DRAFT- 9/21/2017

Statewide Citizen Corps Advisory Council Meeting July 20, 2017

Meeting Minutes

DESPP Headquarters, Room 349 1111 Country Club Road Middletown, CT 06457

Voting Members In Attendance:

In Person:

Don Davis (Region 3 REPT) Don Janelle (CEMA) Eric Scoville (Planner) Harley Graime (Region 3 REPT) Joel Severance (Region 2 REPT) Mark Amatrudo (Co-Chair) Norma Peterson (Region 1 REPT)

Via Phone:

Jim Larkin (Region 4 REPT) Joanna Rogalski (Region 5 REPT) Katherine McCormack (MRC) Michelle Deluca (Region 1 REPT) Paul Gibb (Region 5 REPT) Robert Kenny (Region 1 REPT)

Voting Members Absent:

Jeanne Davies (Region 2 REPT), Joe Sastre (Region 4 REPT), John Field (DEMHS Region 2), Michael Caplet (DEMHS Region 4), Thomas Vannini (DEMHS Region 5), Thomas Romano (CERT Trainer)

Quorum Present: Yes

Others In Attendance (Person/Phone): Bob Freeman (Hamden CERT), Robert Scata (DEMHS Training), Julie Shipe, Joshua Cash, Henry Pasczuck (DEMHS Region 5), John Warren (DEMHS Operations)

I. Call to Order & Pledge of Allegiance (1:30)

II. **Opening & Public Comments:**

Joanna Rogalski requested that her report be added into the meeting minutes. A motion made to approve as amended. Motion made by Joel Severance, seconded by Harley Graime. Motion Carried as amended.

III. **DESPP/DEMHS Grants Report:**

Financial Report (5/18/2017 Meeting Minutes) See attached financial report compiled by Rita Stewart. The current remaining balance is \$41,507.51 of that amount \$34,700.00 has been obligated to pre-approved projects. Thus the remaining balance (if all approved applications are submitted for) is \$6,807.51.

A motion to accept the report made by Don Janelle, Seconded by Joel Severance, Motion carries.

Regional Council Updates/Reports: IV.

DRAFT- 9/21/2017

Reports provided to the committee at the bi-monthly meeting are now attached to the meeting minutes, a summary of reports received is below. Funding may be tied to the delivery of this report, please be sure

to deliver this report following the meeting.

^	Reports	Report Received/Attached to Mins.
DEMHS Region 1	Robert Kenny- DEMHS Region 4 Coordinator	
	Michelle Deluca- Region 1 REPT	
	Norma Peterson- Region 1 REPT	
DEMHS Region 2	John Field- DEMHS Region 2 Coordinator	
	Joel Severance- Region 2 REPT	
	Jeanne Davies-Region 2 REPT	
DEMHS Region 3	William Turley- DEMHS Region 3 Coordinator	
	Harley Graime- Region 3 REPT	
	Don Davis- Region 3 REPT	
DEMHS Region 4	Mike Caplet, DEMHS Region 4 Coordinator	
	Joe Sastre- Region 4 REPT	
	Jim Larkin- Region 4 REPT	
DEMHS Region 5	Tom Vaninni- Region 5 Coordinator	
	Joanna Rogalski- Region 5 REPT	
	Paul Gibb- Region 5 REPT	
CEMA	Don Janelle	
MRC	Katherine McCormack	

V. Old Business:

Distribution of Hats, Lights and Field Guides.

There are currently 128 kits available. Winter caps will be made available for CERT Saturday in September. The surplus for field guides, lights etc. have been almost exhausted. No further action is necessary to distribute these surplus items.

Backpack Contents "Sub-Committee" status and planned year end purchase

A backpack survey was developed to analyze whether the contents of the backpacks should be changed. This Survey Monkey was designed with questions posed by the committee. IT was sent to EMS and CERT Team Leaders.

From the results, there seems to be very little change in what should be made available in the backpacks. DEMHS is currently exploring utilizing Grainger and Pro-Pac as a vendor.

DRAFT- 9/21/2017

VOST Meeting Update:

DEMHS met with VOST team to discuss concerns over the permitted used of VOST in relation to Title 28 Protection. It was concluded, for Title 28 Protection that VOST activations should be limited to the purposes of Public Health monitoring.

