## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)


## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 18.1 | 21.1 | 17.8 | 15.9 | No | Yes |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 7.5 | 8.9 | 6.2 | 5.4 | Yes | No |

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## Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Sexual Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who ever had sexual intercourse |  |  | 46.0 | 42.4 | 40.5 | 42.7 | No | No |
| Percentage of students who had sexual intercourse for the first time before age 13 years |  |  | 5.5 | 5.9 | 4.6 | 4.9 | No | No |
| Percentage of students who had sexual intercourse with four or more people during their life |  |  | 14.2 | 12.4 | 10.5 | 10.6 | Yes | No |
| Percentage of students who had sexual intercourse with one or more people during the past three months |  |  |  | 31.8 | 29.6 | 30.5 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse |  |  |  | 27.9 | 24.8 | 18.8 | Yes | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse |  |  |  | 62.7 | 59.4 | 60.5 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 26.2 | 24.1 | 22.3 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse |  |  |  | 1.3 | 2.9 | 4.1 | Yes | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 27.6 | 27.0 | 26.4 | No | No |
|  |  |  |  | 8.0 | 7.8 | 8.1 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy |  |  |  | 8.0 | 7.8 | 8.1 | No | No |

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| Question |  |  | Prevalence Survey Year |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95 th percentile for body mass index, by age and sex)** |  |  | 14.5 | 13.1 | 14.3 | 14.1 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 11.1 | 12.2 | 10.1 | 12.5 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 28.8 | 28.7 | 26.0 | 28.7 | No | No |
| Percentage of students who were trying to lose weight |  |  | 46.7 | 45.2 | 46.4 | 47.1 | No | No |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 12.1 | 11.2 | 9.1 | 8.9 | Yes | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 81.1 | 81.7 | 82.3 | 80.0 | No | No |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 84.8 | 87.4 | 88.0 | 87.7 | Yes | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 69.8 | 70.2 | 68.0 | 67.1 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 66.2 | 65.2 | 66.4 | 68.7 | No | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 47.7 | 52.6 | 51.8 | 50.1 | No | No |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 80.9 | 83.6 | 83.9 | 83.6 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 21.8 | 21.5 | 21.0 | 19.7 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 9.7 | 10.4 | 9.1 | 7.2 | Yes | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 33.8 | 33.6 | 35.6 | 35.2 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 14.2 | 14.7 | 12.9 | 11.1 | Yes | No |

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Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Physical Activity |  |  |  |  |  |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days |  |  |  | 45.1 | 45.2 | 49.5 | Yes | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days |  |  |  | 14.5 | 14.0 | 11.5 | Yes | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days |  |  |  | 24.2 | 24.6 | 26.0 | No | No |
| Percentage of students who watched three or more hours per day of TV on an average school day |  |  | 33.5 | 30.1 | 30.2 | 27.1 | Yes | No |
| Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day |  |  |  | 27.6 | 27.9 | 30.5 | No | No |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence Survey Year |  |  |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Injury and Violence |  |  |  |  |  |  |  |  |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else |  |  | 15.0 | 10.6 | 10.0 | 10.9 | Yes | Yes |
| Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol |  |  | 27.5 | 27.0 | 24.9 | 25.0 | No | No |
| Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol |  |  | 13.5 | 11.8 | 10.5 | 9.1 | Yes | No |
| Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days |  |  | 9.5 | 8.1 | 5.5 | 9.8 | No | No |
| Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school |  |  | 8.5 | 4.4 | 5.1 | 6.1 | No | Yes |
| Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months |  |  | 12.2 | 10.1 | 7.9 | 8.8 | Yes | No |
| Percentage of students who were in a physical fight one or more times during the past 12 months |  |  | 38.5 | 37.9 | 35.7 | 32.4 | Yes | No |
| Percentage of students who were in a physical fight on school property one or more times during the past 12 months |  |  | 13.7 | 13.6 | 13.0 | 12.4 | No | No |
| Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months |  |  | 17.8 | 13.8 | 10.7 | 9.3 | Yes | No |
| Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to |  |  |  | 7.9 | 6.3 | 4.4 | Yes | No |
| Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months |  |  | 18.3 | 16.4 | 17.2 | 18.0 | No | No |
| Percentage of students who seriously considered attempting suicide during the past 12 months |  |  | 12.3 | 9.7 | 11.7 | 11.9 | No | No |
| Percentage of students who actually attempted suicide one or more times during the past 12 months |  |  | 12.0 | 10.2 | 7.5 | 5.2 | Yes | No |

