

Follow-up



Status Report to the Governor

*Presentation to
Mental Health Policy Council
March 22, 2002*



Status Report

- **Address gridlock**

- **DCF, DMHAS, DOC, and CSSD**

- Continued development of KidCare
- Increased Inpatient Capacity for children, adolescents, and adults
- Increased Intensive Residential capacity for youth and adults
- Community services have been enhanced
- Range of Housing initiatives have been implemented
- Initiated Utilization Management process for DMHAS hospitals and residential beds
- Strengthened hospital collaboration efforts
- Increased Inter-Agency collaboration



Status Report

- **Adjust rates**

- **DCF, DSS, and DMHAS**

- Developed work groups to study rate issue
- Increased rates for inpatient psych services at general hospitals
- Funding allocated to support specialty staff recruitment and retention



Status Report

- **Enhance community services**

- **DMHAS, DCF, DOC , and CSSD**

- Expanded core community services in adult and child systems
- Re-organized DOC's mental health services
- Jail diversion programs being implemented in all lower court districts
- Developing preferred practice models and standards
- Increased funding for consumer and family initiatives
- Provided statewide training for trauma treatment and emergency response
- Expanded services to homeless and difficult to engage groups



Status Report

- **Develop locally based systems**
 - **DSS, DCF and DMHAS**
 - Continued planning and development of Kidcare and Connecticut Behavioral Health Partnership including Medicaid Rehabilitation Option
 - Enhanced information systems to improve care coordination and use of best practices
 - Developing new community based collaboratives - Hamden, North Haven



Status Report

- **Bring home children**
- **DSS, DCF and DMHAS**
 - Review all youngsters in placement and return children based on established criteria.
 - Imposed Moratorium on Out-of-State Placements
 - Developed in-State Intensive Residential Services



Status Report

■ **Coordinate care for young adults**

- Provided range of services to approximately 150 young adults
- Integrated Young Adult Services more fully into DMHAS service system
- Expanded residential options for transitioning youth
- Established 15 bed inpatient psychiatric unit
- Developing RFP for Specialized Services for Young Adults



Status Report

■ **Enhance consumer empowerment**

■ **DMHAS and DCF**

- Completed 1st statewide survey of consumer satisfaction
- Held Recovery Conference and planning for Fall 02 Conference
- Implemented range of consumer and family service initiatives
- Mental health consumer joins Commissioner's Executive Group
- Initiated Trauma Treatment Training and Service Initiative
- Initiated an Anti-stigma Campaign
- Consumer/Parent/Family involvement is central to new service initiatives
- Developing RFP for Recovery Education Center
- Contracted with consumer and advocacy community for support services post 9-11



Status Report

- **Implement community education**

- **DMHAS and DCF**

- Implemented Statewide anti-stigma campaign
- Implementing statewide recovery oriented system of care and developed core principles of recovery
- Community trainings on KidCare
- Expanded Training Curriculum at DCF and DMHAS
- Specialized Statewide training in response to September 11th
- Distributed over 650,000 Fact Cards in response to 9-11



Status Report

- **Integrate primary prevention**
 - **DMHAS and DCF**
 - Integrated prevention framework of exemplary practices developed with 7 other state agencies
 - Implemented CT Coalition for the Advancement of Prevention (CCAP) to establish exemplary practices in MH/SA
 - Collaboration on prevention with other New England states
 - Statewide prevention training in response to September 11th
 - DCF Created prevention unit and actively seeking prevention grants
 - DCF Completed prevention plan



Status Report

- **Improve cultural competence**

- **DMHAS and DCF**

- Contractual requirements incorporate Cultural Competency
- DCF established Office of Multicultural Affairs
- Continuation of multi-cultural training
- Multicultural Best Practices finalized
- Encouraging diversity on Boards of Directors
- Increasing service diversity through contract process
- Implemented culturally specific programs w/Federal funds including services for communities affected by 9-11



Status Report

- **Address programmatic & financial needs**
 - **DMHAS and DCF**
 - Distributed First Initiatives Funding to providers to expand range of community services
 - RFPs and RFQ's for new community based services being developed with funding from CMHSB (Second Initiatives)
 - Regional Planning Process initiated at DMHAS
 - DMHAS Needs Assessments have been conducted in inpatient and community based settings (focused on clients with greatest needs)
 - Program redesign and alternative funding models being explored through KidCare and CT Behavioral Health Partnership



Status Report

- **Continue interagency collaboration**
 - **MHPC provides mechanism for ongoing interagency collaboration**
 - **Important cross-agency initiatives**
 - Jail diversion, transitional youth, CSSD bed purchase, behavioral health services for Medicaid recipients, MH/SA suicide and violence prevention, Inter-Agency data collaboration, federal grant applications, co-contracting, Statewide Disaster Response