street Law** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

### Description:

This is a weekly volunteer program for inmates who are closest to being released and who have the mental capacity to participate in a discussion on a variety of topics. The focus is on the importance of education, community safety, avoiding and managing conflict, and participation in community based mediation processes upon release, when you believe that an individual is a threat to personal safety. Consists of 8 sessions and target population is youth specific. Facilitated by the UCONN School of Law.

Facilities:

Unknown

Auspices:

Volunteer Services

#### Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations

#### Types

Community Work Group; Re-Entry; Self Improvement; Social Rehabilitation; Youth

#### Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Street Safe Bridgeport @ RYASAP

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

services for young offenders up to the age of 24 who are residents of Bridgeport. Services include transportation, employment, education, justice system, food, shelter, clothing, psychological development, community emergency response, community engagement, prosocial activities, family support, and public relations collaborations.

#### Facilities:

PCS - Bridgeport

#### Auspices:

Employment Services; Housing; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Victim Impact (VI)

#### Domains:

Family; Family and Social Support; Housing Safety; Peer Associations; Relationships; Self Efficacy

## Types:

Unknown

### Program Status:

Active Program Category Level:0

**Compendium Program: Stress Management** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is an 8 week group that will meet once a week for an hour. The purpose of the group is to teach the group members what causes stress and the effect stress has on the body, mind, emotions and spirit. They will learn the importance of time management, exercise, sleep, diet and relaxation in reducing stress. They will learn positive & healthy ways to decrease stressful behaviors.

#### Facilities:

MANSON YI

#### Auspices:

Health Services

#### Treatment Types:

Mental Health (MH)

#### Domains:

Substance Abuse and Mental Health

### Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health

Program Status:

Active Program Category Level:3

**Compendium Program: Stress Management** 

Gender Specific for: MALE; RT Program Code: GR

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help offenders learn to manage their stress and anger issues both in an institutional setting and on the outside. Some techniques taught include relaxation techniques and facing fear of change.

Facilities:

**GARNER CI** 

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Anger Management; Health Education; Mental Health; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Stress Management-York** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 5, Evidence Based:False

Description:

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma; Anger/Hostility; Self Efficacy

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: STRIDE

Gender Specific for:BOTH; RT Program Code: WC

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

Facilities:

RADGOWSKI CI; YORK CI

Auspices:

Contracted Program

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Suboxone Maintenance** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Get Help... Today.

Opioid addiction is a serious matter. If the addiction is not identified and properly treated it can take over your life or even take your life.

Restrictions placed on medical professionals limit the number of patients they are able to treat, so finding eligible doctors and clinics can be difficult.

Facilities:

PCS - Hartford

Auspices:

Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Substance Abuse (SA)

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Substance Abuse; Substance Abuse and Mental Health

Types:

Recovery Management Services

Program Status:

Active Program Category Level:0

**Compendium Program: Supportive Therapy** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Antisocial

Friends; Education; Employment/Financial; Family; Housing Safety; Mental Health; Parenting; Relationships; Self Efficacy; Substance Abuse

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Abuse/Trauma; Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Taleem** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A study of text and themes from the Quran with life application.

Facilities:

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI:RADGOWSKI CI:ROBINSON CI:WALKER RC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

**Compendium Program: Talk it Out** 

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group which is part of the Safe Passage Program meets once a week with rolling admissions of 15 participants (limit 15). This groups purpose is to foster interpersonal peer support. Individuals come with an agenda and express their issues, concerns and ideas in the group and then receive support and feedback.

Facilities:

YORK CI

Auspices:

Health Services; Safe Passage

Treatment Types:

**Unknown** 

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Antisocial Attitudes; Mental Health; Self Efficacy

Types:

Dual Diagnosis; Health Education; Mental Health; Self Improvement; Social Rehabilitation

Program Status:

Active Program Category Level:3

**Compendium Program: Target Group** 

Gender Specific for:BOTH; RT Program Code: W1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:

GARNER CI:YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Abuse/Trauma; Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:2

**Compendium Program: Tarweeh** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a nightly prayer that is conducted during the month of Ramadan.

Facilities:

CHESHIRE CI;MACDOUGALL CI;WALKER RC

Auspices:

Religious Services

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

**Unknown** 

Domains: Unknown

Types: Religious

Program Status:

Active Program Category Level:3

Compendium Program: Technical Violators Program (ASU-TOP)

Gender Specific for:BOTH; RT Program Code: D4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

#### Facilities:

OSBORN CI;ROBINSON CI;YORK CI

#### Auspices:

Addiction Services; Charlene Perkins Center - Facility Staff

#### Treatment Types:

Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Substance Abuse; Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Textile Shop** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

Facilities:

OSBORN CI; YORK CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Institutional Employment; Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: The Anger Workbook** 

Gender Specific for: MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False Description:

Identifies learned patterns of thinking, relating, and behaving that influence anger.

Facilities:

HARTFORD CC

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Anger Management

Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: The Bridge-Supportive Therapy** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types: Mental Health (MH)

Domains: Self Efficacy

Types:

Mental Health; Self Improvement; Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: The Children's Community Program of CT

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Youth Community Development Programs of CCPC is focused on developing a future for youth ages 15-24 by providing them with the basic skills and knowledge of educational, career advancement, small business management so that they can be successful in their career of choice. There are two program components: Career Development and Educational Assistance Students will attend career development workshops and will take advantage of paid work opportunities while graduation from high school and college. Job and education coaches will train youth for 4 to 6 weeks before placing them into a paid apprenticeship with local employers and businesses. New Haven youth are in need of after school programs that allow them to be productive in the workforce. Our business sponsors offer work apprenticeships services for participants achieving certain education and life skills benchmarks. Independent Living Preparation is part of the classroom instruction individuals will receive. It covers housing, transportation, banking, credit, budgeting, and spending /consumer skills. Ansell Casey Life Skills Training is designed to help assist transition and successful life skills participants into independent living. This program also emphasizes the importance of the well-being of at-risk youth and assists with various endeavors to assure youth and families opportunity to fair and adequate housing.

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - New Haven

Auspices:

Employment Services; Housing; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Education, Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Housing Safety

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: The Connection - REACH - (Hartford)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare

offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Hartford

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support; Housing Safety

Types:

Residential Services

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: The Connection - REACH - Bridgeport (Capitol Avenue)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Bridgeport

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Life Skills (LS)

Domains:

Housing Safety

Types

Supported Recovery Housing

Program Status:

Active Program Category Level:0

**Compendium Program: The Connection - REACH - Groton** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

Recovery Promotion: A Relapse Prevention Group (This group is to support clients who are in recovery to avoid relapse. The group focuses on teaching clients to identify triggers to relapse and develop new skills to avoid and cope with cravings to support a clean and sober life. The primary goal of this group is to help clients learn the skills to support a recovery lifestyle.)

Healthy Families: A Parenting Group (This group helps clients to improve parenting and social functioning, while supporting recovery and managing anger in healthier ways. The group focuses on teaching clients how to become better caregivers and proactive parents. This group is helpful to clients who identify a need to learn new parenting skills and use peer support through the challenges of being parents.)

