



Promoting Integrated Care in Connecticut (PIC-CT)

Purpose:

To promote and provide integrated, evidence-based medical and behavioral health care for adults with mental illness and co-occurring physical health conditions or chronic diseases, and for adults with substance use disorders.

Project Period: 5 years (FFY 2019-2023)

Federal Funding Amount: \$2,000,000 annually

Funder: Substance Abuse and Mental Health Services Administration (SAMHSA): Promoting Integration of Primary and Behavioral Health Care (PIPBHC)

Expectations:

- Serve more than 2,250 individuals in the Hartford, Waterbury and Bridgeport areas.
- Increase the number of people who receive integrated behavioral health, including medication assisted treatment, and primary care.
- Increase our knowledge and experience with integrated care models in different settings.
- Improve health indicators across population served (e.g., blood pressure, BMI, lipid profile).
- Reduce disparities in access and health outcomes across population served.

Proposed Approaches:

- Build on CT's Behavioral Health Home (BHH) model implemented over the past several years.
- Use of care coordination including nurse care management and peer support to assist with client engagement in integrated care.
- Use of evidence-based practices for treatment of behavioral health as well as the promotion of health behavior change and peer support.
- Support the improvement of integrated care models for primary and behavioral health care through continuous quality improvement practices, including a formal evaluation of the initiative.

Partners:

- Community Health Resources (CHR)
- Charter Oak Health Center
- Wellmore
- StayWell Health Center
- Optimus Health Care
- Recovery Network of Programs (RNP)
- Yale Program for Recovery & Community Health (PRCH)

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