CERT Training Day:

This event is scheduled for Saturday September, 23, 2017 at the Connecticut Fire Academy. Classes may consist of fire extinguisher training, electrical (Eversource) training, traffic control training, the use of ICS forms,

VI. New Business:

DEMHS Policy Limiting Activations for Local Events

Need to review and develop new SOP regarding the use of CERT teams for small local events while receiving Title 28 protection. The group feels when reviewing this SOP, the following should be taken into account:

- 1. Size of the event vs. The community size and capacity
- 2. The taxing of local emergency personnel by the size of the event.
- 3. Events are used as a form of advertisement for the CERT cause.

Critical Incident Stress team presentation

Charles Epstein and Glen Gemma from the Critical Incident Stress Team presented regarding the impacts of stress non first responders following a critical incident. Critical incidents include

VII. Adjournment- (3:30 PM) Motion made by Joel Severance, seconded by Don Janelle. Motion carried unanimously.

Citizen Corps Meeting July 20, 2017

FFY 2015 Allocation

9/01/2015-8/31/2018

\$75,000.00

	5 (A C) (8 pm), (8 pm) (9 pm) 1 (2 pm)		
Current halance on	FFY 2015 (less per	nding under review)**	

\$41,507.51

Pending submiss	ion of comple	tion report	(for approved applications)	
<u>category</u> Planning	amount	<u>applicant</u>	<u>description</u>	\$12,000.00
Planning	¢2 000	NVCOG	1/01/2017-6/30/2017	712,000.00
	\$2,000	RIVERCOG	1/01/2017-6/30/2017 *	
	¢2 000	CRCOG	1/01/2017-6/30/2017	
		NECCOG	1/01/2017-6/30/2017	
		RIVERCOG	7/01/2017-12/31/2017	
	40.00	NW Hill Cog	7/01/2017-12/31/2017	
			7/01/2017-12/31/2017	
	\$2,000	NVCOG	7/01/2017-12/31/2017	
Training				\$15,700.00
	\$1,200	CRCOG/Tolland	approved 11/21/2016	
	\$1,200	CRCOG/Manchester	approved 11/21/2016	
	\$1,200	Bridgeport	approved 12/15/2016	
	\$1,200	Windham	approved 2/01/2017	
	\$1,200	CRCOG/So. Windsor	approved 2/3/2017	
	\$300	Northwest Hills	approved 2/22/2017	
	\$1,200	CRCOG/Vernon	approved 3/28/2017	
	\$1,200	CRCOG/Vernon	approved 3/31/2017	
	\$1,200	Ridgefield	approved 4/3/2017	
	\$1,200	Bridgeport	approved 4/07/2017	
	\$1,200	CRCOG/Southington	approved 5/09/2017	
	\$1,200	CRCOG/Middletown	approved 5/12/2017	
	\$1,000	Hamden	approved 6/20/2017	
	\$1,200) Wallingford	approved 6/20/2017	
Equipment				\$7,000.00
adarbinett.) Ridgefield	approved 9/09/2016	
) Litchfield	approved 3/24/2017	
		CRCOG/Bristol	approved 5/23/2017	
		CRCOG/Manchester	approved 5/23/2017	
	The second secon	CRCOG/Newington	approved 5/23/2017	
		CRCOG/So.Windsor	approved 5/23/2017	
) Hamden	approved 718/2017	
	\$2,000		animatan kaskasan	

Total pending (if approved applications are submitted for full amount)

\$34,700.00

Funds available

\$6,807.51

In addition the FY 2016 HSGP allocation for CCP is \$75,000 (perf period 9/01/2016-8/31/2019)

