

“My experience lets me support moms who are breastfeeding in my community. I’m proud to be a peer counselor.”



Community Support

 It's Worth It!

 It's Worth It!

To share your “It’s Worth It” story and to learn more about breastfeeding, scan the QR code on the right with your smartphone or visit [itsworthitct.org](http://itsworthitct.org)



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Funding for the Breastfeeding “It’s Worth It!” campaign was made possible in part by the support of the Connecticut Department of Public Health, supported by funds from the Centers for Disease Control and Prevention under the 1305 State Public Health Actions grant.