Facilities:

PCS - Norwich/New London

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Family and Social Support; Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

### Types: Unknown

### Program Status:

Active Program Category Level:0

**Compendium Program: The Connection - REACH - Meriden** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Connection Counseling Center provides evidence; based substance abuse, mental health, and cooccurring disorders treatment for adults. Anger Management groups are available for offenders in need, and drug testing is conducted randomly. Treatment offers opportunities to learn and practice new problem; solving and coping skills. Successful offenders experience improved home environments; more satisfactory relationships with themselves, their families, and their peers; improved stability; improved physical and emotional well; being and functioning; avoid future criminal activities and involvement in the legal and family services systems; and decrease the likelihood of being exposed to the traumatic

events (homelessness, abuse, victimization, et cetera) common to their former lifestyles.

#### Facilities:

PCS - New Haven

### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Housing; Mental Health; Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Housing Safety; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Behavioral Services; Family & Social Services; Mental Health Services/Treatment; Residential Services; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: The Connection - REACH - New Britain** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Hartford

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Life Skills (LS)

Domains:

Housing Safety

Types.

Supported Recovery Housing

Program Status:

Active Program Category Level:0

Compendium Program: The Connection - REACH - New Haven - (Greenwood Avenue)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - New Haven

Auspices:

Contracted Program; Housing; Residential

Treatment Types: Life Skills (LS)

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Housing Safety

Types:

Supported Recovery Housing

Program Status:

Active Program Category Level:0

**Compendium Program: The Connection - REACH - New London** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Norwich/New London

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Life Skills (LS)

Domains:

Housing Safety

Types.

Supported Recovery Housing

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: The Connection - REACH - Norwich** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Norwich/New London

Auspices:

Community Addiction Services; Contracted Program; Mental Health; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse

Types.

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: The Connection - REACH - Waterbury** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

ReEntry Assisted Community Housing, or REACH, is a scattered site supportive housing program designed to assist both male and female offenders transitioning back into the community. In this apartment style living environment, apartments are shared by 2 same gender offenders. To prepare offenders for independent living, REACH assists with finding employment, financial management, and obtaining safe, affordable, permanent housing. Services include case management and employment assistance. Referrals are made for mental health and substance abuse treatment as necessary.

Facilities:

PCS - Waterbury

Auspices:

Contracted Program; Housing; Residential

Treatment Types: Life Skills (LS)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Housing Safety

Types:

Supported Recovery Housing

Program Status:

Active Program Category Level:0

Compendium Program: The Connection - The Center for Behavioral Health

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Substance Abuse Treatment Mental Health Treatment Anger Management Men's Trauma

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: The Hospital of Central Connecticut (Outpatient Behavioral Health) - New Briatin - Cedar Street

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The Hospital - At A Glance:

- -A Hartford HealthCare partner
- -Nearly 3,000 employees and 500 physicians
- -Licensed by the State of Connecticut
- -Accredited by the Joint Commission
- -Affiliated with the University of Connecticut School of Medicine and other universities
- -A comprehensive array of medical services, consistent with community needs, in collaboration with our alliance members and medical staff
- -Cutting-edge technology and appropriate facilities
- -Superior clinical quality and outcomes
- -Accessible, compassionate and personalized care to our patients regardless of their ability to pay

### Facilities:

PCS - Waterbury

#### Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Medical (Med); Mental Health (MH)

#### Domains:

Mental Health; Substance Abuse and Mental Health

#### Types:

Medical Services/Treatment; Mental Health Services/Treatment

#### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: The Jay Brothers Unified Resource Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The Jay Brothers Unified Resource Center is a partnership of the 40 Bridgeport community agencies from the Bridgeport Re-Entry Roundtable that have come together to provide one-stop wrap around services for the anticipated returning citizens of the Bridgeport community.

The following services are available for program participants:

- Career resources
- Housing assistance
- Vocational training
- Educational and literacy services
- Transition to primary care services
- Recovery coaching services and peer mentoring
- Health and holistic wellness services
- Licensed behavioral health services including individual, group and family outpatient treatment; intensive outpatient treatment care; case management, crisis intervention, problem gambling treatment; psychiatric evaluations and medication monitoring.

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains:

Education, Employment, and Financial Situation; Family and Social Support; Housing Safety; Mental Health; Peer Associations; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Basic Needs; Education; Employment; Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment; Vocational Services

### Program Status:

Active Program Category Level:0

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: The Sterling Center - Shelton** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

The Sterling Center is a private, mental health practice, established in 1977. We offer professional and specialized evaluative and treatment services to a wide variety of clients. We have been working with clients since 1977.

Our team of psychologists, social workers, marriage, and family therapists, and substance abuse specialists provide a myriad of services for individuals seeking help in any of the following areas: depression, anxiety, panic attacks, relationship difficulties, substance abuse, marital discord, parent - child conflict, family conflict, grief and loss.

Facilities:

PCS - New Haven

Auspices:

Behavioral Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support

Types.

Sex Offender

Program Status:

Active Program Category Level:0

**Compendium Program: The Strength Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

an open group program for inmates to reflect on principles drawn from philosophical and spiritual sources, in addition to their own shared wisdom with the goal to fond strength for their daily challenges.

Facilities:

NORTHERN CI

Auspices:

Religious Services

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support; Peer Associations

Types:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: The Village** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Substance Abuse Treatment Mental Health Treatment

Facilities:

PCS - Hartford:PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types.

Behavioral Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: The Work Place - Homeless Veterans Reintegration Program** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Program provides services and training to assist in reintegrating homeless veterans into meaningful employment within the labor force in SouthWestern and SouthEastern Connecticut. Each veteran can receive occupational skills training as well as classroom training in core skill competencies and employability skills that are required for long term employment success. Funding is by the US Department of Labor - Veterans employment and Training Service.

Facilities:

PCS - Bridgeport

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Types: Unknown

Program Status:

Active Program Category Level:0

**Compendium Program: The Work Place - Youth Works** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Serving In-school and Out-of-school youth ages 16 - 24. Youth works is a no cost job preparation program for eligible young adults. Youth and young adults are assisted with preparing for entering the job market, gain work experience, and plan for a career or entering college. Youth Works is an equal opportunity employer - program and auxiliary aids and services are available upon request to individuals with disabilities.

Math and reading remediation, occupational skills training, career exploration, job search assistance, college preparation, paid and unpaid work experience, and summer employment opportunities.

Facilities:

PCS - Bridgeport

Auspices:

Employment Services; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Therapeutic Wellness Program and Wheelchair Program

Gender Specific for:MALE; RT Program Code: TW

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Takes referrals from mental Health. Medical, American with Disabilities Act and Substance Abuse/Addiction Services.

This program has three (3) tracks:

Track 1: Yoga Track 2: Circuit Track 3: Wheelchair

Facilities:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

MACDOUGALL CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS); Medical (Med); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:2

**Compendium Program: TherapeuticWellness Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates participate in various physical exercises, including Circuit Training, Yoga, and Wheelchair exercises. Participants learn how physical exercise can contribute to their overall health.

Facilities:

MACDOUGALL CI

Auspices:

Unknown

Treatment Types:

Unknown

Domains: Unknown

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Thinking for a Change** 

Gender Specific for:BOTH; RT Program Code: 01

Open Close:False, Session Group:True, Session Numbers: 22, Evidence Based:True

Description:

This cognitive behavior program was developed by the National Institute of Corrections. It is designed to help inmates change the way they think, help inmates develop improved social skills, and help inmates learn problem-solving skills. Research links successful completion of such programs to reduced recidivism.