^{*}partial payment made - full amt encumbered

		flashlights flashlights flashlights flashlights flashlights 9/21/2017 start 10/21/2017 start	cquipment/app cquipment/app cquipment/app cquipment/app cquipment/app cquipment/app dask training bask training for bask training	5/23/2017 5/23/2017 5/23/2017 5/23/2017 6/20/2017 6/201/2017		Manchester \$1,000,00 Newhigton \$1,000,00 So. Windsor \$1,000,00 \$1,000,00 \$2,000,00 \$2,000,00 \$2,000,00	CRCOG CRCOG CRCOG CRCOG Hamden Wallingford Northwest Hills	n > > 0 0 0 0	17-18 17-18 17-19 17-20 17-21
				- ma man			approved by DEMHS prior to July 2017 meeting	EMHS prior to	oproved by D
	70	7/01/2017-12/31/2017	17 planning	5/15/2017		\$2,000.00	RiverCOG	C	17-15
	Y	June, 2017 start	17 basic training	5/12/2017	0.00 yes	Middletown \$1,200.00	CRCOG	Þ	17-14
	7 70	10-May-17		5/9/2017		Southington \$1,200.00	CRCOG	Þ	17-13
	Y	4/15/2017 start	7 basic training	4/7/2017		\$1,200.00	Bridgeport	Þ	17-12
	٧ ٢٥	5/12/2017		4/3/2017	10.00 yes		Ridgefield	A	17-11
	Y no	4/19/2017	17 basic training-2	3/31/2017		Vernon \$1,200.00	CRCOG	Þ	17-10
						Vernon \$1,000.00	CRCOG	0	
	Y no	4/8/2017 start	17 basic training	3/28/2017		Vernon \$1,200.00	CRCOG	Þ	17-9
		rain gear	17 equipment/app	3/24/2017	10.00 yes	\$1,000.00	Litchfield	0	17-8
9 \$1,200.00 6/28/2017 2015 pending into	Y yes	4/21/2017	7 basic training	3/9/2017		\$1,200.00	Monroe	A	17-7
							approved by DEMHS prior to May 2017 meeting	EMHS prior to	proved by D
	7 70	3/22/2017 start	17 basic training	2/22/2017	0.00 yes	\$300.00	Northwest Hills	Þ	17-6
9 \$1,000.00 442669 5/26/2017 2015	Y yes	3/6/2017 start	7 Teen basic training	2/3/2017		\$1,000.00	Hamden	A	17-5
	N no	2/06/2017 start	7 basic training	2/3/2017		So. Windsor \$1,200.00	CRCOG	Þ	17-4
	Y	2/2/2017 start	7 basic training	2/1/2017		\$1,200.00	Windham	Þ	17-3
	2	1/1/2017-6/30/2017	17 planning	1/25/2017	10.00 yes	\$2,000.00	NECCOG	O	17-2
	no.	1/1/2017-6/30/2017	17 planning	1/18/2017		\$2,000.00	CRCOG		17-1
							to March 2017 meeting		approved by DEMHS prior
11 \$1,000.00 442669 5/26/2017 2015	Y yes	4/6/2017	17 training	1/17/2017		\$1,000.00	Hamden	A	16-52
442521 5/10/2017	Y yes	3/04/2017 start		1/17/2017	10.00 yes	\$1,200.00	Fairfield	Þ	16-51
\$1,000.00 442622 5/10/2017	Y yes	1/01/2017-6/30/2017	17 planning	1/17/2017		\$2,000.00	RiverCOG	C	16-50
	no.	1/01/2017-6/30/2017	17 planning	1/17/2017	10.00 yes	\$2,000.00	NVCOG	O	16-49
	700	1/01/2017-6/30/2017	7 planning	1/3/2017		\$2,000.00	Northwest Hills	n	16-48
	Y	12/15/2016	16 basic training	12/15/2016	10.00 yes	\$1,200.00	Bridgeport	Þ	1647
	Y no	2/1/2017	16 basic training	11/18/2016		Manchester \$1,200.00	CRCOG	Þ	16-46
	Y	11/21/2016	16 basic training	11/18/2016		Tolland \$1,200.00	CRCOG	A	16-45
							approved by DEMHS prior to January 2017 meeting	EMHS prior to	proved by D
Control									
-	back- Completion packs Form on File	other approval details	roval Project Activities	Date of Approval	sted Approved	Organization Requested	Name of Applicant	Category	No.
cancelled relmb, processed or no funds requested		approvals	Citizen Corps Program - 2017 applications and approvals	1 - 2017 ap	s Program	Citizen Corp.			

Peterson

Region 1 Report

July 21, 2017

Submitted by Norma Peterson R1 Representative

Activity for R1 CERTs May 17 - July 21

Below are some of the representative activities/events occurring during the above time period:

Fairfield was activated for traffic and pedestrian management for Memorial Day Parade (cancelled), Fairfield Half-Marathon (June 25th) and Fairfield Fireworks. Most notable was the Half – Marathon in which 42 Fairfield CERT members participated managing traffic and pedestrians, bus loading/unloading at 2 locations, multiple parking lot management stations and 15 race intersections.

Stamford provided staff for the Stamford EOC for Memorial Day Parade, Independence Day fireworks, Alive@Five concerts. Duties include staffing telephone lines, monitoring police/fire/EMS radios and scribe, as well as running the WebEOC.

