



Join us for the Fourth Annual

## Connecticut Conference on Hoarding “*Treating Hoarding Disorder & Hoarding Behaviors*”

Monday, May 07, 2018 ~ 9:00am – 4:00pm  
at the Sheraton Hartford South Hotel

The Connecticut Hoarding Working Group invites you to their Fourth Annual Conference on Hoarding! We are excited to feature renowned Hoarding expert Dr. Randy Frost from Smith College. Dr. Frost will be providing participants with an in-depth training focusing on the treatment of hoarding disorder, including:

- A review of the case conceptualization model, which forms the basis for treatment, as well as how to apply in real world scenarios
- Intervention strategies will be reviewed in detail, including ways to enhance motivation among hoarding clients, how to establish goals for treatment, increase skills for organizing and problem solving, how to gain control over excessive acquisition, and how to change beliefs about possessions, foster imagined and experiential exposures to removing possessions by recycling, discarding, selling and giving away items as appropriate.
- Video clips demonstrating the phenomena as well as strategies for changing attachments to possessions will be utilized.
- Methods for adapting these principles to self-help support groups will also be presented.
- Potential roles for family members or friends as “coaches” will be described, along with strategies for preventing future clutter problems.

This presentation will be particularly beneficial for clinical therapists and social service providers, as well as other professionals hoping to acquire or expand upon their hoarding intervention strategies.

### Conference Schedule

8:00am – 9:00am	<i>Registration &amp; Continental Breakfast</i>
9:00am – 9:15am	Welcome & Opening Remarks
9:15am – 10:30am	Diagnosis & Assessment / Case Conceptualization for Hoarding Disorder
10:30am – 10:40am	<i>Break</i>
10:40am – 12:00pm	Diagnosis & Assessment / Case Conceptualization for Hoarding Disorder
12:00pm – 12:45pm	<i>Luncheon – Sandwich Bar Lunch</i>
12:45pm – 2:00pm	Treatment
2:00pm – 2:10pm	<i>Break</i>
2:00pm – 3:30pm	Treatment
3:30pm – 4:00pm	Closing Remarks

## **Registration Information**

Register online at <https://www.ctclearinghouse.org/hoardingconferenceregistration/>

To confirm your registration, payment *and* registration must be received by **Friday, April 20, 2018.**

**Registration Cost:** \$55.00/person

## **Conference Location & Driving Directions**

**Sheraton Hartford South Hotel  
100 Capital Boulevard, Rocky Hill, CT 06067**

*Parking - Free*