

## 2014 Program Report Card: Ansonia High (Charger) School Based Health Center (9-12) Sponsored by Griffin Hospital

*Quality of Life Result:* All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

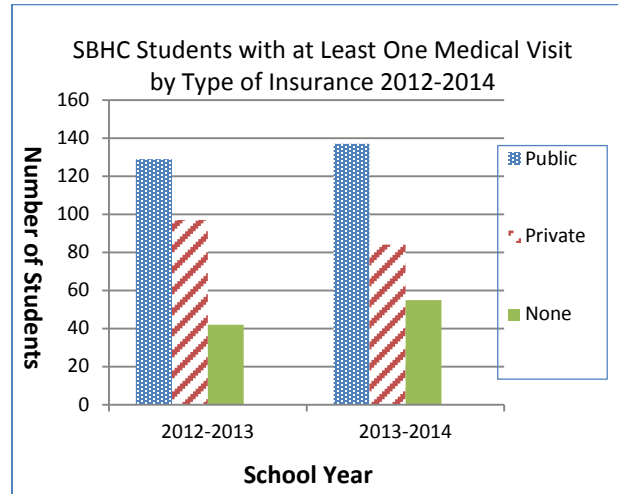
*Contribution to the Result:* The School Based Health Center (SBHC) provides mental and physical health care services along with health education strategies to high school students so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 14	\$118,408	\$0	\$0	\$46,634	\$16,706.00	\$181,748.00
Estimated SFY 15	\$111,556	\$0	\$0	\$59,397	\$13,500.00	\$185,307.00

*Partners:* Parents, Students, CASBHC, DPH, DSS, DMHAS, School Based Health Alliance, Lower Naugatuck Valley Parent Child Resource Center, Naugatuck Valley Health District, Ansonia Board of Education, Local Mental Health Agency (BH Care), School Administrators and Faculty, CT Behavioral Health Partnership (BHP), Milford Rape Crisis Center.

### How Much Did We Do?

Access and Utilization



**Story behind the baseline:** The total school population was 599 in 2013-2014 which will be used as a baseline moving forward. There were zero students with other or unknown insurance status.

Marketing efforts were increased in the 2013-2014 school year. Letters and enrollment forms about the SBHC with a focus on health literacy and service provision were mailed to all incoming freshmen. SBHC staff also presented information about the SBHC to parents of all students at the "Back to School Night" event hosted by the high school.

SBHC staff visited every classroom during "Freshman Academy" held in late August 2013 to present information about the SBHC and resources available. Every faculty member at the high school received a letter from clinical providers about the services available at the SBHC.

The number of students with at least 1 medical visit has increased 3% from 268 in 2012-2013 to 276 in 2013-2014. During the last two school years, the number of students seen who had no insurance increased by 31% and those with public insurance increased by 6%. Those who were privately insured decreased by 13% and those with other/unknown insurance state did not change.

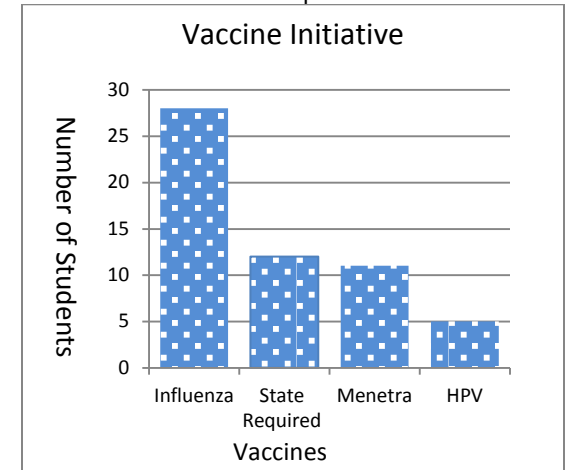
Total medical visits increased by 97% from 268 in 2012-2013 to 527 in 2013-2014.

Mental health visits increased by 52% from 228 in 2012-2013 to 346 in 2013-2014.

**Trend:** [▲]

### How Well Did We Do?

Reduce the occurrence of preventable diseases



#### Story behind the baseline:

Twenty eight (28) students enrolled in the SBHC received the influenza vaccine in 2013-2014. The influenza vaccine was a new initiative for the 2013-2014 school year and therefore will be used as a baseline for future years.

