

## 2014-2015 Program Report Card: New Britain School Based Health Centers New Britain High School (9-12) and Roosevelt Campus (Pre-K, 9-12)

*Quality of Life Result:* All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

*Contribution to the Result:* School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

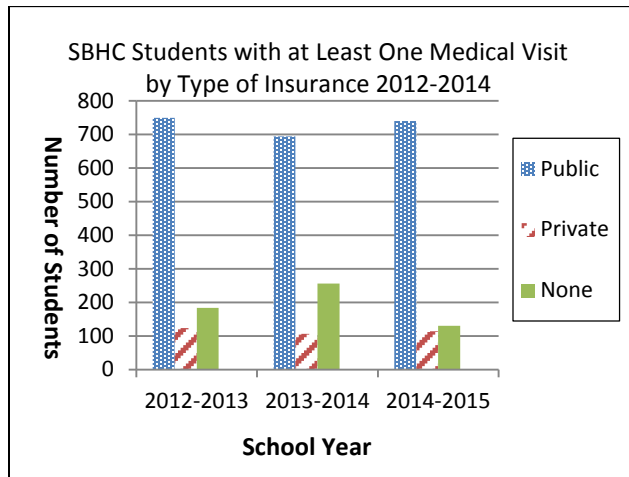
| Program Expenditures | DPH SBHC Funding | Other State Funding | Federal Funding (MCHBG, ACA) | Total Other Funding (Other federal, Local, Private) | Reimbursement Generated | Total Site Funding |
|----------------------|------------------|---------------------|------------------------------|---|-------------------------|--------------------|
| Actual SFY 15        | \$279,062        | \$0                 | \$0                          | \$0   | \$620,121.56            | \$899,079.56       |
| Estimated SFY 16     | \$266,836        | \$0                 | \$0                          | \$0   | \$620,121.56            | \$886,848.56       |

*Sponsoring Agency:* Consolidated School District of New Britain

*Partners:* Parents, Students, CASBHC, DPH, DSS, YMCA, The CT Chapter of the AAP, School Based Health Alliance, Board of Education, Safe Schools- Healthy Students, CHC, School Administrators and Faculty.

### How Much Did We Do?

Access and Utilization



#### Story behind the baseline:

In 2014-2015 the total school population for New Britain High School was 2,314. The total population of students at the Roosevelt Campus School was 341. The combined total school population has fluctuated from 2,995 in 2012-2013 to 2,655 in school year 2014-2015. As a result, enrollment in the health center has fluctuated, resulting in a slight reduction in demand for services. This may have been a result of

the opening of nearby charter schools. Of the total population of students in 2014-15, 1,105 (42%) enrolled in SBHC services; 990 (43%) at NBHS and 115 (34%) at Roosevelt Campus School. In 2014-2015, 740 (67%) students with at least one medical visit had public insurance, 114 (10%) students with at least one medical visit had private insurance and 130 (12%) students with at least one medical visit were uninsured.

| Student Population, Enrollment, Number of Medical Visits, and Number Served in New Britain High School and Roosevelt Campus |              |              |                |                |
|---|--------------|--------------|----------------|----------------|
| Schools   | Population   | Enrolled     | Medical Visits | Medical Served |
| NBHS  | 2,314        | 990          | 1,432          | 718            |
| RMS   | 341          | 115          | 221            | 212            |
| <b>Total</b>  | <b>2,655</b> | <b>1,105</b> | <b>1,653</b>   | <b>930</b>     |

