

# Definition

CT Department of Mental Health and  
Addiction Services



## Acquired Brain Injury:

An Acquired Brain Injury (ABI) is an injury to the brain that has occurred after birth, which results in any combination of focal and diffuse central nervous system dysfunction, both immediate and/or delayed at the brain stem level and above. This dysfunction of the central nervous system is acquired through the interaction of any external force and the body including blows to the head and violent movements of the body (Traumatic Brain Injury); as well as through oxygen deprivation; infection; toxicity; surgery; and vascular disorders not associated with aging. This dysfunction is not congenital, developmental or degenerative.



## Acquired Brain Injury Program



**Serving individuals with  
acquired brain injuries and  
mental illness**



**(860) 262-6725**

[www.ct.gov/dmhas/ABI](http://www.ct.gov/dmhas/ABI)

## Who is eligible?



Individuals considered for the DMHAS Acquired Brain Injury Program will:

- ☑ Currently receive DMHAS mental health services
- ☑ Meet the definition of Acquired Brain Injury as defined by DMHAS
- ☑ Be 18 years or older
- ☑ Voluntarily accept services



**For information call  
(860) 262-6725**

# Lena's *story*

Lena suffered a traumatic brain injury as a young child. Growing up she struggled with the effects of a TBI and mental health issues. Today at the age of 42 she is preparing to move from a group home setting to her own apartment. She is an active member of her local church and enjoys volunteering at a community food pantry. DMHAS ABI Services is providing the resources and support to foster her path to independence. "These people are so wonderful. They make me feel cared for, safe and confident."

# Anna's *story*

Anna was institutionalized for 50 years as a result of an acquired brain injury and debilitating mental illness that began as a young adult. DMHAS ABI Services provided the resources and consultation to develop an individual community support plan that helped Anna leave the hospital and live safely, happily and successfully in the community.

## Services

*The DMHAS Acquired Brain Injury Program may include the following services:*

- Consultation Services
- ABI Substance Abuse Services
- Community Residence and Transition Services
- Advocacy Supports
- Training and Education



*Person-centered Recovery*