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| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 17.8 | 19.5 | 19.0 | 17.3 | No | No |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 8.6 | 8.6 | 7.1 | 6.2 | No | No |

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| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Alcohol and Other Drug Use |  |  |  |  |  |  |  |  |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years |  |  | 24.6 | 21.0 | 19.3 | 18.2 | Yes | No |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days |  |  | 45.0 | 46.7 | 43.2 | 41.3 | No | No |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days |  |  | 28.7 | 27.8 | 26.0 | 25.4 | No | No |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days |  |  | 7.3 | 6.4 | 6.0 | 5.8 | No | No |
| Percentage of students who used marijuana one or more times during their life |  |  | 42.2 | 39.9 | 41.3 | 43.7 | No | No |
| Percentage of students who tried marijuana for the first time before age 13 years |  |  | 11.7 | 9.9 | 7.9 | 8.3 | Yes | No |
| Percentage of students who used marijuana one or more times during the past 30 days |  |  | 25.9 | 24.4 | 25.3 | 27.3 | No | No |
| Percentage of students who used marijuana on school property one or more times during the past 30 days |  |  | 6.8 | 6.8 | 8.2 | 7.0 | No | No |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life |  |  | 10.2 | 9.0 | 6.6 | 6.3 | Yes | No |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life |  |  | 10.9 | 11.2 | 10.7 | 8.7 | No | No |
| Percentage of students who used heroin one or more times during their life |  |  | 6.9 | 4.8 | 4.1 | 4.2 | Yes | No |
| Percentage of students who used methamphetamines one or more times during their life |  |  | 8.1 | 6.3 | 4.4 | 4.4 | Yes | No |
| Percentage of students who used ecstasy one or more times during their life |  |  | 8.6 | 6.8 | 6.2 | 7.5 | No | No |
| Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months |  |  | 33.9 | 33.8 | 32.7 | 32.3 | No | No |