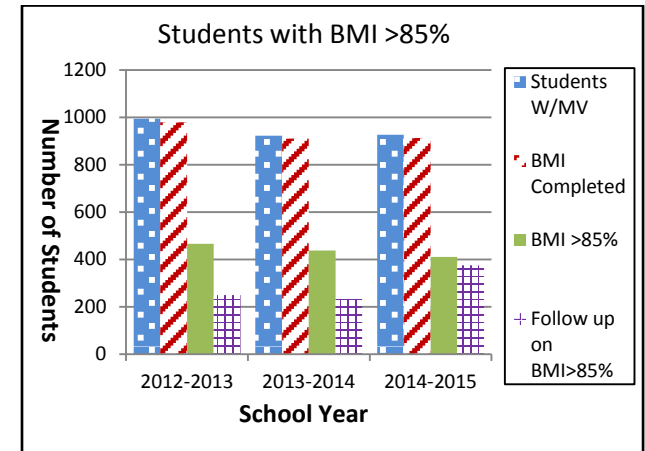
In 2014-2015, there was a huge push to ensure that all students enrolled and were uninsured, but potentially eligible for insurance, were referred to the Community Health Center, Inc. (CHCI) Access to Care department. Families were provided one to one assistance with insurance eligibility and paperwork. The SBHC staff followed up with each uninsured family routinely and updated all information within the

electronic health record, resulting in an increase of 9% combined private and Medicaid insured patients.

**Trend:** [▲]

### How Well Did We Do?

Reduce Obesity in SBHC Users



#### Story behind the baseline:

Body Mass Index (BMI) at the SBHC's is calculated by tracking height and weight from a student when they receive a medical visit. A BMI >85% indicates

**Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend**

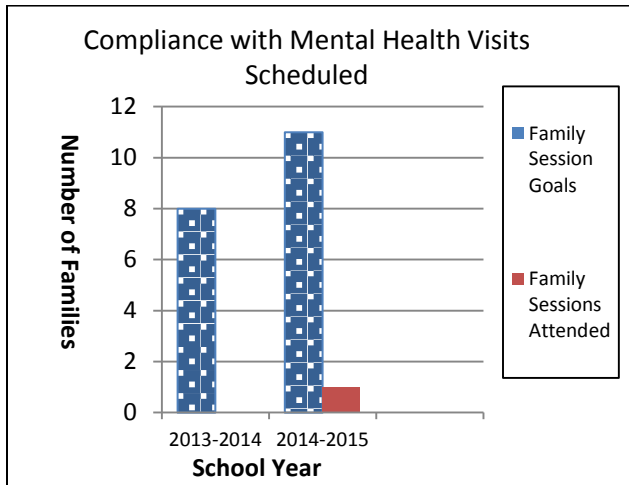
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obesity. In 2014-2015, 927 students received at least one medical visit and a BMI was conducted on 913 (98%). Four hundred and eleven (45%) of the students had a BMI greater than 85%. Students with a BMI over the 85<sup>th</sup> percentile, 375 (40%), are offered individual nutrition counseling with the nurse practitioner.

**Trend:** [▲]

### Is Anyone Better Off?

Increase Family Visits



### Story behind the baseline:

The goal for the school year 2014-2015 was to conduct 11 family sessions. Only one family attended. Providers report that it can be challenging to engage parents in family work and often find it difficult to meet during the school day.

**Trend:** [◀▶]

### Proposed Actions to Turn the Curve:

#### Access and Utilization:

- Letters for permission to give the flu vaccine will be distributed to students at the beginning of the school year.
- As outreach, staff will attend school functions, including Parents Nights, provide presentations to health classes, and enhance the publicity of school based services in a variety of mediums including: websites, newsletters, and electronic communications.
- Forms are now available on an electronic platform and posted on district wide websites.

#### Obesity Reduction:

- Staff will track BMIs through our electronic health record.
- Staff will provide one-on-one nutrition counseling.
- Classroom presentations on healthy eating will be offered.

#### Mental Health Services:

- Clinical staff will set family visit goals for each student as therapeutically appropriate.
- Staff will track the family session visits through our electronic health record.
- Clinicians will be available before or after school day to accommodate work schedules.
- Clinicians will be expected to provide evidence of their efforts and outreach to parents and family.

#### Data Development Agenda:

- Staff will continue to work with the CHC Business Intelligence (BI) team, to gather data.
- Staff will align EHR generated reports to meet DPH requirements.
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- Staff will work with IT Department to streamline the process of exporting our data from EHR to DPH.

- Staff will further refine data collection capability of the electronic record to define parameters for better identification and management of specific conditions (ex. students who have participated in select programs, students who have an asthma action plan on record, and obesity counseling data, etc.). The school based team is working closely with the BI team in the development of a dashboard which will provide need data and trends in the moment.