

**State of Connecticut  
Department of Public Health  
Facility Licensing and Investigations Section**

IN RE:           Stonington Behavioral Health, Inc.  
                  d/b/a Stonington Institute  
                  Facility for the Care or Treatment of Substance Abusive or Dependent Persons  
                  License No. 0482  
                  618 Pequonnock Road  
                  Groton, CT 06340

                  Stonington Behavioral Health, Inc.  
                  d/b/a Stonington Institute  
                  Mental Health Day Treatment Facility  
                  License No. 0060  
                  618 Pequonnock Road  
                  Groton, CT 06340

**CONSENT ORDER**

WHEREAS, Stonington Behavioral Health, Inc. ("Licensee" or "Facility") has been issued license No. 0482 to operate a Facility For the Care or Treatment of Substance Abuse or Dependent Persons and license No. 0060 to operate a Mental Health Day Treatment Facility by the Connecticut Department of Public Health ("Department"); and,

WHEREAS, the Department issued an Emergency Summary Order to the Licensee on December 12, 2019 (Exhibit A);

WHEREAS, the Department and the Licensee have agreed to this Consent Order that will become effective on the date the Consent Order is executed by the Department. This Consent Order shall supercede and replace the Emergency Summary Order; and,

NOW THEREFORE, the Department, and the Licensee, acting by and through William A. Aniskovich, its Executive Director, hereby stipulate and agree as follows:

1. The Licensee's licenses shall be placed on probation for a period of two years.
2. During the period of probation, the Facility shall not implement any new patient care services including, but not limited to: ambulatory chemical detoxification treatment, care and rehabilitation, chemical maintenance treatment, day or evening treatment, intensive treatment, intermediate and long term treatment and rehabilitation, medical triage, and residential detoxification and evaluation without first receiving approval from the Department. In addition, during the first year of the probationary period, neither the Licensee nor any beneficial owner of the Licensee shall acquire an ownership interest in another a Facility For the Care Or Treatment Of Substance Abusive Or Dependent Persons in Connecticut without the prior approval of the Department.
3. For a period of three months on each Wednesday, the Facility shall provide the Department with a list of all clients and/or staff who are symptomatic with conditions consistent with the adenovirus or any other contagious disease.
4. The Licensee shall enter into a contract with an Independent Nurse Consultant ("INC") who has training and experience in infection prevention and control and is pre-approved in writing by the Department. The INC's duties shall be performed by a single individual unless otherwise approved by the Department. The Licensee shall incur the cost of the INC and any other costs associated with compliance with this Consent Order. Failure to pay the INC in a timely basis and in accordance with the contract, as determined by the Department and its sole and absolute discretion, shall constitute a violation of this Consent Order. Failure to pay the costs associated with the INC's duties may result in a fine not to exceed one thousand (\$1,000.00) dollars per day until such costs are paid. The Licensee waives its right to a hearing regarding any penalty imposed pursuant to this section, however, the Licensee shall be allowed to present documentary evidence to the Department prior to the imposition of a penalty.

5. The INC shall function in accordance with the FLIS' Independent Nurse Consultant Guidelines (Exhibit B – copy attached). The INC shall be a licensed practitioner who holds a current and unrestricted license in Connecticut. The INC shall not be included in meeting any applicable staffing requirements pursuant to the Regulations of Connecticut State Agencies or the Connecticut General Statutes. The Department shall have the right to communicate with the INC at any time and in any manner.
6. On or before December 30, 2019, the INC shall conduct an assessment of the Facility related to all issues identified in the Emergency Order and/or issues related to infection control, compliance with all applicable statutes, regulations, and standards of care. The INC's report shall include the Facility's infection control measures regarding the outbreak of adenovirus that have been implemented and shall evaluate the overall functioning of the infection control program. The INC's report shall also include recommendations, if any, related to any issue she evaluated. The INC shall be at the Facility for a minimum of twenty-four hours per week until December 27, 2019, and four hours per week thereafter. For the week beginning January 6, 2020, the Facility shall hire a temporary INC, approved by the Department, to provide four hours of services consistent with the terms of this Consent Order. The duties and responsibilities of the INC shall end on January 17, 2020.
7. Before December 27, 2019, the INC shall provide training to the Facility's staff and clients regarding the adenovirus and infection prevention and control measures. In addition, the Facility shall make its staff at the Inn at Trails Corner available to the INC, at the INC's convenience, for such training.
8. Within three (3) days of executing this Consent Order, the Licensee shall execute a contract with a healthcare environmental cleaning company, pre-approved by the Department or the Local Health Director. The cleaning company's staff and expertise shall be sufficient in number in order to clean, disinfect, and maintain the Facility in a safe and sanitary manner and shall comply with control measures to manage adenovirus and other health related issues. The contracted healthcare environmental company shall provide regular services during the period of probation.

