

HOW CAN YOU TELL IF SOMEONE IS OVERDOSSING OR JUST NODDING OUT?

SHAKE THEM & SEE IF THEY STIR

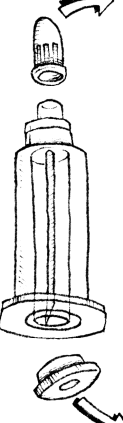
SPALLON OR NO BREATHING (12 BREATHS OR LESS A MINUTE)



IF THEY'RE NON-RESPONSIVE GIVE EM A KNUCKLE RUB ON THE STERNUM (THAT BONE PLATE BETWEEN THEIR BREASTS) IF NOTHING HAPPENS, YOU HAVE A PROBLEM.

NASAL NARCAN

IT'S GOTTA BE ASSEMBLED, SO YOU SHOULD KNOW HOW WELL ENOUGH TO PUT IT TOGETHER WHEN YOU'RE PANICKY



GET THE CAPS OFF



GRIP CLEAR PLASTIC WINGS



AND SCREW THE SYRINGE ON TO THEM

Often the danger isn't ODing or getting alcohol poisoning but choking when they (or you) are passed out. You could sober them up by x

Inducing vomiting (by drinking salt water and/or putting fingers down throat)



ProTIPS: if you can't get online but have a phone, you can have poison control help identify a pill by saying your dog ate it & describing it

ROXZE & BENZOS

WHAT'S A BENZO?

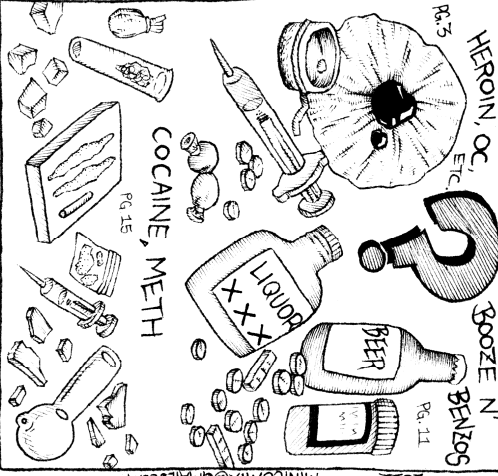
WELL BILLY, IT'S ANY OF SEVERAL KINDS OF ANTI-ANXIETY MEDICATIONS



WHILE BOOZE & BENZOS ARE DIFFERENT, THE DANGERS & WAYS TO HELP ARE SIMILAR. PLUS KIDS LIKE TO TAKE THEM TOGETHER.

WHAT'S YOUR DOE. (DRUG OF CHOICE)

HEROIN, OC, ETC. BOOZE N' BENZOS



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REMEMBER!

If you're paranoid about calling an ambulance, you don't have to mention drugs in your call, just the location - cross streets if it's outside, address if it's inside - and that the person isn't breathing.



If they don't go to the hospital, keep an eye on them. Narcan wears off after 30 or 40 minutes. Also, make sure they don't do more dope, they could go back into an overdose.

Ohhh, no you, no you, no you!

OK or MEH?

if they're not responding, you gotta do rescue breathing & call an ambulance. But if it's an upper induced panic attack you can wrap them in a damp cloth or run a cool (not freezing!) shower over them. Have them relax, concentrate on taking slow measured breaths, and talk them through it.



RESOLVE BREATHING

MAKE SURE NOTHING IS BLOCKING MOUTH OR THROAT. OPEN AIRWAY BY TILTING CHIN BACK AND PINCH NOSE....



GIVE 1 SLOW, DEEP BREATH EVERY 5 SECONDS TILL THEY COME TO OR HELP ARRIVES....

HEROIN
 & OTHER OPIATES

KEEP IN MIND THAT JUST BECAUSE SOMEONE DOESN'T USE NEEDLES IT DOESN'T MEAN THAT THEY CAN'T O.D. FROM PILLS (OPIATES/BENZOS) ESPECIALLY IF COMBINING THEM WITH ALCOHOL.

YOU'RE MORE LIKELY TO OD IF:

- YOU JUST GOT OUT OF JAIL
- YOU HAVEN'T USED IN AWHILE
- YOU HAVE A NEW HOOK-UP

IF YOU'RE GETTING HIGH ALONE
 DON'T LOCK THE DOOR, LET A FRIEND KNOW WHERE YOU ARE, & THAT YOU'RE GETTING HIGH!!

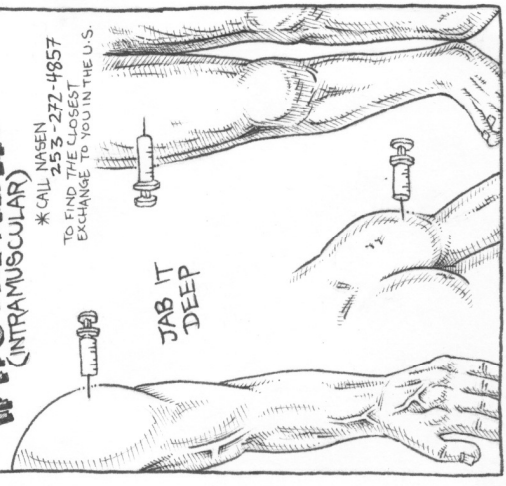


IT'S TIME TO ADMINISTER NARCAN. YOU CAN ASK ABOUT IT AT NEEDLE EXCHANGE. NARCAN EITHER COMES IN A HUGE FUCKIN' NEEDLE, OR NOW THEY HAVE A NASAL SPRAY. NARCAN STAYS GOOD FOR A YEAR OR SO AFTER THE EXPIRATION DATE!!

