

**KEEP IT WELL
VENTILATED**

ASTHMA TRIGGER

COMBUSTION APPLIANCES

- **Nitrogen dioxide is an odorless gas that can come from the use of appliances that burn fuels. Ex: Fireplaces, Gas Stoves, Wood Stoves, Gas Furnaces and Coal Stoves**
- **Poor ventilation leads to high concentration of nitrogen dioxide**
- **Nitrogen dioxide is an irritant to the airways**



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ASTHMA ACTION STEPS

- **Consider replacing fuel-burning appliances with electric appliances.**
- **Vent all fuel-burning appliances, and use them properly.**
- **Use the exhaust fan over a gas stove when cooking or open the nearest window. Fan should vent outside.**
- **Open the flue/damper when building a fire so that smoke will exit through the chimney and not into your home.**

