

There is no such thing as safe tobacco. Some of the harmful chemicals in tobacco occur naturally in the plant, while others are absorbed from the soil and fertilizers. Tobacco becomes even more dangerous when it is burned because new chemicals are formed.¹

2013 Estimates

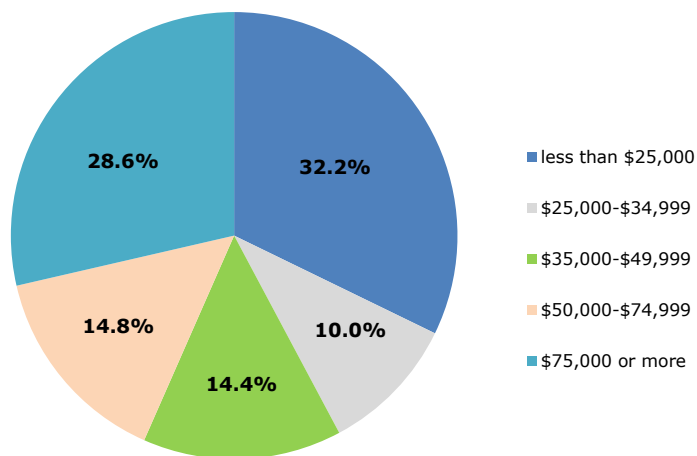
- Approximately 480,000 adults or 18.4% used some form of tobacco, including cigarettes, chewing tobacco, snuff, dip, hookahs, snus, and electronic cigarettes (e-cigarettes), on 1 or more of the past 30 days.²
- An estimated 4,300 adults in Connecticut die each year as a result of their own smoking.³
- The average age of adult tobacco users in Connecticut is 42.7 years.²

Key Points:

- No tobacco is safe.
- An estimated 18.4% of CT adults used some type of tobacco, including e-cigarettes, in the past 30 days.
- Men are more likely than women to currently use tobacco.
- Cigarettes are the most prevalent type of tobacco used by adults.

Figure 1

Annual Household Income Among Adult Current Tobacco Users in CT²



- 12.0% of adults have tried electronic cigarettes at least once in their lifetime.²
- In 2013, among adult current tobacco users, by annual income, the largest proportion (32.2%) lived in households earning less than \$25,000 (Figure 1).
- Men are more likely than women to use tobacco (Figure 2).
- Smokeless tobacco use remains mostly male behavior (Figure 2).

2013 Connecticut Estimates of Current Tobacco Use Among Adults²

Tobacco Product	Overall	Males	Females
Any tobacco product*	18.4%	20.3%	16.6%
Cigarettes	15.5%	16.8%	14.3%
E-cigarettes	4.0%	4.2%	3.8%
Hookahs (water pipes)	1.9%	2.4%	1.4% [†]
Chewing tobacco, snuff, or dip	1.8%	2.9%	0.8%
Snus	0.6%	1.3%	-
Other tobacco products**	6.1%	7.5%	4.8%

Figure 2

*including cigarettes, chewing tobacco, snuff, dip, hookahs (water pipes), snus, and e-cigarettes

[†]Data are statistically unreliable because sample size <50 or relative standard error >30%.

These estimates are subject to high sampling error and should be interpreted with caution.

**including chewing tobacco, snuff, dip, hookahs (water pipes), snus, and e-cigarettes

For Further Information

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References

¹The Real Cost of Tobacco. <http://therealcost.betobaccofree.hhs.gov>. Accessed 30 July 2014.

²Results from the Connecticut Behavioral Risk Factor Surveillance System; 2013.

³Campaign for Tobacco Free Kids. www.tobaccofreekids.org/facts_issues/toll_us/Connecticut.

Note:

Current use is defined as using a product on ≥ 1 day during the past 30 days.

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