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| Question | Prevalence Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Sexual Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who ever had sexual intercourse |  |  | 47.0 | 43.1 | 42.9 | 43.7 | No | No |
| Percentage of students who had sexual intercourse for the first time before age 13 years |  |  | 9.2 | 8.2 | 6.1 | 6.5 | Yes | No |
| Percentage of students who had sexual intercourse with four or more people during their life |  |  | 16.6 | 15.1 | 12.5 | 12.6 | Yes | No |
| Percentage of students who had sexual intercourse with one or more people during the past three months |  |  |  | 30.2 | 28.9 | 29.2 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse |  |  |  | 33.9 | 28.3 | 19.4 | Yes | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse |  |  |  | 67.4 | 62.9 | 68.5 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 21.7 | 22.7 | 19.6 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse |  |  |  | 0.5 | 1.6 | 2.9 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 22.2 | 24.3 | 22.5 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy |  |  |  | 7.1 | 5.9 | 7.7 | No | No |
|  |  |  |  | 7.1 | 5.9 | 7.7 | No | No |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)** |  |  | 16.3 | 14.8 | 16.7 | 16.5 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 13.8 | 16.0 | 13.6 | 16.5 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 23.8 | 23.6 | 23.8 | 26.2 | No | No |
| Percentage of students who were trying to lose weight |  |  | 31.6 | 31.1 | 31.6 | 34.7 | No | No |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 8.2 | 7.7 | 6.2 | 6.2 | No | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 81.5 | 84.3 | 82.6 | 80.8 | No | No |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 82.1 | 85.7 | 85.4 | 85.0 | No | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 66.2 | 65.6 | 64.7 | 62.3 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 68.0 | 66.2 | 68.8 | 70.2 | No | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 48.9 | 53.9 | 54.6 | 50.2 | No | Yes |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 78.3 | 80.4 | 82.8 | 81.3 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 24.9 | 22.9 | 22.5 | 20.9 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 11.0 | 10.4 | 10.2 | 7.7 | Yes | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 36.5 | 34.8 | 37.3 | 36.4 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 15.1 | 14.5 | 13.7 | 11.3 | Yes | No |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Physical Activity |  |  |  |  |  |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days |  |  |  | 52.7 | 56.1 | 57.9 | No | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days |  |  |  | 11.3 | 11.0 | 10.0 | No | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days |  |  |  | 31.1 | 34.6 | 34.8 | No | No |
| Percentage of students who watched three or more hours per day of TV on an average school day |  |  | 35.3 | 31.5 | 30.8 | 27.5 | Yes | No |
| Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day |  |  |  | 30.8 | 29.6 | 32.9 | No | No |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 18.2 | 22.6 | 16.5 | 14.4 | Yes | Yes |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 6.3 | 9.2 | 5.2 | 4.7 | No | Yes |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Alcohol and Other Drug Use |  |  |  |  |  |  |  |  |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years |  |  | 17.6 | 15.3 | 15.6 | 12.7 | Yes | No |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days |  |  | 45.5 | 45.3 | 43.8 | 42.1 | No | No |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days |  |  | 26.6 | 24.5 | 22.5 | 19.3 | Yes | No |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days |  |  | 5.7 | 4.8 | 4.0 | 3.4 | Yes | No |
| Percentage of students who used marijuana one or more times during their life |  |  | 37.2 | 37.2 | 33.7 | 35.7 | No | No |
| Percentage of students who tried marijuana for the first time before age 13 years |  |  | 5.1 | 6.9 | 3.5 | 4.4 | No | No |
| Percentage of students who used marijuana one or more times during the past 30 days |  |  | 20.0 | 22.0 | 18.2 | 21.0 | No | No |
| Percentage of students who used marijuana on school property one or more times during the past 30 days |  |  | 3.0 | 5.0 | 4.1 | 3.3 | No | No |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life |  |  | 4.9 | 7.4 | 3.9 | 3.6 | No | No |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life |  |  | 11.0 | 11.0 | 10.2 | 9.1 | No | No |
| Percentage of students who used heroin one or more times during their life |  |  | 1.3 | 3.0 | 2.0 | 1.7 | No | No |
| Percentage of students who used methamphetamines one or more times during their life |  |  | 3.3 | 4.5 | 1.8 | 2.1 | Yes | No |
| Percentage of students who used ecstasy one or more times during their life |  |  | 3.5 | 6.2 | 3.6 | 5.1 | No | No |
| Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months |  |  | 28.8 | 27.0 | 25.1 | 23.3 | Yes | No |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Sexual Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who ever had sexual intercourse |  |  | 45.0 | 41.8 | 38.0 | 41.8 | No | No |
| Percentage of students who had sexual intercourse for the first time before age 13 years |  |  | 1.8 | 3.7 | 2.8 | 3.3 | No | No |
| Percentage of students who had sexual intercourse with four or more people during their life |  |  | 11.6 | 9.8 | 8.4 | 8.6 | Yes | No |
| Percentage of students who had sexual intercourse with one or more people during the past three months |  |  |  | 33.3 | 30.3 | 31.9 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse |  |  |  | 22.7 | 21.5 | 18.2 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse |  |  |  | 58.7 | 56.1 | 53.3 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 30.2 | 25.6 | 24.8 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse |  |  |  | 2.0 | 4.2 | 5.2 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 32.2 | 29.7 | 30.0 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy |  |  |  | 8.7 | 9.7 | 8.5 | No | No |
|  |  |  |  | 8.7 | 9.7 | 8.5 | No | No |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)** |  |  | 12.7 | 11.3 | 11.9 | 11.7 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 8.2 | 8.1 | 6.5 | 8.4 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 33.8 | 34.2 | 28.3 | 31.0 | Yes | No |
| Percentage of students who were trying to lose weight |  |  | 62.5 | 59.8 | 61.6 | 59.8 | No | No |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 15.9 | 14.6 | 12.0 | 11.6 | Yes | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 80.8 | 79.5 | 82.1 | 79.3 | No | No |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 87.7 | 89.4 | 90.6 | 90.5 | Yes | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 73.5 | 75.3 | 71.4 | 72.0 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 64.2 | 64.2 | 64.1 | 67.1 | No | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 46.5 | 51.2 | 49.1 | 50.1 | No | No |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 83.6 | 87.0 | 85.2 | 85.9 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 18.7 | 20.0 | 19.3 | 18.6 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 8.4 | 10.1 | 7.9 | 6.7 | No | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 31.1 | 32.3 | 33.7 | 34.1 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 13.4 | 14.8 | 11.9 | 10.9 | Yes | No |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Physical Activity |  |  |  |  |  |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days |  |  |  | 37.4 | 34.2 | 41.1 | No | Yes |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days |  |  |  | 17.8 | 17.0 | 13.2 | Yes | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days |  |  |  | 17.2 | 14.6 | 17.0 | No | No |
| Percentage of students who watched three or more hours per day of TV on an average school day |  |  | 31.6 | 28.7 | 29.4 | 26.7 | Yes | No |
| Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day |  |  |  | 24.4 | 26.2 | 28.0 | No | No |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)