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury

Auspices:

Contracted Program; Non-Residential

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Thinking for a Change

Program Status:

Active Program Category Level:1

**Compendium Program: Thresholds** 

Gender Specific for:BOTH; RT Program Code: 95

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MANSON YI;YORK CI

Auspices:

All Facility Staff; Contracted Program; Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

Domains

Anger/Hostility; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types:

Anger Management; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Tides of Mind Counseling** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Psychotherapy Services, In-Home Therapy Services

Facilities:

PCS - Residential;PCS - Waterbury

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Tier 2 Addiction Services Intensive Outpatient Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Tier 2 is an evidence based curriculum program provided three times a week in a non-residential setting. Using the -Living in Balance- program Tier 2 helps the offender develop an understanding of addiction, the substances of abuse, triggers and relapse prevention and how addiction has effected the cognitive, physical, social and familial spheres of their lives. Tier 2 also helps the offender identify and plan for the educational, vocational and consumer based issues they may face upon release.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

**Addiction Services** 

Treatment Types:

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:1

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Tier Four Addiction Services Residential Treatment Program** 

Gender Specific for:BOTH; RT Program Code: 16

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

#### Facilities:

OSBORN CI;ROBINSON CI;YORK CI

#### Auspices:

**Addiction Services** 

#### Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

#### Domains:

Substance Abuse; Substance Abuse and Mental Health

#### Types:

Addiction; Re-Entry

#### Program Status:

Active Program Category Level:1

**Compendium Program: Tier Meeting** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

#### Facilities:

YORK CI

#### Auspices:

Health Services; The Social Rehabilitation Program

#### Treatment Types:

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Mental Health; Self Efficacy

### Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Female; Mental Health; Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Tier One - Addiction Services - Brief Substance Abuse Education Program

Gender Specific for:MALE; RT Program Code: 13

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False Description:

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

Facilities:

BRIDGEPORT CC;HARTFORD CC;NEW HAVEN CC;WALKER RC

Auspices:

Addiction Services; Charlene Perkins Center - Facility Staff

Treatment Types: Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Addiction; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Tier Two Addiction Services Intensive Outpatient Program** 

Gender Specific for:BOTH; RT Program Code: 14

Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False Description:

The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

#### Facilities.

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

**Addiction Services** 

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:

**Addiction** 

Program Status:

Active Program Category Level:1

**Compendium Program: Time of Prayer** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

This is a prayer group that is held once per month.

Facilities:

YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Toot Center for Advance Recovery - Henderson/Johnson Clinic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Medication Assisted Treatment (Methadone Maintenance)

Facilities:

PCS - Hartford; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Substance Abuse: Substance Abuse and Mental Health

Types:

Medical Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Total Forgiveness** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Uncovers physical, emotional, and spiritual consequences of forgiveness and shows why God adamantly encourages the forgiveness of tohers.

Facilities:

HARTFORD CC; YORK CI

Auspices:

Religious Services ; Volunteer Services

Treatment Types:

Behavior Modification (BM); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Transitional Case Management (TCM)

Gender Specific for: BOTH; RT Program Code: MC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves an their ability to succeed.

Facilities:

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Community Addiction Services; Contracted Program

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

#### Domains:

Education; Employment/Financial; Housing Safety; Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

# Types:

Re-Entry

### Program Status:

Active Program Category Level:2

Compendium Program: Transitional Linkage into the Community (TLC)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;YORK CI

#### Auspices:

Health Services

#### Treatment Types:

Behavior Modification (BM); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Abuse/Trauma;Employment/Financial;Housing Safety;Mental Health;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

#### Types:

Health Education; Re-Entry

### Program Status:

Active Program Category Level:3

**Compendium Program: Trauma Informed** 

Gender Specific for:MALE; RT Program Code: TI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Identifying and discussing various types of trauma and learning effective ways to cope.

Facilities:

**GARNER CI** 

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### PROGRAMS & TREATMENT UNIT

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices: Mental Health

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Trauma Informed Mindfulness-Based Stress Reduction

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False Description:

The volunteer led course in Trauma Informed Mindfulness-Based Stress Reduction will take place over eight weeks. Classes will be approximately two to two and one-half hours long. Each class consists of lead meditations, gentle movement exercises, didactic lecture, and group discussion. Between classes, students deepen their participation by practicing 30-45 minutes a day, as well as doing additional reading from course handouts.

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Abuse/Trauma; Mental Health

Types: Unknown

Program Status:

Active Program Category Level:3

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### **PROGRAMS & TREATMENT UNIT**

## Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)

Gender Specific for:FEMALE; RT Program Code: FT

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False Description:

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

Facilities: YORK CI

Auspices:

Mental Health; The Change Group

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

Domains: Abuse/Trauma

Types:

Mental Health

Program Status:

Active Program Category Level:1

**Compendium Program: Trinity College Courses** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education; Self Efficacy

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Turning Point Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

Facilities: GARNER CI

Auspices:

All Facility Staff; Volunteer Services

Treatment Types: Life Skills (LS)

Domains:

Family and Social Support; Peer Associations

Types.

Community Service; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Tutoring** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Yale students come in on the weekends to help tutor the young men with their GED studies.

Facilities:

**MANSON YI** 

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Self Improvement; Youth

Program Status:

Active Program Category Level:3

Compendium Program: United Community and Family Services (UCFS)/ Colchester

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

- -Outpatient Primary Medical Care
- -Outpatient Behavioral Health Services
- -Community Based Behavioral Health Services
- -Women's Health Services
- -Dental Services
- -Community Health Services
- -Eldercare Services

#### Facilities:

PCS - Hartford; PCS - Norwich/New London; PCS - Residential

#### Auspices:

Behavioral Health; Health Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH)

#### Domains:

Mental Health; Substance Abuse and Mental Health

#### Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: United Community and Family Services (UCFS)/ Jewett City

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

It is said that the quality of a community can be measured by how well they care for those in need among them. For more than 130 years, United Community & Family Services has been providing healthcare and community services to Norwich and the surrounding areas. UCFS has been a cornerstone in the community since 1877.

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides: Outpatient Primary Medical Care

Outpatient Behavioral Health Services

Community Based Behavioral Health Services

Women's Health Services

**Dental Services** 

Community Health Services

Facilities:

PCS - Norwich/New London

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains: Mental Health

**Types** 

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: United Community and Family Services (UCFS)/ New London Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

- -Outpatient Primary Medical Care
- -Outpatient Behavioral Health Services
- -Community Based Behavioral Health Services
- -Women's Health Services
- -Dental Services
- -Community Health Services
- -Eldercare Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Norwich/New London

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: United Community and Family Services (UCFS)/ Norwich

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

- -Outpatient Primary Medical Care
- -Outpatient Behavioral Health Services
- -Community Based Behavioral Health Services
- -Women's Health Services
- -Dental Services
- -Community Health Services
- -Eldercare Services

Facilities:

PCS - Norwich/New London

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains:

Mental Health; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: United Community and Family Services (UCFS)/ Plainfield

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

- -Outpatient Primary Medical Care
- -Outpatient Behavioral Health Services
- -Community Based Behavioral Health Services
- -Women's Health Services
- -Dental Services
- -Community Health Services
- -Eldercare Services

### Facilities:

PCS - Norwich/New London

### Auspices:

Mental Health; Non-Contracted; Non-Residential

### Treatment Types:

Mental Health (MH)

### Domains:

Mental Health

#### Types:

Mental Health Services/Treatment

### Program Status:

Active Program Category Level:0

Compendium Program: United Community and Family Services (UCFS)/ Willimantic

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

It is said that the quality of a community can be measured by how well they care for those in need among them. For more than 130 years, United Community & Family Services has been providing healthcare and community services to Norwich and the surrounding areas. UCFS has been a cornerstone in the community since 1877.