Students and parents were notified of the availability of the influenza vaccine in October 2013. Notification was sent by utilization of the high school "reverse 911" system which sends a telephone and e-mail message to all registered students and families. Information packets were provided to all enrolled students. A link to the SBHC was created on

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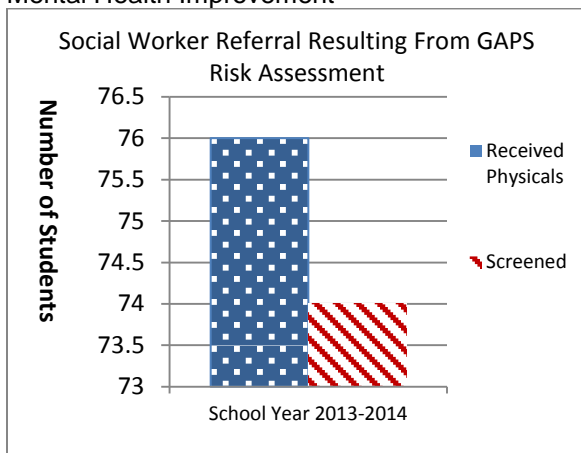
the high school website which including information about the vaccine availability as well as educational material about the risks and benefits of vaccination and the Centers for Disease Control's (CDC) Vaccine Information Statement (VIS) for the 2013-2014 Influenza Vaccine. The SBHC staff identified and provided State of CT required vaccination to eligible students. In 2013-2014 sixteen (16) students were identified as being eligible to receive state required vaccination to remain in public school. Of these, twelve (12), or 75% of those eligible, received vaccination through the SBHC.

The Advisory Committee of Immunization Practices (ACIP) recommends that students over age sixteen (16) receive a second dose of Menactra, which is not required by the State of CT to remain in school. In 2013-2014, the SBHC identified forty nine (49) students that were eligible to receive the second dose in this series. Of those, eleven (22%) were brought up to date on this vaccine.

The ACIP recommends that students over age eleven (11) receive a three (3) dose series of Human papillomavirus (HPV). In 2013-2014, the SBHC identified sixty four (64) students that were not up to date with this series. Of those, five (8%) of those eligible, were brought up to date on this series.

**Trend:** [ ◀ ▶ ]

### Is Anyone Better Off? Mental Health Improvement



#### Story behind the baseline:

Seventy six (76) students enrolled in the SBHC in 2013-2014 received a complete wellness exam with seventy four students (97%) completing a mental health needs assessment utilizing the Guidelines for Adolescent Preventive Services (GAPS) Questionnaire. The two (2) students that did not complete the GAPS had Limited English Proficiency (LEP) and were unable to complete the questionnaire. These students spoke Turkish and no translator services were available. As 2013-2014 is the first year the SBHC collected this data, it will be used as a baseline for future years.

Of the 74 students assessed, fifteen students (20%) were identified as having a mental health concern. Of those, fourteen students (93%) were referred to and assessed by the social worker. One student (7%) refused services.

There were seven students enrolled in the SBHC in 2013-2014 who completed at least three months of regular therapy. Of those, five (71%) demonstrated improved psychosocial functioning and two students remained at the same level or were referred to an outside mental health agency for treatment. Five students that were enrolled in the SBHC in 2013-2014 were identified as having mental health needs that exceeded the scope of services provided

through the SBHC and were referred to an outside mental health agency for treatment.

**Trend:** [ ◀ ▶ ]

### Proposed Actions to Turn the Curve:

#### Access and Utilization:

- Information about the SBHC will be included on the school website and through the school message blast system that reaches the households of students attending the school.

#### Influenza Vaccinations:

- Information about the influenza vaccine risks, benefits and availability will be promoted on the school website and through the school message blast system that reaches the households of students attending the school.
- The APRN will promote influenza vaccination to all students by assessing each student's vaccine status at any medical visit during influenza season. Any student assessed as meeting criteria for vaccination will be given written information about the influenza vaccine risks, benefits and availability.

#### Mental Health Services:

- SBHC staff will provide SBHC orientation sessions to all new and existing school personnel. Orientation will include information on the mental health services offered through the Center, the referral process and the importance of linkages with community service providers and other resources.
- The SBHC social worker will work collaboratively with school staff to identify students at risk and ensure a coordinated approach to addressing student/family need.
- SBHC staff will also establish and maintain collaborative relationships with new and existing community based providers to ensure continuity of care and access to needed resources.

#### Data Development Agenda:

- Work with Electronic Health Record Vendor:
- To align EHR generated reports to meet DPH requirements
- To streamline the process of exporting our data from EHR to DPH