IF IT'S THE NEEDLES:
 (INTRAMUSCULAR)

* CALL NASEN 253-272-4957 TO FIND THE CLOSEST EXCHANGE TO YOU IN THE U.S.

JAB IT DEEP



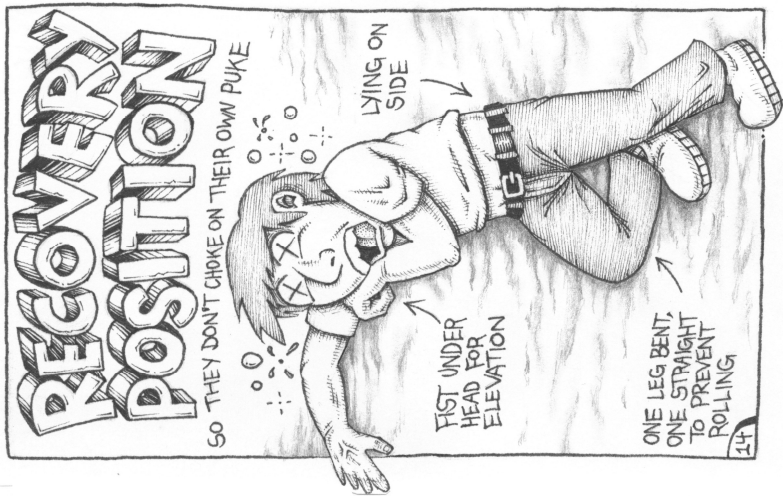
RECOVERY POSITION

SO THEY DON'T CHOKO ON THEIR OWN PUKE

LYING ON SIDE

FIST UNDER HEAD FOR ELEVATION

ONE LEG BENT, ONE STRAIGHT TO PREVENT ROLLING




IF SOMEONE IS FADED ON BOOZE AND/OR BENZOS AND NOT RESPONDING!!! THEY NEED TO GO TO THE HOSPITAL! RESCUE BREATH + CALL 911!

PRO-TIPS BEFORE GETTING HIGH, USE A WEB SITE TO IDENTIFY WHAT PILL YOU'RE TAKING. GOOGLE: "PILL IDENTIFIER"



Lil' Dope Fiend OVERDOSE PREVENTION GUIDE



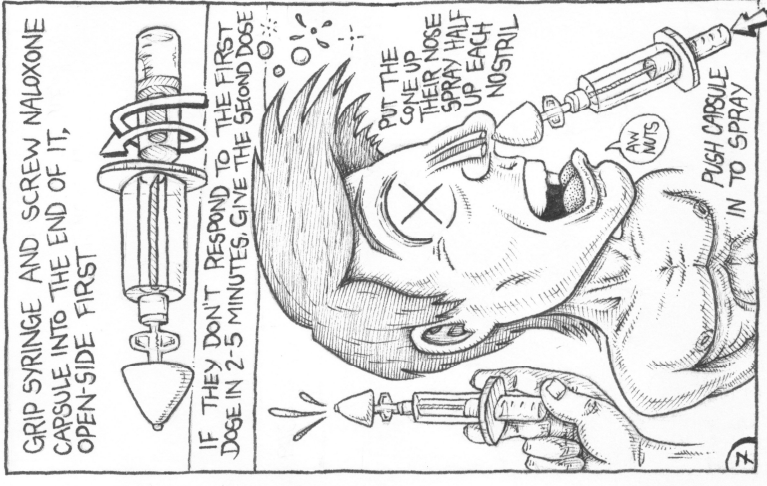
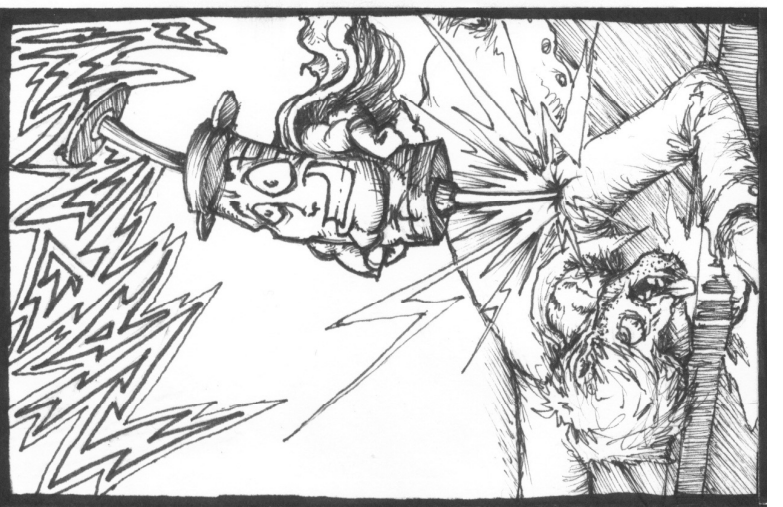
GRIP SYRINGE AND SCREW NALOXONE CAPSULE INTO THE END OF IT, OPEN-SIDE FIRST

IF THEY DON'T RESPOND TO THE FIRST DOSE IN 2-5 MINUTES, GIVE THE SECOND DOSE

PUT THE CONE UP THEIR NOSE SPRAY HALF UP EACH NOSTRIL

AV NITS

PUSH CAPSULE IN TO SPRAY

KNOW THIS!

COKE!!! THEM MUP! H! I! I!

DON'T SHOO OR THEM. WITH COKE OR THEM IN A THAT CAN KILL THEM IN A THAT CAN PUT THEM IN A

FREEZING

DON'T PUT THEM IN A COLD SHOWER

COLD SHOWER

COR BANGGET

HYPOTHERMIA!