In an effort to provide a wide range of programs and services that respond to the ever-growing health and human service needs of those living and working in our region, UCFS now provides:

**Outpatient Primary Medical Care** 

**Outpatient Behavioral Health Services** 

Community Based Behavioral Health Services

Women's Health Services

**Dental Services** 

Community Health Services

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Norwich/New London

Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

Domains: Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: United Services Organization** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Addiction Services
Mental Health Services
Domestic Violence

Facilities:

PCS - Hartford; PCS - Norwich/New London; PCS - Residential

Auspices:

Behavioral Health; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:

Family; Mental Health; Relationships; Substance Abuse; Substance Abuse and Mental Health

Types.

Behavioral Services; Domestic Violence Services; Intensive Outpatient

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: United Services, Inc./ Danielson

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

United Services is one of the most comprehensive behavioral health centers in Connecticut, with over 30 different programs under one integrated and caring administration. Our mission in all services is to create healthy communities by providing an effective response to the youth, family, and adult social and behavioral health needs in the communities we serve.

### Services:

- -Mental Health
- -Addiction Recovery
- -Domestic Violence Program
- -Family Services
- -Center for Autism
- -Senior Services
- -Business and Community Services

### Facilities:

PCS - Norwich/New London

#### Auspices:

Mental Health; Non-Contracted; Non-Residential

Treatment Types: Mental Health (MH)

### Domains:

Mental Health

### Types:

Mental Health Services/Treatment

### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: United Services, Inc./ Willimantic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

United Services is one of the most comprehensive behavioral health centers in Connecticut, with over 30 different programs under one integrated and caring administration. Our mission in all services is to create healthy communities by providing an effective response to the youth, family, and adult social and behavioral health needs in the communities we serve.

### Services:

- -Mental Health
- -Addiction Recovery
- -Domestic Violence Program
- -Family Services
- -Center for Autism
- -Senior Services
- -Business and Community Services

#### Facilities:

PCS - Norwich/New London

#### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

### Treatment Types:

Behavior Modification (BM); Mental Health (MH); Substance Abuse (SA)

#### **Domains**

Anger/Hostility; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Mental Health Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: United States Department of Veterans Affairs** 

Gender Specific for:BOTH; RT Program Code: 0

# Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Inpatient psychiatric and substance abuse treatment for veterans. Outpatient medical, mental health and substance abuse treatment. Individual and group treatment.

### Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

### Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Residential

Treatment Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Employment;Intensive Inpatient;Intensive Outpatient;Medical Services/Treatment;Mental Health Services/Treatment;Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: United States Department of Veterans Affairs - Rocky Hill

Gender Specific for:MALE; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

The Hartford Vet Center is operated by the U.S. Department of Veteran Affairs. It provides therapy services for returning combat veterans and their spouses and families.

Facilities:

PCS - Hartford

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support

**Types** 

Education; Employment; Family & Social Services; Financial

Program Status:

Active Program Category Level:0

Compendium Program: Unlock your Thinking: Open your Mind

Gender Specific for:MALE; RT Program Code: 99

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types:

Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types: Re-Entry

Program Status:

Active Program Category Level:2

**Compendium Program: Upholstery Shop** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This shop produces new seating; ergonomic chairs, lounge chairs, sofas etc- and re-upholsters used furniture. Offenders receive on the job training in the upholstery trade. These services have been provided to many public libraries and other community based operations.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types: Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

**Types** 

Career Technical Education; Institutional Employment; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: USD # 1 Voc. Ed: Graphics Arts Center

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This shop produces all types of signage and engraving. Using technologies such as silk-screening and laser engraving, the shop has been able to produce highly technical, complex products. This training and "real world" work experience prepares inmates for obtaining and maintaining a job in the private business sector. Offenders are employed in this center.

Facilities:

CHESHIRE CI

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Correctional Enterprises of Connecticut

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Institutional Employment

Program Status:

Active Program Category Level:3

Compendium Program: USD #1 Voc. Ed: Commercial Cleaning

Gender Specific for:BOTH; RT Program Code: 66

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This thirty-week program focuses on basic and advanced commercial cleaning procedures. The program covers the chemistry of cleaning, handling of hazardous and infectious waste, and the basic cleaning procedures for floor, tile, carpeted areas and restrooms. In phase two, the student is taught advanced procedures for maintaining all types of surfaces, as well as the necessary skills to recognize and operate various types of equipment. Graduation from this program can assist inmates in obtaining a job in the community.

Facilities:

CHESHIRE CI;MACDOUGALL CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: USD #1 Voc. Ed: Computer Repair

Gender Specific for:MALE; RT Program Code: 68

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

A+ Certification in Computer Repair means that students will possess the skills, knowledge, and customer relations skills essential to be a successful computer service technician, as defined by experts from companies across the industry. The Computer Repair Course covers a broad range of hardware and software technologies. It trains student to satisfy the standards of the computer industry and readies them to later become A+ Certified.

Facilities:

CHESHIRE CI; WILLARD CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering

Gender Specific for:BOTH; RT Program Code: 69

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours(Barbering = 1000 hours) of theory and practical experience to qualify for licensure. The barbering program provides experience in the areas of hair cutting and treatment, styling and shaving, human anatomy and physiology; and business practices. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

Facilities:

CHESHIRE CI;MACDOUGALL CI;YORK CI

Auspices: USD#1

Treatment Types: Education (Ed)

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types.

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD #1 Voc. Ed: Culinary Arts

Gender Specific for:BOTH; RT Program Code: 70

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:

MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: USD #1-Mandatory Education Unit (MEU)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 446, Evidence Based:False Description:

SRG designated inmates housed at Garner CI. Youth Education Unit (YDU) are provided with comprehensive educational services. YDU is comprised of a mixture of both special and regular education students and who are between the ages of 18 and 22. the education within YDU prepares students to achieve their GED and/or High School Diploma along with transitional counseling services. Special education students are provided with the services and support required by their Individual Education Plans (IEP). Additionally, all subjects and educational levels are addressed in the daily AM and PM classes offered. Students in the YDU are offered the same number of educational hours as students housed in the general population. Name changed from Youth Development Unit (YDU) 08082016.

Facilities: GARNER CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types: Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 - DOC Re-entry Curriculum

Gender Specific for:BOTH; RT Program Code: 87

Open Close:True, Session Group:False, Session Numbers: 21, Evidence Based:False Description:

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

Facilities.

CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;YORK CI

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

USD#1

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 - Voc. Ed: Graphic & Printing Technology

Gender Specific for:MALE; RT Program Code: 75

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

ENFIELD CI:MACDOUGALL CI:ROBINSON CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types.

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: USD#1 Adult Basic Education (GL 0-4)

Gender Specific for:MALE; RT Program Code: 50

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. It is for any individual who has been assessed by the education unit and found to have a grade functioning level between 0-4.

Facilities:

Unknown

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for:BOTH; RT Program Code: 51

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 9-12)

Gender Specific for:BOTH; RT Program Code: 52

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)

Gender Specific for:BOTH; RT Program Code: 53

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

#### Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 College Credit Program

Gender Specific for:BOTH; RT Program Code: 55

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

Facilities:

CHESHIRE CI;ROBINSON CI;YORK CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types.

