

InterCommunity would like to invite you, your family, friends and significant others to our newly created Family Education Support Group for consumers who have a mental health AND substance use issue.

The group offers educational information on mental health AND substance use issues, as well as an important opportunity to gain support and guidance from one another.

The group is an open group, which means you do not need to attend every group to be a valued member of the group. Family members and friends of consumers who are struggling with a mental health AND substance use issue are encourage to attend, even if the struggling consumer chooses not to attend. The goal of the group is to provide important information, skills, and support for anyone who has or knows someone who has mental health and substance use issues.

The group is held on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of every month and goes from 6 to 7:00 pm.

The group is free and dinner is provided.

For more information please contact:

Ryan or Pam 291-1309 291-1346