Monroe completed basic CERT class and is assisting weekly with community concerts and plays.

Wilton provided assistance at multiple locations relating to traffic: May 26, June 18, July 4 fireworks, July 13, July 15 (street fair), July 16. In additional members attended seminars in Electric/Gas Emergencies, Recognition and Response.

Multiple R1 CERT members attended the Family Assistance Center Seminar & Tabletop at Penfield Pavilion in Fairfield on May 24. A seminar on this topic as it specifically relates to roles of CERT is being explored for the fall.

Severence

Region 2 Statewide Citizen Corps Council Report July 20, 2017

- Region 2 has three Category A, Basic Training Classes scheduled for the fall; plus, there are two more I am working on.
- II UNH will also be holding a Cat A class for incoming students. Backpacks only
- III The next R2 SART meeting will be Tuesday, August 15th at the Seymour High School from 5:30pm to 8:30pm.

During this meeting,

- > We will be taking everything out of one of our trailers, setting up the animal shelter, and going through the necessary forms and how to use them.
 - We will also be renewing the CERT Oath for anyone on the R2 SART CERT Team
- III My recommendation for the CERT Training Day is for us; perhaps under #5 on the DRAFT Day: Have a panel discussion on Community Outreach. Specifically, a "how to reach out to the community: municipal departments, and local organizations on the availability and capabilities of the local CERT/SART team/s

Region 3 RESF 16 Meeting

Don Davis & Harley Graine,

July 10, 2017

 PPT on the Connecticut Critical Incident Stress Management Team.

What is a Critical Incident and how it can affect the first responders.

- 2. ESF 16 Update no new information
- 3. Funding Requests Somers Cat D for Equipment approved
- Preparedness Committee The committee has scheduled a Table Top Exercise from 0900 -1200 hours on September 9, 2017. Location still to be determined
- 5. Several teams in the region participated in the Fourth of July celebrations
- Arranging a demonstration for the September 11, 2017 meeting on a tracking system "I AM RESPONDING" for the teams to better track their activities
- 7. Asking teams in the Region to update their information as needed for our CONTACTS and CAPABILITIES LIST
- SIX FLAGS Outing Several team members and their families attended the outing at SIX FLAGS in Agawam, Mass. On June 16, 2017. A good time was had by all.

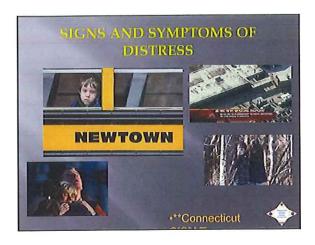
larkin

Statewide Citizen Corps Advisory Council Meeting July 20, 2017

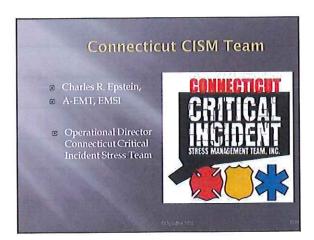
Region 4 Update Summary
Jim Larkin/NECCOG/NCEMC

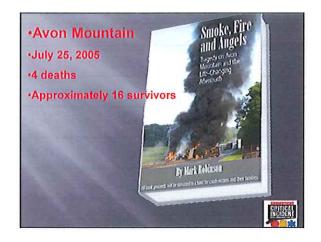
Northeast CT Emergency Management Committee met July 11th at Northeast CT Transit Office.

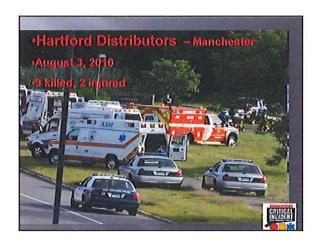
- At a previous meeting John DonFrancisco of QVEC dispatch demonstrated the
 Everbridge system. The system can be used to place emergency voice calls to most
 landlines and CT Alert subscribers in a defined geographic area. Northeast MRC through
 Northeast District Department of Health tested the system for all of its MRC participants.
- New EMD for the town of Ashford, James York is interested in Basic Training Class possible in the fall. Providing CERT information packets.
- The Towns of Eastford, Pomfret, Brooklyn and Woodstock with much help from Region 4 Mike Caplet are producing a final draft of a Multi-Jurisdictional Shelter Plan. Not yet determined how CERT and MRC would participate.