Academic Education; Career Technical Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 English As A Second Language (ESL) / TESOL

Gender Specific for:BOTH; RT Program Code: 54

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquistion Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:

CORRIGAN CI;HARTFORD CC;MANSON YI;RADGOWSKI CI;YORK CI

Auspices: USD#1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Family Education & Parenting

Gender Specific for:BOTH; RT Program Code: 37

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

All Facility Staff;USD#1

Treatment Types:

Education (Ed); Family Support (FS)

Domains:

Education; Education, Employment, and Financial Situation; Family; Family and Social Support; Parenting

Types:

Family; Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types: Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Business Education

Gender Specific for:BOTH; RT Program Code: 63

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students for entry-level employment requiring basic business skills.

Facilities:

CHESHIRE CI; CYBULSKI CI; YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types.

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Carpentry

Gender Specific for:MALE; RT Program Code: 65

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In this program students learn shop safety, the proper use of tools, and terminology related to carpentry. The student drafts a blueprint of a house using basic math skills and calculations used in the construction field. With these skills the student builds a model house to scale following applicable building codes.

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

CHESHIRE CI;ENFIELD CI;MACDOUGALL CI;OSBORN CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Computer Education

Gender Specific for:BOTH; RT Program Code: 67

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

#### Facilities:

CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: USD#1 Voc. Ed: Drafting CAD/CAM

Gender Specific for:MALE; RT Program Code: 72

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

The curriculum includes mechanical/architectural drafting and blueprint reading and is broken-up into two sections: Hands-on and CAD. The hands-on portion of the course takes approximately 6 months to complete and includes the drawing of plans in 2D and 3D. Orthographic, sectional auxiliary, perspective, dimensioning and isometric drawings are a few of the areas covered in this area. The second portion of the course covers Computer Aided Drafting. Drawing fundamentals, rendering, plotting and mesh are some of the units that will be covered. Mathematical computations and problem solving abilities are some key areas that you will develop when working in CAD. Researching part and building specs is necessary when working on assignments. The course takes approximately 1 year to complete and is designed for entry level employment.

Facilities: ROBINSON CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Electro-mechanical Technology

Gender Specific for:MALE; RT Program Code: 73

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

This program provides students with theory-based instruction and hands-on experience in the areas of electronics, electrical circuits, mechanics, pneumatics, hydraulics and computer programming. It also includes repair of equipment to include washing machines, dish washers, electrical hand and bench tools such as lathes, drills, saws, grinders and polishers. Technicians apply their knowledge of programming and installation to repair robots, and related equipment such as programmable controllers, end of arm tools, conveyors and parts orientators. Students use power tools, hand tools, testing instruments and follow manuals' schematic diagrams and blueprints. The Electro-Mechanical program involves working closely with other on-site vocational programs. Buffers are repaired for MacDougall CI, Walker RSMU and Hartford CC. Graduation from this program can assist inmates in obtaining a job in the community.

### Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

MACDOUGALL CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types.

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Hospitality Operations Technology

Gender Specific for:FEMALE; RT Program Code: 79

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

Facilities:

YORK CI

Auspices: USD#1

Treatment Types:

Education (Ed)

Domains:

Education; Education, Employment, and Financial Situation; Employment/Financial

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: USD#1 Voc. Ed: Machine Tool

Gender Specific for:MALE; RT Program Code: 78

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This course provides students with a basic understanding and training in the fundamentals and principles of machine tooling. Students study units in machine shop safety, math, blueprint reading, physical properties and identification of metals, measuring instruments, hand tools and machinery. A major area of concentration is machine shop measurement. Tools that are included in this areas are: rulers, squares, calipers, dividers, protractors, indicators, and micrometers. Hands-on training for the following machinery is also introduced: engine lathe, band saw drill press, surface grinder, Bridgeport milling machine, and vertical miller. Training includes both set-up and operation of these machines.

Facilities: Unknown

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Small Engine Technology

Gender Specific for:MALE; RT Program Code: 82

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program instructs students in the repair of two-cycle, four cycle and marine engines. It uses both hands-on training and theory classes. Group/individual instruction is offered by a qualified supervisor and periodic tests in theory and practice are administered. This program is very useful to inmates seeking employment in the community.

Facilities:

OSBORN CI;ROBINSON CI

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Education, Employment, and Financial Situation

Types:

Career Technical Education; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Auto Body Technology

Gender Specific for:MALE; RT Program Code: 59

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

Facilities:

**MANSON YI** 

Auspices: USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Automotive Technology

Gender Specific for:MALE; RT Program Code: 60

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

# Description:

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

Facilities: MANSON YI

Auspices: USD#1

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Bicycle/ Wheelchair Repair

Gender Specific for: MALE; RT Program Code: 61

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program teaches inmates to repair wheelchairs and train to become bicycle mechanics. Work is done for state agencies that use wheelchairs and refurbish bicycles for donations to children. -The wheelchairs for the world- project has also been a long operating part of this program.

Facilities:

CHESHIRE CI

Auspices: USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education; Community Service; Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Building Maintenance

Gender Specific for:MALE; RT Program Code: 62

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Building Maintenance program teaches the skills and techniques used in many building trades including electrical, plumbing, carpentry, masonry and more. The students learn how to repair and maintain residential and commercial structures and their systems. The knowledge and skills taught will provide the basics needed for related career paths.

Facilities: OSBORN CI

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices: USD#1

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types.

Career Technical Education; Re-Entry

Program Status:

Active Program Category Level:1

**Compendium Program: Valid Photo Driver's License** 

Gender Specific for:BOTH; RT Program Code: I1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

\*\*\*\*

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation; Employment/Financial

Types: Re-Entry

Program Status:

Active Program Category Level:3

**Compendium Program: Veterans Affairs Clinic** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

VA Clinic for Veteran Services

Facilities:

PCS - Residential; PCS - Waterbury

Auspices:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Behavioral Health; Community Addiction Services; Employment Services; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Anger Management;Basic Needs;Medical Services/Treatment;Mental Health Services/Treatment;Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Veterans Service Unit** 

Gender Specific for:MALE; RT Program Code: VU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

### Facilities:

CYBULSKI CI

### Auspices:

Programs & Treatment Unit

### Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

# Types:

**Unknown** 

### Program Status:

Active Program Category Level:1

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Gender Specific for:BOTH; RT Program Code: 03

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

### Facilities:

BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

### Auspices:

All Facility Staff; Contracted Program; Programs & Treatment Unit; Safe Passage; Volunteer Services

# Treatment Types:

Victim Impact (VI)

#### Domains:

Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns

### Types:

Anger Management; Family; Victim

### Program Status:

Active Program Category Level:2

**Compendium Program: Voices of Joy Choir** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

Facilities:

YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

Compendium Program: W.O.R.T.H. Unit

Gender Specific for:FEMALE; RT Program Code: WW

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False *Description:* 

WORTH UNIT: The women of W.O.R.T. H's objectives are centered on restoration, rehabilitation and reintegration readiness. This restorative community, which resembles and functions more like the outside world than an institution, engages in gender responsive and youth specific strategies that are implemented through collaborations between residents, their families, staff, and the community. The WORTH unit focuses on the fostering of pro-social behaviors and the empowerment of women through the development of critical thinking and decision making skills that enhance women's opportunities to build character and positive community connections. Four Phases: Orientation Phase (14 Days) Restorative Living Phase, Restorative Leadership Phase, Transition Phase

### Facilities:

YORK CI

#### Auspices:

Addiction Services; Health Services; Mental Health; Programming Unit - Facility Staff; Religious Services; Volunteer Services

### Treatment Types:

Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

### Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Mental Health; Peer Associations; Substance Abuse

# Types:

Unknown

# Program Status:

Active Program Category Level:2

**Compendium Program: Wally Lamb Writing Workshop** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False *Description:* 

Participants of this rehabilitative workshop class, writing mostly about their lives, read their first drafts and receive useful feedback about what is working successfully and what they might add, cut, clarify, or reposition to make the writing more effective. Students learn that the best writing emerges from revision and that the process of reworking their prose is an opportunity to reclaim their pasts and stand in the truths that are revealed. Time plus consistent effort has resulted in tremendous growth for many of the women in our program, both in terms of their writing and critiquing skills and their ability to reflect deeply about their lives and invest in their rehabilitation

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities: YORK CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education, Employment, and Financial Situation; Family and Social Support

Types: Education

Program Status:

Active Program Category Level:3

**Compendium Program: Warm Up to the Day (community Meeting)** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.<br/>
stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.

