

### Overview

- An estimated 440,000 people, or 16.0% of all adults (aged 18 years or older), in Connecticut smoke cigarettes. Cigarette smoking is more common among men (18.5%) than women (13.7%).<sup>1</sup>
- Each year in Connecticut, 4,300 adults die from their own smoking.<sup>2</sup>
- Overall smoking prevalence declined slightly from 2011 (17.1%) to 2012 (16.0%).<sup>3</sup>
- Among adults who ever tried cigarettes, 35.8% are current cigarette smokers.<sup>1</sup>
- Among current cigarette smokers, 14.2% are heavy drinkers, while among non-smokers, the rate is 5.1%.<sup>1</sup>

### Connecticut Estimates

#### Percentage of adults who were current cigarette smokers in 2012:<sup>1</sup>

##### Overall

- 16.0% of adults are current smokers
- Represents about 440,000 people

##### By Sex

- 18.5% of adult men
- 13.7% of adult women

##### By Race/Ethnicity

- 15.4% of non-Hispanic whites
- 17.3% of non-Hispanic blacks
- 19.0% of Hispanics

##### Key Points:

- Approximately 1 in 6 CT adults smokes cigarettes.
- Adults with less than a high school education are about four times more likely than college educated adults to smoke.
- As annual household income increases, cigarette smoking prevalence decreases.
- Cigarette smokers are nearly three times more likely than non-smokers to be heavy drinkers.

##### By Age

- 17.7% of adults aged 18-24 years
- 26.4% of adults aged 25-34 years
- 17.4% of adults aged 35-44 years
- 17.9% of adults aged 45-54 years
- 11.8% of adults aged 55-64 years
- 7.6% of adults aged 65 years or older

##### By Education

- 25.1% of adults with 12 or fewer years of education (no diploma)
- 21.1% of adults with a high school or GED diploma
- 18.5% of adults with some post-high school education
- 6.6% of adults with a college degree

##### By Annual Household Income

- 26.4% of adults in households with less than \$25,000 per year
- 23.8% of adults in households with \$25,000-\$34,999 per year
- 18.1% of adults in households with \$35,000-\$49,999 per year
- 15.1% of adults in households with \$50,000-\$74,999 per year
- 9.2% of adults in households with \$75,000 or more per year



## For Further Information

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Phone: 860-509-8251  
Or Visit: [www.ct.gov/dph/tobacco](http://www.ct.gov/dph/tobacco)

## References

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1. Results from the Connecticut Behavioral Risk Factor Surveillance System Survey (BRFSS); 2012.
2. Campaign for Tobacco Free Kids; [www.tobaccofreekids.org/facts\\_issues/toll\\_us/Connecticut](http://www.tobaccofreekids.org/facts_issues/toll_us/Connecticut).
3. Results from the CT BRFSS; 2011-2012.

### Notes:

Adult current smokers are defined as persons who reported smoking at least 100 cigarettes during their lifetime and who, at the time of the interview, reported smoking some days or every day.

Heavy drinkers are defined as men who have more than two alcoholic drinks per day or women who have more than one alcoholic drink per day.