9. The INC's assessment of the Facility shall include a review of policies and procedures related to infection control, quality assessment and performance improvement (QAPI), adequacy of the healthcare environmental cleaning contractors, comprehensive case management/discharge planning, and separateness between the Licensee's programs and reporting to ensure that each licensee's governance is local and separate rather than intertwined with the other licensed entity.
10. The terms of the contract executed with the INC shall include all pertinent provisions contained in this Consent Order. The INC shall act and perform the duties assigned herein at all times to serve the interest of the Department in assuring the safety, welfare and well-being of the clients and to secure compliance with applicable federal and state law and regulations and shall not accept any direction or suggestion from the Licensee or its employees that will deter or interfere in fulfilling this obligation.
11. The Executive Director and the Facility's Infection Preventionist shall meet every week for the first (4) weeks of this Consent Order, then every other week for the next (4) weeks of this Consent Order and then monthly thereafter to discuss issues related to the care, services, assessments, treatment plans, client safety and compliance with applicable statutes and regulations. The Facility shall maintain minutes of said meetings inclusive of problems and approaches to issues discussed.
12. The INC shall confer with the Licensee's Governing Authority, Executive Director, and other staff determined by the INC to be necessary to the assessment of the quality of services and the Licensee's compliance with federal and state laws and regulations.
13. The INC shall make recommendations to the Licensee's Executive Director for improvement in the delivery of direct client care in the Facility. If the INC and the Licensee are unable to reach an agreement regarding the INC recommendation(s), the Department, after meeting with the Licensee and the INC shall make a final determination, which shall be binding on the Licensee.
14. The INC's initial report to the Department shall include:
  - a. The INC's assessment of the care and services provided to clients;
  - b. The Licensee's compliance with applicable State laws and regulations;

- c. The Facility's compliance with reviewing, revising, and developing policies and procedures in accordance with acceptable standards of practice; and
  - d. Any recommendations made by the INC and the Licensee's response to implementation of the recommendations.
15. Copies of all INC reports shall be simultaneously provided to the Licensee, Executive Director and the Department.
16. Effective upon the execution of this Consent Order, the Licensee, through its Infection Preventionist, shall ensure substantial compliance with the following:
  - a. Sufficient personnel are available to meet the needs of the clients;
  - b. Job descriptions are reviewed and revised as appropriate and reviewed with each staff member to ensure that staff have been trained appropriately and are providing the necessary care and services to the clients and in accordance with facility policies and procedures;
  - c. A safe, sanitary, and comfortable environment;
  - d. Appropriate cohorting of clients;
  - e. The management, personnel, equipment, facilities, sanitation and maintenance of the Facility shall be such as reasonably to ensure the health, comfort, and safety of the clients at all times;
  - f. Assessing, monitoring, and evaluating the delivery of direct client care with particular emphasis on the delivery of services by clinicians and implementing prompt training and/or remediation in any area in which a staff member demonstrated a deficit. Records of said training and/or remediation shall be maintained by the Licensee for review by the Department; and,
  - g. All new client admissions shall be assessed for influenza history and offered an influenza vaccine, if indicated.
17. Any records maintained in accordance with any state or federal law or regulation or as required by this Consent Order shall be made available to the INC and the Department, upon request.
18. The Licensee shall immediately notify the Department if the position(s) of Executive Director or Infection Practitioner become vacant. The Licensee shall provide the Department with weekly reports pertaining to recruitment efforts for any of the previously identified positions.