[^0]
## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| White* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 19.9 | 22.4 | 20.3 | 16.9 | No | Yes |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 8.9 | 10.0 | 7.3 | 5.6 | Yes | No |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

## Ten Year Trend Analysis Report (2001-2011)



[^1]
## Connecticut High School Survey

## Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| White* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Sexual Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who ever had sexual intercourse |  |  | 41.5 | 38.3 | 35.9 | 38.5 | No | No |
| Percentage of students who had sexual intercourse for the first time before age 13 years |  |  | 3.3 | 3.0 | 2.0 | 2.5 | No | No |
| Percentage of students who had sexual intercourse with four or more people during their life |  |  | 11.2 | 9.4 | 7.6 | 7.7 | Yes | No |
| Percentage of students who had sexual intercourse with one or more people during the past three months |  |  |  | 29.7 | 26.8 | 28.3 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse |  |  |  | 30.5 | 28.6 | 19.8 | Yes | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse |  |  |  | 60.9 | 60.8 | 62.2 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 32.9 | 29.2 | 27.2 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse |  |  |  | 1.7 | 2.1 | 3.6 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse |  |  |  | 34.7 | 31.3 | 30.8 | No | No |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy |  |  |  | 9.9 | 9.5 | 9.2 | No | No |
|  |  |  |  | 9.9 | 9.5 | 9.2 | No | No |

[^2]
## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| White* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)** |  |  | 13.6 | 12.1 | 13.6 | 12.3 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 9.1 | 9.4 | 8.5 | 9.8 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 29.0 | 27.5 | 25.9 | 27.1 | No | No |
| Percentage of students who were trying to lose weight |  |  | 46.8 | 46.4 | 46.9 | 45.7 | No | No |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 11.1 | 10.3 | 8.3 | 8.0 | Yes | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 80.7 | 82.6 | 82.7 | 79.0 | No | Yes |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 87.2 | 89.8 | 90.6 | 90.3 | No | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 75.8 | 76.5 | 73.8 | 72.6 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 70.8 | 68.7 | 70.9 | 72.6 | No | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 53.6 | 58.2 | 58.4 | 57.0 | No | No |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 85.9 | 87.9 | 88.9 | 87.3 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 21.7 | 20.7 | 20.6 | 19.8 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 9.6 | 10.2 | 9.2 | 7.4 | No | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 32.0 | 32.6 | 35.8 | 35.1 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 14.5 | 14.4 | 13.2 | 11.4 | No | No |