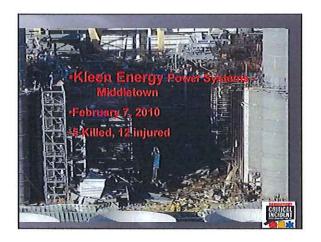






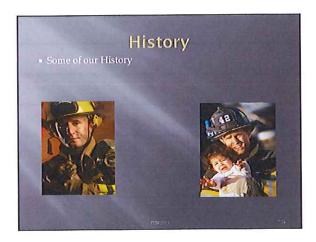






Critical Incident Stress Debriefing Small homogeneous group 1-10 days after incident. 1-3 days for more acute incidents. 3-4 weeks after disaster. Implement when psychological closure possible – more to do than passage of time. 1 to 3 hours Structured group discussion lead by CISM Team Peer Support Member.







Critical Incident Stress Considerations

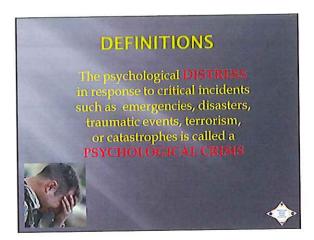
- Strict confidentiality
- Convenient time
- Personnel relieved of duties
- Homogeneous with regard to traumatic exposure/toxicity
- One team member per 5-7 participants
- Timing important
- Closed circle format



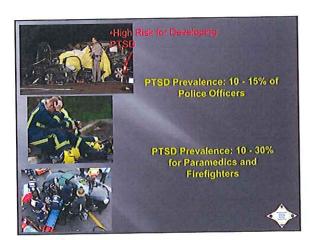
Diffusing

- Small homogeneous group
- Same day generally 8 to 12 hrs after event
- 45 minutes on average
- Loosely guided discussion 3 phases
 - Introduction
 - Exploration brief discussion of experience
 - Information normalize, teach, guidance, ascertain if individual discussions/referrals are needed









Pre-Incident Education

- Emergency Medical Technician Initial and Refresher Courses
- Police Department Classes
- Firefighter and Fire Officer Training
- Regional Training Sessions at Conferences
- Goal: To prepare emergency workers in advance to be comfortable in asking for help for them or their peers when needed.



CT Critical Incident Stress Management Team

- Most requests for assistance are for small incidents
- Most result in follow-up visits from team members or mental health professionals.
- Most say that the CISM Team brought together the affected organization closer than before.
- When in doubt, call us out we will work together to support emergency services personnel, paid and volunteer in times of crisis.



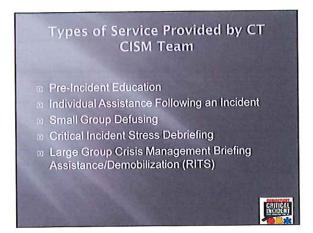
Individual Assistance

- Stabilize (Introduction, meeting basic needs mitigate acute stressors)
- Acknowledge the crisis
- Facilitate understanding (normalization)
- Encourage effective coping (mechanisms of action)
- Recovery or Referral (facilitate access to continued
- Timing can be immediately after incident or when requested









The CISM Model, created by Doctor Jeffrey T. Mitchell, Ph.D., is designed to meet the needs of Emergency personnel that are affected by a crisis. It helps them or us understand that their reaction is a normal reaction is a normal reaction is abnormal situation.

Key to Success in CISM

- CISM is Peer Driven and Mental Health Supported.
- Peers are emergency service personnel who have received training in stress management for individuals, groups, and specialized areas.
- Emergency service personnel affected by an incident are much more likely to communicate with peers.



- While working with peers and critical incident specialists, individuals have the opportunity to release emotions, reconstruct events and express fears and regrets verbally.
- This is usually the first step in reversing the impact of critical incident stress.





Examples of Critical Incidents

- Line of duty death
- Serious line of duty injury
- Suicide of a colleague
- Death or serious injury to a child
- Prolonged rescue
- Multiple casualty incidents
- Personally threatening situations
- Any incident that has a highly emotional impact on the people involved



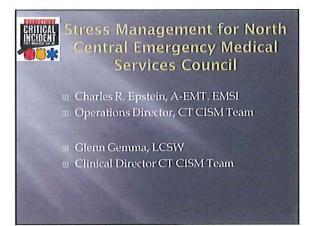
Critical Incident

"A critical incident is any situation faced by emergency service personnel that causes them to experience strong reactions which have the potential to interfere with their ability to function either at the scene or later."