19. The Licensee, within two (2) days of the execution of this Consent Order, shall designate an individual within the Facility to monitor the requirements of this Consent Order. Said designee shall provide the Department with reports, every other week, which document the Facility's implementation efforts once the INC's term has concluded.
20. A Quality Assurance Program shall continue to be followed by the Licensee, through its Quality Council, consisting of, at least, the Executive Director and Infection Preventionist. The Quality Council shall meet at least once every thirty (30) days to review all reports or complaints relating to client care and compliance with federal state laws and regulations. The INC shall have the right to attend and participate in all Quality Council meetings and to evaluate and report on the design of the quality assurance programs implemented by the Quality Council. The activities of the Quality Assurance Quality Council shall include, but not be limited to, assessing all clients of the Licensee to identify appropriateness of care and service and determination and adoption of new policies to be implemented by Licensee's staff to improve client care practices. The Quality Council shall implement a quality assurance program that will measure, track and report on compliance with the requirements of this Consent Order. The Quality Council shall measure and track the implementation of any changes in the Licensee's policies, procedures, and allocation of resources recommended by the Quality Council to determine compliance with and effectiveness of such changes. A record of quality assurance meetings and subject matter discussed will be documented and available for review by the Department. Minutes of all such meetings shall be maintained at the Facility for a minimum of five (5) years.
21. All reports pertinent to this document shall be sent to:  
  
Alice Martinez, R.N., Supervising Nurse Consultant  
Department of Public Health  
Facility Licensing and Investigations Section  
410 Capital Avenue, MS #12HSR  
Hartford, CT 06134
22. All parties agree that this Consent Order is an Order of the Department with all of the rights and obligations pertaining thereto and attendant thereon. Nothing herein shall be construed as

limited the Department's available legal remedies against the Licensee for violations of the Consent Order or of any other statutory or regulatory requirements, which may be sought in lieu of or in addition to the methods of relief listed above, including all options for the issuance of citations, the imposition of civil penalties calculated and assessed in accordance with Section 29s-524 et seq. of the General Statutes, or any other administrative and judicial relief provided by law.

23. The execution of this Consent Order has no bearing on any criminal liability without the written consent of the Director of the MFCU or the Bureau Chief of the Department of Criminal Justice's Statewide Prosecution Bureau.
24. The Licensee agrees that this Consent Order and the terms set forth herein are not subject to reconsideration, collateral attack or judicial review under any form or in any forum including any right to review under the Uniform Administrative Procedure Act, Chapter 368a of the Statutes, Regulations that exists at the time the Order is executed or may become available in the future, provided that this stipulation shall not deprive the Licensee of any other rights that it may have under the laws of the State of Connecticut or of the United States.
25. The Licensee shall enter into a contract with a second Independent Nurse Consultant ("INC") who has training and experience in infection prevention and control and is pre-approved in writing by the Department. The second INC's duties shall be performed by a single individual unless otherwise approved by the Department. The Licensee shall incur the cost of the second INC and any other costs associated with compliance with this Consent Order. Failure to pay the second INC in a timely basis and in accordance with the contract, as determined by the Department and its sole and absolute discretion, shall constitute a violation of this Consent Order. Failure to pay the costs associated with the second INC's duties may result in a fine not to exceed one thousand (\$1,000.00) dollars per day until such costs are paid. The Licensee waives its right to a hearing regarding any penalty imposed pursuant to this section, however, the Licensee shall be allowed to present documentary evidence to the Department prior to the imposition of a penalty.