Facilities: YORK CI

Auspices: Health Services

Treatment Types: Mental Health (MH)

Domains: Self Efficacy

Types: Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Warren Kimbro Re-Entry Project (WKRP)

Gender Specific for:BOTH; RT Program Code: WK

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

New Haven Re-entry Project

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

### Facilities:

CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

### Auspices:

All Facility Staff

### Treatment Types:

Unknown

### Domains:

Unknown

### Types:

Unknown

### Program Status:

Active Program Category Level:0

**Compendium Program: Waterbury Behavioral Health** 

Gender Specific for: BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Behavioral Health of Waterbury Hospital is committed to meeting the behavioral health needs of our community. Our goals are to optimize the individual is highest level of functioning, to promote independence and to ameliorate suffering through the delivery of high-quality, compassionate and cost-effective treatment.

### Facilities:

PCS - Waterbury

### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Abuse/Trauma; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: Watkins Network - HELP-(Prospect Street)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Behavioral Health services include anger management, gender specific substance abuse groups, mental health referrals, urinalysis screening, and individual counseling. The target length of participation for behavioral health services is fourteen weeks.

Anger Management: This eight week workshop for men and women will teach techniques and interventions that clients can apply in future anger-provoking situations.

Men's Substance Abuse Group: This eight week group series for men provides critical education regarding addiction, alcohol and drugs, their effects on the body and mind, and helps group participants explore their own recovery, learn cognitive behavioral techniques, and develop relapse prevention plans.

Women's Substance Abuse Group: This eight week program for women is a gender specific, compassionate, holistic approach to substance abuse treatment. This group series focuses on women's issues, including defining one's sense of self, exploring family of origin, creating healthy relationships and support systems, as well as the roles of spirituality and meditation in recovery. Mental Health Services: This service provides a comprehensive psychiatric assessment and ongoing medication management and support. Referral to a higher level of care will be made when appropriate based on the client's needs.

### Facilities:

PCS - Waterbury

### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Employment Services; Mental Health; Non-Residential

### Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

### Domains:

Abuse/Trauma;Anger/Hostility;Employment/Financial;Mental Health;Substance Abuse;Substance Abuse and Mental Health

### Types:

Anger Management; Domestic Violence; Employment; Intensive Outpatient; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

**Compendium Program: Wellmore Behavioral Health** 

Gender Specific for: BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

### Description:

Wellmore Behavioral Health promotes lifetime wellness through essential and innovative treatment and support.

#### Facilities:

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

PCS - New Haven

### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM); Family Support (FS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

### Types:

Behavioral Services; Domestic Violence; Family & Social Services; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

Compendium Program: Wellmore, Inc. - Outpatient Services - Waterbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Outpatient Services offers treatment for adults with addiction and co¿occurring mental health needs as well as those in need of anger management counseling. Treatment services are gender¿specific and are offered in both English and Spanish. All clinical services are designed to assist individuals to live substance¿free lifestyles, address mental health and behavioral problems, develop self¿esteem and acquire coping skills needed to attain and maintain a healthier lifestyle.

### Facilities:

PCS - Waterbury

#### Auspices:

Behavioral Health; Community Addiction Services; Contracted Program; Mental Health; Non-Residential; Support Services

### Treatment Types:

Aggression Replacement Training (ART); Mental Health (MH); Substance Abuse (SA)

#### Domains

Abuse/Trauma; Anger/Hostility; Mental Health; Substance Abuse; Substance Abuse and Mental Health

### Types:

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:3

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Wellness/Health Awareness** 

Gender Specific for:MALE; RT Program Code: G2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Any offender without disciplinary exclusion introduced to healthy lifestyle exercises. May include Yoga, Expressive Arts Therapy, Stress Management, Nutritional Guidance, etc-

Facilities:

**GARNER CI** 

Auspices:

Recreation Services

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types: Recreation

Program Status:

Active Program Category Level:0

**Compendium Program: Wesleyan Center for Prison Education** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The Center for Prison Education is beginning it's fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

Facilities:

CHESHIRE CI;RADGOWSKI CI;YORK CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Domains:

Education: Education, Employment, and Financial Situation

Types:

Academic Education

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Program Status:

Active Program Category Level:3

Compendium Program: Western Connecticut Mental Health Network-Danbury (DMHAS)

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Outpatient Mental Health and Substance Abuse Treatment/ Male and Female

Facilities:

PCS - New Haven; PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

Compendium Program: Western CT Mental Health Network Danbury

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Outpatient mental health and addiction services

Facilities.

PCS - Residential; PCS - Waterbury

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

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### **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Wethersfield Education Training Center** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Train to become a Certified Nurse Aide

Facilities:

PCS - Hartford

Auspices:

Employment Services; Non-Contracted; Non-Residential

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Employment/Financial; Family and Social Support; Self Efficacy

Types.

Vocational & Educational Services

Program Status:

Active Program Category Level:0

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### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Wheeler Clinic** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

LifeLine for women and children is a substance abuse/mental health treatment program for women ages 16 years and older and is designed to treat and support women experiencing substance abuse and psychiatric disorders as they progress through their recovery. Treatment empowers women to make positive choices for themselves and their children and to develop competence in all aspects of family life. Team members are specialists in substance abuse; psychiatric treatment, child development, community adjustment and gender-responsive, trauma-informed care.

The program also provides intensive outpatient and outpatient levels of care and includes transportation within New Britain, babysitting for preschool-aged children and case management.

### To:

- Stop or reduce substance abuse
- Improve parenting skills
- Cope with anxiety and depression
- Connect with community supports

### Core care components:

- •Substance abuse and mental health treatment and education
- Individual, couple and family therapy
- Parenting and child development training
- Comprehensive assessment
- Specialized groups for substance abuse, trauma and co-occurring disorders
- Random observed toxicology screening
- Community outreach and care coordination
- Transportation and childcare
- Psychiatric evaluations and medication management
- •24-hour crisis coverage
- Discharge planning and aftercare

#### Facilities:

PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury

### Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

### Treatment Types:

Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

### Domains:

Mental Health; Parenting; Relationships; Substance Abuse

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Types.