[^3]
## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| $\quad$ Question |  | Prevalence <br> Survey Year | Linear <br> Change | Quadratic <br> Change |
| :--- | :--- | :--- | :--- | :--- |
| White* |  |  |  |  |

[^4]
## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Injury and Violence |  |  |  |  |  |  |  |  |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else |  |  | 18.0 | 16.5 | 13.5 | 10.5 | No | No |
| Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol |  |  | 27.1 | 19.4 | 21.6 | 24.5 | No | No |
| Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol |  |  | 6.1 | 3.9 | 4.7 | 4.9 | No | No |
| Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days |  |  | 11.3 | 5.6 | 4.2 | 9.2 | No | Yes |
| Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school |  |  | 10.6 | 5.1 | 6.2 | 3.8 | Yes | No |
| Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months |  |  | 12.5 | 8.3 | 7.7 | 5.7 | Yes | No |
| Percentage of students who were in a physical fight one or more times during the past 12 months |  |  | 35.5 | 38.3 | 35.5 | 27.0 | No | No |
| Percentage of students who were in a physical fight on school property one or more times during the past 12 months |  |  | 15.0 | 14.5 | 13.1 | 10.9 | No | No |
| Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months |  |  | 17.1 | 12.0 | 11.6 | 8.6 | Yes | No |
| Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to |  |  |  | 12.3 | 9.2 | 9.7 | No | No |
| Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months |  |  | 30.5 | 25.1 | 28.7 | 21.2 | Yes | No |
| Percentage of students who seriously considered attempting suicide during the past 12 months |  |  | 16.4 | 14.3 | 13.3 | 16.1 | No | No |
| Percentage of students who actually attempted suicide one or more times during the past 12 months |  |  | 11.5 | 10.3 | 9.0 | 6.2 | Yes | No |

[^5]
## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 11.2 | 9.4 | 9.6 | 10.6 | No | No |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 3.8 | 1.9 | 1.6 | 5.6 | No | Yes |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

## Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Alcohol and Other Drug Use |  |  |  |  |  |  |  |  |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years |  |  | 27.2 | 20.6 | 25.5 | 16.7 | No | No |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days |  |  | 31.9 | 26.3 | 38.1 | 28.1 | No | No |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days |  |  | 18.2 | 7.7 | 13.7 | 12.3 | No | No |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days |  |  | 9.7 | 1.9 | 4.4 | 5.0 | No | Yes |
| Percentage of students who used marijuana one or more times during their life |  |  | 44.8 | 32.6 | 36.9 | 38.7 | No | Yes |
| Percentage of students who tried marijuana for the first time before age 13 years |  |  | 15.2 | 8.3 | 7.5 | 6.9 | Yes | No |
| Percentage of students who used marijuana one or more times during the past 30 days |  |  | 23.6 | 15.7 | 20.5 | 20.3 | No | No |
| Percentage of students who used marijuana on school property one or more times during the past 30 days |  |  | 7.6 | 3.2 | 3.7 | 4.0 | No | No |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life |  |  | 7.0 | 3.4 | 1.7 | 3.9 | No | Yes |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life |  |  | 11.8 | 7.3 | 8.2 | 10.2 | No | No |
| Percentage of students who used heroin one or more times during their life |  |  | 6.2 | 3.6 | 2.8 | 2.0 | Yes | No |
| Percentage of students who used methamphetamines one or more times during their life |  |  | 7.2 | 4.5 | 2.5 | 3.9 | No | No |
| Percentage of students who used ecstasy one or more times during their life |  |  | 6.8 | 5.1 | 3.4 | 1.9 | Yes | No |
| Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months |  |  | 31.5 | 29.6 | 22.5 | 24.5 | No | No |