26. The second INC shall function in accordance with the FLIS' Independent Nurse Consultant Guidelines (Exhibit B – copy attached). The second INC shall be a licensed practitioner who holds a current and unrestricted license in Connecticut. The second INC shall not be included in meeting any applicable staffing requirements pursuant to the Regulations of Connecticut State Agencies or the Connecticut General Statutes. The Department shall have the right to communicate with the second INC at any time and in any manner.
27. Beginning January 20, 2020, and continuing for twelve (12) weeks, the second INC shall work four (4) hours per week at the Facility to make sure that the recommendations of the INC have been implemented and that the Facility staff are properly managing the ongoing issues with adenovirus and are operating in compliance with all relevant statutes, regulations and the standard of care. After eight weeks, the Facility may request in writing that the hours of the second INC be reduced or eliminated. The Department shall have absolute discretion regarding whether to reduce the hours of the second INC, and the Department may continue the hours of the second INC or increase the hours of the second INC after the twelve (12) weeks based on reports from the second INC and based upon any other information the Department deems relevant.
28. During August, 2020, the second INC shall conduct an assessment of the Facility related to all issues identified in the Emergency Order, and issues identified by the INC and the who did the initial assessment, her assessments and/or issues related to infection control, compliance with all applicable statutes, regulations and standards of care. The second INC shall also review the INC's recommendations and evaluate compliance with her recommendations. The second INC shall file a report with the Department and the Licensee within two weeks of her last date of assessment. The report shall include an assessment of the Facility's infection control measures regarding the outbreak of adenovirus that have been implemented and shall evaluate the overall functioning of the infection control program. The second INC's report shall also include recommendations, if any, related to any issue she evaluated.
29. During the period of probation, the Licensee shall meet with the Department monthly for the first three months and quarterly thereafter to discuss issues related to this Consent Order.



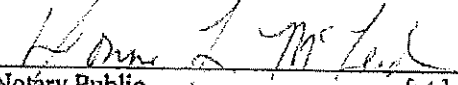
30. No later than (2) days of the effective date of this Consent Order, the Facility shall provide all clients and staff with a copy of the information regarding adenovirus attached as Exhibit C. In addition, the Facility shall review Exhibit C with each client and staff within two days of the effective date of this Consent Order. The Facility shall document in each client record and each staff member's file that this review was conducted. The Facility may keep a separate log of staff education in lieu of documenting the review in each staff member's file.
31. The Licensee waives its right to a hearing on the allegations contained in the Emergency Order.
32. The Licensee agrees that the allegations contained in the Emergency Order shall be deemed true in any subsequent proceeding in which its compliance with this Consent Order or the statutes and regulations governing its licenses is at issue.
33. There shall be no new admissions to the Facility until fourteen (14) days from the last reported case (currently December 17, 2019) have passed without a new case of laboratory-confirmed adenovirus infection occurring in a client or an employee of the Facility or a client or employee at the Inn at Trails Corner. At the end of this period, the Department will evaluate the status of infection control measures at the Facility and all other information it deems relevant and make a determination, in its sole and absolute discretion, after consulting with the Ledge Light District of Health and subject matter experts at the Centers for Disease Control and Prevention ("CDC") regarding whether the Facility can admit new clients. The Facility shall not admit new clients until it receives written permission from the Department.
34. The Licensee has consulted with its attorney prior to the execution of this Consent Order.

IN WITNESS WHEREOF, the parties hereto have caused this Consent Order to be executed by their respective officers and officials, which Consent Order is to be effective as of the later of the signature dates noted below.

LICENSEE


By:   
\_\_\_\_\_  
William A. Aniskovich  
Executive Director  
Stonington Behavioral Health, Inc.  
Licenses 0482 and 0060

On this 20<sup>th</sup> day of December, 2019, before me, personally appeared William A. Aniskovich who acknowledged himself to be the Executive Director of Stonington Behavioral Health, Inc., a corporation, and that he, as such Executive Director being authorized so to do, executed the foregoing instrument for the purposes therein contained, by signing the name of the corporation by himself as its Executive Director.

