



YOGURT MULTIPACKS / TUB ADDITIONS & UPDATES

Brand/Type	Flavor	16 oz 4 oz 4pack	32oz	32 oz Tub
Activia (Low Fat)	Black Cherry	4 02 4pack	4 oz 8 pack	
Activia (Low Fat)	Blueberry			
	Mango	•		
	Mixed Berry	•		
	Peach	•		
	Prune	•		
	Strawberry Banana	•		
	Strawberry	•		
	Vanilla	•		
Danimals (Nonfat)	Strawberry	•		
Dailmat Dailmat	Strawberry Banana	•		
	Raspberry	•		
	Vanilla	•		
Noosa (Whole Milk)	Dluchorm			
Noosa (Whole Milik)	Blueberry	•		
Chusbury Carting of the Control of t	Cherry Vanilla Mixed Berry Blended	•		
	Pumpkin	•		
	Vanilla Bean Blended			
	Salted Caramel			
	Strawberry Rhubarb			
	Strawberry Blended	•		
	Raspberry	•		
Yoplait (Low Fat)	Blueberry/Strawberry		•	
ropiair (2011 rat)	Cotton Candy/Strawberry		•	
MARINE LOUIS DE LOUIS	Raspberry/Strawberry		•	
	Strawberry Banana		•	
	Raspberry/Strawberry Banana		•	
	Wildberry/Cotton Candy		•	
	Strawberry/Strawberry Banana		•	
Great Value (Low Fat)	Peach			•
,	Strawberry Banana			•
La Yogurt (Low Fat)	Banana			•
	Passion Fruit			•
La Yogurt (Whole Milk)	Strawberry			•
Oomda (Low Fat)	Banana Cream			•
	Blueberry			•
	Strawberry			•
	Vanilla			•
Yoplait (Low Fat)	Blueberry			•
	Harvest Peach			•
	Strawberry Banana			•

CANNED FRUITS – PLASTIC MULTIPACK INDIVIDUAL SERVING





Brand names: Del Monte, Dole, Great Value, Mott's, Musselman's, Nature's Promise, North Coast, Stop & Shop

Buy any variety of fruits, including applesauce, without added sugars.

Must be packed in 100% juice, in water or unsweetened.

Choose single ingredients or combination of fruits.

May be regular or organic.

No products with colorant (Fruit Cocktail) or non-caloric sweeteners (Lite/Light).

NEW BRAND NAMES		
Store Name	New Brand Name	
Target	Good and Gather	
Price Rite, Shop Rite	Bowl & Basket	

BREAD UPDATES

Do not choose the following breads since they have been removed from CT WIC Approved Product Listing:

Pepperidge Farm Light Style Soft Wheat Bread

Pepperidge Farm Jewish Rye Soft Bread

Pepperidge Farm Lite Style 7 Grain

Pepperidge Farm Jewish Rye Seeded Bread

Pepperidge Farm Jewish Seedless Rye Bread

Weight Watchers Multi Grain Bread

Weight Watchers Traditional Grains

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REMINDERS:

Use your Smartphone WIC Shopper App to verify if products are WIC approved. Not every product listed here, or in the WIC Shopper App is eligible for your purchase.

Refer to your Family Benefit List for specific types of products assigned for the individuals participating in WIC.