

Connecticut's Division of Autism Spectrum Disorder Services



Autism Resources for Adolescence/Adulthood

Autism Speaks - Leading national organization for autism research, advocacy and resources, offers various Tool Kits (downloadable) www.autismspeaks.org

Autism Services and Resources Connecticut (ASRC)- Provides recreational and social groups, trainings, newsletter, online Autism Resource Guide Book www.ct-arsc.org

Asperger/Autism Network (AANE) - Provides information, education, support and advocacy www.aane.org

Organization for Autism Research (OAR)-Publishes and provides resources including evidenced-based guidebooks (downloadable) to support families, educators and professionals www.researchautism.org

PACER Center -An information center for families of children, youth and young adults with disabilities. PACER publishes resources on education, transition, vocational training, employment and bullying www.pacer.org

Autism Live- Parent to Parent informative two minute video clips <http://www.autism-live.com>

Pathfinders for Autism - A Maryland-based website offering “Parent Tips” articles on a variety of topics www.pathfindersforautism.org

Autism Focused Intervention Resources & Modules (AFIRM) - A series of free online learning modules with step-by-step information on how to plan, implement and monitor specific evidenced based practices with learners with ASD from birth to 22 years of age <http://afirm.fpg.unc.edu/>

Autism Internet Modules - A series of free online modules on a wide range of topics designed for those living and working with individuals with ASD www.autisminternetmodules.org

National Professional Development Center on Autism Spectrum Disorder (NPDC) - A resource for planning, implementing and monitoring evidenced-based practices <http://autismpdc.fpg.unc.edu>

Autism After 16- Provides information and analysis of adult autism issues. Information on transition, postsecondary, employment, finances and social life, for those on the spectrum. Also features columns written by those with autism. www.autismafter16.com

AASPIRE Healthcare Toolkit - Information and worksheets for adults with ASD, supporters, and their healthcare providers <http://autismandhealth.org>

Car Autism Roadmap- A Philadelphia-based resource directory offering information and education to families and individuals living with autism. Contains articles and helpful tips related to a wide array of topics. https://www.carautismroadmap.org/?no_overlay=y

Career Development

O*Net Online - A tool for career exploration that has detailed descriptions of the world of work for use by students, job seekers, workforce development and more www.onetonline.org

O*Net Interest Profiler - Finds students and job seekers interests and how they relate to world of work <https://www.mynextmove.org/explore/ip>

Careership - A free online career exploration tool for middle and high school students. Students can review careers by cluster, match careers to their interests, or search for a particular career <https://mappingyourfuture.org/planyourcareer/careership/>

Jobs Made Real by Teens for Teens -A website designed to aid teens in discovering their career path using videos of people describing and engaging in their jobs <http://www.jobsmadereal.com/>

Postsecondary Planning

“Navigating College -A Project of the Autistic Self Advocacy Network”-A free downloadable guide offering a step-by-step look at college life for those with ASD <http://www.navigatingcollege.org/>

Finding Your Way: A College Guide for Students on the Spectrum (OAR) <https://researchautism.org/findingyourway/>

“Making My Way Through College”- A guide for students with disabilities pursuing a degree or credential at a college or university <http://www.ncwd-youth.info/publications/making-my-way-through-college/>

PACER’s National Parent Center on Transition and Employment -College planning resources www.pacer.org/transition/learning-center/planning/college-planning.asp

Transitions Webcasts - Ohio Center for Autism and Low Incidence (OCALI) online webcasts covering a variety of transition topics for young adults with autism www.ocali.org/project/transitions_webcasts

Spectrum U- Information on college and university programs and services for students who are on the autism spectrum www.spectrumu.wordpress.com

College Autism Spectrum- Informational handout www.collegeautismspectrum.com

“Preparing to Experience College Living”- Autism Society <https://www.autism-society.org/wp-content/uploads/2014/04/CollegeLiving.pdf>

Going to College-A website designed for high school students with a disability in the planning for college www.going-to-college.org

List of colleges that accommodate students with Autism www.collegelists.pbworks.com

“College Funding for Students with Disabilities”- Information on federal/state aid, scholarships and awards www.washington.edu/doit/Brochures/Academics/financial-aid.html

College Scholarships - A link to college scholarships for those with ASD
www.collegescholarships.org/health/autistic-students.htm

Employment

Department of Rehabilitation Services (DORS)/ Bureau of Rehabilitative Services (BRS)- Provides a full range of vocational services. Offers the Level Up program for students ages 16-21 www.ct.gov/brs

Connect-Ability - Offers information, tools and technical assistance to job seekers as well as e-learning modules on skills related to accessing employment www.ct.gov/connect-ability

National Collaborative on Workforce and Disability/NCWD for Youth- Information and publications about employment and youths with disabilities www.ncwd-youth.info/

Job Accommodation Network- Provides information and guidance on workforce accommodations and disability employment www.askjan.org

Benefits/Supports and Services

Social Security Income (SSI) www.ssa.gov/pgm/ssi.htm

Social Security The Red Book- A summary guide to employment supports for persons with disabilities under SSDI and SSI programs www.socialsecurity.gov/redbook

Medicaid (HUSKY) www.ct.gov/dss

Community First Choice -Allows individuals to receive supports and services in their home
www.ctmfp.com