My Commission Expires: 11/30/20   
Notary Public  [X]  
Commissioner of the Superior Court [ ]

**DONNA L. MCLEOD**  
**NOTARY PUBLIC**  
MY COMMISSION EXPIRES NOV. 30, 2020

STATE OF CONNECTICUT,  
DEPARTMENT OF PUBLIC HEALTH

By:   
Rejée D. Coleman-Mitchell, MPH  
Commissioner

December 27, 2019

**EXHIBIT A**

**STATE OF CONNECTICUT**  
DEPARTMENT OF PUBLIC HEALTH

Renée D. Coleman-Mitchell, MPH  
Commissioner



Ned Lamont  
Governor  
Susan Bysiewicz  
Lt. Governor

**HEALTH CARE QUALITY AND SAFETY BRANCH**  
**EMERGENCY SUMMARY ORDER PURSUANT TO CONN. GEN. STAT. § 19a-494**

Issued To: Stonington Behavioral Health, Inc. of North Stonington, CT  
d/b/a Stonington Institute  
Facility for the Care or Treatment of Substance Abusive or Dependent Persons  
License No. 0482  
618 Pequonnock Road  
Groton, CT 06340

Stonington Behavioral Health, Inc. of North Stonington, CT  
d/b/a Stonington Institute  
Mental Health Day Treatment Facility  
License No. 0060  
618 Pequonnock Road  
Groton, CT 06340

Whereas, pursuant to Conn. Gen. Stat. § 19a-493, Stonington Behavioral Health, Inc. of North Stonington, CT d/b/a Stonington Institute ("Licensee") has been issued license Nos. 0482 and 0060 by the Connecticut Department of Public Health ("Department") to operate an Outpatient, Day and Evening Treatment Program and a Mental Health Day Treatment Facility known as Stonington Institute ("Facility"); and,

Whereas, Conn. Gen. Stat. § 19a-494a authorizes the Commissioner of Public Health ("Commissioner") to issue an Emergency Summary Order if the Commissioner finds that the health, safety, or welfare of any patient or patients in any Facility for the Care or Treatment of Substance Abusive for Dependent Persons or a Mental Health Day Treatment Facility imperatively requires emergency action and incorporate findings to that effect into the order; and,

Whereas, in response to a complaint received by the Department, an office conference was conducted on December 6, 2019 whereby concerns with infection control and an outbreak of adenovirus were discussed and



Phone: (860) 509-xxxx • Fax: (860) 509-xxxx  
Telecommunications Relay Service 7-1-1  
410 Capitol Avenue, P.O. Box 340308  
Hartford, Connecticut 06134-0308  
[www.ct.gov/dph](http://www.ct.gov/dph)

*Affirmative Action/Equal Opportunity Employer*



control measures to reduce the spread of the outbreak were reviewed. An investigation was initiated at the Facility concerning an outbreak of adenovirus and to review the Facility's response and infection control measures implemented. As part of the Department's investigation, a visit at the Facility was conducted by the Department on December 10, 2019 and December 12, 2019 and significant concerns with infection control; continued to be identified; and

Whereas, pursuant to Chapter 368v of the Connecticut General Statutes, the Facility is required to comply with all pertinent statutes and regulations; and,

Whereas, during the course of the aforementioned investigation and Facility site visit violations of the Regulations of Connecticut State Agencies ("Public Health Code") occurred as follows:

- a. The Facility continued to put residents at risk by failing to implement their infection control plans dated December 5, 2019, revised on December 9, 2019, in a timely manner to prevent the spread of a communicable disease;
- b. The Facility lacked qualified housekeeping staff to maintain a safe and sanitary environment;
- c. The Facility did not implement adequate training to all staff and clients on infection prevention and control, including issues involving hand hygiene and respiratory etiquette;
- d. The Facility did not adequately clean the Facility's environment to prevent the spread of a communicable disease;
- e. The Facility's housekeeping staff were not using cleaning products in accordance with manufacturer's directions;
- f. The Facility failed to adequately supervise its staff to ensure staff were following infection control standards to prevent the spread of a communicable disease;
- g. The Facility lacked alcohol-based hand sanitizers and other items (i.e. tissues) that can be used to prevent the spread of a communicable disease; and,
- h. The Facility did not cohort clients to prevent the spread of a communicable disease.