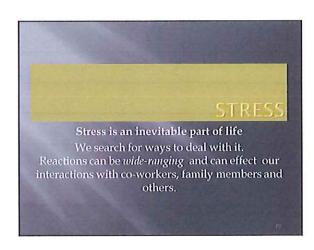
"It is a state of emotional turmoil."

Jeffrey T. Mitchell, Ph.D., C.T.S.





We are Talking about Stress. Stress means different things to different people. It can be the feeling of tension, anxiousness or worry. These feeling can be either positive or negative.



The CT MRC Program held a statewide meeting on June 30, 2017 at the CT Hospital Association in Wallingford. Bill Gerrish representing DPH welcomed MRC leaders and Jennifer Frenette, Region 1 MRC Liaison presented a national MRC program up-date.

Questions and/or comments: Katherine McCormack kmccor4040@aol.com



Connecticut MRC Program June 2017

There are 23 officially recognized MRC units in CT.

MRC Unit leaders continue to participate in monthly MRC Well Check conference calls. The most recent call July 2017 focused on alternative MRC units. CT DPH is promoting radiation training for MRC volunteers hoping to expand MRC capability and attract new members/volunteers.

Katherine McCormack continues to represent the MRC program at the CT Citizen Corps Council bi-monthly meetings. Katherine is disseminating information to CT MRC unit leaders regarding the 2017-18 unit annual reports consistent with the CT Citizen Corps Council annual review and reporting process.

MRC activation requests during the last quarter have supported public health fairs, Public Access TV, CT VOST support for public health initiatives and regional training and exercise programs (POD related) consistent with public health deliverables.

The six CT MRC units that received Challenge Awards from the National Association of City and County Health Officials (NACCHO) this year are working in their respective communities to promote initiatives based on funding and project scope and deliverables.

The most recent MRC Coordinator addition is Alexis Steele representing the Wallingford MRC. Two unit leaders announced their retirements by the end of 2017. Deb Culligan from Quinnipiac Valley will retire September 30 and Monica Wheeler from Westport Weston will retire at the end of the year.

From: paulgibb@optonline.net

Sent: Thursday, July 20, 2017 3:16 PM

To: DEMHS-DL Citizen Corps; Scoville, Eric

Cc: Rick Lynn

Eric -

Subject:

NHCCC Report to SCCC - 7-20-2017

This is the report I gave over the phone for the NHCCC at today's Statewide Citizen Corps council meeting:

- Torrington FD Training Officer 1. A class on CPR/AED was held for area CERT teams on June 21, 2017 at the Torrington Fire Department. The instructor was David Tripp the
- Karpoukhina of the ARC. This was the revised ARC shelter operations class (revised as of April 2017). 2. A class on Shelter Operations was held for area CERT teams on July 19, 2017 at the Torrington Fire Department. The instructor was Nastia
- 3. The NHCCC training subcommittee will be meeting again soon to discuss future training courses for CERT members over the next 6-8 months.

Thanks,

Paul Gibb Chairman, Northwest Hills Citizen Corps Council 860-459-6801

Scoville, Eric

From:

Joanna Rogalski <JRogalski@nvcogct.org>
Sent:

Wednesday, September 20, 2017 11:12 AM

RE: 7

ö

Subject:

Scoville, Eric
RE: NVCOG update for SCCC mtg 5-18-17

Hi Eric

gave the following update:

issues; is there a place for this topic at CERT? There was no meeting of the NVOCG Emergency Planning Committee since the May 2017 SCCC meeting. The NVCOG Council raised interest in cybersecurity

Kind regards

Joanna B. Rogalski

Regional Planner



49 Leavenworth Street, 3rd Floor, Waterbury CT, 06702 t: 203.489.0373 | e: jrogalski@nvcogct.org | w: www.nvcogct.org

From: Scoville, Eric [mailto:Eric.Scoville@ct.gov]
Sent: Wednesday, September 20, 2017 10:52 AM

To: Joanna Rogalski < JRogalski@nvcogct.org>
Subject: RE: NVCOG update for SCCC mtg 5-18-17

Hi Joanna: Did you have a report for the July meeting?

Best, Eric

From: Joanna Rogalski [mailto:JRogalski@nvcogct.org]

Sent: Thursday, July 20, 2017 1:46 PM

To: Scoville, Eric < < Eric. Scoville@ct.gov >

Subject: FW: NVCOG update for SCCC mtg 5-18-17

Importance: High