[^6]
## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question |  | Prevalence <br> Survey Year | Linear <br> Change | Quadratic <br> Change |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Black* |  |  |  |  |

[^7]Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence Survey Year |  |  |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95 th percentile for body mass index, by age and sex)** |  |  | 16.5 | 11.5 | 16.6 | 19.9 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 15.3 | 20.7 | 12.4 | 24.0 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 24.3 | 24.7 | 21.9 | 36.6 | Yes | Yes |
| Percentage of students who were trying to lose weight |  |  | 41.0 | 34.2 | 43.8 | 54.8 | No | Yes |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 19.6 | 11.5 | 8.8 | 8.4 | Yes | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 81.5 | 80.8 | 85.5 | 83.1 | No | No |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 76.7 | 81.2 | 79.9 | 81.0 | No | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 49.0 | 52.7 | 51.3 | 50.0 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 49.6 | 52.0 | 51.6 | 60.8 | Yes | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 34.2 | 36.5 | 34.2 | 34.2 | No | No |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 70.7 | 78.4 | 74.9 | 74.5 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 22.8 | 24.6 | 24.1 | 21.7 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 10.7 | 11.4 | 8.8 | 5.5 | No | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 43.7 | 35.4 | 37.0 | 34.0 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 13.5 | 15.9 | 11.8 | 9.5 | No | No |

*Non-Hispanic.

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black* | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Physical Activity |  |  |  |  |  |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days |  |  |  | 34.4 | 37.1 | 34.1 | No | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days |  |  |  | 22.0 | 27.7 | 18.7 | No | Yes |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days |  |  |  | 20.2 | 20.0 | 16.7 | No | No |
| Percentage of students who watched three or more hours per day of TV on an average school day |  |  | 59.1 | 56.8 | 54.1 | 46.0 | Yes | No |
| Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day |  |  |  | 33.1 | 31.2 | 35.4 | No | No |

[^8]
## Connecticut High School Survey

## Ten Year Trend Analysis Report (2001-2011)



## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence <br> Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic/Latino | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Tobacco Use |  |  |  |  |  |  |  |  |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  |  | 15.0 | 22.7 | 15.5 | 16.5 | No | No |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days |  |  | 3.8 | 10.4 | 5.8 | 4.7 | No | Yes |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question |  |  | Prevalence Survey Year |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic/Latino | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Alcohol and Other Drug Use |  |  |  |  |  |  |  |  |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years |  |  | 29.3 | 26.0 | 22.2 | 20.7 | Yes | No |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days |  |  | 38.8 | 42.7 | 42.5 | 40.7 | No | No |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days |  |  | 19.6 | 23.8 | 23.4 | 21.1 | No | No |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days |  |  | 3.6 | 8.6 | 6.1 | 5.5 | No | No |
| Percentage of students who used marijuana one or more times during their life |  |  | 41.0 | 37.0 | 36.6 | 40.1 | No | No |
| Percentage of students who tried marijuana for the first time before age 13 years |  |  | 11.4 | 12.8 | 7.6 | 8.4 | Yes | No |
| Percentage of students who used marijuana one or more times during the past 30 days |  |  | 19.1 | 20.7 | 19.8 | 23.2 | No | No |
| Percentage of students who used marijuana on school property one or more times during the past 30 days |  |  | 3.0 | 7.8 | 5.7 | 7.5 | No | No |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life |  |  | 4.2 | 7.6 | 4.3 | 7.1 | No | No |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life |  |  | 7.8 | 11.3 | 9.3 | 10.5 | No | No |
| Percentage of students who used heroin one or more times during their life |  |  | 3.5 | 4.4 | 3.7 | 4.6 | No | No |
| Percentage of students who used methamphetamines one or more times during their life |  |  | 4.9 | 6.4 | 2.6 | 3.7 | No | No |
| Percentage of students who used ecstasy one or more times during their life |  |  | 5.6 | 9.8 | 5.5 | 9.2 | No | No |
| Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months |  |  | 29.3 | 31.0 | 29.5 | 33.2 | No | No |