The Commissioner finds that violations of the following sections of the Regulations of Connecticut State Agencies have occurred and/or are occurring at the Facility:

Section 19a-495-550(d)(1)(2)  
Section 19a-495-550(e)(1)  
Section 19a-495-550(g)(4)(B)  
Section 19a-495-550(h)(D)(i)

Section 19a-495-570(f)(1)  
Section 19a-495-570(g)(1)(2)  
Section 19a-495-570(i)(4)  
Section 19a-495-570(6)(A)  
Section 19a-495-570(j)(D)(i)

Whereas, based on the foregoing, the Commissioner finds that the health, safety, and welfare of patients in the Facility imperatively requires emergency action.

Therefore, pursuant to the authority provided by the Connecticut General Statutes § 19a-494a, the Commissioner **ORDERS** that the Licensee take the following actions:

1. By the end of business on **December 13, 2019**, the Licensee shall execute a contract and/or hire a full time (40 hours per week) Infection Control Nurse or Infection Preventionist ("ICN" or "IP") pre-approved in writing by the Department. The ICN or IP shall conduct an assessment of the Facility related to infection control, provide education to staff and clients, and review, revise or develop policies related to infection prevention and control and identify any areas requiring remediation. The ICN or IP shall make observations of staff and clients and act and perform the duties assigned herein at all times to serve the interest of the Department in assuring the safety, welfare and well-being of the residents and to secure compliance with applicable federal and state law and shall not accept any direction or suggestion from the Licensee or its employees that will deter or interfere in fulfilling this obligation.
2. Within seven (7) days of executing a contract with the ICN or IP, the ICN or IP shall conduct an initial assessment. The results of such assessment shall be submitted to the Department in writing within twenty-four (24) hours of completing the assessment. The ICN or IP shall assess the Facility's compliance with all applicable statutes, regulations, and standards of care. The ICN or IP's report shall include the Facility's infection control measures regarding the outbreak of adenovirus that have been implemented and shall evaluate the overall functioning of the infection control program and make subsequent recommendations and the Facility's response to implementation of said recommendations. Copies of said report shall be simultaneously provided to the Licensee and the Department. The ICN or IP shall provide education to staff and clients regarding infection control principles, including, but not limited to, hand hygiene and cough etiquette. The ICN or IP shall be employed by the Licensee for a period of sixty (60) days or for a period when there are no new cases of adenovirus disease for 14 days, whichever is greater.
3. By the end of business on **December 13, 2019**, the Licensee shall execute a contract and/or hire a healthcare environmental cleaning company, pre-approved by the Department or the Local Health Director. The number of staff shall be sufficient in number in order to clean, disinfect, and maintain the Facility in a safe and sanitary manner. The contracted healthcare environmental company shall be in place for at least sixty (60) days or when there are no active cases of adenovirus disease for 14 days, whichever is greater.
4. The Licensee shall not admit any new clients to the program for sixty (60) days or until the Department approves new admissions.

5. By the end of business on **December 13, 2019**, the Licensee shall develop a client and staff notification plan to notify clients and staff about the current outbreak and to provide clients and staff information about such outbreak.
6. The Licensee shall ensure appropriate cohorting of clients. Cohorting means clients demonstrating respiratory symptoms shall not receive group services with clients without respiratory symptoms.
7. The Licensee shall ensure that comprehensive case management/discharge planning shall be provided to clients that seek services in other programs.

Failure to comply with this Order will be cause for additional actions pursuant to Connecticut General Statutes § 19a-494 which actions could include summary revocation or suspension of the Facility's license.

Dated at Hartford, Connecticut this 12<sup>th</sup> day of December, 2019.



