Clinic Based Medication Assisted Treatment (CB-MAT) and Clinic Based Enhanced MAT (CB-EMAT)

The support and expansion of Clinic Based Medication Assisted Treatment has been a priority in Connecticut as an alternative to office-based opioid treatment (OBOT) for those individuals who are without private insurance or the means to otherwise pay a private practitioner.

About CB-MAT:

- CB-MAT is offered in traditional licensed outpatient clinics or Federally Qualified Health Centers that typically offer an array of other behavioral health, recovery and primary care supports. Clients have the benefit of accessing this menu of services all under "one roof".
- The medications offered within state-funded CB-MAT programs are buprenorphine and naltrexone.
- Naloxone prescriptions or kits are available.
- Depending on the particular clinic, a multi-disciplinary team is available for clinical and recovery support that may include individual, group and family therapy; recovery coach services, employment support, psychiatric services, primary care and dental care.
- In the "Enhanced MAT" clinics, DMHAS has been able to support the hiring of a full-time Recovery Coach in addition to a full-time employment specialist.

Clinic Based MAT

Community Health Resources (Willimantic, Manchester, *Bloomfield) Community Mental Health Affiliates (New Britain) * CT Counseling Centers (Meriden, Stamford) CT Rennaisance (Bridgeort) CASA (Bridgeport) Connection (New Haven) McCall Foundation (Torrington) Wheeler Clinic (Bristol)

Enhanced MAT

BH Care (Branford)

Central Naugatuck Valley Help (Waterbury) Hill Health Center (Ansonia) *SCADD (Norwich) The Village (Hartford) United Services (Dayville)

*pending

This initiative is funded in part through funds from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) as part of a \$5.5 million grant awarded to Connecticut through the 21st Century Cures Act to combat the opioid crisis.