Behavioral Services; Medical Services/Treatment; Mental Health Services/Treatment; Recovery Management Services; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: Wheeler Clinic - Hartford - Asylum Avenue

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

medication assisted treatment - Vivitrol medication assisted treatment - Suboxone outpatient recovery services - individual sessions outpatient recovery services - group therapy Anger Management Grief and Loss Gambling treatment program

#### Facilities:

PCS - Hartford; PCS - Residential

#### Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential

## Treatment Types:

Unknown

#### Domains:

Criminal Attitudes and Behavioral Patterns; Education; Employment/Financial; Family and Social Support; Mental Health; Neighborhood Problems; Relationships; Substance Abuse; Substance Abuse and Mental Health

#### **Types**

Anger Management;Behavioral Services;Intensive Outpatient;Medical Services/Treatment;Mental Health Services/Treatment;Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: Wheeler Clinic - Hartford - Farmington Avenue

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Anger Management
Behavioral Services/Treatment
Intensive Outpatient
Mental Health Services/Treatment
Substance Abuse Services/Treatment

#### Facilities:

PCS - Hartford; PCS - Residential

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

## Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Family and Social Support; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Anger Management;Behavioral Services;Intensive Outpatient;Mental Health Services/Treatment;Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

Compendium Program: Wheeler Clinic - New Britain - West Main Street

Gender Specific for:BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

## Description:

Substance Abuse
Transitional Case Management
Mental Health
Anger Management
Family/Social Support

#### Facilities:

PCS - Hartford; PCS - Residential; PCS - Waterbury

#### Auspices.

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Mental Health;Peer Associations;Substance Abuse;Substance Abuse and Mental Health

## Types:

Anger Management;Basic Needs;Behavioral Services;Mental Health Services/Treatment;Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Wheeler Clinic Bristol** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

Addiction Services Mental Health Medication Management

#### Facilities:

PCS - Hartford; PCS - Residential; PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### Types:

Medical Services/Treatment; Mental Health Services/Treatment; Recovery Management Services; Substance Abuse Services/Treatment

#### Program Status:

Active Program Category Level:0

**Compendium Program: Wheeler Clinic/ Hartford Arbor Street** 

Gender Specific for:MALE; RT Program Code: 0

# Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Wheeler Clinic is Connecticut¿s leading nationally accredited community-based non-profit organization, serving individuals and families during all stages of life. Our services include mental health and substance abuse recovery, primary care, child welfare, community justice, early childhood, education services and prevention. We also operate the Wheeler Employee Assistance Program, Therapeutic Foster Care and the Connecticut Center for Prevention, Wellness and Recovery, the state¿s leading resource for training and information.

## Services Offered:

-Community Support for Families

## Facilities:

PCS - Hartford

#### Auspices:

Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Family Support (FS);Life Skills (LS)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Domains:

Family and Social Support

Types:

Family & Social Services

Program Status:

Active Program Category Level:0

**Compendium Program: Wheeler Clinic/ New Britain** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Challenging situations may come at any stage of life. We re here to listen and to help. We understand that no two people, families or situations are alike, and our programs and services are designed to meet the diverse and complex needs of children, adolescents and adults. Our caring, professional staff addresses a broad array of issues, including depression, anxiety, marital difficulties and serious mental illness. We also serve consumers with special needs including anger management, gambling addiction, and child and adolescent behavioral problems.

#### Facilities:

PCS - Hartford; PCS - New Haven; PCS - Residential; PCS - Waterbury

#### Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Mental Health (MH); Substance Abuse (SA)

#### Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

## Types:

Intensive Outpatient; Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

### Program Status:

Active Program Category Level:0

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Wheeler Clinic/ Plainville Outpatient** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Wheeler Clinic is Connecticut¿s leading nationally accredited community-based non-profit organization, serving individuals and families during all stages of life. Our services include mental health and substance abuse recovery, primary care, child welfare, community justice, early childhood, education services and prevention. We also operate the Wheeler Employee Assistance Program, Therapeutic Foster Care and the Connecticut Center for Prevention, Wellness and Recovery, the state¿s leading resource for training and information.

## Services Offered:

- -Adolescent Extended Day
- -Adult Outpatient Recovery Services
- -Children¿s Extended Day
- -Children¿s Outpatient Services
- -Diagnostic Assessment & Referral Team
- -Latino Outreach Program
- -Northwest Village School

#### Facilities:

PCS - Waterbury

#### Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

#### Treatment Types:

Aggression Replacement Training (ART); Mental Health (MH); Substance Abuse (SA)

#### Domains:

Anger/Hostility; Mental Health; Substance Abuse; Substance Abuse and Mental Health

#### **Types**

Anger Management; Mental Health Services/Treatment; Substance Abuse Services/Treatment

## Program Status:

Active Program Category Level:0

**Compendium Program: Whiting Forensic Institute** 

Gender Specific for:MALE; RT Program Code: 0

# Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Whiting Forensic Division consists of 106 maximum security beds and 141 enhanced security beds. Services are provided to individuals who are admitted under the following categories: Psychiatric Security Review Board commitment

Criminal court order for restoration of competency to stand trial

Civil commitment (voluntary or involuntary)

Transfer from the Department of Correction (during period of incarceration or at end of sentence)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - Norwich/New London

Auspices:

Health Services; Housing; Mental Health; Non-Contracted; Residential

Treatment Types: Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Intensive Inpatient; Medical Services/Treatment; Mental Health Services/Treatment; Residential Services

Program Status:

Active Program Category Level:0

**Compendium Program: Wise Guys** 

Gender Specific for:MALE; RT Program Code: MW

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False Description:

This program is designed to prevent adolescent pregnancy by reaching adolescent males. The program acknowledges young males as "whole" individuals with a variety of needs and desires. Participatory lessons and activities focus on assisting them to ask themselves the questions: Who am I?; Where am I going?; and How do I get there? Discussion will include talking openly with adolescent males about issues concerning self, values, future goals and sexuality.

Facilities:

MANSON YI

Auspices:

Health Services; Volunteer Services

Treatment Types:

Life Skills (LS); Medical (Med)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types:

Health Education

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Women in Recovery - Connection** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Manage your life through outpatient, residential and other community-based behavioral health and substance use services customized to meet your needs.

Facilities:

PCS - Bridgeport

Auspices:

Contracted Program; Housing; Residential

Treatment Types:

Life Skills (LS)

Domains:

Housing Safety

Types:

Supported Recovery Housing

Program Status:

Active Program Category Level:0

**Compendium Program: Women's Empowerment/Supportive Therapy** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

Facilities: YORK CI

Auspices:

Mental Health; The Social Rehabilitation Program

Treatment Types:

Life Skills (LS); Mental Health (MH)

Domains:

Mental Health; Substance Abuse

Types:

Mental Health

Program Status:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Active Program Category Level:3

**Compendium Program: Woodworking Shop** 

Gender Specific for: MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

This shop currently performs repairs to refinshing on all types of wood furniture. This repair work provides offenders with an opprtunity to apply basic woodworking skills that will benefit them upon re-entry to the work force.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

**Types** 

Career Technical Education; Institutional Employment; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:3

**Compendium Program: Worth Unit Program Mentor** 

Gender Specific for:FEMALE; RT Program Code: WM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the York Correctional Institution.

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

Unknown

Domains:

Unknown

Types:

Unknown

Program Status:

Active Program Category Level:0

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Compendium Program: WOW - Wellness of Women

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

## Description:

WOW is a monthly program for women, who choose to join, designed to help motivate them to lose weight, educate them about nutrition, and the value of exercise. In addition, a special twice weekly exercise class is available to members of this group only. During each class weights and waists are measured. The participants are responsible for tracking their results on a form designed for this purpose.

Facilities:

YORK CI

Auspices:

Health Services; Recreation Services

Treatment Types:

Medical (Med); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Self Efficacy

Types:

Health Education

Program Status:

Active Program Category Level:3

**Compendium Program: Writing Class** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is divided into 6 weeks cycles, one hour per week. Each cycle covers one of the following topics: Creative writing, journal writing, letter writing, and poetry. The student is required to complete the homework assignment or is not permitted to come to class. The instructor corrects all homework assignments and returns it to the student. Class discussion is focused on the homework assignment.

