

L. Knowledge of Community Resources

Basic

| | |
|---|---|
| Knows how to get emergency information by telephone | KCR-1 |
| Knows whom to contact if injured or sick | KCR-1 KCR-4 |
| Knows where the nearest supermarket or shopping district is located | <i>Specific to client's neighborhood</i> |
| Knows how to access emergency food and shelter | <i>Specific to client's neighborhood</i> KCR-4 |
| Knows how to access a crisis line | <i>Specific to client's neighborhood</i> |
| Knows the location of the nearest hospital | <i>Specific to client's neighborhood</i> |

Independent Living Skills Module II



ACTIVITY

Research emergency numbers in your community and write them in the Emergency list below. Post the list in a visible place nearby a telephone.

| EMERGENCY NUMBERS |
|-----------------------|
| FIRE |
| POLICE Emergency |
| POLICE Non-Emergency |
| MEDICAL Emergency |
| AMBULANCE |
| HOSPITAL |
| DOCTOR |
| POISON |
| GAS COMPANY Emergency |
| OTHERS: |
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Independent Living Skills Module IV



ACTIVITY

Research the following resources within your community and write the addresses and telephone numbers in the chart below.

| Resource | Address | Telephone Number |
|-----------------------------------|---------|------------------|
| Unemployment Office | | |
| Social Security Office | | |
| City/Town Hall | | |
| Library | | |
| Post Office | | |
| Nearest Hospital/Clinic | | |
| Free/Sliding Fee Medical Services | | |
| Counseling/Mental Health Services | | |
| Food Bank / Free Clothing | | |
| Free/Sliding Fee Legal Help | | |
| YMCA | | |
| Community Action | | |