State of Connecticut State Board of Mental Health and Addiction Services June 17, 2015 Connecticut Valley Hospital

Present: Marcus McKinney, Craig Allen, Samuel Ball, Kristie Barber, Marcia Dufore, Kathy Flaherty, Jennifer Gross, Irene Herden, Juan Hernandez, Tina Inferrera, Pat Mosimann, Judith Shaw, Jim Smith, Tom Steen, Janine Sullivan-Wiley, Margaret Watt, Marcea Koffsky, Wendi Cook-Fralick

Excused: Deb Dotter, Ingrid Gillespie, Ronna Keil, Michael Michaud, Bob Painter, Manuel Paris, Ismene Petrakis, Louise Pyers, Brian Reigner, Kevin Sevarino

DMHAS Staff: Commissioner Delphin-Rittmon, Paul DiLeo, Barbara Bugella, Doreen DelBianco, Linda Latronica

Agenda Item 1: Call to order and introductions

The meeting was called to order at 2:45 PM by Marcus McKinney

Agenda Item 2: Agenda review, Minutes of previous meetings review and action

The minutes from the May 20, 2015 meeting were reviewed; there are suggested additions to the minutes. Minutes accepted with revisions.

Agenda Item 3:

- 1. **Budget:** Doreen DelBianco updated the group regarding the process associated with the budget and special session. Paul Dileo provided information related to the budget. Changes may be made by the legislator in the special session.
- 2. *Medical Marijuana 101:* Dr. Allen explained that medical Marijuana is not a prescription it is obtained through a certificate provided by a physician. The challenging message is that although marijuana is legal for medical use, it should not be used recreationally. There is a need for more public education on this topic.

Agenda Item 4: General Updates

- **DMHAS:** Commissioner Delphin-Rittmon recognized Paul DiLeo & his staff for all of their work on the budget, Doreen DelBianco for her legislative work and the group for their advocacy. An update was provided on Behavioral Health Homes.
- **NWRMHB:** Janine Sullivan-Wiley shared information about the recovery celebration held recently in Waterbury and passed around the annual dinner flyer.
- NCRMHB: Marcia Dufore shared information about their annual dinner and mini grants. Doreen DelBianco thanked Marcia for her advocacy work. Community conversation held in Hartford about crisis response.
- **Region II:** Kristie Barber spoke of community conversations being held. Recently a suicide occurred in the community, support is being provided. At the Tom Parsons day at CVH, over 100 persons in recovery attended. The annual meeting was held on June 16, 2015.
- **Region I:** Margaret Watts discussed the annual meeting last week. Commissioner Delphin-Rittmon spoke of the 40th anniversary of the South West Regional Mental Health Board to be held on

Wednesday June 24, 2015.

Agenda Item 6: Adjournment

The meeting was adjourned at 4:20 PM.

Please note that there will be no meetings held in July or August therefor the next meeting will be held on Wednesday, September 16, 2015 beginning at 2:30 PM in room 217 of Page Hall.