Facilities:

RADGOWSKI CI; YORK CI

Auspices:

All Facility Staff; Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education; Self Efficacy

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Academic Education; Self Improvement

Program Status:

Active Program Category Level:0

**Compendium Program: Yale** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 0, Evidence Based:False Description:

Adult patients who have achieved some stability but continue to require more intensive treatment than traditional outpatient therapy, or to prevent hospitalization, may be treated within our Adult Intensive Outpatient Program. Most of these patients are admitted to treatment of mood disorders, anxiety disorders, chronic suicidal thoughts, co-occurring disorders (psychiatric and substance-abuse disorders), personality disorders, and family/interpersonal conflicts. Patients can be referred during the hospitalization or by outpatient psychiatric participants attend the program three to four times a week for four hours each day. There are three main tracks in this program:

- 1. General Adult Track (for patients with general mood or anxiety disorders)
- 2. Dual Diagnosis Track (for patients with psychiatric and substance-abuse diagnoses)
- 3. Dialectical Behavioral Track (primarily for patients with borderline personality disorder and other severe personality disorders)

#### Facilities:

PCS - New Haven

#### Auspices:

Behavioral Health; Community Addiction Services; Health Services; Mental Health; Non-Contracted; Non-Residential; Support Services

#### Treatment Types:

Behavior Modification (BM); Mental Health (MH)

#### Domains:

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Education, Employment, and Financial Situation; Family and Social Support; Mental Health; Substance Abuse and Mental Health

#### Types:

Unknown

## Program Status:

Active Program Category Level:0

**Compendium Program: Yale Citizens Community Enhancement Project** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False Description:

The Citizens Project uses the framework of citizenship, an innovative model for community integration and social inclusion developed by PRCH.

#### Facilities:

PCS - New Haven;PCS - Waterbury

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Auspices:

Community Addiction Services; Mental Health; Non-Contracted; Non-Residential

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Yale Prison Education Initiative** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 15, Evidence Based:False Description:

The Yale Education Initiative is a higher education program offered to offenders interested in obtaining education beyond a high school level. Courses are both credit bearing and non-accredited. Yale instructors offer courses such as English Composition, Modern Sociology, Visual Arts, Philosophy, Latin and Literature.

Facilities:

MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types: Education (Ed)

Luucalion (Lu)

Domains:

Education, Employment, and Financial Situation

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Yale School of Medicine Department of Psychiatry** 

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This type of vendor works with offenders who have Mental health concerns, drug related issues and overall health. They provide case workers for the offenders and provide them with one on one treatment or group treatment. They also have drug and alcohol classes available. Per Jerry Smart who is a Community Advocate who works at the program/vendor.

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Facilities:

PCS - New Haven; PCS - Residential

Auspices:

Behavioral Health; Community Addiction Services; Mental Health; Non-Contracted; Non-Residential; Support Services

Treatment Types:

Medical (Med); Mental Health (MH); Substance Abuse (SA)

Domains:

Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:

Medical Services/Treatment; Mental Health Services/Treatment; Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:0

**Compendium Program: Yoga Class** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This class provides offenders with a broad understanding of the principles of yoga. Offenders learn low impact cardiovascular and meditation techniques. This class is designed to decrease stress and increase self-assessments.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff; Health Services; The Social Rehabilitation Program; Volunteer Services

Treatment Types:

Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Abuse/Trauma; Self Efficacy

**Types** 

Mental Health; Recreation; Self Improvement

Program Status:

Active Program Category Level:3

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#### PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Young Adult Offender Program** 

Gender Specific for:MALE; RT Program Code: YD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the Cheshire Correctional Institution.

Offenders in the program will:

Have a daily routine that more closely resembles a schedule on the outside Have the opportunity to develop life skills in a therapeutic community setting Be connected with mentors

Develop leadership skills

Work towards personal and professional goals through different programming and access to opportunities

Enhance connections with family and community supports

#### Facilities:

CHESHIRE CI

#### Auspices:

All Facility Staff

## Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Victim Impact (VI)

#### Domains:

Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support

#### Types: Unknown

#### Program Status:

Active Program Category Level:1

**Compendium Program: Young Father's Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This program is designed to promote responsible fatherhood while emphasizing the development of parenting and co-parenting skills. The parenting skills promoted will exist within the context of a strength based reentry plan that will address the criminogenic needs and responsivity of each young father. Post release comprehensive case management, children and family reunification, family and co-parent assessments will also be provided. This group will be managed by Family Reentry for offenders living in and around the Bridgeport Parole area.

#### Facilities:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

MANSON YI

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support

Types: Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Young Male-Trauma Recovery Empowerment Model (YM-TREM)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True Description:

YM-TREM is an adaptation of the trauma empowerment model to young men. This manualized evidence based model is supported by SAMHSAS evidence based programs and practices and has been used with adult men, women and teenaged girls. With permission of the authors, the material has been extended to young men and the curricula adapted in an effort to pilot the material with a sample of incarcerated youth. The Trauma Empowerment Model is a psychoeducational and skills oriented group divided into four parts. Empowerment, Trauma, Recovery, Advanced Trauma Recovery Issues, and Closing Rituals.

Facilities: MANSON YI

Auspices: Mental Health

Treatment Types:

Education (Ed); Mental Health (MH)

Domains:

Family and Social Support; Substance Abuse and Mental Health

Types: Unknown

Program Status:

Active Program Category Level:1

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

**Compendium Program: Young Men's Group** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False Description:

The Young Men's Group is a ten session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

Facilities:

MANSON YI

Auspices:

Addiction Services; Volunteer Services

Treatment Types: Life Skills (LS)

Domains:

Peer Associations

Types: Unknown

Program Status:

Active Program Category Level:3

**Compendium Program: Youth Behavioral Incentive Program** 

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

Program is designed as a behavioral incentive program for Youth Inmates at Manson Youth Institution. Inmates who remain discipline free are provided the opportunity to participate in coordinated and structured leisure activities. Some activities include various sports, and games. Activities occur in small groups of no more than 10 inmates which helps with socialization and communication amongst inmates. As this is an ongoing incentive class, it allows new inmates to participate at anytime without having to wait for a new group session to start.

Facilities: MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Family and Social Support; Peer Associations

Types:

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Youth Specific Facility Based Domestic Violence Program

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Treatment Types:

Aggression Replacement Training (ART); Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Domestic Violence

Program Status:

Active Program Category Level:

**Compendium Program: Youthful Offender Mentoring Program** 

Gender Specific for:BOTH; RT Program Code: 24

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False

Description:

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

Facilities:

**MANSON YI** 

Auspices:

All Facility Staff; Contracted Program

Treatment Types:

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

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## PROGRAMS & TREATMENT UNIT

# Alphabetic Listing of Programs for All Facilities, All Auspices, All Types

#### Domains:

Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Family; Family and Social Support; Peer Associations; Relationships

## Types:

Family; Re-Entry; Self Improvement

Program Status:

Active Program Category Level:2

**Compendium Program: Youthful Offenders Community Meeting** 

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False Description:

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

## Facilities:

YORK CI

#### Auspices:

Health Services

## Treatment Types:

Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

#### Domains:

Relationships; Self Efficacy

#### Types:

Female; Self Improvement; Youth; Youth - York CI

## Program Status:

Active Program Category Level:3

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