National Resource Center: Able Accounts- ABLE accounts are a tax-advantaged savings account for individuals with disabilities and their families. Eligible individuals and their families will be allowed to establish ABLE savings accounts that will not affect their eligibility for SSI, Medicaid, and other public benefits. The savings can be used for disability-related expenses on behalf of the beneficiary. Also, there is information on Special Needs Trusts which allows the accumulation of money for the use of disability related expenses without jeopardizing state and/or federal benefits. Differences between Able Accounts and Special Needs Trusts can be found on the website <http://ablenrc.org/about/what-are-able-accounts>

Safety

“Making Homes that Work”- “Living with Autism Spectrum Disorder” Interagency Autism Coordinating Committee (IACC)

[https://iacc.hhs.gov/events/2011/091511/homes that work 091511.pdf](https://iacc.hhs.gov/events/2011/091511/homes%20that%20work%20091511.pdf)

National Autism Association www.autismsafety.org/

Autism Risk and Safety Management www.autismriskmanagement.com

Autism Wandering Alert response Education (The Big Red Safety Kit) www.awaare.org

Autism Speaks Safety Project www.autismspeaks.org/family-services (click on Autism Safety Project link)

Life Journey Through Autism: A Guide to Safety
www.researchautism.org/resources/reading/index.asp#AGuideToSafety

Internet safety www.netsmartz.org

Assistive Technology

NEAT Marketplace (New England Assistive Technology Center) - Provides information, assistive technology assessments, instruction and demonstration of the latest adaptive equipment
www.neatmarketplace.org

Connecticut Assistive Technology Guidelines- Guidelines for considering, implementing, and evaluating assistive technologies from low to high tech
www.sde.ct.gov/sde/cwp/view.asp?a=2663&q=334974

Center on Technology and Disability- Assists families and professionals in advocating, acquiring and implementing effective assistive and instructional technology practices, devices and services as well as has an interactive learning center www.ctdinstitute.org

Connecticut's Resource Guide of Assistive Technology (AT), Supports and Accommodations: www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=335732

Support/Advocacy Groups

Connecticut Family Support Network (CTFSN) - Parent-to-parent organization offering support groups, training, email list serve, information and advocacy www.ctfsn.org

Connecticut Parent Advocacy Center (CPAC) - Provides information, trainings and support to families of children with disabilities from birth to 26 years www.cpacinc.org

CT Families for Effective Autism Treatment (CT FEAT) - Provides information, training, support and networking. It has a "Parents Only" internet discussion list www.ctfeat.org

Autism Services and Resources Connecticut (ASRC) - Provides recreational and social groups, trainings, newsletter, information www.ct-asrc.org

Office of the Healthcare Advocate (OHA) - Provides free advocacy and assistance to resolve healthcare and insurance issues 1-866-466-4446 www.ct.gov/oha

Family Advocacy Program (FAVOR) - Offers training, technical assistance and, support to parents and caregivers www.favor-ct.org

PATH Parent to Parent and Family Voices of CT- A network of families providing informational and emotional support to others who have a child with developmental or health related needs www.pathct.org

Legal

Center for Children's Advocacy- Provides legal representation to children and youth who are resource-poor. They address educational rights, guardianship, housing issues, domestic and dating violence, access to health care and mental health care, and more. www.kidscounsel.org

CT Network for Legal Aid (Special Education) - Free legal help for people with low income <http://ctlawhelp.org/special-education-in-connecticut>

Statewide Legal Services of Connecticut - Advocacy, legal representation, advice, and information for all education related issues for people with low income www.slct.org

Connecticut Legal Services- Provides legal representation for people with low income. Priority areas include: divorce, child support and other aspects of family law, housing subsidies, all aspects of public benefits (SNAP, Medicaid, SSI etc.), special educations, employment related issues www.connlegalservices.org

Your Special Education Rights- Video based resource for parents to provide them with the knowledge to advocate for their child's education www.yourspecialeducationrights.com

Wrightslaw- Provides advocacy, legal information, support www.wrightslaw.com

Social/Recreation

Best Buddies- One-to-one friendships, integrated employment www.bestbuddiesct.org

Special Olympics: An organization that provides year round sports training and athletic competition in a variety of Olympic type sports for children with disabilities www.soct.org

Unified Sports - Joins people with and without disabilities on the same team. It was inspired by a simple principle: playing together is a quick path to friendship and understanding. www.soct.org/sports-and-fitness-programs/special-olympics-unified-sports-school-programs-administered-ciac-connecticut-interscholastic-athletic-conference

Unified Theater- Brings together young people with and without disabilities together to put on a production that is organized, written and directed by the students themselves www.unifiedtheater.org

Community Autism Socials at Yale (CASYS) - Free social-recreation groups for adolescents and adults living with autism www.meetup.com/ProjectCASYS/

Autism Families CONNECTicut: Offers social/recreational groups (Friday Night Teen Social, ages 14-19), (Young Adult hangout, ages 20-29) <http://www.autismfamiliesct.org/programs/>

Miracle League of Connecticut: Offers Friday Night Friendly Teen Drop in Nights for ages 13-21 <http://www.miracleleaguet.org/friday>

Autism Community Websites/Blogs

www.wrongplanet.net

www.theautspot.com

<http://grasp.org> Global and Regional Asperger Syndrome Partnership (GRASP)

NC/CAC 2018