Renee D. Coleman-Mitchell, MPH

Commissioner  
Connecticut Department of Public Health

## **EXHIBIT B**

### **CONNECTICUT DEPARTMENT OF PUBLIC HEALTH ("DPH")** **Facility Licensing and Investigations Section ("FLIS")** **Independent Nurse Consultant Guidelines (2019)**

#### **Relationship between Independent Nurse Consultant ("INC") and DPH:**

- An INC is utilized as a component of DPH's regulatory remedy process. An INC may be agreed upon as a part of a Consent Order between the institution and the Department when significant care and service issues are identified.
- The INC has a fiduciary or special relationship of trust, confidence and responsibility with the Department.
- The INC's responsibilities include:
  - Reporting to the Department issues and concerns regarding quality of care and services being provided by the institution.
  - Monitoring the institution's plan of correction to rectify deficiencies and violations of federal/state laws and regulations. Reports to Department positive and negative issues related to said oversight.
  - Assessing administration's ability to manage and the care/services being provided by staff.
  - Reporting in accordance with the Consent Agreement/Order to the Department of issues identified, plans to address noncompliance and remediation efforts of the institution.

#### **Relationship between INC and the Institution:**

- The INC maintains a professional and objective relationship with the institutional staff. The INC is a consultant, not an employee of the institution. The INC exercises independent judgment and initiative to determine how to fully address and complete her/his responsibilities. The institution does not direct or supervise the INC but must cooperate with and respond to requests of the INC related to her fulfilling her/his duties.
- The INC's responsibilities include:
  - Assessment of staff in carrying out their roles of administration, supervision and education.
  - Assessment of institution's compliance with federal/state laws and regulations.
  - Recommendations to institutional administration regarding staff performance.
  - Monitoring of care/services being provided.
  - Assists staff with plans of action to enhance care and services within the institution.
  - Recommendation of staff changes based on observations and regulatory issues.
  - Reports in accordance with the Consent Agreement/Order to the institution re: assessments, issues identified, and monitoring of plans of correction.
  - Promotes staff growth and accountability.
  - May present some inservices but primary function is to develop facility resources to function independently.
  - Educates staff regarding federal/state laws and regulations.

# Exhibit C

## **Adenovirus**

**We are having an outbreak of respiratory illness caused by adenovirus.**

**Some people with adenovirus infection have been hospitalized and several have been seriously ill and have had to be treated in the intensive care unit.**

Anyone can get sick from adenoviruses. Many people with adenovirus infections have cold symptoms, like runny nose and cough, fever, or sore throat.

People with weakened immunity, lung diseases, or heart diseases can become seriously ill with pneumonia (infection of the lungs).

**We are working with public health officials to stop the outbreak.**

We are providing hand sanitizer, doing more surface disinfection, and hiring staff to help us stop the outbreak.

**If you want to seek addiction treatment somewhere else, we will provide you with assistance transferring to a different treatment program.**

**Adenoviruses are spread from an infected person to other people through:**

- Close contact, such as touching or shaking hands
- The air by coughing and sneezing
- Touching an object or surface with adenoviruses on it, then touching your mouth, nose, or eyes before washing your hands



**You can protect yourself and other people from adenovirus infection**

- Wash your hands often with soap and water for at least 20 seconds, especially before and after eating and after using the bathroom
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Cover your mouth and nose with a tissue when you cough or sneeze, use the nearest trash can to throw away the tissue, then wash your hands
- Avoid sharing cigarettes/vapes, cups, and utensils with other people
- Avoid close contact with people who are sick
- If you are sick, avoid close contact with other people

**There is no specific treatment for adenovirus infection.**

Most people get better within a few days to a week, but people who are seriously ill might need hospital care. There are no approved antiviral medicines for treating adenovirus infections and antibiotics are not effective because the illness is not caused by bacteria.

More information about the adenovirus is on the CDC webpage:

<https://www.cdc.gov/adenovirus/index.html>