## Connecticut High School Survey

## Ten Year Trend Analysis Report (2001-2011)



## Connecticut High School Survey

Ten Year Trend Analysis Report (2001-2011)

| Question |  |  | Prevalence Survey Year |  |  |  | Linear <br> Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic/Latino | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Weight Management and Dietary Behaviors |  |  |  |  |  |  |  |  |
| Percentage of students who were overweight (i.e., at or above the 85 th percentile but below the 95th percentile for body mass index, by age and sex)** |  |  | 18.2 | 19.4 | 16.1 | 16.0 | No | No |
| Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)** |  |  | 17.7 | 17.4 | 16.8 | 15.2 | No | No |
| Percentage of students who described themselves as slightly or very overweight |  |  | 32.4 | 36.0 | 31.0 | 30.5 | No | No |
| Percentage of students who were trying to lose weight |  |  | 53.5 | 50.1 | 48.2 | 49.3 | No | No |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  | 9.8 | 13.8 | 12.1 | 11.9 | No | No |
| Percentage of students who drank $100 \%$ fruit juices one or more times during the past seven days |  |  | 84.0 | 79.5 | 78.6 | 82.6 | No | No |
| Percentage of students who ate fruit one or more times during the past seven days |  |  | 81.9 | 81.8 | 84.8 | 83.8 | No | No |
| Percentage of students who ate green salad one or more times during the past seven days |  |  | 59.3 | 56.1 | 56.3 | 58.8 | No | No |
| Percentage of students who ate potatoes one or more times during the past seven days |  |  | 60.0 | 60.3 | 58.7 | 62.8 | No | No |
| Percentage of students who ate carrots one or more times during the past seven days |  |  | 29.6 | 36.6 | 36.9 | 37.3 | No | No |
| Percentage of students who ate other vegetables one or more times during the past seven days |  |  | 65.4 | 67.0 | 67.1 | 74.1 | No | No |
| Percentage of students who ate fruits and vegetables five or more times per day during the past seven days |  |  | 20.2 | 21.7 | 17.0 | 18.3 | No | No |
| Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days |  |  | 8.9 | 9.2 | 5.3 | 8.1 | No | No |
| Percentage of students who ate fruits or drank $100 \%$ fruit juices two or more times per day during the past seven days |  |  | 34.1 | 35.0 | 32.8 | 34.9 | No | No |
| Percentage of students who ate vegetables three or more times per day during the past seven days |  |  | 12.5 | 12.1 | 8.2 | 10.5 | No | No |

## 2011 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Ten Year Trend Analysis Report (2001-2011)

| Question | Prevalence Survey Year |  |  |  |  |  | Linear Change | Quadratic Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic/Latino | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |  |  |
| Physical Activity |  |  |  |  |  |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days |  |  |  | 32.3 | 33.1 | 38.9 | No | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days |  |  |  | 21.8 | 21.6 | 14.3 | Yes | No |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days |  |  |  | 18.5 | 19.4 | 19.0 | No | No |
| Percentage of students who watched three or more hours per day of TV on an average school day |  |  | 42.6 | 39.5 | 39.2 | 32.4 | Yes | No |
| Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day |  |  |  | 28.3 | 28.3 | 36.4 | Yes | No |


[^0]:    *Non-Hispanic.

[^1]:    *Non-Hispanic.

[^2]:    *Non-Hispanic.

[^3]:    Non-Hispanic.

[^4]:    *Non-Hispanic.

[^5]:    *Non-Hispanic.

[^6]:    *Non-Hispanic.

[^7]:    *Non-Hispanic.

[^8]:    *Non-Hispanic.

